

Race analysis 3000m Men

START TIME
17:31 **2 JUL 2023**

WORLD RECORD	7:20.67	KOMEN Daniel	KEN	Rieti (ITA)	1 SEP 1996
AREA RECORD	7:24.00	INGEBRIGTSEN Jakob	NOR	Stade Charléty, Paris (FRA)	9 JUN 2023
AREA RECORD	7:28.48	FISHER Grant	USA	Stade Louis II, Monaco (MON)	10 AUG 2022
AREA RECORD	7:28.02	McSWEYN Stewart	AUS	Stadio Olimpico, Roma (ITA)	17 SEP 2020
DIAMOND LEAGUE RECORD	7:25.93	NDIKUMWENAYO Thierry	BDI	Stade Louis II, Monaco (MON)	10 AUG 2022
MEETING RECORD	7:25.79	BEKELE Kenenisa	ETH		7 AUG 2007
WORLD LEAD	7:24.00	INGEBRIGTSEN Jakob	NOR	Stade Charléty, Paris (FRA)	9 JUN 2023

Rank	Name	Nat				Result	Time Behind	W			
		400m	800m	1000m	1200m	1600m	2000m	2400m	2500m	2600m	2700m
		2800m	2900m								
1	DANIELSSON Emil	SWE				7:39.70				PB	
	1:00.8 (5)	2:01.8 (6)	2:32.3 (6)	3:03.1 (6)	4:05.2 (7)	5:07.9 (6)	6:11.4 (5)	6:27.5 (4)	6:42.5 (5)	6:57.6 (5)	
		1:01.0	30.5	30.8	1:02.1	1:02.7	1:03.5	16.1	15.0	15.1	
	7:11.9 (4)	7:26.0 (3)									
	14.3	14.1	13.7								
2	ALMGREN Andreas	SWE				7:40.01				0.31	
	1:01.0 (6)	2:02.0 (7)	2:32.5 (7)	3:03.3 (7)	4:04.7 (5)	5:07.2 (4)	6:11.1 (2)	6:27.2 (2)	6:42.2 (2)	6:57.4 (2)	
		1:01.0	30.5	30.8	1:01.4	1:02.5	1:03.9	16.1	15.0	15.2	
	7:11.9 (3)	7:25.8 (2)									
	14.5	13.9	14.2								
3	GRESSIER Jimmy	FRA				7:40.21				0.51	
	1:00.4 (3)	2:01.0 (3)	2:31.5 (3)	3:02.3 (3)	4:04.0 (1)	5:07.0 (3)	6:11.2 (3)	6:27.4 (3)	6:42.4 (4)	6:57.5 (3)	
		1:00.6	30.5	30.8	1:01.7	1:03.0	1:04.2	16.2	15.0	15.1	
	7:11.6 (1)	7:25.4 (1)									
	14.1	13.8	14.8								
4	NTAKARUTIMANA Egede	BDI				7:40.52				0.82	
	1:00.6 (4)	2:01.3 (4)	2:31.8 (4)	3:02.6 (4)	4:04.2 (3)	5:06.4 (1)	6:11.3 (4)	6:27.5 (4)	6:42.5 (6)	6:57.7 (6)	
		1:00.7	30.5	30.8	1:01.6	1:02.2	1:04.9	16.2	15.0	15.2	
	7:12.2 (5)	7:26.3 (4)									
	14.5	14.1	14.2								
5	GRIJALVA Luis	GUA				7:40.90				1.20	
	1:02.2 (12)	2:02.3 (8)	2:32.9 (9)	3:03.8 (9)	4:04.4 (4)	5:06.7 (2)	6:10.9 (1)	6:27.1 (1)	6:42.0 (1)	6:57.3 (1)	
		1:00.1	30.6	30.9	1:00.6	1:02.3	1:04.2	16.2	14.9	15.3	
	7:11.8 (2)	7:26.6 (5)									
	14.5	14.8	14.3								
6	FAYISA Abdisa	ETH				7:42.25				2.55	
	1:01.0 (6)	2:01.6 (5)	2:32.1 (5)	3:02.9 (5)	4:05.0 (6)	5:07.7 (5)	6:11.9 (8)	6:28.2 (8)	6:43.5 (8)	6:58.4 (8)	
		1:00.6	30.5	30.8	1:02.1	1:02.7	1:04.2	16.3	15.3	14.9	
	7:12.9 (8)	7:27.4 (7)									
	14.5	14.5	14.8								
7	PARSONS Sam	GER				7:42.58				2.88	
	1:01.6 (9)	2:02.5 (10)	2:33.2 (10)	3:04.0 (10)	4:05.7 (9)	5:08.4 (8)	6:11.6 (7)	6:27.8 (7)	6:42.8 (7)	6:57.8 (6)	
		1:00.9	30.7	30.8	1:01.7	1:02.7	1:03.2	16.2	15.0	15.0	
	7:12.4 (7)	7:27.3 (6)									
	14.6	14.9	15.2								

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Rank	Name	Nat				Result	Time Behind	W			
		400m	800m	1000m	1200m	1600m	2000m	2400m	2500m	2600m	2700m
		2800m	2900m								
8	LUMB Kieran	CAN				7:43.81	4.11	PB			
	1:01.3 (8)	2:02.3 (9)	2:32.8 (8)	3:03.6 (8)	4:05.5 (8)	5:08.2 (7)	6:11.4 (5)	6:27.5 (4)	6:42.3 (3)	6:57.6 (4)	
		1:01.0	30.5	30.8	1:01.9	1:02.7	1:03.2	16.1	14.8	15.3	
	7:12.2 (6)	7:27.9 (8)									
	14.6	15.7	15.9								
9	RAYNER Jack	AUS				7:54.79	15.09	SB			
	1:01.8 (10)	2:02.8 (11)	2:33.7 (12)								
		1:01.0	30.9								
10	HERRERA Eduardo	USA				7:56.14	16.44	SB			
	1:02.0 (11)	2:02.9 (12)	2:33.4 (11)	3:04.2 (11)	4:06.4 (10)	5:10.9 (9)	6:16.6 (9)	6:33.2 (9)	6:49.8 (9)	7:06.6 (9)	
		1:00.9	30.5	30.8	1:02.2	1:04.5	1:05.7	16.6	16.6	16.8	
	7:23.1 (9)	7:39.6 (9)									
	16.5	16.5	16.5								
	ROBINSON Paul	IRL				DNF					
	1:00.1 (2)	2:00.8 (2)	2:31.2 (2)	3:02.0 (2)	4:04.0 (1)						
		1:00.7	30.4	30.8	1:02.0						
	CZERWINSKI Adam	POL				DNF					
	59.9 (1)	2:00.3 (1)	2:30.5 (1)	3:01.5 (1)							
		1:00.4	30.2	31.0							
	GRAHN Jonathan	SWE				DNF					
	1:02.4 (13)	2:03.3 (13)	2:34.2 (13)	3:06.1 (12)							
		1:00.9	30.9	31.9							
	McSWEYN Stewart	AUS				DNS					

Weather conditions

Temperature: 16 °C Humidity: 85 % Conditions: Heavy Rain

Legend

DNF Did Not Finish DNS Did Not Start PB Personal Best PM Pacemaker
SB Season Best

Internet Service: stockholm.diamondleague.com

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printed at SUN 2 JUL 2023 17:44

