



### Start list 200m Time: 18:15

Lane	Athlete	Nat	NR	PB	SB
1	Abdullah Abkar MOHAMMED	KSA	20.42	21.08	
2	Adrian GRIFFITH	BAH	20.16	20.54	21.76
3	Bruno HORTELANO-ROIG	ESP	20.47	20.47	20.48
4	Wilfried KOFFI	CIV	20.25	20.25	
5	José Carlos HERRERA	MEX	20.17	20.17	20.17
6	Alonso EDWARD	PAN	19.81	19.81	20.06
7	Gavin SMELLIE	CAN	19.88	20.43	20.43
8	Aziz OUHADI	MAR	20.50	20.50	

### Records

WR	19.19	Usain BOLT	JAM	Berlin	20.08.09
AR	19.68	Frank FREDERICKS	NAM	Atlanta	01.08.96
NR	20.50	Aziz OUHADI	MAR	Brazzaville	10.06.12
WJR	19.93	Usain BOLT	JAM	Hamilton	11.04.04
MR	20.16	Femi OGUNODE	QAT	Doha	08.06.14
DLR	19.26	Yohan BLAKE	JAM	Bruxelles	16.09.11
SB	19.78	LaShawn MERRITT	USA	Nassau	16.04.16

### 2016 World Outdoor list

19.78	+0.9	LaShawn MERRITT	USA	Nassau	16.04.16
19.85	+1.9	Ameer WEBB	USA	Doha	06.05.16
19.95	+0.4	Nethaneel MITCHELL-BLAKE	GBR	Tuscaloosa	14.05.16
20.00	+1.1	Aaron BROWN	CAN	Baton Rouge	30.04.16
20.06	+1.9	Alonso EDWARD	PAN	Doha	06.05.16
20.07	+0.2	Nickel ASHMEADE	JAM	Clermont	30.04.16
20.10	+1.9	Femi OGUNODE	QAT	Doha	06.05.16
20.11	+0.6	Miguel FRANCIS	ANT	Kingston	16.04.16
20.13	+0.9	Tevin HESTER	USA	Tallahassee	15.05.16
20.14	+1.9	Walter DIX	USA	Doha	06.05.16
20.15	+0.4	Renard HOWELL	USA	Tuscaloosa	14.05.16
20.16	+2.0	Ahmed ALI	SUD	Gainesville	02.04.16
20.17	+0.9	José Carlos HERRERA	MEX	Walnut	16.04.16
20.19	+0.3	Yancarlos MARTINEZ	DOM	Rio de Janeiro	16.05.16
20.23	+0.5	Andre DE GRASSE	CAN	Tempe	09.04.16
20.23	+1.0	Beejay LEE	USA	Walnut	16.04.16
20.24	+1.9	Churandy MARTINA	NED	Doha	06.05.16
20.27	+0.0	Alexio-Platini MENGHA	GER	Clermont	14.05.16
20.29	-0.2	Akani SIMBINE	RSA	Pretoria	11.03.16
20.29	+1.9	Isiah YOUNG	USA	Doha	06.05.16

### All-Time World Outdoor list

19.19	-0.3	Usain BOLT	JAM	Berlin	20.08.09
19.26	+0.7	Yohan BLAKE	JAM	Bruxelles	16.09.11
19.32	+0.4	Michael JOHNSON	USA	Atlanta	01.08.96
19.53	+0.7	Walter DIX	USA	Bruxelles	16.09.11
19.57	+0.4	Justin GATLIN	USA	Eugene	28.06.15
19.58	+1.3	Tyson GAY	USA	New York	30.05.09
19.63	+0.4	Xavier CARTER	USA	Lausanne	11.07.06
19.65	+0.0	Wallace SPEARMON	USA	Daegu	28.09.06
19.68	+0.4	Frank FREDERICKS	NAM	Atlanta	01.08.96
19.72	+1.8	Pietro MENNEA	ITA	Ciudad de México	12.09.79
19.73	-0.2	Michael MARSH	USA	Barcelona	05.08.92
19.75	+1.5	Carl LEWIS	USA	Indianapolis	19.06.83
19.75	+1.7	Joe DELOACH	USA	Seoul	28.09.88
19.77	+0.7	Ato BOLDON	TTO	Stuttgart	13.07.97
19.78	+0.9	LaShawn MERRITT	USA	Nassau	16.04.16
19.79	+1.2	Shawn CRAWFORD	USA	Athina	26.08.04
19.79	+0.9	Warren WEIR	JAM	Kingston	23.06.13
19.80	+0.8	Christophe LEMAITRE	FRA	Daegu	03.09.11
19.80	+2.0	Rasheed DWYER	JAM	Toronto	23.07.15
19.81	-0.3	Alonso EDWARD	PAN	Berlin	20.08.09

### WR progression

19.19	-0.3	Usain BOLT	JAM	Berlin	20.08.09
19.30	-0.9	Usain BOLT	JAM	Beijing	20.08.08
19.32	+0.4	Michael JOHNSON	USA	Atlanta	01.08.96
19.66	+1.7	Michael JOHNSON	USA	Atlanta	23.06.96
19.72	+1.8	Pietro MENNEA	ITA	Ciudad de México	12.09.79
19.83	+0.9	Tommie SMITH	USA	Ciudad de México	16.10.68

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1. Usain BOLT (JAM) 19.55
2. Justin GATLIN (USA) 19.74
3. Anaso JOBODWANA (RSA) 19.87

#### 2013 - Moskva IAAF World Ch.

1. Usain BOLT (JAM) 19.66
2. Warren WEIR (JAM) 19.79
3. Curtis MITCHELL (USA) 20.04

#### 2012 - London Olympic Games

1. Usain BOLT (JAM) 19.32
2. Yohan BLAKE (JAM) 19.44
3. Warren WEIR (JAM) 19.84

#### 2011 - Daegu IAAF World Ch.

1. Usain BOLT (JAM) 19.40
2. Walter DIX (USA) 19.70
3. Christophe LEMAITRE (FRA) 19.80

#### 2009 - Berlin IAAF World Ch.

1. Usain BOLT (JAM) 19.19
2. Alonso EDWARD (PAN) 19.81
3. Wallace SPEARMON (USA) 19.85

#### 2008 - Beijing Olympic Games

1. Usain BOLT (JAM) 19.30
2. Shawn CRAWFORD (USA) 19.96
3. Walter DIX (USA) 19.98

#### 2007 - Osaka IAAF World Ch.

1. Tyson GAY (USA) 19.76
2. Usain BOLT (JAM) 19.91
3. Wallace SPEARMON (USA) 20.05

#### 2005 - Helsinki IAAF World Ch.

1. Justin GATLIN (USA) 20.04
2. Wallace SPEARMON (USA) 20.20
3. John CAPEL (USA) 20.31

#### 2004 - Athens Olympic Games

1. Shawn CRAWFORD (USA) 19.79
2. Bernard WILLIAMS (USA) 20.01
3. Justin GATLIN (USA) 20.03

#### 2003 - Paris-St-Denis IAAF World Ch.

1. John CAPEL (USA) 20.30
2. Darvis PATTON (USA) 20.31
3. Shingo SUETSUGU (JPN) 20.38

### Diamond Race

1	Ameer WEBB (USA)	10
2	Alonso EDWARD (PAN)	6
3	Femi OGUNODE (QAT)	4
4	Walter DIX (USA)	3
5	Churandy MARTINA (NED)	2
6	Isiah YOUNG (USA)	1

### Rabat previous Winners

15	Jimmy VICAUT (FRA)	20.42
14	Femi OGUNODE (QAT)	20.16
13	Aziz OUHADI (MAR)	20.59
12	Aziz OUHADI (MAR)	20.50
11	Jonathan BORLÉE (BEL)	20.42
10	Wallace SPEARMON (USA)	20.35
09	Amr Ibrahim Mostafa SEOUD (EGY)	20.87
08	Tim ABEYIE (GBR)	20.85

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Ameer WEBB (USA)	19.85
2.	Alonso EDWARD (PAN)	20.06
3.	Femi OGUNODE (QAT)	20.10

### Abdullah Abkar MOHAMMED

Lane 1

4x400m 3:07.44 Doha (QAT) 06.05.16

KSA - 1997 -

SB: 20.29 Walnut (USA) 15.04 | PB: 21.08 Qatif (KSA) 25.10.15

#### Personal bests

Event	Result	Wind	Venue	Date
60m ind.	6.64		Portland (USA)	18.03.16
100m	10.04	+1.9	Walnut (USA)	15.04.16
<b>200m</b>	<b>21.08</b>	<b>+1.0</b>	<b>Qatif (KSA)</b>	<b>25.10.15</b>
4x100m	39.02		Walnut (USA)	16.04.16

#### Progression

Year	Result	Wind	Venue	Date
15	21.08	+1.0	Qatif (KSA)	25.10.15

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	02.04	Austin	F1	1.	10.12	+2.1
100m	15.04	Walnut	F3	1.	10.04	+1.9
200m	15.04	Walnut	F2	1.	20.29	+2.7
4x100m	16.04	Walnut	F1	3.	39.02	
4x400m	06.05	Doha	F	5.	3:07.44	

### Adrian GRIFFITH

Lane 2

#### NACAC U23 Championships

Pl.	Event	Competition	Date
3.	Long Jump	Sherbrooke NACAC U23 Championships	31.07.04

BAH - 11.11.84 - Age: 31 years 193 days

SB: 21.76 Hamilton (BER) 22.04 | PB: 20.54 Clermont (USA) 10.05.14 (794th A-T)

#### Personal bests

Event	Result	Wind	Venue	Date
55m ind.	6.32		Gainesville (USA)	17.01.14
60m ind.	6.60		Birmingham (USA)	31.01.16
100m	10.12	+1.1	Clermont (USA)	30.04.16
<b>200m</b>	<b>20.54</b>	<b>+1.1</b>	<b>Clermont (USA)</b>	<b>10.05.14</b>
400m	52.19		Nassau (BAH)	09.07.05
110mH	16.63	+0.4	Nassau (BAH)	10.07.05
High Jump	1.91		Nassau (BAH)	09.07.05
Long Jump	7.59		Nassau (BAH)	17.06.06
Long Jump ind.	7.63		Johnson City (USA)	10.03.06
Shot Put	10.58		Nassau (BAH)	09.07.05
4x100m	38.52		Glasgow (GBR)	01.08.14
4x200m	1:22.18		Nassau (BAH)	24.05.14

#### Further honours

- 1x CAC Championships winner
- 1x National champion

#### Progression

Year	Result	Wind	Venue	Date
16	21.76	+1.1	Hamilton (BER)	22.04.16
14	20.54	+1.1	Clermont (USA)	10.05.14
11	20.96	+1.4	Nassau (BAH)	14.05.11
10	21.33	+1.3	Jacksonville (USA)	17.04.10
09	21.18	+0.7	Clermont (USA)	07.06.09
07	22.00	-2.7	Clermont (USA)	09.06.07
06	21.45	+1.2	Fresno (USA)	27.05.06

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	12.03	Tampa	F1	1.	10.20	+1.6
100m	09.04	Coral Gables	F1	2.	10.30	+2.5
100m	16.04	Nassau	F1	3.	10.03	+2.3
<b>200m</b>	<b>22.04</b>	<b>Hamilton</b>	<b>F</b>	<b>6.</b>	<b>21.76</b>	<b>+1.1</b>
100m	30.04	Clermont	H4	3.	10.22	+1.6
100m	30.04	Clermont	F1	1.	10.12	+1.1
100m	15.05	Montgeron	H3	2.	10.48	+0.5
100m	15.05	Montgeron	F	2.	10.33	+0.9
100m	20.05	Ostrava	F	7.	10.43	-0.4

#### Honours

##### Commonwealth Games

Pl.	Event	Competition	Date
5.	4x100m	Glasgow Commonwealth Games	02.08.14
5.	4x100m	New Delhi Commonwealth Games	12.10.10

##### Pan American Games

Pl.	Event	Competition	Date
7.	4x100m	Rio de Janeiro Pan American Games	28.07.07

### Bruno HORTELANO-ROIG

Lane 3

#### Progression

Year	Result	Wind	Venue	Date
16	20.48	+0.3	Rio de Janeiro (BRA)	16.05.16
15	20.74	0.0	Mersin (TUR)	31.05.15
14	20.91	+0.5	Princeton (USA)	19.04.14
13	20.47	0.0	Moskva (RUS)	16.08.13
12	20.64	+0.2	Monachil (ESP)	28.07.12
11	21.41	+0.9	Andujar (ESP)	03.07.11
10	21.42	+1.1	Windsor (CAN)	29.05.10
09	21.94	+2.0	Toronto (CAN)	02.05.09

ESP - 18.09.91 - Age: 24 years 247 days

SB: 20.48 Rio de Janeiro (BRA) 16.05 (55th T-L 2016) | PB: 20.47 Moskva (RUS) 16.08.13 (591st A-T) | All-Athletics.com World Rankings: 59th

#### Personal bests

Event	Result	Wind	Venue	Date
60m ind.	6.63		Portland (USA)	18.03.16
100m	10.27	+1.9	Monachil (ESP)	28.07.12
<b>200m</b>	<b>20.47</b>	<b>0.0</b>	<b>Moskva (RUS)</b>	<b>16.08.13</b>
200m ind.	20.75		Albuquerque (USA)	14.03.14
300m ind.	33.46		Ithaca (USA)	07.12.13
400m	46.22		Swarthmore (USA)	11.05.15
400m ind.	47.04		Hanover (USA)	01.03.14
500m ind.	1:03.92		Ithaca (USA)	16.02.13
4x100m	38.46		Moskva (RUS)	18.08.13
4x400m	3:05.28		Tampere (FIN)	14.07.13
Sprint Med. 1600m	3:21.01		Philadelphia (USA)	25.04.14

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
200m	15.05	Rio de Janeiro	H3	2.	20.72	0.0
200m	15.05	Rio de Janeiro	SF1	2.	20.52	+1.6
<b>200m</b>	<b>16.05</b>	<b>Rio de Janeiro</b>	<b>F</b>	<b>2.</b>	<b>20.48</b>	<b>+0.3</b>
4x100m	16.05	Rio de Janeiro	F	4.	39.28	

#### Honours

##### European U23 Championships

Pl.	Event	Competition	Date
3.	4x100m	Tampere European U23 Championships	14.07.13

#### Further honours

- 2x National champion

### Wilfried KOFFI

Lane 4

- 100m Marrakesh African Championships 11.08.14
- 100m Porto Novo African Championships 28.06.12
- 4x100m Porto Novo African Championships 29.06.12
- 4x100m Nairobi African Championships 30.07.10

CIV - 12.10.87 - Age: 28 years 223 days

PB: 20.25 Marrakesh (MAR) 14.08.14 (215th A-T) | All-Athletics.com World Rankings: 33rd

#### Personal bests

Event	Result	Wind	Venue	Date
60m ind.	6.62		Flagstaff (USA)	30.01.16
100m	10.01	+1.1	Tempe (USA)	09.04.16
<b>200m</b>	<b>20.25</b>	<b>-0.8</b>	<b>Marrakesh (MAR)</b>	<b>14.08.14</b>
200m ind.	20.99		Nanjing (CHN)	09.03.14
300m	34.56		Dreux (FRA)	15.07.06
400m	48.60		Narbonne (FRA)	28.06.08
4x100m	38.93		Brazzaville (CGO)	15.09.15

#### World (Continental) Cup

Pl.	Event	Competition	Date
7.	200m	Marrakesh IAAF Continental Cup	14.09.14
7.	100m	Marrakesh IAAF Continental Cup	13.09.14

#### Further honours

- 1x World University Games winner
- 1x World University Games Bronze medallist

#### Progression

Year	Result	Wind	Venue	Date
15	20.39	-0.3	Beijing (CHN)	25.08.15
14	20.25	-0.8	Marrakesh (MAR)	14.08.14
13	20.57		Abidjan (CIV)	27.04.13
12	21.01	+0.3	Wuhan (CHN)	28.04.12
11	20.82	-0.1	Shenzen (CHN)	19.08.11
10	21.52	-0.5	Nairobi (KEN)	31.07.10
09	21.31	-0.2	Beirut (LIB)	05.10.09

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	01.04	Gainesville	F1	2.	10.04	+3.3
100m	09.04	Tempe	F2	1.	10.01	+1.1
100m	20.05	Ostrava	F	5.	10.38	-0.4

**José Carlos HERRERA****Lane 5**

MEX - 05.02.86 - Age: 30 years 107 days

SB: 20.17 Walnut (USA) 16.04 (13th T-L 2016) | PB: 20.17 Walnut (USA) 16.04.16 (142nd A-T) |

All-Athletics.com World Rankings: 45th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	6.91		Albuquerque (USA)	22.01.16
100m	10.21	+0.8	Xalapa (MEX)	29.08.14
<b>200m</b>	<b>20.17</b>	<b>+0.9</b>	<b>Walnut (USA)</b>	<b>16.04.16</b>
200m ind.	20.81		Albuquerque (USA)	24.01.14
300m	32.40		Liège (BEL)	16.07.14
400m	46.18		Monterrey (MEX)	12.03.10
400m ind.	47.04		Albuquerque (USA)	15.02.14
800m	1:53.05		Monterrey (MEX)	20.03.09
4x100m	40.21		Veracruz (MEX)	28.11.14
4x400m	3:11.52		Zapopán (MEX)	23.06.13

**Honours**

10x National champion

**Progression**

Year	Result	Wind	Venue	Date
16	20.17	+0.9	Walnut (USA)	16.04.16
15	20.33	0.0	Ciudad de México (MEX)	29.03.15
14	20.35	-0.7	Ninove (BEL)	02.08.14
13	20.98	+1.3	El Paso (USA)	13.04.13
12	20.57	+1.5	Toluca (MEX)	23.06.12
11	20.84		Toluca (MEX)	28.04.11
10	20.71		Ciudad de México (MEX)	28.03.10
09	21.40	+0.7	Monterrey (MEX)	20.03.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
200m	14.02	Monterrey	H1	1.	20.46	+0.7
100m	04.03	Monterrey	H3	1.	10.61	-4.1
100m	04.03	Monterrey	F	1.	10.54	-0.9
100m	18.03	Ciudad de México	H	1.	10.40	+0.4
100m	18.03	Ciudad de México	F	1.	10.36	+0.1
100m	09.04	Tempe	F1	3.	10.41	+0.9
200m	09.04	Tempe	F2	3.	20.41	+0.5
<b>200m</b>	<b>16.04</b>	<b>Walnut</b>	<b>F2</b>	<b>1.</b>	<b>20.17</b>	<b>+0.9</b>
200m	14.05	Baie Mahault	F	5.	20.68	-0.2
200m	20.05	Ostrava	F	4.	20.57	+0.3

**Alonso EDWARD****Lane 6**

PAN - 08.12.89 - Age: 26 years 166 days

SB: 20.06 Doha (QAT) 06.05 (5th T-L 2016) | PB: 19.81 Berlin (GER) 20.08.09 (20th A-T) | All-Athletics.com World Rankings: 1st

**Personal bests**

Event	Result	Wind	Venue	Date
100m	10.02	+1.0	Clermont (USA)	26.04.14
<b>200m</b>	<b>19.81</b>	<b>-0.3</b>	<b>Berlin (GER)</b>	<b>20.08.09</b>
200m ind.	20.70		Fayetteville (USA)	13.02.10
400m ind.	47.40		Fayetteville (USA)	23.01.10
4x400m	3:09.77		Gainesville (USA)	06.04.13

**Records**

Record	Result	Event	Venue	Date
AR	19.81	200m	Berlin (GER)	20.08.09

**Honours****World Championships**

Pl.	Event	Competition	Date
2.	200m	Berlin IAAF World Championships	20.08.09
4.	200m	Beijing IAAF World Championships	27.08.15

**South American Championships**

Pl.	Event	Competition	Date
1.	200m	Lima South American Championships	21.06.09
1.	100m	Lima South American Championships	20.06.09

**Pan American Games**

Pl.	Event	Competition	Date
3.	200m	Toronto Pan American Games	24.07.15

**Gavin SMELLIE****Lane 7**

CAN - 26.06.86 - Age: 29 years 331 days

SB: 20.43 Gainesville (USA) 02.04 (43rd T-L 2016) | PB: 20.43 Gainesville (USA) 02.04.16 (513th A-T) | All-Athletics.com World Rankings: 105th

**Personal bests**

Event	Result	Wind	Venue	Date
50m ind.	5.79		Saskatoon (CAN)	31.01.14
55m ind.	6.27		Murfreesboro (USA)	23.02.08
60m ind.	6.60		Flagstaff (USA)	08.02.14
100m	10.09	+1.1	Edmonton (CAN)	03.07.15
<b>200m</b>	<b>20.43</b>	<b>+1.6</b>	<b>Gainesville (USA)</b>	<b>02.04.16</b>
200m ind.	21.39		Jonesboro (USA)	01.03.09
300m ind.	34.44		Ottawa (CAN)	14.01.12
400m	46.94		Toronto (CAN)	17.06.07
400m ind.	48.61		Toronto (CAN)	26.01.14
4x100m	37.92		Moskva (RUS)	18.08.13
4x200m	1:19.20		Gainesville (USA)	02.04.16
4x400m	3:09.18		Philadelphia (USA)	23.04.10

