



Wanda Diamond League

Gateshead (GBR)

23rd May 2021



Flash Quotes

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY



Sophie HAHN (GBR)

100m Women T20/35/38/64 - WINNER

WINNER - 13.31

I'm feeling good. The wind was so strong out there. When I was doing blocks I thought it was going to be interesting, but I'm happy with the win. Training is going very well and I'm looking forward to the European Champs next week.

23/05/2021 17:49

Esme O'Connell (GBR)

100m Women T20/35/38/64 - SECOND

SECOND - 13:82

I'm very happy that I've come second. It was very windy and I was very nervous and I hope to get better towards the Paralympics. This was my first proper big event and it was a little overwhelming.

23/05/2021 17:51

Zac SHAW (GBR)

100m Men T12/37/38/46/47/64 - SECOND

SECOND - 11.82

About 20 minutes ago I called my parents and I was wondering whether I should compete or not so I was happy I got to the finish line. I've got the Europeans next week and I hopefully can stay healthy ahead of Tokyo. Me and James Arnott are honestly like best friends and we were walking down to the touchline with each other and we were just appreciating everything around us. It's been so long!

23/05/2021 18:04





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Flash Quotes

Thomas YOUNG (GBR)

100m Men T12/37/38/46/47/64 - WINNER

WINNER - 11.71

I feel really good, it was great to be back here and to take the win. The false start confused me because I thought we all started well.

But I managed to keep calm and go back and start strongly to get the win.

The wind was strong but it is the same for all the athletes.

23/05/2021 18:04

Libby CLEGG (GBR)

200m Women T11/38/44 - SECOND

SECOND - 30.07

It's been a rough year and that was horrible, the wind was awful. We've made a few changes - Chris is on the outside of me now so it's taken a bit of getting used to and the rope has changed, so it's been a lot to get used to.

I'm looking forward to the Europeans and getting back on the international stage. You know, it was nice just getting out there and running properly - it's been a long time since I've been on a track and it was nice to get that first race out the way.

23/05/2021 18:15





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Flash Quotes

Ali SMITH (GBR)

200m Women T11/38/44 - WINNER

WINNER - 28.86

That was really good fun. I always enjoy Diamond Leagues. I'm honestly a 400m runner but that was hard as it was a different speed to the 400m.

If it was raining and pouring I didn't care as it was so nice to be back!

23/05/2021 18:21

Ethan KIRBY (GBR)

200m Men T20/38/47/61

SECOND - 24.00

I slowed down, I think I could have gone faster. I think if I'd run through the line I'd have gone faster, but it was like a hurricane out there. I've run that time twice now and I think I've got a lot more to give.

23/05/2021 18:23





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Flash Quotes

Columba BLANGO (GBR)

200m Men T20/38/47/61 - WINNER

WINNER - 23.19

It was tough. Conditions were difficult especially on the home straight. I knew the rain was coming but the wind was really strong but I stayed focussed.

I am preparing for the Euros in Poland after qualifying so that was great preparation. I am very much looking forward to that but I am going to enjoy the moment for now.

23/05/2021 18:24

Sara Slott PETERSEN (DEN)

400m Hurdles Women - WINNER

WINNER - 56.32

I was completely surprised (by the wind). I had no idea the wind would be that strong. When I came off the eighth hurdle everything was going according to plan and I was ready to push and then it was like being hit by something. I think I spent 2% of my mental energy on the wind and it was enough to completely destroy my rhythm. Today it was about getting the win. There were some strong women out there, but of course I wanted to run a second faster.

23/05/2021 18:34



Flash Quotes

Jessica TURNER (GBR)

400m Hurdles Women - SECOND

SECOND - 56.56

I'm tired. I'm happy with second. It's been a slow start to the season and this is my third race and happy to get a season's best.

It was so windy! I would've liked to get closer to 55.00 though. The last time I was here was for English Schools which is weird.

I'm aiming to get into the Olympic qualifying now and we'll see what happens.