**Honours****World Championships**

Pl.	Event	Competition	Date
3.	4x100m	Moskva IAAF World Championships	18.08.13

**Commonwealth Games**

Pl.	Event	Competition	Date
8.	200m	Glasgow Commonwealth Games	31.07.14

**Aziz OUHADI****Lane 8**

MAR - 24.07.84 - Age: 31 years 303 days

PB: 20.50 Brazzaville (CGO) 10.06.12 (683rd A-T) | All-Athletics.com World Rankings: 228th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	6.68		Istanbul (TUR)	10.03.12
100m	10.09	+0.8	Dakar (SEN)	28.05.11
<b>200m</b>	<b>20.50</b>	<b>+0.2</b>	<b>Brazzaville (CGO)</b>	<b>10.06.12</b>
200m ind.	21.19		Liévin (FRA)	08.02.11
400m	49.56		Oujda (MAR)	09.04.11
4x100m	40.00		Tourcoing (FRA)	24.05.15

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
8.	60m ind.	Istanbul IAAF World Indoor Championships	10.03.12

**African Championships**

Pl.	Event	Competition	Date
6.	100m	Marrakesh African Championships	11.08.14
4.	200m	Nairobi African Championships	01.08.10
6.	100m	Nairobi African Championships	29.07.10

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	200m	Marrakesh IAAF Continental Cup	14.09.14

**Diamond Race wins**

Year	Event
2014	200m
2015	200m

**Further honours**

- 1x CAC Championships winner
- 7x Diamond League meeting winner

**Progression**

Year	Result	Wind	Venue	Date
16	20.06	+1.9	Doha (QAT)	06.05.16
15	19.87	-0.1	Beijing (CHN)	27.08.15
14	19.84	+1.2	Lausanne (SUI)	03.07.14
13	20.37	+0.3	Luzern (SUI)	17.07.13
12	21.23	+0.3	Managua (NCA)	16.06.12
11	20.28	-0.8	Reims (FRA)	05.07.11
10	21.45	-0.1	Panama City (PAN)	17.04.10
09	19.81	-0.3	Berlin (GER)	20.08.09
08	20.96	-1.7	Ibirapuera (BRA)	15.03.08
07	20.62	+2.0	Caracas (VEN)	10.05.07
06	21.18	0.0	Caracas (VEN)	15.10.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	09.04	Coral Gables	F1	6.	10.61	+2.5
100m	30.04	Clermont	H3	1.	10.18	+0.7
200m	30.04	Clermont	F1	1.	20.11	+1.2
<b>200m</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>2.</b>	<b>20.06</b>	<b>+1.9</b>
200m	13.05	Herzogenaurach	F1	1.	20.73	+0.1

**Further honours**

- 2x Diamond League meeting winner
- 1x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
16	20.43	+1.6	Gainesville (USA)	02.04.16
15	20.69	+0.2	Guelph (CAN)	30.05.15
14	20.45	+1.1	Clermont (USA)	26.04.14
13	20.85	+1.5	Windsor (CAN)	30.06.13
12	20.66	+1.6	Clermont (USA)	19.05.12
11	20.64	+1.9	Clermont (USA)	11.06.11
10	21.07	-0.7	Denton (USA)	08.05.10
09	20.45	+0.4	Louisville (USA)	30.05.09
08	20.64	+0.4	Windsor (CAN)	06.07.08
07	20.75	-0.9	Windsor (CAN)	15.07.07
06	21.46	+1.6	Ottawa (CAN)	05.08.06
05	21.57	+1.1	Winnipeg (CAN)	17.07.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
<b>200m</b>	<b>02.04</b>	<b>Gainesville</b>	<b>F3</b>	<b>1.</b>	<b>20.43</b>	<b>+1.6</b>
4x100m	02.04	Gainesville	F1	5.	39.18	
4x200m	02.04	Gainesville	F1	1.	1:19.20	
200m	30.04	Baton Rouge	F2	1.	20.63	+2.1
4x100m	30.04	Baton Rouge	F	1.	38.92	
200m	20.05	Ostrava	F	8.	20.79	+0.3

7. 100m Addis Abeba African Championships

01.05.08

**Francophone Games**

Pl.	Event	Competition	Date
2.	100m	Beirut Francophone Games	02.10.09

**Further honours**

- 1x Pan-Arab Games winner
- 2x National champion

**Progression**

Year	Result	Wind	Venue	Date
15	20.69	+0.6	Villeneuve d'Ascq (FRA)	12.07.15
14	20.69	-0.5	Marrakesh (MAR)	08.06.14
13	20.81	-0.7	Mersin (TUR)	26.06.13
12	20.50	+0.2	Brazzaville (CGO)	10.06.12
11	20.62	+1.2	Rio de Janeiro (BRA)	23.07.11
10	20.51	+1.9	Nairobi (KEN)	28.07.10
08	21.19		Casablanca (MAR)	12.04.08
07	20.93	+0.2	Meknés (MAR)	30.06.07
06	21.73	-1.2	Rabat (MAR)	17.06.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	23.04	Benguerir	F1	1.	10.24	+0.3
100m	15.05	Montgeron	H1	2.	10.40	+2.4
100m	15.05	Montgeron	F	5.	10.46	+0.9
100m	16.05	Rehlingen	H2	3.	10.73	0.0
100m	16.05	Rehlingen	F1	7.	10.80	-1.4



Start list		400m		Time: 18:35	
Lane	Athlete	Nat	NR	PB	SB
1	Rabah YOUSIF	GBR	44.36	44.54	46.14
2	Jonathan BORLÉE	BEL	44.43	44.43	45.87
3	Christopher BROWN	BAH	44.27	44.40	45.82
4	LaShawn MERRITT	USA	43.18	43.65	44.22
5	Isaac MAKWALA	BOT	43.72	43.72	45.15
6	Kevin BORLÉE	BEL	44.43	44.56	45.17
7	Rusheen MCDONALD	JAM	43.93	43.93	45.90
8	Nery BRENES	CRC	44.65	44.65	

## Records

WR	43.18	Michael JOHNSON	USA	Sevilla	26.08.99
AR	43.48	Wayde VAN NIEKERK	RSA	Beijing	26.08.15
NR	45.03	Benyounés LAHLOU	MAR	Latakia	09.09.92
WJR	43.87	Steve LEWIS	USA	Seoul	28.09.88
MR	45.06	Jermaine GONZALES	JAM		06.06.10
DLR	43.74	Kirani JAMES	GRN	Lausanne	03.07.14
SB	44.08	Kirani JAMES	GRN	Des Moines	29.04.16

## 2016 World Outdoor list

44.08	Kirani JAMES	GRN	Des Moines	29.04.16
44.11	Wayde VAN NIEKERK	RSA	Bloemfontein	06.05.16
44.22	LaShawn MERRITT	USA	Des Moines	29.04.16
44.41	Bralon TAPLIN	GRN	Tempe	09.04.16
44.68	Machel CEDENIO	TTO	Doha	06.05.16
44.77	Javon FRANCIS	JAM	Baie Mahault	14.05.16
44.81	Abdalleh HAROUN	QAT	Doha	06.05.16
44.88	Gil ROBERTS	USA	Los Angeles	07.05.16
45.00	Vernon NORWOOD	USA	Kingston	07.05.16
45.03	David VERBURG	USA	Des Moines	29.04.16
45.10	Fred KERLEY	USA	Tempe	09.04.16
45.12	Dontavious WRIGHT	USA	Rock Hill	16.04.16
45.13	Kahmari MONTGOMERY	USA	Tuscaloosa	14.05.16
45.15	Isaac MAKWALA	BOT	Sasolburg	08.04.16
45.17	Arman HALL	USA	Gainesville	22.04.16
45.17	Michael CHERRY	USA	Baton Rouge	23.04.16
45.17	Kevin BORLÉE	BEL	Kingston	07.05.16
45.17	Tony MCQUAY	USA	Ostrava	20.05.16
45.23	Alfas Leken KISHOYAN	KEN	Nairobi	29.04.16
45.25	Diego PALOMEQUE	COL	Medellin	30.04.16

## All-Time World Outdoor list

43.18	Michael JOHNSON	USA	Sevilla	26.08.99
43.29	Butch REYNOLDS	USA	Zürich	17.08.88
43.45	Jeremy WARINER	USA	Osaka	31.08.07
43.48	Wayde VAN NIEKERK	RSA	Beijing	26.08.15
43.50	Quincy WATTS	USA	Barcelona	05.08.92
43.65	LaShawn MERRITT	USA	Beijing	26.08.15
43.72	Isaac MAKWALA	BOT	La Chaux-de-Fonds	05.07.15
43.74	Kirani JAMES	GRN	Lausanne	03.07.14
43.81	Danny EVERETT	USA	New Orleans	26.06.92
43.86	Lee EVANS	USA	Ciudad de México	18.10.68
43.87	Steve LEWIS	USA	Seoul	28.09.88
43.93	Youssef Ahmed MASRAHI	KSA	Beijing	23.08.15
43.93	Rusheen MCDONALD	JAM	Beijing	23.08.15
43.97	Larry JAMES	USA	Ciudad de México	18.10.68
44.05	Angelo TAYLOR	USA	Indianapolis	23.06.07
44.09	Alvin HARRISON	USA	Atlanta	19.06.96
44.09	Jerome YOUNG	USA	New Orleans	21.06.98
44.10	Gary KIKAYA	COD	Stuttgart	09.09.06
44.11	Luguelin SANTOS	DOM	Beijing	26.08.15
44.13	Derek MILLS	USA	Eugene	04.06.95

## WR progression

43.18	Michael JOHNSON	USA	Sevilla	26.08.99
43.29	Butch REYNOLDS	USA	Zürich	17.08.88
43.86	Lee EVANS	USA	Ciudad de México	18.10.68

## Medal Winners

### 2015 - Beijing IAAF World Ch.

1.	Wayde VAN NIEKERK (RSA)	43.48
2.	LaShawn MERRITT (USA)	43.65
3.	Kirani JAMES (GRN)	43.78

### 2013 - Moskva IAAF World Ch.

1.	LaShawn MERRITT (USA)	43.74
2.	Tony MCQUAY (USA)	44.40
3.	Luguelin SANTOS (DOM)	44.52

### 2012 - London Olympic Games

1.	Kirani JAMES (GRN)	43.94
2.	Luguelin SANTOS (DOM)	44.46
3.	Lalonde GORDON (TTO)	44.52

### 2011 - Daegu IAAF World Ch.

1.	Kirani JAMES (GRN)	44.60
2.	LaShawn MERRITT (USA)	44.63
3.	Kevin BORLÉE (BEL)	44.90

### 2009 - Berlin IAAF World Ch.

1.	LaShawn MERRITT (USA)	44.06
2.	Jeremy WARINER (USA)	44.60
3.	Renny QUOW (TTO)	45.02

### 2008 - Beijing Olympic Games

1.	LaShawn MERRITT (USA)	43.75
2.	Jeremy WARINER (USA)	44.74
3.	David NEVILLE (USA)	44.80

### 2007 - Osaka IAAF World Ch.

1.	Jeremy WARINER (USA)	43.45
2.	LaShawn MERRITT (USA)	43.96
3.	Angelo TAYLOR (USA)	44.32

### 2005 - Helsinki IAAF World Ch.

1.	Jeremy WARINER (USA)	43.93
2.	Andrew ROCK (USA)	44.35
3.	Tyler CHRISTOPHER (CAN)	44.44

### 2004 - Athens Olympic Games

1.	Jeremy WARINER (USA)	44.00
2.	Otis HARRIS (USA)	44.16
3.	Derrick BREW (USA)	44.42

### 2003 - Paris-St-Denis IAAF World Ch.

1.	Jerome YOUNG (USA)	44.50
2.	Tyree WASHINGTON (USA)	44.77
3.	Marc RAQUIL (FRA)	44.79

## Diamond Race

1	LaShawn MERRITT (USA)	10
2	Machel CEDENIO (TTO)	6
3	Abdalleh HAROUN (QAT)	4
4	David VERBURG (USA)	3
5	Tony MCQUAY (USA)	2
6	Isaac MAKWALA (BOT)	1

## Rabat previous Winners

15	Kirani JAMES (GRN)	45.15
13	LaShawn MERRITT (USA)	45.22
11	Lalonde GORDON (TTO)	45.51
10	Jermaine GONZALES (JAM)	45.06
09	Gary KIKAYA (COD)	45.85
08	James GODDAY (NGR)	45.74

## Diamond League 2016

### Doha IAAF Diamond League

1.	LaShawn MERRITT (USA)	44.41
2.	Machel CEDENIO (TTO)	44.68
3.	Abdalleh HAROUN (QAT)	44.81

**Rabah YOUSIF**

**Lane 1**

GBR - 11.12.86 - Age: 29 years 163 days

**SB: 46.14** Des Moines (USA) 29.04 (102nd T-L 2016) | **PB: 44.54** Beijing (CHN) 24.08.15 (83rd A-T) | [All-Athletics.com](http://All-Athletics.com) World Rankings: 8th

**Personal bests**

Event	Result	Venue	Date
60m ind.	6.88	Sheffield (GBR)	11.02.07
100m	10.79	Birmingham (GBR)	07.07.07
200m	21.06	Lapinlahti (FIN)	08.07.12
200m ind.	21.70	Sheffield (GBR)	15.02.15
300m	32.31	Rieti (ITA)	07.09.14
300m ind.	33.04	Liévin (FRA)	05.03.10
<b>400m</b>	<b>44.54</b>	<b>Beijing (CHN)</b>	<b>24.08.15</b>
400m ind.	46.24	Birmingham (GBR)	20.02.10
High Jump	2.05	Cardiff (GBR)	08.05.04
Long Jump	7.61	London (GBR)	05.05.07
4x400m	2:58.51	Beijing (CHN)	30.08.15
4x400m ind.	3:08.56	Praha (CZE)	08.03.15

**Honours**

**World Championships**

Pl.	Event	Competition	Date
3.	4x400m	Beijing IAAF World Championships	30.08.15
6.	400m	Beijing IAAF World Championships	26.08.15

**All-African Games**

Pl.	Event	Competition	Date
1.	400m	Maputo All-Africa Games	13.09.11

**African Championships**

Pl.	Event	Competition	Date
2.	400m	Nairobi African Championships	30.07.10
4.	4x400m	Nairobi African Championships	01.08.10

**European Indoor Championships**

Pl.	Event	Competition	Date
5.	4x400m ind.	Praha European Indoor Championships	08.03.15

**World (Continental) Cup**

Pl.	Event	Competition	Date
3.	4x400m	Split IAAF/VTB Bank Continental Cup	05.09.10
5.	400m	Split IAAF/VTB Bank Continental Cup	04.09.10

**Jonathan BORLÉE**

**Lane 2**

BEL - 22.02.88 - Age: 28 years 90 days

**SB: 45.87** Gainesville (USA) 22.04 (68th T-L 2016) | **PB: 44.43** London (GBR) 04.08.12 (58th A-T) | [All-Athletics.com](http://All-Athletics.com) World Rankings: 24th

**Personal bests**

Event	Result	Venue	Date
60m ind.	6.80	Gent (BEL)	02.02.13
100m	10.78	Huizingen (BEL)	09.09.07
200m	20.31	Lubbock (USA)	05.05.12
200m ind.	21.35	Gent (BEL)	27.01.07
300m	31.87	Liège (BEL)	05.07.12
300m ind.	32.79	Liévin (FRA)	08.02.11
<b>400m</b>	<b>44.43</b>	<b>London (GBR)</b>	<b>04.08.12</b>
400m ind.	46.48	Metz (FRA)	25.02.15
500m ind.	1:00.76	New York (USA)	14.02.15
600m ind.	1:18.60	Gent (BEL)	13.02.11
4x100m	39.58	Nice (FRA)	12.09.13
4x200m ind.	1:25.56	Gent (BEL)	13.02.16
4x400m	2:59.28	Beijing (CHN)	29.08.15
4x400m ind.	3:02.87	Praha (CZE)	08.03.15

**Records**

Record	Result	Event	Venue	Date
AR	3:02.87	4x400m ind.	Praha (CZE)	08.03.15

**Honours**

**Olympic Games**

Pl.	Event	Competition	Date
5.	4x400m	Beijing Olympic Games	23.08.08
6.	4x400m	London Olympic Games	10.08.12
6.	400m	London Olympic Games	06.08.12

**World Championships**

Pl.	Event	Competition	Date
4.	400m	Moskva IAAF World Championships	13.08.13
5.	4x400m	Beijing IAAF World Championships	30.08.15
5.	4x400m	Moskva IAAF World Championships	16.08.13
5.	4x400m	Daegu IAAF World Championships	02.09.11
5.	400m	Daegu IAAF World Championships	30.08.11

**European Championships**

Pl.	Event	Competition	Date
1.	4x400m	Helsinki European Championships	01.07.12
3.	4x400m	Barcelona European Championships	01.08.10
4.	200m	Helsinki European Championships	30.06.12

**European Team Championships**

Pl.	Event	Competition	Date
2.	4x400m	Cheboksary European Team Championships	21.06.15

**Further honours**

- 1x Diamond League meeting winner
- 1x National champion

**Progression**

Year	Result	Venue	Date
16	46.14	Des Moines (USA)	29.04.16
15	44.54	Beijing (CHN)	24.08.15
14	45.41	Hendon (GBR)	05.07.14
13	46.06	Ponce (PUR)	18.05.13
12	45.13	London (GBR)	05.08.12
11	45.13	Lapinlahti (FIN)	24.07.11
10	45.18	Nairobi (KEN)	30.07.10
09	45.15	Damascus (SYR)	07.10.09
08	47.13	Bedford (GBR)	25.05.08
07	45.72	Bedford (GBR)	10.06.07
06	46.89	Manchester (GBR)	15.07.06
05	46.33	Manchester (GBR)	10.07.05
04	46.36	Stoke (GBR)	31.07.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
400m	16.04	Nassau	F1	4.	46.46
<b>400m</b>	<b>29.04</b>	<b>Des Moines</b>	<b>F</b>	<b>6.</b>	<b>46.14</b>
400m	07.05	Eton	F1	1.	46.24

7.	400m	Barcelona European Championships	30.07.10
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**World Indoor Championships**

Pl.	Event	Competition	Date
2.	4x400m ind.	Doha IAAF World Indoor Championships	14.03.10
6.	4x400m ind.	Portland IAAF World Indoor Championships	20.03.16

**IAAF World Relays**

Pl.	Event	Competition	Date
3.	4x400m	Nassau IAAF World Relays	03.05.15

**World Junior Championships**

Pl.	Event	Competition	Date
4.	400m	Beijing IAAF World Junior Championships	17.08.06

**European Indoor Championships**

Pl.	Event	Competition	Date
1.	4x400m ind.	Praha European Indoor Championships	08.03.15
3.	4x400m ind.	Paris European Indoor Championships	06.03.11

**Francophone Games**

Pl.	Event	Competition	Date
3.	4x100m	Nice Francophone Games	12.09.13

**Further honours**

- 2x Diamond League meeting winner
- 1x NCAA champion
- 4x European Team Championships 1st League winner
- 5x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	45.87	Gainesville (USA)	22.04.16
15	44.67	Beijing (CHN)	23.08.15
14	45.37	Heusden-Zolder (BEL)	19.07.14
13	44.54	Moskva (RUS)	13.08.13
12	44.43	London (GBR)	04.08.12
11	44.78	Bruxelles (BEL)	16.09.11
10	44.71	Barcelona (ESP)	28.07.10
09	44.78	Fayetteville (USA)	13.06.09
08	45.11	Beijing (CHN)	19.08.08
07	47.85	Oordegem (BEL)	07.07.07
06	46.06	Beijing (CHN)	17.08.06
05	47.50	Marrakesh (MAR)	14.07.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>400m</b>	<b>22.04</b>	<b>Gainesville</b>	<b>F2</b>	<b>3.</b>	<b>45.87</b>

**Christopher BROWN**

Lane 3

BAH - 15.10.78 - Age: 37 years 220 days

**SB: 45.82** Des Moines (USA) 29.04 (63rd T-L 2016) | **PB: 44.40** Oslo (NOR) 06.06.08 (51st A-T) | All-Athletics.com World Rankings: 11th**Personal bests**

Event	Result	Venue	Date
55m ind.	6.53	Bozeman (USA)	28.02.04
100m	10.26	Manchester (GBR)	17.05.14
200m	20.58	Nassau (BAH)	27.06.15
200m ind.	22.02	Newark (USA)	04.02.01
300m	31.99	Birmingham (GBR)	07.06.15
<b>400m</b>	<b>44.40</b>	<b>Oslo (NOR)</b>	<b>06.06.08</b>
400m ind.	45.58	Sopot (POL)	08.03.14
500m ind.	1:03.67	Fairfax (USA)	11.01.03
800m	1:49.54	Maracaibo (VEN)	17.08.98
800m ind.	1:52.30	Indianapolis (USA)	07.02.99
4x100m	40.05	Guadalajara (MEX)	27.10.11
4x400m	2:56.72	London (GBR)	10.08.12
4x400m ind.	3:04.75	Portland (USA)	20.03.16

**Honours****Olympic Games**

Pl.	Event	Competition	Date
1.	4x400m	London Olympic Games	10.08.12
2.	4x400m	Beijing Olympic Games	23.08.08
3.	4x400m	Sydney Olympic Games	30.09.00
4.	400m	London Olympic Games	06.08.12
4.	400m	Beijing Olympic Games	21.08.08
6.	4x400m	Athens Olympic Games	28.08.04

**World Championships**

Pl.	Event	Competition	Date
1.	4x400m	Edmonton IAAF World Championships	12.08.01
2.	4x400m	Osaka IAAF World Championships	02.09.07
2.	4x400m	Helsinki IAAF World Championships	14.08.05
3.	4x400m	Paris-St-Denis IAAF World Championships	31.08.03
4.	400m	Osaka IAAF World Championships	31.08.07
4.	400m	Helsinki IAAF World Championships	12.08.05
5.	400m	Berlin IAAF World Championships	21.08.09
6.	4x400m	Sevilla IAAF World Championships	29.08.99

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	400m ind.	Doha IAAF World Indoor Championships	13.03.10
2.	4x400m ind.	Portland IAAF World Indoor Championships	20.03.16
2.	400m ind.	Sopot IAAF World Indoor Championships	08.03.14
3.	400m ind.	Istanbul IAAF World Indoor Championships	10.03.12
3.	400m ind.	Valencia IAAF World Indoor Championships	09.03.08
3.	400m ind.	Moskva IAAF World Indoor Championships	12.03.06
5.	4x400m ind.	Budapest IAAF World Indoor Championships	07.03.04

**Commonwealth Games**

Pl.	Event	Competition	Date
2.	4x400m	Glasgow Commonwealth Games	02.08.14
4.	400m	Melbourne Commonwealth Games	22.03.06
7.	400m	Manchester Commonwealth Games	28.07.02

**LaShawn MERRITT**

Lane 4

USA - 27.06.86 - Age: 29 years 330 days

**SB: 44.22** Des Moines (USA) 29.04 (3rd T-L 2016) | **PB: 43.65** Beijing (CHN) 26.08.15 (6th A-T) | All-Athletics.com World Rankings: 2nd**Personal bests**

Event	Result	Venue	Date
55m ind.	6.40	Newport (GBR)	10.01.04
60m ind.	6.68	Lynchburg (USA)	18.02.06
100m	10.56	Lynchburg (USA)	31.03.07
200m	19.78	Nassau (BAH)	16.04.16
200m ind.	20.40	Fayetteville (USA)	12.02.05
300m	31.30	Eugene (USA)	07.06.09
300m ind.	31.94	Fayetteville (USA)	10.02.06
<b>400m</b>	<b>43.65</b>	<b>Beijing (CHN)</b>	<b>26.08.15</b>
400m ind.	44.93	Fayetteville (USA)	11.02.05
500m ind.	1:01.39	New York (USA)	11.02.12
600m ind.	1:21.60	Newport News (USA)	26.01.08
4x100m	38.66	Grosseto (ITA)	18.07.04
Sprint Med. 1000m	1:46.68	Stockholm (SWE)	25.07.06
4x400m	2:55.39	Beijing (CHN)	23.08.08
4x400m ind.	3:03.24	Moskva (RUS)	12.03.06

**Honours****Olympic Games**

Pl.	Event	Competition	Date
1.	4x400m	Beijing Olympic Games	23.08.08
1.	400m	Beijing Olympic Games	21.08.08

**World Championships**

Pl.	Event	Competition	Date
1.	4x400m	Beijing IAAF World Championships	30.08.15
1.	4x400m	Moskva IAAF World Championships	16.08.13
1.	400m	Moskva IAAF World Championships	13.08.13
1.	4x400m	Daegu IAAF World Championships	02.09.11
1.	4x400m	Berlin IAAF World Championships	23.08.09
1.	400m	Berlin IAAF World Championships	21.08.09
1.	4x400m	Osaka IAAF World Championships	02.09.07
2.	400m	Beijing IAAF World Championships	26.08.15
2.	400m	Daegu IAAF World Championships	30.08.11
2.	400m	Osaka IAAF World Championships	31.08.07

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	4x400m ind.	Moskva IAAF World Indoor Championships	12.03.06

**IAAF World Relays**

Pl.	Event	Competition	Date
1.	4x400m	Nassau IAAF World Relays	03.05.15
1.	4x400m	Nassau IAAF World Relays	25.05.14

**IAAF World Relays**

Pl.	Event	Competition	Date
2.	4x400m	Nassau IAAF World Relays	03.05.15
2.	4x400m	Nassau IAAF World Relays	25.05.14

**Pan American Games**

Pl.	Event	Competition	Date
1.	4x400m	Rio de Janeiro Pan American Games	28.07.07
1.	400m	Rio de Janeiro Pan American Games	25.07.07
7.	400m	Guadalajara Pan American Games	26.10.11

**World (Continental) Cup**

Pl.	Event	Competition	Date
2.	4x400m	Athina IAAF World Cup	17.09.06
3.	4x400m	Marrakesh IAAF Continental Cup	14.09.14

**World Athletics Final**

Pl.	Event	Competition	Date
2.	400m	Thessaloniki IAAF/VTB Bank WAF	12.09.09
3.	400m	Stuttgart IAAF World Athletics Final	13.09.08
3.	400m	Monaco IAAF World Athletics Final	09.09.05

**Further honours**

- 2x Diamond League meeting winner
- 1x CAC Championships Silver medalist
- 2x Golden League meeting winner
- 1x CAC Championships Bronze medalist
- 6x National champion

**Progression**

Year	Result	Venue	Date
16	45.82	Des Moines (USA)	29.04.16
15	44.54	Eugene (USA)	30.05.15
14	44.59	Lausanne (SUI)	03.07.14
13	45.18	Moskva (RUS)	12.08.13
12	44.67	London (GBR)	05.08.12
11	44.79	Stockholm (SWE)	29.07.11
10	45.05	Monaco (MON)	22.07.10
09	44.81	Roma (ITA)	10.07.09
08	44.40	Oslo (NOR)	06.06.08
07	44.45	Osaka (JPN)	31.08.07
06	44.80	Oslo (NOR)	02.06.06
05	44.48	Helsinki (FIN)	12.08.05
04	45.09	Athina (GRE)	20.08.04
03	44.94	Roodeport (RSA)	28.03.03
02	45.11	Manchester (GBR)	27.07.02
01	45.45	Durham (USA)	07.04.01
00	45.08	Durham (USA)	03.06.00
99	45.96	Nassau (BAH)	19.06.99
98	46.44	Nassau (BAH)	11.07.98
97	47.22	Bridgetown (BAR)	04.04.97

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
400m	29.04	Des Moines	F	5.	45.82

**World Junior Championships**

Pl.	Event	Competition	Date
1.	4x100m	Grosseto IAAF World Junior Championships	18.07.04
1.	400m	Grosseto IAAF World Junior Championships	15.07.04
1.	4x400m	Grosseto IAAF World Junior Championships	13.07.04

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	400m	Marrakesh IAAF Continental Cup	13.09.14
1.	4x400m	Athina IAAF World Cup	17.09.06
1.	400m	Athina IAAF World Cup	16.09.06
3.	4x400m	Marrakesh IAAF Continental Cup	14.09.14

**World Athletics Final**

Pl.	Event	Competition	Date
1.	400m	Thessaloniki IAAF/VTB Bank WAF	12.09.09
1.	400m	Stuttgart IAAF World Athletics Final	13.09.08
1.	400m	Stuttgart IAAF World Athletics Final	22.09.07
3.	400m	Stuttgart IAAF World Athletics Final	09.09.06

**Diamond Race wins**

Year	Event
2013	400m
2014	400m

**Further honours**

- 13x Diamond League meeting winner
- 4x Golden League meeting winner
- 4x National champion

**Progression**

Year	Result	Venue	Date
16	44.22	Des Moines (USA)	29.04.16
15	43.65	Beijing (CHN)	26.08.15
14	43.92	Lausanne (SUI)	03.07.14
13	43.74	Moskva (RUS)	13.08.13
12	44.12	Eugene (USA)	24.06.12
11	44.35	Daegu (KOR)	28.08.11
09	44.06	Berlin (GER)	21.08.09
08	43.75	Beijing (CHN)	21.08.08
07	43.96	Osaka (JPN)	31.08.07
06	44.14	Stuttgart (GER)	09.09.06
05	44.66	Kingston (JAM)	07.05.05
04	45.25	Grosseto (ITA)	15.07.04
03	47.90	Richmond (USA)	31.05.03

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
4x400m	01.04	Gainesville	F	2.	3:02.43
200m	02.04	Gainesville	F	1.	20.23
200m	16.04	Nassau	F	1.	19.78
<b>400m</b>	<b>29.04</b>	<b>Des Moines</b>	<b>F</b>	<b>2.</b>	<b>44.22</b>
400m	06.05	Doha	F	1.	44.41
200m	14.05	Baie Mahault	F	1.	20.15

## Isaac MAKWALA

Lane 5

BOT - 29.09.86 - Age: 29 years 236 days

SB: **45.15** Sasolburg (RSA) 08.04 (14th T-L 2016) | PB: **43.72** La Chau-de-Fonds (SUI) 05.07.15 (7th A-T) | All-Athletics.com World Rankings: 5th

### Personal bests

Event	Result	Venue	Date
100m	10.35	Potchefstroom (RSA)	15.03.16
200m	19.96	La Chau-de-Fonds (SUI)	06.07.14
<b>400m</b>	<b>43.72</b>	<b>La Chau-de-Fonds (SUI)</b>	<b>05.07.15</b>
4x400m	2:59.95	Beijing (CHN)	29.08.15
4x400m ind.	3:13.21	Istanbul (TUR)	10.03.12

### Honours

#### World Championships

Pl.	Event	Competition	Date
5.	400m	Beijing IAAF World Championships	26.08.15

#### Commonwealth Games

Pl.	Event	Competition	Date
5.	4x400m	New Delhi Commonwealth Games	12.10.10

#### All-African Games

Pl.	Event	Competition	Date
1.	400m	Brazzaville All-Africa Games	15.09.15
2.	4x400m	Brazzaville All-Africa Games	17.09.15
7.	400m	Maputo All-Africa Games	13.09.11

#### African Championships

Pl.	Event	Competition	Date
1.	4x400m	Marrakesh African Championships	14.08.14

1.	400m	Marrakesh African Championships	12.08.14
1.	400m	Porto Novo African Championships	29.06.12
2.	200m	Marrakesh African Championships	14.08.14
2.	4x400m	Nairobi African Championships	01.08.10
2.	400m	Addis Abeba African Championships	02.05.08

### World (Continental) Cup

Pl.	Event	Competition	Date
1.	4x400m	Marrakesh IAAF Continental Cup	14.09.14
2.	400m	Marrakesh IAAF Continental Cup	13.09.14
6.	200m	Marrakesh IAAF Continental Cup	14.09.14

### Further honours

1x Diamond League meeting winner

### Progression

Year	Result	Venue	Date
16	45.15	Sasolburg (RSA)	08.04.16
15	43.72	La Chau-de-Fonds (SUI)	05.07.15
14	44.01	La Chau-de-Fonds (SUI)	06.07.14
13	45.86	La Chau-de-Fonds (SUI)	07.07.13
12	45.25	Porto Novo (BEN)	29.06.12
11	45.63	Orapa (BOT)	06.08.11
10	46.07	Nairobi (KEN)	28.07.10
09	45.56	Bamako (MLI)	21.04.09
08	45.64	Addis Abeba (ETH)	02.05.08
07	46.48	Eindhoven (NED)	14.07.07

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
200m	08.03	Pretoria	F	1.	21.04
100m	15.03	Potchefstroom	F	1.	10.35
200m	15.03	Potchefstroom	F1	1.	20.42
100m	22.03	Cape Town	F	-	DNF
<b>400m</b>	<b>08.04</b>	<b>Sasolburg</b>	<b>F</b>	<b>1.</b>	<b>45.15</b>
400m	06.05	Doha	F	6.	45.71

## Kevin BORLÉE

Lane 6

BEL - 22.02.88 - Age: 28 years 90 days

SB: **45.17** Kingston (JAM) 07.05 (15th T-L 2016) | PB: **44.56** Bruxelles (BEL) 16.06.12 (85th A-T) | All-Athletics.com World Rankings: 20th

### Personal bests

Event	Result	Venue	Date
60m ind.	6.85	Gent (BEL)	02.02.13
100m	10.62	Beveren (BEL)	01.09.07
200m	20.72	Bruxelles (BEL)	23.07.11
200m ind.	21.18	Gent (BEL)	02.02.13
300m	32.76	Naimette-Xhovémont (BEL)	16.07.08
300m ind.	32.72	Gent (BEL)	10.02.13
<b>400m</b>	<b>44.56</b>	<b>Bruxelles (BEL)</b>	<b>16.06.12</b>
400m ind.	46.87	Gent (BEL)	19.02.06
500m ind.	1:01.06	Gent (BEL)	07.02.15
600m ind.	1:15.65	Gent (BEL)	13.02.11
4x100m	39.58	Nice (FRA)	12.09.13
4x200m ind.	1:25.56	Gent (BEL)	13.02.16
4x400m	2:59.28	Beijing (CHN)	29.08.15
4x400m ind.	3:02.87	Praha (CZE)	08.03.15

### Records

Record	Result	Event	Venue	Date
AR	3:02.87	4x400m ind.	Praha (CZE)	08.03.15

### Honours

#### Olympic Games

Pl.	Event	Competition	Date
5.	400m	London Olympic Games	06.08.12
5.	4x400m	Beijing Olympic Games	23.08.08
6.	4x400m	London Olympic Games	10.08.12

#### World Championships

Pl.	Event	Competition	Date
3.	400m	Daegu IAAF World Championships	30.08.11
4.	4x400m	Berlin IAAF World Championships	23.08.09
5.	4x400m	Beijing IAAF World Championships	30.08.15
5.	4x400m	Moskva IAAF World Championships	16.08.13
5.	4x400m	Daegu IAAF World Championships	02.09.11

#### European Championships

Pl.	Event	Competition	Date
1.	4x400m	Helsinki European Championships	01.07.12
1.	400m	Barcelona European Championships	30.07.10
3.	4x400m	Barcelona European Championships	01.08.10
7.	4x400m	Zürich European Championships	17.08.14

#### World Indoor Championships

Pl.	Event	Competition	Date
2.	4x400m ind.	Doha IAAF World Indoor Championships	14.03.10
6.	4x400m ind.	Portland IAAF World Indoor Championships	20.03.16

## Rusheen MCDONALD

Lane 7

JAM - 17.08.92 - Age: 23 years 279 days

SB: **45.90** Kingston (JAM) 07.05 (75th T-L 2016) | PB: **43.93** Beijing (CHN) 23.08.15 (12th A-T) | All-Athletics.com World Rankings: 12th

### Personal bests

Event	Result	Venue	Date
200m	20.57	Kingston (JAM)	23.05.15
300m	31.94	Rieti (ITA)	13.09.15
<b>400m</b>	<b>43.93</b>	<b>Beijing (CHN)</b>	<b>23.08.15</b>
400m ind.	49.38	Glasgow (GBR)	20.02.16
800m	1:58.3h	Kingston (JAM)	31.01.15
4x400m	2:58.51	Beijing (CHN)	30.08.15
Sprint Med. 1600m	3:25.42	Philadelphia (USA)	27.04.12

### Honours

#### World Championships

Pl.	Event	Competition	Date
2.	4x400m	Moskva IAAF World Championships	16.08.13
4.	4x400m	Beijing IAAF World Championships	30.08.15

#### Commonwealth Games

Pl.	Event	Competition	Date
4.	4x400m	Glasgow Commonwealth Games	02.08.14

### Progression

Year	Result	Venue	Date
16	45.90	Kingston (JAM)	07.05.16
15	43.93	Beijing (CHN)	23.08.15
14	45.25	Kingston (JAM)	29.06.14
13	45.28	Lignano Sabbiadoro (ITA)	16.07.13
12	45.10	Kingston (JAM)	01.07.12
11	47.32	Kingston (JAM)	20.03.11

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
200m	30.01	Kingston	F4	1.	21.09
200m	12.03	Kingston	F4	2.	20.76
200m	09.04	Kingston	F3	5.	21.55
200m	16.04	Kingston	F5	5.	20.89
4x400m	30.04	Philadelphia	F	6.	3:08.06
<b>400m</b>	<b>07.05</b>	<b>Kingston</b>	<b>F</b>	<b>5.</b>	<b>45.90</b>

**Nery BRENES****Lane 8**

CRC - 25.09.85 - Age: 30 years 240 days

PB: 44.65 Guadalajara (MEX) 26.10.11 (113th A-T) | All-Athletics.com World Rankings: 21st

**Personal bests**

Event	Result	Venue	Date
200m	20.33	San José (CRC)	06.05.12
<b>400m</b>	<b>44.65</b>	<b>Guadalajara (MEX)</b>	<b>26.10.11</b>
400m ind.	45.11	Istanbul (TUR)	10.03.12
4x400m	2:59.00	Split (CRO)	05.09.10

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
1.	400m ind.	Istanbul IAAF World Indoor Championships	10.03.12
4.	400m ind.	Doha IAAF World Indoor Championships	13.03.10
4.	400m ind.	Valencia IAAF World Indoor Championships	09.03.08
6.	400m ind.	Sopot IAAF World Indoor Championships	08.03.14

**Pan American Games**

Pl.	Event	Competition	Date
1.	400m	Guadalajara Pan American Games	26.10.11
4.	400m	Toronto Pan American Games	23.07.15
7.	4x400m	Toronto Pan American Games	25.07.15

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	4x400m	Split IAAF/VTB Bank Continental Cup	05.09.10

**NACAC Championships**

Pl.	Event	Competition	Date
2.	400m	San José NACAC Open Championships	08.08.15
6.	4x400m	San José NACAC Open Championships	09.08.15

**Ibero-American Championships**

Pl.	Event	Competition	Date
3.	400m	Sao Paulo Ibero-American Championships	02.08.14

**Further honours**

- 1x CAC Championships winner
- 1x Diamond League meeting winner
- 1x CAC Games winner
- 1x National champion

**Progression**

Year	Result	Venue	Date
15	44.80	San José (CRC)	07.08.15
14	45.47	Rehlingen (GER)	09.06.14
13	46.03	Bogotá (COL)	20.07.13
12	45.20	Hengelo (NED)	27.05.12
11	44.65	Guadalajara (MEX)	26.10.11
10	44.84	Mayagüez (PUR)	26.07.10
09	45.73	Bogotá (COL)	24.07.09
08	44.94	Beijing (CHN)	19.08.08
07	45.01	Osaka (JPN)	28.08.07
06	47.57	Cartagena de Indias (COL)	25.07.06
05	46.42	San José (USA)	03.06.05
04	47.90	Coatzacoalcos (MEX)	25.06.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
200m	30.04	Medellín	F2	3.	20.65





## Start list 800m Time: 17:25

Lane	Athlete	Nat	NR	PB	SB
1	Abdelatif ELGUESSE	MAR	1:43.25	1:45.78	1:48.60
2	Jamal HAIRANE	QAT	1:43.82	1:46.16	1:46.45
3	Amine EL MANAOUI	MAR	1:43.25	1:44.96	1:47.16
4	Pierre-Ambroise BOSSE	FRA	1:42.53	1:42.53	1:46.94
5	Marcin LEWANDOWSKI	POL	1:43.22	1:43.72	
6	Taoufik MAKHLOUFI	ALG	1:43.09	1:43.53	
7	Amel TUKA	BIH	1:42.51	1:42.51	
8	Nijel AMOS	BOT	1:41.73	1:41.73	
8	Edwin Kiplangat MELI	KEN	1:40.91	1:43.81	1:50.2h PM