23/05/2021 18:35

Stephenie Ann McPHERSON (JAM)

400m Women - SECOND

SECOND - 51.96

I came out here just to see where I'm at but it wasn't good conditions to run in. I am grateful to come out here and finish injury free.

To see people back in the stands is exciting and it's always good to have people to cheer you on.

23/05/2021 19:05

Kendall ELLIS (USA)

400m Women - WINNER

WINNER - 51.86

It was so tough (coming off the bend into the wind). I had to tell myself to put my head down and fight through it. I'm super excited though - a win is a win.

23/05/2021 19:06

Flash Quotes

Filippo RANDAZZO (ITA)

Long Jump Men

WINNER - 8.11

Conditions were horrible but the wind was good for me. I was very close to my personal best (8.12) and in this cold 8.11 is a good jump and I win the competiion and I can't believe it.

23/05/2021 19:20

Emily BORTHWICK (GBR)

High Jump Women - SECOND

SECOND - 1.91m

It's just an incredible feeling. To come to a meet like the Diamond League, competing against these world class girls and just being in the mix of it was amazing. I can't ask for more.

I did 1.91m indoors and there's no reason why I can't do that outdoors.

I've been training alongside (Morgan Lake) and it's really pushing me to new heights. Literally!

23/05/2021 19:24

Leonard Kipkemoi BETT (KEN)

3000m Steeplechase Men

SECOND - 8:31.52

It was tough, but I tried my best. It's good for me to know where I'm at now for my preparation for the Olympic Games. I'm now going to correct where I didn't do well.

23/05/2021 19:27



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Flash Quotes

Hillary BOR (USA)

3000m Steeplechase Men - WINNER

WINNER - 8:30.20

The conditions were very tough and I felt the race was slow but my legs were fresh so i wanted to give it a go.

I felt strong all the way through. My training is going well so i am very happy with today's performance.

I head back to the US now to prepare for the trials.

23/05/2021 19:28

Phil NORMAN (GBR)

3000m Steeplechase Men - EIGHTH

EIGHTH - 8:35.31

It was wet, it was windy which was tough. Of course I am used to it in training but it was hard especially on the back of racing midweek. I felt a little bit flat from the start; maybe a combination of racing a few days ago I'm not sure plus the travel.

I just needed to get stuck in but I wasn't quite with it although I enjoyed being here and running in a Diamond League with a home crowd is great expererince. I'll take it all into my next race.

23/05/2021 19:33



Flash Quotes

Danniel THOMAS-DODD (JAM)

Shot Put Women

SECOND - 18.46

It's a little bit frustrating because I've been working on a lot of things with my technique which I'm still trying to get in competition. I had some really nice throws today but I wasn't able to stay in the ring so that's just one of the things I need to go back to the drawing board and work on.

That's all I can hope for (to refine technique and to come good at the right time). I know with the time I have it's about fine tuning those little things.

I never complain about conditions because you never know what you'll get wherever you go, so you have to be mentally prepared for whatever conditions you get on the day. You have to work with what you can control and that's being in the ring and working with your technique.

23/05/2021 19:36

Auriol DONGMO (POR)

Shot Put Women - WINNER

WINNER - 19.08m

I'm happy as it was a little bit different and I had to win in the last throw.

I'm not used to competing in this type of weather and temperature, which was a little bit difficult for me.

It's really good to see people back and my aim now is to prepare for competitions before the Olympic Games.

23/05/2021 19:39

Flash Quotes

Cindy SEMBER (GBR)

100m Hurdles Women - WINNER

WINNER - 13.28

I am very pleased with that race. To keep it together in those conditions was pleasing. Wow, that negative 3.9 wind, I don't think I have ever run in that much wind so to keep it together and execute the race well it really could have been a lot worse.

I have one more race before trials - I am going back to train and get ready.

23/05/2021 19:44

Luca KOZÁK (HUN)

100m Hurdles Women - SECOND

SECOND - 13.37

The times were not the best but it was cold and windy so I am happy with the second place tonight. I am in good form and good shape so I am getting better and better.

Running into that huge headwind shows how strong I am. I can build on this.