Pace: 400m - 49.80

## Medal Winners

### 2015 - Beijing IAAF World Ch.

1.	David RUDISHA (KEN)	1:45.84
2.	Adam KSZCZOT (POL)	1:46.08
3.	Amel TUKA (BIH)	1:46.30

### 2013 - Moskva IAAF World Ch.

1.	Mohammed AMAN (ETH)	1:43.31
2.	Nick SYMMONDS (USA)	1:43.55
3.	Ayanleh SOULEIMAN (DJI)	1:43.76

### 2012 - London Olympic Games

1.	David RUDISHA (KEN)	1:40.91
2.	Nijel AMOS (BOT)	1:41.73
3.	Timothy KITUM (KEN)	1:42.53

### 2011 - Daegu IAAF World Ch.

1.	David RUDISHA (KEN)	1:43.91
2.	Abubaker KAKI (SUD)	1:44.41
3.	Yuriy BORZAKOVSKIY (RUS)	1:44.49

### 2009 - Berlin IAAF World Ch.

1.	Mbulaeni MULAUDZI (RSA)	1:45.29
2.	Alfred Kirwa YEGO (KEN)	1:45.35
3.	Yusuf Saad KAMEL (BRN)	1:45.35

### 2008 - Beijing Olympic Games

1.	Wilfred BUNGEI (KEN)	1:44.65
2.	Ismail Ahmed ISMAIL (SUD)	1:44.70
3.	Alfred Kirwa YEGO (KEN)	1:44.82

### 2007 - Osaka IAAF World Ch.

1.	Alfred Kirwa YEGO (KEN)	1:47.09
2.	Gary REED (CAN)	1:47.10
3.	Yuriy BORZAKOVSKIY (RUS)	1:47.39

### 2005 - Helsinki IAAF World Ch.

1.	Rashid RAMZI (BRN)	1:44.24
2.	Yuriy BORZAKOVSKIY (RUS)	1:44.51
3.	William YIAMPOY (KEN)	1:44.55

### 2004 - Athens Olympic Games

1.	Yuriy BORZAKOVSKIY (RUS)	1:44.45
2.	Mbulaeni MULAUDZI (RSA)	1:44.61
3.	Wilson KIPKETER (DEN)	1:44.65

### 2003 - Paris-St-Denis IAAF World Ch.

1.	Djabir SAID-GUERNI (ALG)	1:44.81
2.	Yuriy BORZAKOVSKIY (RUS)	1:44.84
3.	Mbulaeni MULAUDZI (RSA)	1:44.90

## Diamond Race

1	Ferguson Cheruiyot ROTICH (KEN)	10
2	Robert BIWOTT (KEN)	6
3	Alfred KIPKETER (KEN)	4
4	Thijmen KUPERS (NED)	3
5	David RUDISHA (KEN)	2
6	Antoine GAKEME (BDI)	1

## Rabat previous Winners

15	Adam KSZCZOT (POL)	1:46.00
14	Mohammed AMAN (ETH)	1:45.58
13	Mohammed AMAN (ETH)	1:44.37
12	Mohammed AMAN (ETH)	1:43.58
11	Amine EL MANAOUI (MAR)	1:48.23
10	Abubaker KAKI (SUD)	1:46.71
09	Abubaker KAKI (SUD)	1:44.82
08	Ismail Ahmed ISMAIL (SUD)	1:44.68

## Diamond League 2016

### Shanghai Golden Grand Prix

1.	Ferguson Cheruiyot ROTICH (KEN)	1:45.68
2.	Robert BIWOTT (KEN)	1:45.84
3.	Alfred KIPKETER (KEN)	1:45.93

## Records

WR	1:40.91	David RUDISHA	KEN	London	09.08.12
AR	1:40.91	David RUDISHA	KEN	London	09.08.12
NR	1:43.25	Amine LAALOU	MAR	Roma	14.07.06
WJR	1:41.73	Nijel AMOS	BOT	London	09.08.12
MR	1:43.58	Mohammed AMAN	ETH		27.05.12
DLR	1:41.54	David RUDISHA	KEN	Paris	06.07.12
SB	1:43.37	Nicholas Kiplangat KIPKOECH	KEN	Nairobi	29.04.16

## 2016 World Outdoor list

1:43.37	Nicholas Kiplangat KIPKOECH	KEN	Nairobi	29.04.16
1:43.48	Jonathan KITLIT	KEN	Nairobi	29.04.16
1:44.51	Timothy KITUM	KEN	Nairobi	29.04.16
1:44.6h	Asbel KIPROP	KEN	Eldoret	15.04.16
1:44.63	Brandon MCBRIDE	CAN	Starkville	30.04.16
1:44.75	Wesley VÁZQUEZ	PUR	Gainesville	01.04.16
1:44.78	David RUDISHA	KEN	Melbourne	05.03.16
1:44.84	Willy Kiplimo TARBEI	KEN	Herzogenaurach	14.05.16
1:44.99	Shaquille WALKER	USA	Tempe	09.04.16
1:45.16	Luke MATHEWS	AUS	Melbourne	05.03.16
1:45.28	Abubaker Haydar ABDALLA	QAT	Doha	06.05.16
1:45.42	Lutimar ABREU PAES	BRA	Rio de Janeiro	15.05.16
1:45.47	Duane SOLOMON	USA	Walnut	16.04.16
1:45.59	Eliud Kipngetch RUTTO	KEN	Walnut	16.04.16
1:45.6h	Sammy KIRONGO	KEN	Nakuru	19.03.16
1:45.68	Ferguson Cheruiyot ROTICH	KEN	Shanghai	14.05.16
1:45.7h	Boas KIPRUGUT	KEN	Nairobi	07.05.16
1:45.78	Andrés ARROYO	PUR	Gainesville	01.04.16
1:45.79	Kléberson DAVIDE	BRA	Rio de Janeiro	15.05.16
1:45.80	Erik SOWINSKI	USA	Beijing	18.05.16

## All-Time World Outdoor list

1:40.91	David RUDISHA	KEN	London	09.08.12
1:41.11	Wilson KIPKETER	DEN	Köln	24.08.97
1:41.73	Sebastian COE	GBR	Firenze	10.06.81
1:41.73	Nijel AMOS	BOT	London	09.08.12
1:41.77	Joaquim CRUZ	BRA	Köln	26.08.84
1:42.23	Abubaker KAKI	SUD	Oslo	04.06.10
1:42.28	Sammy KOSKEI	KEN	Köln	26.08.84
1:42.34	Wilfred BUNGEI	KEN	Rieti	08.09.02
1:42.37	Mohammed AMAN	ETH	Bruxelles	06.09.13
1:42.47	Yuriy BORZAKOVSKIY	RUS	Bruxelles	24.08.01
1:42.51	Amel TUKA	BIH	Monaco	17.07.15
1:42.53	Timothy KITUM	KEN	London	09.08.12
1:42.53	Pierre-Ambroise BOSSE	FRA	Monaco	18.07.14
1:42.55	André BUCHER	SUI	Zürich	17.08.01
1:42.58	Vebjørn RODAL	NOR	Atlanta	31.07.96
1:42.60	Johnny GRAY	USA	Koblenz	28.08.85
1:42.62	Patrick NDURURI	KEN	Zürich	13.08.97
1:42.67	Alfred Kirwa YEGO	KEN	Rieti	06.09.09
1:42.69	Japheth KIMUTAI	KEN	Bruxelles	03.09.99
1:42.69	Hezekiel SEPENG	RSA	Bruxelles	03.09.99

## WR progression

1:40.91	David RUDISHA	KEN	London	09.08.12
1:41.01	David RUDISHA	KEN	Rieti	29.08.10
1:41.09	David RUDISHA	KEN	Berlin	22.08.10
1:41.11	Wilson KIPKETER	DEN	Köln	24.08.97
1:41.24	Wilson KIPKETER	DEN	Zürich	13.08.97
1:41.73	Wilson KIPKETER	DEN	Stockholm	07.07.97
1:41.73	Sebastian COE	GBR	Firenze	10.06.81
1:42.33	Sebastian COE	GBR	Oslo	05.07.79
1:43.44	Alberto JUANTORENA	CUB	Sofia	21.08.77
1:43.50	Alberto JUANTORENA	CUB	Montreal	25.07.76
1:43.7h	Marcello FIASCONARO	ITA	Milano	27.06.73
1:44.3h	David WOTTLE	USA	Eugene	01.07.72
1:44.40	Ralph DOUBELL	AUS	Ciudad de México	15.10.68
1:44.3h	Peter SNELL	NZL	Christchurch	03.02.62
1:45.7h	Roger MOËNS	BEL	Oslo	03.08.55
1:46.6h	Rudolf HARBIG	GER	Milano	15.07.39
1:48.4h	Sydney WOODERSON	GBR	Motspur Park	20.08.38
1:49.6h	Elroy ROBINSON	USA	New York	11.07.37

**Abdelatif ELGUESSE Lane 1**

MAR - 27.02.93 - Age: 23 years 85 days  
**SB: 1:48.60** Montgeron (FRA) 15.05 (199th T-L 2016) | **PB: 1:45.78** Rabat (MAR) 06.06.15 (552nd A-T) | [All-Athletics.com](http://All-Athletics.com) World Rankings: 117th

**Personal bests**

Event	Result	Venue	Date
800m	1:45.78	Rabat (MAR)	06.06.15

**Honours**

- 1x World University Games Silver medallist
- 1x National champion

**Progression**

Year	Result	Venue	Date
16	1:48.60	Montgeron (FRA)	15.05.16
15	1:45.78	Rabat (MAR)	06.06.15
14	1:48.00	Rabat (MAR)	21.06.14

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	15.05	Montgeron	F2	4.	1:48.60

**Jamal HAIRANE Lane 2**

QAT - 26.05.93 - Age: 22 years 362 days  
**SB: 1:46.45** Doha (QAT) 06.05 (39th T-L 2016) | **PB: 1:46.16** Kessel-Lo (BEL) 08.08.15 | [All-Athletics.com](http://All-Athletics.com) World Rankings: 49th

**Personal bests**

Event	Result	Venue	Date
800m	1:46.16	Kessel-Lo (BEL)	08.08.15
800m ind.	1:48.05	Doha (QAT)	21.02.16
1000m	2:30.63	Gävle (SWE)	24.07.11
1500m	3:43.59	Mataró (ESP)	15.07.14
1500m ind.	3:43.47	Mondeville (FRA)	06.02.16
4x400m	3:07.80	Manama (BRN)	19.10.11

**Honours**

**Asian Championships**

Pl.	Event	Competition	Date
7.	800m	Wuhan Asian Championships	07.06.15

**Asian Games**

Pl.	Event	Competition	Date
3.	800m	Incheon Asian Games	01.10.14

**Asian Indoor Championships**

Pl.	Event	Competition	Date
2.	800m ind.	Doha Asian Indoor Championships	21.02.16
4.	800m ind.	Hangzhou Asian Indoor Championships	16.02.14

**Asian Junior Championships**

Pl.	Event	Competition	Date
3.	1500m	Colombo Asian Junior Championships	10.06.12

**Progression**

Year	Result	Venue	Date
16	1:46.45	Doha (QAT)	06.05.16
15	1:46.16	Kessel-Lo (BEL)	08.08.15
14	1:48.25	Incheon (KOR)	01.10.14
13	1:47.83	Doha (QAT)	10.05.13
12	1:47.61	Barcelona (ESP)	13.07.12
11	1:51.34	Stockholm (SWE)	29.07.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	06.05	Doha	F	5.	1:46.45

**Amine EL MANAOUI Lane 3**

MAR - 20.11.91 - Age: 24 years 184 days  
**SB: 1:47.16** Benguerir (MAR) 23.04 (70th T-L 2016) | **PB: 1:44.96** Rabat (MAR) 25.07.13 (283rd A-T) | [All-Athletics.com](http://All-Athletics.com) World Rankings: 23rd

**Personal bests**

Event	Result	Venue	Date
600m	1:17.06	Amsterdam (NED)	05.09.15
800m	1:44.96	Rabat (MAR)	25.07.13
800m ind.	1:50.37	Praha (CZE)	25.02.14
1000m	2:17.91	Nancy (FRA)	27.06.14
1500m	3:44.15	La Roche-sur-Yon (FRA)	16.07.08

**Honours**

**African Championships**

Pl.	Event	Competition	Date
8.	800m	Marrakesh African Championships	12.08.14

**World Junior Championships**

Pl.	Event	Competition	Date
7.	800m	Bydgoszcz IAAF World Junior Ch.	11.07.08

**World Youth Championships**

Pl.	Event	Competition	Date
3.	800m	Ostrava IAAF World Youth Championships	13.07.07

**Further honours**

- 1x Diamond League meeting winner
- 1x National champion

**Progression**

Year	Result	Venue	Date
16	1:47.16	Benguerir (MAR)	23.04.16
15	1:45.20	Rieti (ITA)	13.09.15
14	1:46.01	Marrakesh (MAR)	11.08.14
13	1:44.96	Rabat (MAR)	25.07.13
12	1:45.00	Rabat (MAR)	27.05.12
11	1:45.46	Milano (ITA)	18.09.11
10	1:48.83	Moncton (CAN)	24.07.10
08	1:47.79	Rabat (MAR)	02.08.08
07	1:48.73	Ouagadougou (BUR)	11.08.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	23.04	Benguerir	F	1.	1:47.16
800m	06.05	Doha	F	-	DNF
800m	14.05	Herzogenaurach	F1	6.	1:51.10

**Pierre-Ambroise BOSSE Lane 4**

FRA - 11.05.92 - Age: 24 years 11 days  
**SB: 1:46.94** Bordeaux (FRA) 08.05 (63rd T-L 2016) | **PB: 1:42.53** Monaco (MON) 18.07.14 (12th A-T) | [All-Athletics.com](http://All-Athletics.com) World Rankings: 9th

**Personal bests**

Event	Result	Venue	Date
400m	48.54	Bordeaux (FRA)	08.05.11
600m ind.	1:15.63	Moskva (RUS)	03.02.13
800m	1:42.53	Monaco (MON)	18.07.14
800m ind.	1:46.25	Karlsruhe (GER)	06.02.16
1000m	2:15.31	Ostrava (CZE)	17.06.14
1000m ind.	2:17.63	New York (USA)	15.02.14
1500m	3:54.81	Saint Jean-de-Luz (FRA)	14.06.09

**Honours**

**World Championships**

Pl.	Event	Competition	Date
5.	800m	Beijing IAAF World Championships	25.08.15
7.	800m	Moskva IAAF World Championships	13.08.13

**European Championships**

Pl.	Event	Competition	Date
3.	800m	Helsinki European Championships	29.06.12
8.	800m	Zürich European Championships	15.08.14

**World Junior Championships**

Pl.	Event	Competition	Date
8.	800m	Moncton IAAF World Junior Championships	25.07.10

**European U23 Championships**

Pl.	Event	Competition	Date
1.	800m	Tampere European U23 Championships	12.07.13

**European Junior Championships**

Pl.	Event	Competition	Date
1.	800m	Tallinn European Junior Championships	24.07.11

**European Team Championships**

Pl.	Event	Competition	Date
2.	800m	Cheboksary European Team Championships	21.06.15

**Further honours**

- 3x National champion

**Progression**

Year	Result	Venue	Date
16	1:46.94	Bordeaux (FRA)	08.05.16
15	1:43.88	New York (USA)	13.06.15
14	1:42.53	Monaco (MON)	18.07.14
13	1:43.76	Monaco (MON)	19.07.13
12	1:44.97	Lille (FRA)	09.06.12
11	1:46.18	Reims (FRA)	05.07.11
10	1:48.38	Moncton (CAN)	24.07.10
09	1:52.52	Lormont (FRA)	27.05.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	08.05	Bordeaux	F	1.	1:46.94

**Marcin LEWANDOWSKI****Lane 5**

POL - 13.06.87 - Age: 28 years 344 days

PB: 1:43.72 Monaco (MON) 17.07.15 (86th A-T) | [All-Athletics.com](http://All-Athletics.com) World Rankings: 10th**Personal bests**

Event	Result	Venue	Date
400m	47.76	Bydgoszcz (POL)	31.07.09
400m ind.	48.29	Spala (POL)	21.02.09
600m	1:15.17	Birmingham (GBR)	24.08.14
600m ind.	1:16.32	Gent (BEL)	13.02.11
<b>800m</b>	<b>1:43.72</b>	<b>Monaco (MON)</b>	<b>17.07.15</b>
800m ind.	1:45.41	Birmingham (GBR)	18.02.12
1000m	2:15.76	Rabat (MAR)	05.06.11
1000m ind.	2:17.67	Metz (FRA)	28.02.14
1500m	3:38.19	Braunschweig (GER)	21.06.14
1500m ind.	3:37.37	Birmingham (GBR)	15.02.14
Mile Road	4:08.0h	Gateshead (GBR)	12.09.15
4x800m	7:08.69	Nassau (BAH)	24.05.14
Distance Medley	9:24.07	Nassau (BAH)	03.05.15
4x1500m	15:05.70	Nassau (BAH)	25.05.14

**Honours****World Championships**

Pl.	Event	Competition	Date
4.	800m	Moskva IAAF World Championships	13.08.13
4.	800m	Daegu IAAF World Championships	30.08.11
8.	800m	Berlin IAAF World Championships	23.08.09

**European Championships**

Pl.	Event	Competition	Date
1.	800m	Barcelona European Championships	31.07.10
5.	800m	Zürich European Championships	15.08.14

**IAAF World Relays**

Pl.	Event	Competition	Date
2.	4x800m	Nassau IAAF World Relays	02.05.15
2.	4x800m	Nassau IAAF World Relays	24.05.14

**World Junior Championships**

Pl.	Event	Competition	Date
4.	800m	Beijing IAAF World Junior Championships	18.08.06

**European U23 Championships**

Pl.	Event	Competition	Date
1.	800m	Debrecen European U23 Championships	14.07.07
2.	800m	Kaunas European U23 Championships	18.07.09

**Taoufik MAKHLOUFI****Lane 6**

ALG - 29.04.88 - Age: 28 years 23 days

PB: 1:43.53 Berlin (GER) 31.08.14 (66th A-T) | [All-Athletics.com](http://All-Athletics.com) World Rankings: 16th**Personal bests**

Event	Result	Venue	Date
<b>800m</b>	<b>1:43.53</b>	<b>Berlin (GER)</b>	<b>31.08.14</b>
1000m	2:13.08	Nancy (FRA)	01.07.15
1500m	3:28.75	Monaco (MON)	17.07.15
Mile	3:52.16	Eugene (USA)	31.05.14

**Honours****Olympic Games**

Pl.	Event	Competition	Date
1.	1500m	London Olympic Games	07.08.12

**World Championships**

Pl.	Event	Competition	Date
4.	1500m	Beijing IAAF World Championships	30.08.15

**All-African Games**

Pl.	Event	Competition	Date
1.	800m	Maputo All-Africa Games	13.09.11
2.	800m	Brazzaville All-Africa Games	16.09.15
3.	1500m	Maputo All-Africa Games	15.09.11

**Amel TUKA****Lane 7**

BIH - 09.01.91 - Age: 25 years 134 days

PB: 1:42.51 Monaco (MON) 17.07.15 (11th A-T) | [All-Athletics.com](http://All-Athletics.com) World Rankings: 4th**Personal bests**

Event	Result	Venue	Date
300m	34.46	Rovereto (ITA)	17.04.16
400m	47.19	Bar (MNE)	01.05.13
600m	1:15.21	Pliezhausen (GER)	08.05.16
<b>800m</b>	<b>1:42.51</b>	<b>Monaco (MON)</b>	<b>17.07.15</b>
800m ind.	1:48.86	Istanbul (TUR)	21.02.15
4x400m	3:10.50	Baku (AZE)	22.06.15

**Honours****World Championships**

Pl.	Event	Competition	Date
3.	800m	Beijing IAAF World Championships	25.08.15

**European Championships**

Pl.	Event	Competition	Date
6.	800m	Zürich European Championships	15.08.14

**European Indoor Championships**

Pl.	Event	Competition	Date
1.	800m ind.	Praha European Indoor Championships	08.03.15
2.	800m ind.	Paris European Indoor Championships	06.03.11
4.	1500m ind.	Göteborg European Indoor Championships	03.03.13
6.	800m ind.	Torino European Indoor Championships	08.03.09

**World (Continental) Cup**

Pl.	Event	Competition	Date
2.	800m	Split IAAF/VTB Bank Continental Cup	05.09.10

**World Athletics Final**

Pl.	Event	Competition	Date
4.	800m	Stuttgart IAAF World Athletics Final	13.09.08

**European Team Championships**

Pl.	Event	Competition	Date
2.	1500m	Cheboksary European Team Championships	20.06.15
2.	800m	Annecy SPAR European Cup	22.06.08
3.	1500m	Braunschweig European Team Championships	21.06.14
3.	1500m	Gateshead European Team Championships	22.06.13
3.	800m	Bergen SPAR European Team Championships	20.06.10

**Further honours**

- 1x Diamond League meeting winner
- 1x World Military Games winner
- 4x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Venue	Date
15	1:43.72	Monaco (MON)	17.07.15
14	1:44.03	Berlin (GER)	31.08.14
13	1:43.79	Zürich (SUI)	29.08.13
12	1:44.34	Hengelo (NED)	27.05.12
11	1:44.53	Rieti (ITA)	10.09.11
10	1:44.10	Rieti (ITA)	29.08.10
09	1:43.84	Monaco (MON)	28.07.09
08	1:45.84	Lausanne (SUI)	02.09.08
07	1:45.52	Hengelo (NED)	26.05.07
06	1:46.69	Szczecin (POL)	24.06.06
05	1:48.86	Bydgoszcz (POL)	06.07.05
04	1:51.73	Slubice (POL)	13.06.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-					

**African Championships**

Pl.	Event	Competition	Date
1.	800m	Porto Novo African Championships	29.06.12
3.	800m	Marrakesh African Championships	12.08.14

**Further honours**

- 1x Diamond League meeting winner
- 2x National champion

**Progression**

Year	Result	Venue	Date
15	1:44.24	Berlin (GER)	06.09.15
14	1:43.53	Berlin (GER)	31.08.14
12	1:43.71	Stockholm (SWE)	17.08.12
11	1:46.32	Maputo (MOZ)	13.09.11
10	1:48.39	Algiers (ALG)	16.07.10
09	1:49.40	Tunis (TUN)	21.06.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-					

**European U23 Championships**

Pl.	Event	Competition	Date
3.	800m	Tampere European U23 Championships	12.07.13

**Further honours**

- 1x Diamond League meeting winner
- 8x National champion
- 1x Balkan Championships winner

**Progression**

Year	Result	Venue	Date
15	1:42.51	Monaco (MON)	17.07.15
14	1:46.12	Zürich (SUI)	15.08.14
13	1:46.29	Tampere (FIN)	12.07.13
12	1:48.31	Helsinki (FIN)	27.06.12
11	1:51.09	Zenica (BIH)	01.06.11
10	1:51.04	Sarajevo (BIH)	06.06.10
09	1:53.85	Sarajevo (BIH)	03.10.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
300m	17.04	Rovereto	F1	2.	34.46
600m	17.04	Rovereto	F1	1.	1:16.09
600m	08.05	Pliezhausen	F2	1.	1:15.21

**Nijel AMOS****Lane 8**

BOT - 15.03.94 - Age: 22 years 68 days

PB: 1:41.73 London (GBR) 09.08.12 (3rd A-T) | All-Athletics.com World Rankings: 1st

**Personal bests**

Event	Result	Venue	Date
200m	21.34	Erlangen (GER)	30.06.15
400m	45.56	Abidjan (CIV)	26.04.14
<b>800m</b>	<b>1:41.73</b>	<b>London (GBR)</b>	<b>09.08.12</b>
1000m	2:26.92	Gaborone (BOT)	22.05.10
3000m	8:33.93	Gaborone (BOT)	23.05.10
4x400m	2:59.95	Beijing (CHN)	29.08.15

**Honours****Olympic Games**

Pl.	Event	Competition	Date
2.	800m	London Olympic Games	09.08.12

**Commonwealth Games**

Pl.	Event	Competition	Date
1.	800m	Glasgow Commonwealth Games	31.07.14

**All-African Games**

Pl.	Event	Competition	Date
1.	800m	Brazzaville All-Africa Games	16.09.15
2.	4x400m	Brazzaville All-Africa Games	17.09.15

**African Championships**

Pl.	Event	Competition	Date
1.	4x400m	Marrakesh African Championships	14.08.14
1.	800m	Marrakesh African Championships	12.08.14

**Edwin Kiplagat MELI****Lane 8**

KEN - 23.04.94 - Age: 22 years 29 days

SB: 1:50.2h Nakuru (KEN) 19.03 (443rd T-L 2016) | PB: 1:43.81 Rieti (ITA) 09.09.12 (95th A-T) |

All-Athletics.com World Rankings: 80th

**Personal bests**

Event	Result	Venue	Date
<b>800m</b>	<b>1:43.81</b>	<b>Rieti (ITA)</b>	<b>09.09.12</b>
800m ind.	1:48.14	Düsseldorf (GER)	30.01.14
1000m	2:17.51	Nancy (FRA)	01.07.15
1500m	3:50.0h	Mumias (KEN)	26.02.16

**Honours****World Junior Championships**

Pl.	Event	Competition	Date
3.	800m	Barcelona IAAF World Junior Ch.	15.07.12

**World Junior Championships**

Pl.	Event	Competition	Date
1.	800m	Barcelona IAAF World Junior Ch.	15.07.12

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	800m	Marrakesh IAAF Continental Cup	14.09.14

**African Junior Championships**

Pl.	Event	Competition	Date
3.	800m	Gaborone African Junior Championships	15.05.11

**Diamond Race wins**

Year	Event
2014	800m
2015	800m

**Further honours**

- 1x World University Games winner
- 7x Diamond League meeting winner

**Progression**

Year	Result	Venue	Date
15	1:42.66	Monaco (MON)	17.07.15
14	1:42.45	Monaco (MON)	18.07.14
13	1:44.71	Lausanne (SUI)	04.07.13
12	1:41.73	London (GBR)	09.08.12
11	1:47.28	Lille (FRA)	09.07.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
400m	12.03	Potchefstroom	F	4.	46.96
4x400m	06.05	Doha	F	1.	3:02.29

**Progression**

Year	Result	Venue	Date
16	1:50.2h	Nakuru (KEN)	19.03.16
15	1:44.50	Barcelona (ESP)	08.07.15
14	1:45.87	Beijing (CHN)	21.05.14
13	1:44.49	Rieti (ITA)	08.09.13
12	1:43.81	Rieti (ITA)	09.09.12
11	1:49.1h	Mumias (KEN)	30.04.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	26.02	Mumias	H2	4.	3:50.0h
800m	18.03	Nakuru	H1	3.	1:50.5h
<b>800m</b>	<b>19.03</b>	<b>Nakuru</b>	<b>SF3</b>	<b>2.</b>	<b>1:50.2h</b>
800m	14.05	Herzogenaurach	F1	-	DNF



## Start list 1500m Time: 16:45

Lane	Athlete	Nat	NR	PB	SB
1-1	Carlos ALONSO	ESP	3:28.95	3:37.77	
2-1	Salim KEDDAR	ALG	3:27.37	3:35.92	
3-1	Dumisane HLASELO	RSA	3:31.93	3:36.36	3:36.65
4-1	Adam Ali MOUSAB	QAT	3:31.04	3:36.67	3:36.67
5-1	Timothy CHERUIYOT	KEN	3:26.34	3:34.86	3:36.1h
6-1	Morhad AMDOUNI	FRA	3:28.98	3:34.05	
7-1	Younés ESSALHI	MAR	3:26.00	3:35.52	
8-1	Tarik MOUKRIME	BEL	3:34.13	3:35.96	
9-1	Oussama NABIL	MAR	3:26.00	3:40.07	
10-1	Homiyu TESFAYE	GER	3:31.58	3:31.98	
11-1	Silas KIPLAGAT	KEN	3:26.34	3:27.64	3:33.86
12-1	Ryan GREGSON	AUS	3:31.06	3:31.06	3:35.78
13-1	Florian CARVALHO	FRA	3:28.98	3:33.47	
14-1	Fouad EL KAAM	MAR	3:26.00	3:33.71	
15-1	Mohamed MOUSTAOU	MAR	3:26.00	3:31.84	
16-1	Dawit WOLDE	ETH	3:29.91	3:33.82	3:36.95
17-1	Adil BRIAMI	MAR	3:26.00	3:40.07	PM
18-1	Reuben BETT	KEN	3:26.34	3:39.82	PM

Pace: 800m - 1:53.0

## Medal Winners

### 2015 - Beijing IAAF World Ch.

1. Asbel KIPROP (KEN) 3:34.40
2. Elijah Motonei MANANGOI (KEN) 3:34.63
3. Abdelaati IGUIDER (MAR) 3:34.67

### 2013 - Moskva IAAF World Ch.

1. Asbel KIPROP (KEN) 3:36.28
2. Matthew CENTROWITZ (USA) 3:36.78
3. Johan CRONJE (RSA) 3:36.83

### 2012 - London Olympic Games

1. Taoufik MAKHLOUFI (ALG) 3:34.08
2. Leonel MANZANO (USA) 3:34.79
3. Abdelaati IGUIDER (MAR) 3:35.13

### 2011 - Daegu IAAF World Ch.

1. Asbel KIPROP (KEN) 3:35.69
2. Silas KIPLAGAT (KEN) 3:35.92
3. Matthew CENTROWITZ (USA) 3:36.08

### 2009 - Berlin IAAF World Ch.

1. Yusuf Saad KAMEL (BRN) 3:35.93
2. Deresse MEKONNEN (ETH) 3:36.01
3. Bernard LAGAT (USA) 3:36.20

### 2008 - Beijing Olympic Games

1. Asbel KIPROP (KEN) 3:33.11
2. Nick WILLIS (NZL) 3:34.16
3. Mehdi BAALA (FRA) 3:34.21

### 2007 - Osaka IAAF World Ch.

1. Bernard LAGAT (USA) 3:34.77
2. Rashid RAMZI (BRN) 3:35.00
3. Shadrack KORIR (KEN) 3:35.04

### 2005 - Helsinki IAAF World Ch.

1. Rashid RAMZI (BRN) 3:37.88
2. Adil KAOUCH (MAR) 3:38.00
3. Rui SILVA (POR) 3:38.02

### 2004 - Athens Olympic Games

1. Hicham EL GUERROUJ (MAR) 3:34.18
2. Bernard LAGAT (USA) 3:34.30
3. Rui SILVA (POR) 3:34.68

### 2003 - Paris-St-Denis IAAF World Ch.

1. Hicham EL GUERROUJ (MAR) 3:31.77
2. Mehdi BAALA (FRA) 3:32.31
3. Ivan HESKO (UKR) 3:33.17

## Rabat previous Winners

15	Yassine BENSGHIR (MAR)	3:34.29
14	Alsadik MIKHOU (MAR)	3:34.36
13	Fouad EL KAAM (MAR)	3:34.68
12	Abdelaati IGUIDER (MAR)	3:34.39
11	Collins CHEBOI (KEN)	3:33.82
10	Abdelaati IGUIDER (MAR)	3:34.25
09	Deresse MEKONNEN (ETH)	3:34.59
08	Abdelaati IGUIDER (MAR)	3:32.37

## Diamond League 2016

### Doha IAAF Diamond League

1. Asbel KIPROP (KEN) 3:32.15
2. Elijah Motonei MANANGOI (KEN) 3:33.67
3. Silas KIPLAGAT (KEN) 3:33.86

## Records

WR	3:26.00	Hicham EL GUERROUJ	MAR	Roma	14.07.98
AR	3:26.00	Hicham EL GUERROUJ	MAR	Roma	14.07.98
NR	3:26.00	Hicham EL GUERROUJ	MAR	Roma	14.07.98
WJR	3:28.81	Ronald KWEMOI	KEN	Monaco	18.07.14
MR	3:32.37	Abdelaati IGUIDER	MAR		14.06.08
DLR	3:26.69	Asbel KIPROP	KEN	Monaco	17.07.15
SB	3:32.15	Asbel KIPROP	KEN	Doha	06.05.16

## 2016 World Outdoor list

3:32.15	Asbel KIPROP	KEN	Doha	06.05.16
3:33.67	Elijah Motonei MANANGOI	KEN	Doha	06.05.16
3:33.86	Silas KIPLAGAT	KEN	Doha	06.05.16
3:33.94	Bethwell BIRGEN	KEN	Doha	06.05.16
3:34.55	Abdi Waiss MOUHAYADIN	DJI	Doha	06.05.16
3:34.58	Aman WOTE	ETH	Doha	06.05.16
3:34.68	Robert BIWOTT	KEN	Doha	06.05.16
3:34.81	Vincent KIBET	KEN	Doha	06.05.16
3:35.77	Ronald KWEMOI	KEN	Kumamoto	02.04.16
3:35.78	Ryan GREGSON	AUS	Nijmegen	18.05.16
3:35.99	Luke MATHEWS	AUS	Nijmegen	18.05.16
3:36.06	David TORRENCE	USA	Swarthmore	16.05.16
3:36.1h	Timothy CHERUIYOT	KEN	Nairobi	07.05.16
3:36.14	Julian MATTHEWS	NZL	Swarthmore	16.05.16
3:36.25	Hamish CARSON	NZL	Swarthmore	16.05.16
3:36.29	Lee EMANUEL	GBR	Swarthmore	16.05.16
3:36.32	Filip SASINEK	CZE	Ostrava	20.05.16
3:36.40	Timo BENITZ	GER	Ostrava	20.05.16
3:36.58	Chris O'HARE	GBR	Ostrava	20.05.16
3:36.65	Dumisane HLASELO	RSA	Doha	06.05.16

## All-Time World Outdoor list

3:26.00	Hicham EL GUERROUJ	MAR	Roma	14.07.98
3:26.34	Bernard LAGAT	KEN	Bruxelles	24.08.01
3:26.69	Asbel KIPROP	KEN	Monaco	17.07.15
3:27.37	Noureddine MORCELI	ALG	Nice	12.07.95
3:27.64	Silas KIPLAGAT	KEN	Monaco	18.07.14
3:28.12	Noah NGENY	KEN	Zürich	11.08.00
3:28.75	Taoufik MAKHLOUFI	ALG	Monaco	17.07.15
3:28.79	Abdelaati IGUIDER	MAR	Monaco	17.07.15
3:28.81	Mo FARAH	GBR	Monaco	19.07.13
3:28.81	Ronald KWEMOI	KEN	Monaco	18.07.14
3:28.95	Fermin CACHO	ESP	Zürich	13.08.97
3:28.98	Mehdi BAALA	FRA	Bruxelles	05.09.03
3:29.02	Daniel Kipchirchir KOMEN	KEN	Roma	14.07.06
3:29.14	Rashid RAMZI	BRN	Roma	14.07.06
3:29.18	Vénuste NIYONGABO	BDI	Bruxelles	22.08.97
3:29.29	William CHIRCHIR	KEN	Bruxelles	24.08.01
3:29.46	Said AOUITA	MAR	Berlin	23.08.85
3:29.46	Daniel KOMEN	KEN	Monaco	16.08.97
3:29.47	Augustine Kiprono CHOGE	KEN	Berlin	14.06.09
3:29.50	Caleb Mwangangi NDIKU	KEN	Monaco	19.07.13

## WR progression

3:26.00	Hicham EL GUERROUJ	MAR	Roma	14.07.98
3:27.37	Noureddine MORCELI	ALG	Nice	12.07.95
3:28.86	Noureddine MORCELI	ALG	Rieti	06.09.92
3:29.46	Said AOUITA	MAR	Berlin	23.08.85
3:29.67	Steve CRAM	GBR	Nice	16.07.85
3:30.77	Steve OVETT	GBR	Rieti	04.09.83
3:31.24	Sydney MAREE	USA	Köln	28.08.83
3:31.36	Steve OVETT	GBR	Koblenz	27.08.80
3:32.1h	Steve OVETT	GBR	Oslo	15.07.80
3:32.1h	Sebastian COE	GBR	Zürich	15.08.79
3:32.2h	Filbert BAYI	TAN	Christchurch	02.02.74
3:33.1h	Jim RYUN	USA	Los Angeles	08.07.67
3:35.6h	Herb ELLIOTT	AUS	Roma	06.09.60
3:36.0h	Herb ELLIOTT	AUS	Göteborg	28.08.58
3:38.1h	Stanislav JUNGWIRTH	TCH	Stará Boleslav	12.07.57
3:40.2h	Olavi SALSOLA	FIN	Turku	11.07.57
3:40.2h	Olavi SALONEN	FIN	Turku	11.07.57
3:40.6h	István RÓZSAVÖLGYI	HUN	Tata	03.08.56

**Carlos ALONSO** Lane 1-1

ESP - 15.09.89 - Age: 26 years 250 days  
PB: 3:37.77 Huelva (ESP) 12.06.13 (791st A-T) | All-Athletics.com World Rankings: 34th

Event	Result	Venue	Date
800m	1:48.22	Madrid (ESP)	11.07.15
<b>1500m</b>	<b>3:37.77</b>	<b>Huelva (ESP)</b>	<b>12.06.13</b>
1500m ind.	3:42.38	Valencia (ESP)	09.01.16
3000m	7:49.61	Rieti (ITA)	13.09.15
3000m ind.	7:52.0h	Valencia (ESP)	08.02.15
3000mSC	8:37.45	Watford (GBR)	09.06.12
Mile Road	4:15.0h	Barcelona (ESP)	24.04.16
10 km Road	29:28	Iurreta (ESP)	19.04.15
4x1500m	15:00.69	Nassau (BAH)	25.05.14

**Honours**

Pl.	Event	Competition	Date
3.	3000mSC	Hengelo European Junior Championships	20.07.07

**Progression**

Year	Result	Venue	Date
15	3:38.58	Bruxelles (BEL)	11.09.15
14	3:39.53	Mataró (ESP)	15.07.14
13	3:37.77	Huelva (ESP)	12.06.13
12	3:42.14	Pontevedra (ESP)	10.08.12
11	3:48.97	Santander (ESP)	23.07.11
08	3:51.95	Gijón (ESP)	14.06.08
07	3:49.48	Los Corrales de Buelna (ESP)	02.06.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Mile Road	24.04	Barcelona	F	1.	4:15.0h

**Salim KEDDAR** Lane 2-1

ALG - 23.11.93 - Age: 22 years 181 days  
PB: 3:35.92 Algiers (ALG) 08.08.15 (440th A-T) | All-Athletics.com World Rankings: 51st

Event	Result	Venue	Date
<b>1500m</b>	<b>3:35.92</b>	<b>Algiers (ALG)</b>	<b>08.08.15</b>
3000m	8:18.97	Biskra (ALG)	14.03.15
5000m	14:20.42	Algiers (ALG)	11.04.15
3000mSC	8:39.32	Algiers (ALG)	24.06.14

**Honours**

Pl.	Event	Competition	Date
3.	1500m	Brazzaville All-Africa Games	14.09.15

**Further honours**

1x National champion

**Progression**

Year	Result	Venue	Date
15	3:35.92	Algiers (ALG)	08.08.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Dumisane HLAELO** Lane 3-1

RSA - 08.06.89 - Age: 26 years 349 days  
SB: 3:36.65 Doha (QAT) 06.05 (20th T-L 2016) | PB: 3:36.36 Nancy (FRA) 01.07.15 (518th A-T) | All-Athletics.com World Rankings: 41st

Event	Result	Venue	Date
800m	1:48.31	Pretoria (RSA)	27.03.08
<b>1500m</b>	<b>3:36.36</b>	<b>Nancy (FRA)</b>	<b>01.07.15</b>
Mile	4:13.49	Port Elizabeth (RSA)	21.03.14
Mile ind.	4:00.97	College Station (USA)	12.03.11
3000m	7:59.31	Stellenbosch (RSA)	15.04.13
3000m ind.	8:00.43	Fayetteville (USA)	26.02.11
5000m	13:47.23	Stellenbosch (RSA)	13.04.13
10,000m	30:35.38	Polokwane (RSA)	29.04.16
Distance Medley ind.	9:52.53	Fayetteville (USA)	27.02.11

**Honours**

Pl.	Event	Competition	Date
3.	1500m	Ouagadougou African Junior Championships	12.08.07

**Progression**

Year	Result	Venue	Date
16	3:36.65	Doha (QAT)	06.05.16
15	3:36.36	Nancy (FRA)	01.07.15
14	3:48.78	Pretoria (RSA)	11.04.14
13	3:49.53	Stellenbosch (RSA)	13.04.13
11	3:40.66	Gainesville (USA)	16.04.11
10	3:40.46	Durban (RSA)	21.03.10
08	3:38.15	Stellenbosch (RSA)	14.03.08
07	3:46.36	Windhoek (NAM)	26.05.07
06	3:48.95	Sasolburg (RSA)	31.03.06
05	3:48.23	Marrakesh (MAR)	17.07.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	13.02	Stellenbosch	F	1.	3:41.23
1500m	19.02	Stellenbosch	F	1.	3:39.4h
1500m	23.02	Stellenbosch	F	1.	3:40.47
800m	08.03	Pretoria	F	11.	1:52.3h
1500m	22.03	Cape Town	F	1.	3:38.39
1500m	15.04	Stellenbosch	H2	1.	3:38.09
1500m	16.04	Stellenbosch	F	2.	3:42.54
10,000m	29.04	Polokwane	F	2.	30:35.38
5000m	30.04	Polokwane	F	3.	14:44.93
<b>1500m</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>9.</b>	<b>3:36.65</b>

**Adam Ali MOUSAB** Lane 4-1

QAT - 17.04.95 - Age: 21 years 35 days  
SB: 3:36.67 Doha (QAT) 06.05 (21st T-L 2016) | PB: 3:36.67 Doha (QAT) 06.05.16 (568th A-T) | All-Athletics.com World Rankings: 56th