23/05/2021 19:50



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Flash Quotes

Jakob INGEBRIGTSEN (NOR)

1500m Men - WINNER

WINNER - 3:36.27

This is normal weather back in the west coast of Norway. It's really tricky to run fast in these conditions and it turned out to be a tactical race.

Today really didn't have anything to do with the times, racing in these conditions, because all of a sudden if you get a sudden gust of wind then everything is ruined.

I feel that spectators are eager to see some athletics live and they're really cheering us which helps push us further.

We needed to race to prepare ourselves for Tokyo.

23/05/2021 19:54



Flash Quotes

Oliver HOARE (AUS)

1500m Men - SECOND

SECOND - 3:36.58

I've been in America on my own just pushing the pace, but to be in a race like this with talented individuals able to push the pace was a great indication of how my race preparation is going.

Having four Australians in the Diamond League 1500m just shows you where we're at right now and we should be extremely proud.

I haven't had that head to head competition at all so it was a great indication to run with people as talented as that; it was a real treat and I'm really thankful.

I'd never raced a lot of those guys before so to be able to race that tactically and figure where I am and what to improve on, it was is fantastic for me. I watched Diamond League on TV when I was growing up and now I'm here. It was a great opportunity for me and I'm thankful for that.

23/05/2021 19:56

Armand DUPLANTIS (SWE)

Pole Vault Men

SECOND - 5.55

It wasnt ideal (conditions) but what can you do about it? I'm ok, I'm healthy, that's the main thing.

23/05/2021 20:16



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Flash Quotes

Nicholas Kipkorir KIMELI (KEN)

5000m Men - SECOND

SECOND - 13:10.11

I was in good shape but it was too cold. I tried to push as I was thinking of running sub 13:00 and that's my focus now.

I want to improve my personal best and that's the goal.

My hope is that I can win a medal for my country.

23/05/2021 20:22

Mohamed KATIR (ESP)

5000m Men

WINNER - 13:08.52

It was very rainy and very cold but I'm happy to win. I'm racing next over 1500m in Monaco.

23/05/2021 20:23





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Flash Quotes

Sam KENDRICKS (USA)

Pole Vault Men - WINNER

WINNER - 5.74

That was the most fun I have had all year! You had people, you had rainy conditions and we all had a good old rousing time out there.

I saw the crowd sitting there, all in pairs, all out in the rain, the British people are amazing; they really know how to enjoy their sport, they know how to get people here and it was so lovely to have people cheering me on. It was tough out there but it would have been much tougher without people, the energy of the crowd behind us was so great.

I haven't beaten Mondo since the World Championships but I would never aspire to say we are on an even footing - but he is on another level but perhaps the conditions brought us to the same level. I just need to be consistent and to be consistent on a rainy day as I am on a sunny day that may be my only chance but he is too good, too talented.

23/05/2021 20:28

Sha'Carri RICHARDSON (USA)

100m Women Final

WINNER - 11.44

I'm happy with my race. I'm definitely proud that I was able to execute and now I know what I need to go back and work on and what I need to get better at. This won't be the last time that I'm going to line up against these ladies and I want to let the world know and let the ladies know that I'm here to compete just as well as they've done for many years. I'm here to show them what I'm good at.

I'm definitely looking forward to running in some sunshine next week in Doha!

23/05/2021 20:33



Flash Quotes

Dina ASHER-SMITH (GBR)

100m Women Final - WINNER

WINNER - 11.35

I feel really good. Conditions were far from ideal for sprinting but the most important thing is to come away with a good result and a win and I was very happy to do that.

I think all in all today was more of an experience but the only thing that can indicate Tokyo is the Olympic final itself.

I want to stay focused, do well and get better from here.

23/05/2021 20:42

Marcin KRUKOWSKI (POL)

Javelin Throw Men

WINNER - 82.61

I wouldn't say it was brilliant but for these conditions it's ok and it's my first Diamond League win.

I've already got qualification for Tokyo so now I'm going to work on my run up and technique.

I was angry to be honest as I wanted good weather to work on my technique and competition is the best training, but I'm happy to win.