Event	Result	Venue	Date
300m	36.65	Vaxjö (SWE)	26.06.12
400m	51.60	Kuopio (FIN)	23.07.11
600m	1:21.95	Vaxjö (SWE)	26.06.12
800m	1:54.38	Göteborg (SWE)	30.06.13
<b>1500m</b>	<b>3:36.67</b>	<b>Doha (QAT)</b>	<b>06.05.16</b>
1500m ind.	3:37.30	Doha (QAT)	20.02.16
3000m	8:33.19	St-Etienne (FRA)	22.06.13
5000m	14:34.07	Taipei (TPE)	15.06.14
2000mSC	5:50.66	Göteborg (SWE)	28.06.13
3000mSC	9:02.80	Taipei (TPE)	14.06.14

**Honours**

Pl.	Event	Competition	Date
4.	1500m ind.	Doha Asian Indoor Championships	20.02.16

**Asian Junior Championships**

Pl.	Event	Competition	Date
1.	5000m	Taipei Asian Junior Championships	15.06.14
1.	3000mSC	Taipei Asian Junior Championships	14.06.14

**Progression**

Year	Result	Venue	Date
16	3:36.67	Doha (QAT)	06.05.16
15	3:47.96	Mungyeong (KOR)	06.10.15
14	3:42.23	Palafrugell (ESP)	31.05.14
13	3:58.68	Azusa (USA)	19.04.13
11	4:04.30	Helsingborg (SWE)	03.07.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	06.05	Doha	F	10.	3:36.67

**Timothy CHERUIYOT** Lane 5-1

KEN - 20.11.95 - Age: 20 years 184 days  
SB: 3:36.1h Nairobi (KEN) 07.05 (13th T-L 2016) | PB: 3:34.86 Nairobi (KEN) 01.08.15 (300th A-T) | All-Athletics.com World Rankings: 16th

Event	Result	Venue	Date
800m	1:45.92	Nairobi (KEN)	25.06.14
<b>1500m</b>	<b>3:34.86</b>	<b>Nairobi (KEN)</b>	<b>01.08.15</b>
Mile	3:55.80	Eugene (USA)	30.05.15
Distance Medley	9:17.20	Nassau (BAH)	03.05.15

**Honours**

Pl.	Event	Competition	Date
7.	1500m	Beijing IAAF World Championships	30.08.15

**IAAF World Relays**

Pl.	Event	Competition	Date
2.	Distance Medley	Nassau IAAF World Relays	03.05.15

**Progression**

Year	Result	Venue	Date
16	3:36.1h	Nairobi (KEN)	07.05.16
15	3:34.86	Nairobi (KEN)	01.08.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	14.04	Eldoret	H8	1.	3:47.0h
1500m	15.04	Eldoret	SF1	1.	3:44.1h
1500m	16.04	Eldoret	F	1.	3:36.8h
<b>1500m</b>	<b>07.05</b>	<b>Nairobi</b>	<b>F</b>	<b>1.</b>	<b>3:36.1h</b>

**Morhad AMDOUNI****Lane 6-1**

FRA - 21.01.88 - Age: 28 years 122 days

PB: 3:34.05 Monaco (MON) 17.07.15 (215th A-T) | All-Athletics.com World Rankings: 27th

**Personal bests**

Event	Result	Venue	Date
800m	1:47.20	Padova (ITA)	06.09.15
<b>1500m</b>	<b>3:34.05</b>	<b>Monaco (MON)</b>	<b>17.07.15</b>
3000m	7:37.50	Paris-St-Denis (FRA)	17.07.09
3000m ind.	7:47.70	Metz (FRA)	21.02.16
5000m	13:14.19	Rabat (MAR)	23.05.09
Mile Road	3:59.86	Roma (ITA)	01.05.16
10 km Road	28:58	Roma (ITA)	31.12.15

**Honours****European Junior Championships**

Pl.	Event	Competition	Date
1.	5000m	Hengelo European Junior Championships	22.07.07

**European Team Championships**

Pl.	Event	Competition	Date
1.	5000m	Cheboksary European Team Championships	20.06.15

**Further honours**

- 1x Diamond League meeting winner
- 1x National champion

**Progression**

Year	Result	Venue	Date
15	3:34.05	Monaco (MON)	17.07.15
09	3:48.08	Angers (FRA)	24.07.09
08	3:46.47	St-Maur (FRA)	06.06.08
07	3:42.84	Ninove (BEL)	11.08.07
06	3:45.72	Les Sables (FRA)	30.07.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Mile Road	01.05	Roma	F	2.	3:59.86
1500m	16.05	Rehlingen	F1	-	DNF

**Younés ESSALHI****Lane 7-1**

MAR - 20.02.93 - Age: 23 years 92 days

PB: 3:35.52 Sollentuna (SWE) 27.06.13 (371st A-T)

**Personal bests**

Event	Result	Venue	Date
<b>1500m</b>	<b>3:35.52</b>	<b>Sollentuna (SWE)</b>	<b>27.06.13</b>
3000m	7:46.24	Montgeron (FRA)	15.05.16
3000m ind.	7:47.50	Bordeaux (FRA)	26.01.14
5000m	13:16.07	Rabat (MAR)	09.06.13
2000mSC	6:08.21	Fes (MAR)	30.06.10
3000mSC	8:31.77	Casablanca (MAR)	09.06.12

**Honours****World Junior Championships**

Pl.	Event	Competition	Date
4.	5000m	Barcelona IAAF World Junior Ch.	14.07.12

**Francophone Games**

Pl.	Event	Competition	Date
2.	5000m	Nice Francophone Games	14.09.13

**Further honours**

- 1x National champion

**Progression**

Year	Result	Venue	Date
15	3:35.82	Stockholm (SWE)	30.07.15
14	3:37.36	Fes (MAR)	24.05.14
13	3:35.52	Sollentuna (SWE)	27.06.13
12	3:38.90	Marrakesh (MAR)	28.02.12

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	30.04	Fes	F	2.	7:54.37
3000m	15.05	Montgeron	F	1.	7:46.24

**Tarik MOUKRIME****Lane 8-1**

BEL - 03.03.92 - Age: 24 years 80 days

PB: 3:35.96 Heusden-Zolder (BEL) 19.07.14 (445th A-T)

**Personal bests**

Event	Result	Venue	Date
800m	1:46.97	Liège (BEL)	16.07.14
800m ind.	1:50.32	Gent (BEL)	25.01.14
<b>1500m</b>	<b>3:35.96</b>	<b>Heusden-Zolder (BEL)</b>	<b>19.07.14</b>
1500m ind.	3:42.43	Gent (BEL)	09.02.14
8 km Road	23:47	Trier (GER)	31.12.15

**Honours****European Championships**

Pl.	Event	Competition	Date
8.	1500m	Zürich European Championships	17.08.14

**Further honours**

- 2x National Indoor champion

**Progression**

Year	Result	Venue	Date
14	3:35.96	Heusden-Zolder (BEL)	19.07.14
13	3:39.59	Ninove (BEL)	27.07.13
12	3:41.39	Ninove (BEL)	21.07.12
11	3:44.15	Kessel-Lo (BEL)	13.08.11
10	3:45.22	Oordegem (BEL)	05.06.10
09	3:48.56	Oordegem (BEL)	04.07.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	26.01	Potchefstroom	F	1.	1:50.33
800m	16.05	Rehlingen	F2	4.	1:49.33

**Oussama NABIL****Lane 9-1**

MAR - 18.02.96 - Age: 20 years 94 days

PB: 3:40.07 Fes (MAR) 24.05.14 | All-Athletics.com World Rankings: 369th

**Personal bests**

Event	Result	Venue	Date
400m	49.38	Mouscron (BEL)	01.07.15

800m	1:48.22	Bruxelles (BEL)	05.07.15
<b>1500m</b>	<b>3:40.07</b>	<b>Fes (MAR)</b>	<b>24.05.14</b>
1500m ind.	3:46.41	Bordeaux (FRA)	31.01.15

**Progression**

Year	Result	Venue	Date
15	3:41.64	Amiens (FRA)	27.06.15
14	3:40.07	Fes (MAR)	24.05.14

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Homiyu TESFAYE****Lane 10-1**

GER - 23.06.93 - Age: 22 years 334 days

PB: 3:31.98 Roma (ITA) 05.06.14 (104th A-T)

**Personal bests**

Event	Result	Venue	Date
600m	1:17.52	Pliezhausen (GER)	08.05.16
800m	1:46.40	Pfungstadt (GER)	05.06.13
800m ind.	1:48.26	Monderville (FRA)	07.02.15
1000m	2:17.56	Pliezhausen (GER)	18.05.14
<b>1500m</b>	<b>3:31.98</b>	<b>Roma (ITA)</b>	<b>05.06.14</b>
1500m ind.	3:34.13	Stockholm (SWE)	19.02.15
Mile	3:49.86	Oslo (NOR)	11.06.14
3000m	8:03.95	Rehlingen (GER)	28.05.12
3000m ind.	7:58.09	Leipzig (GER)	22.02.14
5000m	13:58.73	Koblenz (GER)	15.05.13
10,000m	29:08.44	Bremen (GER)	04.05.13
Mile Road	4:00.92	Newcastle (GBR)	06.09.14
8 km Road	22:39	Trier (GER)	31.12.13
10 km Road	27:54	Paderborn (GER)	04.04.15
Half Marathon	1:07:17	Griesheim (GER)	15.04.12

**Honours****World Championships**

Pl.	Event	Competition	Date
5.	1500m	Moskva IAAF World Championships	18.08.13

**European Championships**

Pl.	Event	Competition	Date
5.	1500m	Zürich European Championships	17.08.14

**World Indoor Championships**

Pl.	Event	Competition	Date
8.	1500m ind.	Sopot IAAF World Indoor Championships	08.03.14

**European Indoor Championships**

Pl.	Event	Competition	Date
4.	1500m ind.	Praha European Indoor Championships	08.03.15

**European Team Championships**

Pl.	Event	Competition	Date
2.	1500m	Braunschweig European Team Championships	21.06.14

**Further honours**

- 3x National Indoor champion

**Progression**

Year	Result	Venue	Date
14	3:31.98	Roma (ITA)	05.06.14
13	3:34.18	Zürich (SUI)	29.08.13
12	3:38.56	Regensburg (GER)	02.06.12
11	3:46.02	Mannheim (GER)	02.07.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
600m	08.05	Pliezhausen	F2	8.	1:17.52
800m	16.05	Rehlingen	F1	1.	1:47.44

## Silas KIPLAGAT

Lane 11-1

KEN - 20.08.89 - Age: 26 years 276 days

SB: 3:33.86 Doha (QAT) 06.05 (3rd T-L 2016) | PB: 3:27.64 Monaco (MON) 18.07.14 (5th A-T) |

All-Athletics.com World Rankings: 4th

### Personal bests

Event	Result	Venue	Date
800m	1:44.8h	Nairobi (KEN)	04.05.12
<b>1500m</b>	<b>3:27.64</b>	<b>Monaco (MON)</b>	<b>18.07.14</b>
1500m ind.	3:35.26	Liévin (FRA)	14.02.12
Mile	3:47.88	Eugene (USA)	31.05.14
Mile ind.	3:52.63	Fayetteville (USA)	11.02.12
3000m	7:39.94	Milano (ITA)	09.09.10
3000m ind.	7:41.02	Boston (USA)	04.02.12
5000m	14:18.9h	Nakuru (KEN)	18.03.16
10 km Road	28:00	Tilburg (NED)	06.09.09
4x1500m	14:22.22	Nassau (BAH)	25.05.14

### Records

Record	Result	Event	Venue	Date
WR	14:22.22	4x1500m	Nassau (BAH)	25.05.14

### Honours

#### Olympic Games

Pl.	Event	Competition	Date
7.	1500m	London Olympic Games	07.08.12

#### World Championships

Pl.	Event	Competition	Date
2.	1500m	Daegu IAAF World Championships	03.09.11
5.	1500m	Beijing IAAF World Championships	30.08.15
6.	1500m	Moskva IAAF World Championships	18.08.13

#### World Indoor Championships

Pl.	Event	Competition	Date
6.	1500m ind.	Istanbul IAAF World Indoor Championships	10.03.12

## Ryan GREGSON

Lane 12-1

AUS - 26.04.90 - Age: 26 years 26 days

SB: 3:35.78 Nijmegen (NED) 18.05 (10th T-L 2016) | PB: 3:31.06 Monaco (MON) 22.07.10 (61st A-T) |

All-Athletics.com World Rankings: 14th

### Personal bests

Event	Result	Venue	Date
800m	1:46.04	Melbourne (AUS)	04.03.10
1000m	2:17.69	Dubnica nad Váhom (SVK)	22.08.10
<b>1500m</b>	<b>3:31.06</b>	<b>Monaco (MON)</b>	<b>22.07.10</b>
Mile	3:52.24	London (GBR)	14.08.10
Mile ind.	3:55.97	New York (USA)	16.02.13
3000m	7:47.73	Glendale (AUS)	30.01.16
5000m	13:37.12	Hobart (AUS)	23.02.13
Mile Road	4:08.52	Gateshead (GBR)	14.09.13
Mile Road	*3:53.7h	New York (USA)	22.09.12
5 km Road	13:39	Carlsbad (USA)	01.04.12
10 km Road	29:09	Burnie (AUS)	19.10.08
4x800m	7:11.48	Nassau (BAH)	24.05.14
Distance Medley	9:17.56	Philadelphia (USA)	30.04.11
4x1500m	14:46.04	Nassau (BAH)	25.05.14

### Records

Record	Result	Event	Venue	Date
AR	7:11.48	4x800m	Nassau (BAH)	24.05.14
AR	14:46.04	4x1500m	Nassau (BAH)	25.05.14

### Honours

#### IAAF World Relays

Pl.	Event	Competition	Date
3.	Distance Medley	Nassau IAAF World Relays	03.05.15
3.	4x800m	Nassau IAAF World Relays	02.05.15

## Florian CARVALHO

Lane 13-1

FRA - 09.03.89 - Age: 27 years 74 days

PB: 3:33.47 Paris (FRA) 06.07.13 (166th A-T)

### Personal bests

Event	Result	Venue	Date
800m	1:47.44	Ninove (BEL)	08.08.09
800m ind.	1:50.61	Mondeville (FRA)	01.02.14
1000m	2:19.33	Nancy (FRA)	27.06.14
1000m ind.	2:19.95	Metz (FRA)	28.02.14
<b>1500m</b>	<b>3:33.47</b>	<b>Paris (FRA)</b>	<b>06.07.13</b>
1500m ind.	3:40.41	Düsseldorf (GER)	08.02.13
3000m	8:07.66	Savigny (FRA)	16.10.11
3000m ind.	7:45.77	Birmingham (GBR)	16.02.13
2 Miles ind.	8:32.87	Birmingham (GBR)	21.02.15
5000m	14:51.37	Elancourt (FRA)	07.05.11
Mile Road	3:59.69	Roma (ITA)	01.05.16
10 km Road	28:46	Roma (ITA)	31.12.15
4x1500m	14:52.52	Nice (FRA)	18.09.11

### Honours

#### European Championships

Pl.	Event	Competition	Date
2.	1500m	Helsinki European Championships	01.07.12

#### World Junior Championships

Pl.	Event	Competition	Date
7.	1500m	Bydgoszcz IAAF World Junior Ch.	10.07.08

### Commonwealth Games

Pl.	Event	Competition	Date
1.	1500m	New Delhi Commonwealth Games	12.10.10

### IAAF World Relays

Pl.	Event	Competition	Date
1.	4x1500m	Nassau IAAF World Relays	25.05.14

### African Championships

Pl.	Event	Competition	Date
4.	1500m	Nairobi African Championships	01.08.10

### Diamond Race wins

Year	Event
2012	1500m
2014	1500m

### Further honours

- 14x Diamond League meeting winner
- 1x National champion

### Progression

Year	Result	Venue	Date
16	3:33.86	Doha (QAT)	06.05.16
15	3:30.12	Paris (FRA)	04.07.15
14	3:27.64	Monaco (MON)	18.07.14
13	3:30.13	Rieti (ITA)	08.09.13
12	3:29.63	Doha (QAT)	11.05.12
11	3:30.47	Monaco (MON)	22.07.11
10	3:29.27	Monaco (MON)	22.07.10
09	3:39.1h	Kakamega (KEN)	18.04.09

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
5000m	18.03	Nakuru	H3	5.	14:18.9h
800m	14.04	Eldoret	H2	1.	1:47.4h
<b>1500m</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>3.</b>	<b>3:33.86</b>

### World Junior Championships

Pl.	Event	Competition	Date
5.	1500m	Bydgoszcz IAAF World Junior Ch.	10.07.08

### Further honours

- 1x Diamond League meeting winner
- 2x National champion

### Progression

Year	Result	Venue	Date
16	3:35.78	Nijmegen (NED)	18.05.16
15	3:36.51	Sydney (AUS)	14.03.15
14	3:36.17	Eagle Rock (USA)	15.05.14
13	3:35.25	Sydney (AUS)	09.03.13
12	3:33.92	Doha (QAT)	11.05.12
11	3:36.64	Sollentuna (SWE)	28.06.11
10	3:31.06	Monaco (MON)	22.07.10
09	3:37.24	Sydney (AUS)	28.02.09
08	3:41.14	Melbourne (AUS)	01.10.08
07	3:43.84	Sydney (AUS)	01.12.07

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
3000m	30.01	Glendale	F1	1.	7:47.73
Mile Road	08.02	Christchurch	F	2.	4:17.1h
Mile Road	08.02	Christchurch	F	2.	4:17.1h
1500m	13.02	Hobart	F	1.	3:36.74
1500m	05.03	Melbourne	F	1.	3:38.06
1500m	19.03	Sydney	F	1.	3:39.69
1500m	01.04	Sydney	H2	1.	3:46.71
1500m	03.04	Sydney	F	1.	3:37.76
1500m	06.05	Doha	F	12.	3:40.69
<b>1500m</b>	<b>18.05</b>	<b>Nijmegen</b>	<b>F1</b>	<b>1.</b>	<b>3:35.78</b>

### European U23 Championships

Pl.	Event	Competition	Date
1.	1500m	Ostrava European U23 Championships	17.07.11

### European Indoor Championships

Pl.	Event	Competition	Date
5.	3000m ind.	Göteborg European Indoor Championships	02.03.13
8.	3000m ind.	Paris European Indoor Championships	05.03.11

### Further honours

- 3x National champion

### Progression

Year	Result	Venue	Date
15	3:58.69	Nemours (FRA)	09.05.15
14	3:35.51	Roma (ITA)	05.06.14
13	3:33.47	Paris (FRA)	06.07.13
12	3:37.05	London (GBR)	03.08.12
11	3:33.60	Monaco (MON)	22.07.11
10	3:38.53	Metz (FRA)	29.06.10
09	3:40.16	Barcelona (ESP)	25.07.09
08	3:41.48	Ninove (BEL)	09.08.08
07	3:45.53	Nemours (FRA)	08.06.07
06	3:51.41	Créteil (FRA)	18.06.06

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
Mile Road	01.05	Roma	F	1.	3:59.69
800m	07.05	Gagny	F1	1.	1:53.59



**Fouad EL KAAM**

Lane 14-1

MAR - 27.05.88 - Age: 27 years 361 days

PB: 3:33.71 Oordegem (BEL) 06.07.13 (182nd A-T) | All-Athletics.com World Rankings: 18th

**Personal bests**

Event	Result	Venue	Date
800m	1:47.20	Liège (BEL)	16.07.14
800m ind.	1:49.78	Kirchberg (LUX)	29.01.11
1000m ind.	2:19.71	Stockholm (SWE)	17.02.16
<b>1500m</b>	<b>3:33.71</b>	<b>Oordegem (BEL)</b>	<b>06.07.13</b>
1500m ind.	3:37.3h	Stockholm (SWE)	06.02.14
Mile	3:54.21	Eugene (USA)	31.05.14
2000m ind.	5:04.48	Metz (FRA)	28.02.14
3000m	8:00.74	Dakar (SEN)	24.04.10

**Honours****African Championships**

Pl.	Event	Competition	Date
7.	1500m	Porto Novo African Championships	01.07.12

**World Junior Championships**

Pl.	Event	Competition	Date
6.	1500m	Beijing IAAF World Junior Championships	17.08.06

**Mohamed MOUSTAOU**

Lane 15-1

MAR - 02.04.85 - Age: 31 years 50 days

PB: 3:31.84 Berlin (GER) 11.09.11 (92nd A-T)

**Personal bests**

Event	Result	Venue	Date
800m	1:45.44	Tanger (MAR)	12.07.09
1000m ind.	2:20.00	Gent (BEL)	24.02.08
<b>1500m</b>	<b>3:31.84</b>	<b>Berlin (GER)</b>	<b>11.09.11</b>
1500m ind.	3:35.0h	Stockholm (SWE)	06.02.14
Mile	3:50.08	Oslo (NOR)	06.06.08
2000m ind.	5:00.98	Aubière (FRA)	09.02.07
3000m	7:43.99	Dakar (SEN)	28.05.11
3000m ind.	7:40.00	Düsseldorf (GER)	30.01.14
2 Miles ind.	8:26.49	Birmingham (GBR)	18.02.05
5000m	13:22.61	Roma (ITA)	08.07.05
Distance Medley	9:17.48	Philadelphia (USA)	30.04.11

**Honours****World Championships**

Pl.	Event	Competition	Date
6.	1500m	Daegu IAAF World Championships	03.09.11
6.	1500m	Berlin IAAF World Championships	19.08.09

**African Championships**

Pl.	Event	Competition	Date
5.	1500m	Bambous African Championships	13.08.06

**World Junior Championships**

Pl.	Event	Competition	Date
4.	1500m	Grosseto IAAF World Junior Championships	15.07.04

**Dawit WOLDE**

Lane 16-1

ETH - 19.05.91 - Age: 25 years 3 days

SB: 3:36.95 Doha (QAT) 06.05 (22nd T-L 2016) | PB: 3:33.82 Hengelo (NED) 27.05.12 (194th A-T)

| All-Athletics.com World Rankings: 19th

**Personal bests**

Event	Result	Venue	Date
800m	1:48.8h	Addis Abeba (ETH)	01.05.10
<b>1500m</b>	<b>3:33.82</b>	<b>Hengelo (NED)</b>	<b>27.05.12</b>
1500m ind.	3:37.86	Athlone (IRL)	17.02.16
Mile	3:54.51	Eugene (USA)	01.06.13
Mile ind.	3:54.02	Athlone (IRL)	17.02.16
3000m	7:42.65	Metz (FRA)	27.06.11
3000m ind.	7:41.69	Glasgow (GBR)	20.02.16
5000m	13:17.04	Heusden-Zolder (BEL)	19.07.14
10 km Road	28:20	Rennes (FRA)	13.10.13
15 km Road	43:47	Heerenberg (NED)	02.12.12
20 km Road	59:32	Marseille (FRA)	28.10.12
Half Marathon	1:00:46	Egmond aan Zee (NED)	08.01.12
Marathon	2:10:04	Marrakesh (MAR)	25.01.15

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
5.	1500m ind.	Portland IAAF World Indoor Championships	20.03.16

**Adil BRIAMI**

Lane 17-1

MAR - 23.01.83 - Age: 33 years 120 days

PB: 3:40.07 Algiers (ALG) 11.06.09

**Personal bests**

Event	Result	Venue	Date
800m	1:47.87	Halluin (FRA)	26.06.13
<b>1500m</b>	<b>3:40.07</b>	<b>Algiers (ALG)</b>	<b>11.06.09</b>
Mile	4:02.50	Pavia (ITA)	04.05.14

**Reuben BETT**

Lane 18-1

KEN - 06.11.84 - Age: 31 years 198 days

PB: 3:39.82 Zagreb (CRO) 04.09.12

**Personal bests**

Event	Result	Venue	Date
400m	50.90	Warrensburg (USA)	22.04.11
800m	1:44.79	Belém (BRA)	24.05.09
800m ind.	1:47.44	Düsseldorf (GER)	03.02.10

**Francophone Games**

Pl.	Event	Competition	Date
2.	1500m	Beirut Francophone Games	02.10.09
3.	1500m	Nice Francophone Games	14.09.13

**Progression**

Year	Result	Venue	Date
15	3:34.53	Heusden-Zolder (BEL)	18.07.15
14	3:34.69	Heusden-Zolder (BEL)	19.07.14
13	3:33.71	Oordegem (BEL)	06.07.13
12	3:35.71	Rabat (MAR)	27.05.12
11	3:34.01	Rabat (MAR)	05.06.11
10	3:37.06	Rabat (MAR)	06.06.10
09	3:35.84	Rabat (MAR)	23.05.09
08	3:39.74	Tanger (MAR)	13.07.08
06	3:41.35	Casablanca (MAR)	03.06.06
05	3:50.10	Settat (MAR)	27.05.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**World Athletics Final**

Pl.	Event	Competition	Date
4.	1500m	Stuttgart IAAF World Athletics Final	10.09.06
7.	1500m	Thessaloniki IAAF/VTB Bank WAF	13.09.09
8.	1500m	Stuttgart IAAF World Athletics Final	14.09.08

**African Junior Championships**

Pl.	Event	Competition	Date
2.	1500m	Garoua African Junior Championships	03.08.03

**Progression**

Year	Result	Venue	Date
14	3:35.21	Berlin (GER)	31.08.14
13	3:32.08	Rieti (ITA)	08.09.13
12	3:35.46	Reims (FRA)	04.07.12
11	3:31.84	Berlin (GER)	11.09.11
10	3:36.92	London (GBR)	14.08.10
09	3:32.60	Roma (ITA)	10.07.09
08	3:32.06	Roma (ITA)	11.07.08
07	3:32.67	Monaco (MON)	25.07.07
06	3:32.51	Bruxelles (BEL)	25.08.06
05	3:36.20	Algiers (ALG)	23.06.05
04	3:37.44	Grosseto (ITA)	15.07.04
03	3:42.9h	Garoua (CMR)	03.08.03
02	3:57.32	Caen (FRA)	30.05.02

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	15.05	Montgeron	F	4.	7:49.42

**World Youth Championships**

Pl.	Event	Competition	Date
3.	1500m	Ostrava IAAF World Youth Championships	15.07.07

**African Junior Championships**

Pl.	Event	Competition	Date
2.	1500m	Ouagadougou African Junior Championships	12.08.07
3.	1500m	Bambous African Junior Championships	31.07.09

**Progression**

Year	Result	Venue	Date
16	3:36.95	Doha (QAT)	06.05.16
15	3:35.87	Heusden-Zolder (BEL)	18.07.15
13	3:34.64	Doha (QAT)	10.05.13
12	3:33.82	Hengelo (NED)	27.05.12
11	3:34.13	Oordegem (BEL)	02.08.11
10	3:41.81	Fortaleza (BRA)	16.05.10
09	3:36.74	Shanghai (CHN)	20.09.09
08	3:43.37	Nijmegen (NED)	25.06.08
07	3:41.25	Huelva (ESP)	13.09.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	31.03	Djibouti	F	7.	13:59.17
<b>1500m</b>	<b>06.05</b>	<b>Doha</b>	F	<b>11.</b>	<b>3:36.95</b>

**Progression**

Year	Result	Venue	Date
14	3:42.91	Praha (CZE)	09.06.14
11	3:50.50	Nivelles (BEL)	25.06.11
09	3:40.07	Algiers (ALG)	11.06.09
08	3:41.06	Casablanca (MAR)	22.06.08
06	3:44.03	Rabat (MAR)	10.06.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

1000m	2:17.98	Bruxelles (BEL)	05.09.14
<b>1500m</b>	<b>3:39.82</b>	<b>Zagreb (CRO)</b>	<b>04.09.12</b>

**Progression**

Year	Result	Venue	Date
12	3:39.82	Zagreb (CRO)	04.09.12
11	3:44.89	Rio de Janeiro (BRA)	26.05.11
10	3:39.83	Fortaleza (BRA)	16.05.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	07.05	Nairobi	F	5.	1:48.2h



**Start list** **3000m** **Time: 18:00**

Lane	Athlete	Nat	NR	PB	SB
1-1	Hayle IBRAHIMOV	AZE	7:34.57	7:34.57	
2-1	Soufiyan BOUQANTAR	MAR	7:23.09	7:43.33	7:55.45
3-1	Abe GASHAHUN	ETH	7:25.09		
4-1	Dejene DEBELA	ETH	7:25.09	7:43.94	7:51.99
5-1	Abayneh AYELE	ETH	7:25.09	7:49.25	
6-1	Adel MECHAAL	ESP	7:29.34	7:52.16	
7-1	Ben ST. LAWRENCE	AUS	7:32.19	7:40.48	
8-1	Hillary Kipkorir MAIYO	KEN	7:20.67	7:39.70	
9-1	John KIPKOECH	KEN	7:20.67	7:32.72	
10-1	Emmanuel KIPSANG	KEN	7:20.67	7:37.05	
11-1	Zouhair AWAD	BRN	7:35.53	7:45.80	7:45.80
12-1	Abdelaati IGUIDER	MAR	7:23.09	7:34.99	
13-1	Geoffrey BARUSEI	KEN	7:20.67	7:47.71	PM
14-1	Ismael Kipngetich KOMBICH	KEN	7:20.67	8:07.17	PM

Pace: Lap times: 60.0 | 1200m - 3:00.0 | 2000m - 5:02.0

**Records**

WR	7:20.67	Daniel KOMEN	KEN	Rieti	01.09.96
AR	7:20.67	Daniel KOMEN	KEN	Rieti	01.09.96
NR	7:23.09	Hicham EL GUERROUJ	MAR	Bruxelles	03.09.99
WJR	7:28.78	Augustine Kiprono CHOGE	KEN	Doha	13.05.05
DLR	7:27.26	Yenew ALAMIREW	ETH	Doha	06.05.11
SB	7:45.80	Zouhair AWAD	BRN		30.04.16

**2016 World Outdoor list**

7:45.80	Zouhair AWAD	BRN	Fes	30.04.16
7:46.24	Younés ESSALHI	MAR	Montgeron	15.05.16
7:46.58	Brahim KAAZOUZI	MAR	Montgeron	15.05.16
7:47.73	Ryan GREGSON	AUS	Glendale	30.01.16
7:48.35	Sam MCENTEE	AUS	Glendale	30.01.16
7:49.42	Mohamed MOUSTAOU	MAR	Montgeron	15.05.16
7:49.68	Soufiane EL BAKKALI	MAR	Montgeron	15.05.16
7:51.36	Zak PATTERSON	AUS	Glendale	30.01.16
7:51.99	Dejene DEBELA	ETH	Kawasaki	08.05.16
7:52.53	Iván Guido LÓPEZ BILBAO	CHI	Rio de Janeiro	14.05.16
7:52.80	Ben BLANKENSHIP	USA	Kawasaki	08.05.16
7:53.66	Kevin BATT	IRL	Glendale	30.01.16
7:53.85	Ronald KWEMOI	KEN	Kawasaki	08.05.16
7:54.31	Carlos Martín DÍAZ DEL RIO	CHI	Rio de Janeiro	14.05.16
7:54.32	Henrik INGEBRIGTSEN	NOR	Hamar	18.05.16
7:54.98	Hicham SIGUENI	MAR	Fes	30.04.16
7:55.45	Soufiyan BOUQANTAR	MAR	Fes	30.04.16
7:56.09	Snorre Holtan LØKEN	NOR	Hamar	18.05.16
7:56.20	Ederson VILELA PEREIRA	BRA	Rio de Janeiro	14.05.16
7:56.40	Elroy GELANT	RSA	St-Denis-Réunion	23.04.16

**All-Time World Outdoor list**

7:20.67	Daniel KOMEN	KEN	Rieti	01.09.96
7:23.09	Hicham EL GUERROUJ	MAR	Bruxelles	03.09.99
7:25.02	Ali SAIDI-SIEF	ALG	Monaco	18.08.00
7:25.09	Haile GEBRESELASSIE	ETH	Bruxelles	28.08.98
7:25.11	Noureddine MORCELI	ALG	Monaco	02.08.94
7:25.79	Kenenisa BEKELE	ETH	Stockholm	07.08.07
7:26.62	Mohammed MOURHIT	BEL	Monaco	18.08.00
7:27.18	Moses KIPTANUI	KEN	Monaco	25.07.95
7:27.26	Yenew ALAMIREW	ETH	Doha	06.05.11
7:27.55	Edwin Cheruiyot SOI	KEN	Doha	06.05.11
7:27.59	Luke KIPKOSGEI	KEN	Monaco	08.08.98
7:27.66	Eliud KIPCHOGE	KEN	Doha	06.05.11
7:27.75	Tom NYARIKI	KEN	Monaco	10.08.96
7:28.28	James Kwalia C'KURUI	KEN	Bruxelles	03.09.04
7:28.41	Paul BITOK	KEN	Monaco	10.08.96
7:28.45	Assefa MEZGEBU	ETH	Monaco	08.08.98
7:28.67	Benjamin LIMO	KEN	Monaco	04.08.99
7:28.70	Paul TERGAT	KEN	Monaco	10.08.96
7:28.70	Tariku BEKELE	ETH	Rieti	29.08.10
7:28.72	Isaac Kiprono SONGOK	KEN	Rieti	27.08.06

**WR progression**

7:20.67	Daniel KOMEN	KEN	Rieti	01.09.96
7:25.11	Noureddine MORCELI	ALG	Monaco	02.08.94
7:28.96	Moses KIPTANUI	KEN	Köln	16.08.92
7:29.45	Said AOUITA	MAR	Köln	20.08.89
7:32.1h	Henry RONO	KEN	Oslo	27.06.78
7:35.1h	Brendan FOSTER	GBR	Gateshead	03.08.74
7:37.6h	Emiel PUTTEMANS	BEL	Aarhus	14.09.72
7:39.5h	Kipchoke KEINO	KEN	Helsingborg	27.08.65
7:46.0h	Siegfried HERRMANN	GDR	Erfurt	05.08.65
7:49.0h	Michel JAZY	FRA	Melun	23.06.65
7:49.2h	Michel JAZY	FRA	St-Maur	27.06.62
7:52.8h	Gordon PIRIE	GBR	Malmö	04.09.56

**Medal Winners**

**2015 - Beijing IAAF World Ch.**

1.	Mo FARAH (GBR)	13:50.38
2.	Caleb Mwangangi NDIKU (KEN)	13:51.75
3.	Hagos GEBRHIWET (ETH)	13:51.86

**2013 - Moskva IAAF World Ch.**

1.	Mo FARAH (GBR)	13:26.98
2.	Hagos GEBRHIWET (ETH)	13:27.26
3.	Isiah Kiplangat KOECH (KEN)	13:27.26

**2012 - London Olympic Games**

1.	Mo FARAH (GBR)	13:41.66
2.	Dejen GEBREMESKEL (ETH)	13:41.98
3.	Thomas Pkemei LONGOSIWA (KEN)	13:42.36

**2011 - Daegu IAAF World Ch.**

1.	Mo FARAH (GBR)	13:23.36
2.	Bernard LAGAT (USA)	13:23.64
3.	Dejen GEBREMESKEL (ETH)	13:23.92

**2009 - Berlin IAAF World Ch.**

1.	Kenenisa BEKELE (ETH)	13:17.09
2.	Bernard LAGAT (USA)	13:17.33
3.	James Kwalia C'KURUI (QAT)	13:17.78

**2008 - Beijing Olympic Games**

1.	Kenenisa BEKELE (ETH)	12:57.82
2.	Eliud KIPCHOGE (KEN)	13:02.80
3.	Edwin Cheruiyot SOI (KEN)	13:06.22

**2007 - Osaka IAAF World Ch.**

1.	Bernard LAGAT (USA)	13:45.87
2.	Eliud KIPCHOGE (KEN)	13:46.00
3.	Moses Ndiema KIPSIRO (UGA)	13:46.75

**2005 - Helsinki IAAF World Ch.**

1.	Benjamin LIMO (KEN)	13:32.55
2.	Sileshi SIHINE (ETH)	13:32.81
3.	Craig MOTTRAM (AUS)	13:32.96

**2004 - Athens Olympic Games**

1.	Hicham EL GUERROUJ (MAR)	13:14.39
2.	Kenenisa BEKELE (ETH)	13:14.59
3.	Eliud KIPCHOGE (KEN)	13:15.10

**2003 - Paris-St-Denis IAAF World Ch.**

1.	Eliud KIPCHOGE (KEN)	12:52.79
2.	Hicham EL GUERROUJ (MAR)	12:52.83
3.	Kenenisa BEKELE (ETH)	12:53.12

**Rabat previous Winners**

-

**Diamond League 2016**

**Shanghai Golden Grand Prix**

1.	Muktar EDRIS (ETH)	12:59.96
2.	Joshua CHEPTEGEI (UGA)	13:00.60
3.	Thomas Pkemei LONGOSIWA (KEN)	13:01.69

**Hayle IBRAHIMOV** Lane 1-1

AZE - 18.01.90 - Age: 26 years 125 days

PB: 7:34.57 Doha (QAT) 10.05.13 (87th A-T) | All-Athletics.com World Rankings: 59th

**Personal bests**

Event	Result	Venue	Date
1500m	3:44.76	Baku (AZE)	03.07.10
2000m	5:15.08	Istanbul (TUR)	04.06.11
<b>3000m</b>	<b>7:34.57</b>	<b>Doha (QAT)</b>	<b>10.05.13</b>
3000m ind.	7:39.59	Stockholm (SWE)	21.02.13
5000m	13:09.17	Zürich (SUI)	28.08.14
10,000m	30:03.37	Baku (AZE)	11.06.11

**Honours**

**European Championships**

Pl.	Event	Competition	Date
2.	5000m	Zürich European Championships	17.08.14
3.	5000m	Barcelona European Championships	31.07.10
6.	5000m	Helsinki European Championships	27.06.12

**World Indoor Championships**

Pl.	Event	Competition	Date
6.	3000m ind.	Sopot IAAF World Indoor Championships	09.03.14

**European Indoor Championships**

Pl.	Event	Competition	Date
1.	3000m ind.	Göteborg European Indoor Championships	02.03.13
2.	3000m ind.	Paris European Indoor Championships	05.03.11

**World (Continental) Cup**

Pl.	Event	Competition	Date
2.	3000m	Marrakesh IAAF Continental Cup	14.09.14

**European Junior Championships**

Pl.	Event	Competition	Date
1.	5000m	Novi Sad European Junior Championships	25.07.09
1.	10,000m	Novi Sad European Junior Championships	23.07.09

**Further honours**

2x World University Games winner

**Progression**

Year	Result	Venue	Date
15	7:54.14	Baku (AZE)	22.06.15
14	7:53.14	Marrakesh (MAR)	14.09.14
13	7:34.57	Doha (QAT)	10.05.13
12	7:45.92	Ostrava (CZE)	25.05.12
10	8:11.70	Marsa (MLT)	20.06.10
09	7:51.68	Istanbul (TUR)	14.06.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Soufiyan BOUQANTAR** Lane 2-1

MAR - 30.08.93 - Age: 22 years 266 days

SB: 7:55.45 Fes (MAR) 30.04 (17th T-L 2016) | PB: 7:43.33 Hengelo (NED) 08.06.14 (383rd A-T) | All-Athletics.com World Rankings: 69th

**Personal bests**

Event	Result	Venue	Date
1500m	3:38.60	Montbéliard (FRA)	01.06.12
2000m ind.	5:00.84	Metz (FRA)	28.02.14
<b>3000m</b>	<b>7:43.33</b>	<b>Hengelo (NED)</b>	<b>08.06.14</b>
3000m ind.	7:44.87	Mondeville (FRA)	01.02.14
5000m	13:19.59	Rabat (MAR)	27.05.12
10,000m	28:57.82	Mersin (TUR)	27.06.13

Distance Medley 9:27.80 Philadelphia (USA) 28.04.12

**Honours**

1x Pan-Arab Games winner  
2x National champion

**Progression**

Year	Result	Venue	Date
16	7:55.45	Fes (MAR)	30.04.16
15	7:48.81	Bellinzona (SUI)	21.07.15
14	7:43.33	Hengelo (NED)	08.06.14
13	7:51.99	Fes (MAR)	11.05.13
10	8:08.96	Rabat (MAR)	16.07.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	30.04	Fes	F	4.	7:55.45

**Abe GASHAHUN** Lane 3-1

ETH - 20.04.98 - Age: 18 years 32 days

**Personal bests**

Event	Result	Venue	Date
5000m	15:08.28	Addis Abeba (ETH)	08.03.15
10 km Road	29:44	Rennes (FRA)	11.10.15

**Honours**

**World Cross Country Championships**

Pl.	Event	Competition	Date
8.	Junior Race	Guiyang IAAF World Cross Country Ch.	28.03.15

**Progression**

Year	Result	Venue	Date
-	-	-	-

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Dejene DEBELA** Lane 4-1

ETH - 1994 -

SB: 7:51.99 Kawasaki (JPN) 08.05 (9th T-L 2016) | PB: 7:43.94 Sotteville (FRA) 06.07.15 (415th A-T) | All-Athletics.com World Rankings: 58th

**Personal bests**

Event	Result	Venue	Date
3000m	7:43.94	Sotteville (FRA)	06.07.15

3000m ind.	7:46.24	Sabadell (ESP)	19.02.16
5000m	13:25.70	Carquefou (FRA)	19.06.15
Half Marathon	*1:09:12	Montbéliard (FRA)	28.09.14

**Progression**

Year	Result	Venue	Date
16	7:51.99	Kawasaki (JPN)	08.05.16
15	7:43.94	Sotteville (FRA)	06.07.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	24.04	Addis Abeba	F	2.	13:52.2h
3000m	08.05	Kawasaki	F	1.	7:51.99