23/05/2021 20:44

Flash Quotes

Kenneth BEDNAREK (USA)

200m Men - WINNER

WINNER - 20.33

I felt very good despite the terrible conditions. My coach told me to work on my technique and that's what I did so I am really pleased; I would have liked to run faster but with the rain and a head wind and it was cold so you can only go so far.

I feel happy with my performance; I am in a really good place at this point in the season. I am heading back after Doha for the US trials and I have some things to work on now. I believe the only thing that will stop me making the team is me.

The headand is me trying to not be the boring guy.

23/05/2021 20:47

Rababe ARAFI (MAR)

1500m Women

SECOND - 4:07.73

This race should have been in Rabat, so Rabat to Gateshead - it was a good run but the rain was not good.

I'm really happy to race after a year of few races.

23/05/2021 21:00



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Flash Quotes

Katie SNOWDEN (GBR)

1500m Women - THIRD

THIRD - 4:08.92

I'm actually really pleased with it considering the conditions as I think we all knew it wasn't going to be the fastest of races. In terms of position, to come away with third is brilliant.

I think distance running in Great Britain is really exciting, to have all of us Brits in this race was so cool and I'm now looking forward to the trials and preparing for races in the future where I don't have to worry too much about the time.

23/05/2021 21:04

Andrew BUTCHART (GBR)

5000m Men - SIXTH

The best thing about that was the crowd. It was so nice to have the crowd back, to interact with them at the start line and to hear them through the race was great. It makes all the difference. It makes it so much more fun, even if it is a bad race for me.

23/05/2021 21:07





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Flash Quotes

Aaron BROWN (CAN)

200m Men - SECOND

SECOND - 20.79

I feel pretty good. I went into the race with what we knew would be tough conditions. I saw the rain on the forecast and knew that there'd be a headwind and that I'd have to run that pace.

My training partner is Kenny (Bednarek), he's always good off the curve and he finishes pretty strong so I was trying to stick with him as much as I could, so I'm happy.

This is my third race with him now and I'm getting a good idea where I am in comparison to him and now we can get faster together.

There's a lot of greats in the 200m that came before us and we want to represent the sport well so we want to keep the sport alive and pass it onto the next generation in a better place.

23/05/2021 21:09

Jake SMITH (GBR)

FOURTEENTH

It was so tough. I knew the wind would be bad but didn't expect it to be so bad. It was such a great experience but it was just so windy.

My time wasn't fast but it was such a great opportunity.

23/05/2021 21:12



Flash Quotes

Laura MUIR (GBR)

1500m Women - WINNER

WINNER - 4:03.73

Today wasn't about times, it was about getting out there and getting a win in front of a home crowd.

I'm really, really pleased, I just wanted to sit in and use my strength over the last half, which I did. I'll have to watch the race back but it went really well. I did feel it in the home straight and it was a shame it was that last 100m as well when you're tiring, but I still felt really strong.

It was lovely to compete on home soil and in front of a crowd. It's been such a long time.

23/05/2021 21:15

Naomi OGBETA (GBR)

Triple Jump Women - THIRD

THIRD - 14.29m

I'm so happy with a personal best. I knew it would be wet and windy but I've been training in this weather in Manchester in preparation coming into this meet.

I really didn't expect to come third. I'm a northern girl and I am really used to training in this weather but a lot of people come from warmer climates so it gives me the confidence going further now.

You can expect more personal bests, more smiles and I just want to continue to enjoy it.

When Rojas is so close to the world record, it's good to see people get close to that world record and I want to as well.

My mum and dad were in the crowd and just to have a crowd made it so much better and they were amazing.

23/05/2021 21:16



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Flash Quotes

Shanika RICKETTS (JAM)

Triple Jump Women - WINNER

WINNER: 14.40m

It was brutal. I am just so happy I didn't end up injured. It was really hard to focus on technical things and not very conducive to getting good jumps.

I just wanted to get myself into the position to have an extra jump and then the only thing that mattered was to get the best jump.

On the final three (concept) I was a bit sceptical but it is something we need to get used to.

23/05/2021 21:21