**Abayneh AYELE** Lane 5-1

ETH - 04.11.87 - Age: 28 years 200 days

PB: 7:49.25 Sotteville (FRA) 02.07.11

**Personal bests**

Event	Result	Venue	Date
2000m	4:58.01	Reims (FRA)	05.07.11
<b>3000m</b>	<b>7:49.25</b>	<b>Sotteville (FRA)</b>	<b>02.07.11</b>
5000m	13:11.01	Montreuil-sous-Bois (FRA)	07.06.11
5000m ind.	13:42.40	Düsseldorf (GER)	10.02.12
10,000m	27:57.51	Fukagawa (JPN)	29.06.13
10 km Road	28:54	Rennes (FRA)	09.10.11
15 km Road	45:43	Istanbul (TUR)	17.10.10
15 km Road	*44:13	Istanbul (TUR)	16.10.11
Half Marathon	59:59	Cardiff (GBR)	26.03.16
Marathon	2:06:45	Dubai (UAE)	22.01.16

**Honours**

**World Half Marathon Championships**

Pl.	Event	Competition	Date
4.	Half Marathon	Cardiff IAAF World Half Marathon Ch.	26.03.16

**All-African Games**

Pl.	Event	Competition	Date
3.	5000m	Maputo All-Africa Games	15.09.11

**Progression**

Year	Result	Venue	Date
12	8:02.65	Moskva (RUS)	11.06.12
11	7:49.25	Sotteville (FRA)	02.07.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Marathon	22.01	Dubai	F	6.	2:06:45
Half Marathon	26.03	Cardiff	F	4.	59:59
Marathon	17.04	Hamburg	F	4.	2:11:49

**Adel MECHAAL**

Lane 6-1

4x1500m 15:00.69 Nassau (BAH) 25.05.14

ESP - 05.12.90 - Age: 25 years 169 days

PB: 7:52.16 Madrid (ESP) 11.07.15

**Personal bests**

Event	Result	Venue	Date
800m	1:49.51	Barcelona (ESP)	29.05.13
800m ind.	1:54.54	Vilafranca (ESP)	21.02.10
1500m	3:36.55	Barcelona (ESP)	08.07.15
1500m ind.	3:38.30	Sabadell (ESP)	13.02.15
<b>3000m</b>	<b>7:52.16</b>	<b>Madrid (ESP)</b>	<b>11.07.15</b>
3000m ind.	7:46.92	Praha (CZE)	06.03.15
5000m	14:10.59	Castellón (ESP)	01.08.15
Mile Road	4:06.0h	Barcelona (ESP)	26.04.15
10 km Road	30:00	Barcelona (ESP)	31.12.12
10 km Road	*29:26	Madrid (ESP)	31.12.13

**Honours****European Indoor Championships**

Pl.	Event	Competition	Date
6.	3000m ind.	Praha European Indoor Championships	07.03.15

**Further honours**

2x National champion  
2x National Indoor champion

**Progression**

Year	Result	Venue	Date
15	7:52.16	Madrid (ESP)	11.07.15
13	8:13.67	Avilés (ESP)	15.06.13

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Mile Road	24.04	Barcelona	F	3.	4:17.0h

**Ben ST. LAWRENCE**

Lane 7-1

AUS - 07.11.81 - Age: 34 years 197 days

PB: 7:40.48 Rieti (ITA) 08.09.13 (251st A-T) | All-Athletics.com World Rankings: 106th

**Personal bests**

Event	Result	Venue	Date
1500m	3:39.6h	Watford (GBR)	12.06.10
<b>3000m</b>	<b>7:40.48</b>	<b>Rieti (ITA)</b>	<b>08.09.13</b>
5000m	13:10.08	Melbourne (AUS)	03.03.11
10,000m	27:24.95	Palo Alto (USA)	01.05.11
2000mSC	6:04.19	Sydney (AUS)	12.12.99
3000mSC	9:04.60	Canberra (AUS)	27.01.07
Mile Road	*3:56.2h	New York (USA)	22.09.13
5 km Road	13:59	Noosa (AUS)	29.10.11
10 km Road	28:37	New York (USA)	15.05.10
15 km Road	45:40	Melbourne (AUS)	30.11.08
Half Marathon	1:03:41	Gifu (JPN)	17.05.15
Half Marathon	*1:02:51	New York (USA)	18.03.12

**Records**

Record	Result	Event	Venue	Date
AR	27:24.95	10,000m	Palo Alto (USA)	01.05.11

**Honours****Commonwealth Games**

Pl.	Event	Competition	Date
7.	10,000m	New Delhi Commonwealth Games	11.10.10
7.	5000m	New Delhi Commonwealth Games	06.10.10

**World (Continental) Cup**

Pl.	Event	Competition	Date
8.	3000m	Split IAAF/VTB Bank Continental Cup	05.09.10

**Further honours**

1x National champion

**Progression**

Year	Result	Venue	Date
14	8:03.02	Christchurch (NZL)	22.02.14
13	7:40.48	Rieti (ITA)	08.09.13
12	8:04.62	Lappeenranta (FIN)	18.07.12
11	7:52.96	London (GBR)	05.08.11
10	7:42.94	Milano (ITA)	09.09.10
07	7:55.39	Sydney (AUS)	10.11.07
06	8:26.12	Sydney (AUS)	11.11.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	13.02	Hobart	F	9.	14:06.38
5000m	05.03	Melbourne	F	4.	13:37.54
5000m	31.03	Sydney	F	3.	13:38.61

**Hillary Kipkorir MAIYO**

Lane 8-1

KEN - 02.10.93 - Age: 22 years 233 days

PB: 7:39.70 Monaco (MON) 17.07.15 (216th A-T)

**Personal bests**

Event	Result	Venue	Date
800m	1:47.22	Padova (ITA)	03.09.10
1000m	2:19.14	Linz (AUT)	26.08.13
1500m	3:35.20	Barcelona (ESP)	08.07.15
Mile	4:02.91	Letterkenny (IRL)	18.05.13
<b>3000m</b>	<b>7:39.70</b>	<b>Monaco (MON)</b>	<b>17.07.15</b>
5000m	13:56.4h	Nakuru (KEN)	17.04.15
10 km Road	28:41	Hamburg (GER)	06.09.15
15 km Road	44:10	Kerzers (SUI)	20.03.16

20 km Road	58:59	Paris (FRA)	12.10.14
Half Marathon	1:03:34	Strasbourg (FRA)	18.05.14
4x400m	3:12.18	Moncton (CAN)	24.07.10

**Honours****African Junior Championships**

Pl.	Event	Competition	Date
1.	1500m	Gaborone African Junior Championships	13.05.11

**Progression**

Year	Result	Venue	Date
15	7:39.70	Monaco (MON)	17.07.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
15 km Road	20.03	Kerzers	F	2.	44:10
10 km Road	20.03	Nogent-sur-Marne	F	1.	29:42

**John KIPKOECH**

Lane 9-1

KEN - 29.12.91 - Age: 24 years 145 days

PB: 7:32.72 Rieti (ITA) 29.08.10 (65th A-T)

**Personal bests**

Event	Result	Venue	Date
<b>3000m</b>	<b>7:32.72</b>	<b>Rieti (ITA)</b>	<b>29.08.10</b>
5000m	12:49.50	Paris (FRA)	06.07.12
10,000m	29:14.8h	Mumias (KEN)	27.04.13
5 km Road	13:24	Carlsbad (USA)	01.04.12
10 km Road	28:48	Luanda (ANG)	31.12.13
Half Marathon	1:01:38	Berlin (GER)	30.03.14

**Honours****World Cross Country Championships**

Pl.	Event	Competition	Date
9.	Junior Race	Amman IAAF World Cross Country Ch.	28.03.09

**World Junior Championships**

Pl.	Event	Competition	Date
2.	5000m	Moncton IAAF World Junior Championships	24.07.10

**Progression**

Year	Result	Venue	Date
14	7:38.97	Ostrava (CZE)	17.06.14
13	7:37.40	Zagreb (CRO)	03.09.13
12	7:34.03	Stockholm (SWE)	17.08.12
11	7:34.82	Doha (QAT)	06.05.11
10	7:32.72	Rieti (ITA)	29.08.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Half Marathon	20.03	Lisboa	F	11.	1:02:53
10 km Road	28.03	Dongio	F	9.	29:20
10,000m	27.04	Nairobi	F	9.	29:31.2h

**Emmanuel KIPSANG**

Lane 10-1

KEN - 13.06.91 - Age: 24 years 344 days

PB: 7:37.05 London (GBR) 24.07.15 (144th A-T) | All-Athletics.com World Rankings: 19th

**Personal bests**

Event	Result	Venue	Date
<b>3000m</b>	<b>7:37.05</b>	<b>London (GBR)</b>	<b>24.07.15</b>
5000m	13:08.55	Bruxelles (BEL)	11.09.15
10,000m	27:22.99	Herzogenaurach (GER)	13.05.16
10 km Road	28:06	Bianco (ITA)	28.07.13
10 Miles Road	46:08	Portsmouth (GBR)	25.10.15
Half Marathon	1:00:14	Lisboa (POR)	20.03.16

**Progression**

Year	Result	Venue	Date
15	7:37.05	London (GBR)	24.07.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	06.03	Thika	F	4.	13:53.5h
10,000m	06.03	Thika	F	1.	29:06.1h
Half Marathon	20.03	Lisboa	F	4.	1:00:14
10 km Road	28.03	Dongio	F	4.	28:35
5000m	14.04	Eldoret	H2	1.	13:53.8h
5000m	16.04	Eldoret	F	1.	13:44.1h
5000m	27.04	Nairobi	F	2.	13:33.7h
10,000m	27.04	Nairobi	F	1.	28:28.1h
10,000m	13.05	Herzogenaurach	F	2.	27:22.99

**Zouhaïr AWAD**

Lane 11-1

BRN - 07.04.89 - Age: 27 years 45 days

SB: 7:45.80 Fes (MAR) 30.04 (1st T-L 2016) | PB: 7:45.80 Fes (MAR) 30.04.16 | All-Athletics.com World Rankings: 99th

**Personal bests**

Event	Result	Venue	Date
1500m	3:40.08	Casablanca (MAR)	07.07.13
<b>3000m</b>	<b>7:45.80</b>	<b>Fes (MAR)</b>	<b>30.04.16</b>

5000m	13:26.19	Mungyeong (KOR)	08.10.15
10,000m	29:19.64	Qatif (KSA)	09.04.15

**Progression**

Year	Result	Venue	Date
16	7:45.80	Fes (MAR)	30.04.16
13	8:05.19	Fes (MAR)	11.05.13

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	30.04	Fes	F	1.	7:45.80
3000m	15.05	Montgeron	F	3.	7:47.80

**Abdelaati IGUIDER Lane 12-1**

MAR - 25.03.87 - Age: 29 years 58 days

PB: 7:34.99 Rieti (ITA) 07.09.14 (97th A-T) | All-Athletics.com World Rankings: 11th

**Personal bests**

Event	Result	Venue	Date
800m	1:46.67	Padova (ITA)	06.09.15
1000m	2:19.14	Stockholm (SWE)	07.08.07
1000m ind.	2:19.33	Karlsruhe (GER)	13.02.05
1500m	3:28.79	Monaco (MON)	17.07.15
1500m ind.	3:34.10	Liévin (FRA)	14.02.12
1 Mile	3:49.09	Eugene (USA)	31.05.14
1 Mile ind.	3:54.41	Boston (USA)	07.02.15
<b>3000m</b>	<b>7:34.99</b>	<b>Rieti (ITA)</b>	<b>07.09.14</b>
3000m ind.	7:34.92	Stockholm (SWE)	21.02.13
5000m	12:59.25	Bruxelles (BEL)	11.09.15

**Honours****Olympic Games**

Pl.	Event	Competition	Date
3.	1500m	London Olympic Games	07.08.12
5.	1500m	Beijing Olympic Games	19.08.08
6.	5000m	London Olympic Games	11.08.12

**World Championships**

Pl.	Event	Competition	Date
3.	1500m	Beijing IAAF World Championships	30.08.15
5.	1500m	Daegu IAAF World Championships	03.09.11

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	1500m ind.	Istanbul IAAF World Indoor Championships	10.03.12
2.	1500m ind.	Doha IAAF World Indoor Championships	13.03.10
3.	1500m ind.	Sopot IAAF World Indoor Championships	08.03.14
4.	3000m ind.	Portland IAAF World Indoor Championships	20.03.16

**World Junior Championships**

Pl.	Event	Competition	Date
1.	1500m	Grosseto IAAF World Junior Championships	15.07.04
2.	1500m	Beijing IAAF World Junior Championships	17.08.06

**Further honours**

1x Golden League meeting winner

**Progression**

Year	Result	Venue	Date
14	7:34.99	Rieti (ITA)	07.09.14
07	7:41.95	Herrera (ESP)	19.05.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Geoffrey BARUSEI Lane 13-1**

KEN - 01.01.94 - Age: 22 years 142 days

PB: 7:47.71 Székesfehérvár (HUN) 08.07.14

**Personal bests**

Event	Result	Venue	Date
1500m	3:33.39	Hengelo (NED)	27.05.12
1500m ind.	3:44.94	Volgograd (RUS)	26.01.13
2000m	4:59.52	Reims (FRA)	28.06.13
<b>3000m</b>	<b>7:47.71</b>	<b>Székesfehérvár (HUN)</b>	<b>08.07.14</b>

**Honours****African Junior Championships**

Pl.	Event	Competition	Date
2.	1500m	Gaborone African Junior Championships	13.05.11

**Progression**

Year	Result	Venue	Date
15	7:54.11	Bellinzona (SUI)	21.07.15

14	7:47.71	Székesfehérvár (HUN)	08.07.14
13	7:48.60	Doha (QAT)	10.05.13
12	7:52.02	Sotheville (FRA)	10.07.12

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
10,000m	13.05	Herzogenaurach	F	-	DNF
1500m	14.05	Herzogenaurach	F1	-	DNF

**Ismael Kipnetich KOMBICH Lane 14-1**

KEN - 16.01.85 - Age: 31 years 127 days

PB: 8:07.17 Dakar (SEN) 23.05.15

**Personal bests**

Event	Result	Venue	Date
400m	47.87	Firenze (ITA)	19.05.07
600m ind.	1:21.09	Stockholm (SWE)	21.02.08
800m	1:44.24	Lausanne (SUI)	11.07.06
800m ind.	1:46.59	Chemnitz (GER)	23.02.07
1000m ind.	2:26.15	Gent (BEL)	24.02.08
1500m	3:33.31	Heusden-Zolder (BEL)	10.07.10
1500m ind.	3:34.13	Gent (BEL)	13.02.11
2000m	4:58.38	Reims (FRA)	05.07.11
<b>3000m</b>	<b>8:07.17</b>	<b>Dakar (SEN)</b>	<b>23.05.15</b>
4x800m	7:02.43	Bruxelles (BEL)	25.08.06

**Records**

Record	Result	Event	Venue	Date
WR	7:02.43	4x800m	Bruxelles (BEL)	25.08.06

**Honours****Commonwealth Games**

Pl.	Event	Competition	Date
6.	1500m	Melbourne Commonwealth Games	25.03.06

**African Championships**

Pl.	Event	Competition	Date
7.	800m	Bambous African Championships	11.08.06

**Further honours**

1x Golden League meeting winner

1x National champion

**Progression**

Year	Result	Venue	Date
15	8:07.17	Dakar (SEN)	23.05.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	14.05	Herzogenaurach	F1	-	DNF
1500m	20.05	Ostrava	F	-	DNF

### Start list 110mH Time: 17:52

Lane	Athlete	Nat	NR	PB	SB
2	João Vitor DE OLIVEIRA	BRA	13.29	13.45	13.81
3	Konstantinos DOUVALIDIS	GRE	13.33	13.33	
4	Jason RICHARDSON	USA	12.80	12.98	13.33
5	Jonathan CABRAL	CAN	13.08	13.35	13.35
6	Orlando ORTEGA	ESP	13.12	12.94	13.12
7	David OLIVER	USA	12.80	12.89	13.16
8	Yidiel CONTRERAS	ESP	13.12	13.35	
9	Antonio ALKANA	RSA	13.24	13.32	13.37

### Records

WR	12.80	Aries MERRITT	USA	Bruxelles	07.09.12
AR	13.24	Lehann FOURIE	RSA	Bruxelles	07.09.12
NR	13.74	Mohamed KOUSSI	MAR	Montgeron	15.05.16
WJR	13.12	Xiang LIU	CHN	Lausanne	02.07.02
MR	13.37	Pascal MARTINOT-LAGARDE	FRA		14.06.15
DLR	12.80	Aries MERRITT	USA	Bruxelles	07.09.12
SB	12.98	Omar MCLEOD	JAM	Shanghai	14.05.16

### 2016 World Outdoor list

12.98	+1.2	Omar MCLEOD	JAM	Shanghai	14.05.16
13.10	+1.4	Hansle PARCHEMENT	JAM	Doha	06.05.16
13.12	+1.4	Orlando ORTEGA	ESP	Doha	06.05.16
13.16	+1.4	David OLIVER	USA	Doha	06.05.16
13.24	+0.2	Aries MERRITT	USA	Beijing	18.05.16
13.25	+0.0	Jarret EATON	USA	Ostrava	20.05.16
13.32	-0.8	Devon ALLEN	USA	Seattle	14.05.16
13.33	+1.0	Jason RICHARDSON	USA	Gainesville	22.04.16
13.33	+0.4	Ronnie ASH	USA	Clermont	30.04.16
13.33	+1.4	Dimitri BASCOU	FRA	Doha	06.05.16
13.34	+1.2	Wenjun XIE	CHN	Shanghai	14.05.16
13.35	+1.9	Jonathan CABRAL	CAN	Walnut	16.04.16
13.36	+0.4	Ronald FORBES	CAY	Clermont	30.04.16
13.37	-0.1	Antonio ALKANA	RSA	Stellenbosch	16.04.16
13.38	+0.6	Alexander JOHN	GER	Clermont	14.05.16
13.39	+1.9	Eddie LOVETT	ISV	Gainesville	01.04.16
13.39	+2.0	Milan RISTIĆ	SRB	Clermont	14.05.16
13.40	+1.9	Mikel THOMAS	TTO	Walnut	16.04.16
13.40	+1.1	Adarius WASHINGTON	USA	Des Moines	30.04.16
13.41	+1.9	Deuce CARTER	JAM	Gainesville	01.04.16

### All-Time World Outdoor list

12.80	+0.3	Aries MERRITT	USA	Bruxelles	07.09.12
12.87	+0.9	Dayron ROBLES	CUB	Ostrava	12.06.08
12.88	+1.1	Xiang LIU	CHN	Lausanne	11.07.06
12.89	+0.5	David OLIVER	USA	Paris-St-Denis	16.07.10
12.90	+1.1	Dominique ARNOLD	USA	Lausanne	11.07.06
12.91	+0.5	Colin JACKSON	GBR	Stuttgart	20.08.93
12.92	-0.1	Roger KINGDOM	USA	Zürich	16.08.89
12.92	+0.9	Allen JOHNSON	USA	Atlanta	23.06.96
12.93	-0.2	Renaldo NEHEMIAH	USA	Zürich	19.08.81
12.94	+1.6	Jack PIERCE	USA	Atlanta	22.06.96
12.94	+0.8	Hansle PARCHEMENT	JAM	Paris	05.07.14
12.94	+0.5	Orlando ORTEGA	CUB	Paris	04.07.15
12.95	+1.5	Terrence TRAMMELL	USA	New York	02.06.07
12.95	+0.2	Pascal MARTINOT-LAGARDE	FRA	Monaco	18.07.14
12.97	+1.0	Ladji DOUCOURE	FRA	Angers	15.07.05
12.97	+1.0	Omar MCLEOD	JAM	Kingston	27.06.15
12.98	+0.6	Mark CREAR	USA	Zagreb	05.07.99
12.98	+1.2	Jason RICHARDSON	USA	Eugene	30.06.12
12.98	+1.5	Jason RICHARDSON	USA	Eugene	30.06.12
12.98	+0.1	Sergey SHUBENKOV	RUS	Beijing	28.08.15

### WR progression

12.80	+0.3	Aries MERRITT	USA	Bruxelles	07.09.12
12.87	+0.9	Dayron ROBLES	CUB	Ostrava	12.06.08
12.88	+1.1	Xiang LIU	CHN	Lausanne	11.07.06
12.91	+0.3	Xiang LIU	CHN	Athina	27.08.04
12.91	+0.5	Colin JACKSON	GBR	Stuttgart	20.08.93
12.92	-0.1	Roger KINGDOM	USA	Zürich	16.08.89
12.93	-0.2	Renaldo NEHEMIAH	USA	Zürich	19.08.81
13.00	+0.9	Renaldo NEHEMIAH	USA	Westwood	06.05.79
13.16	+1.7	Renaldo NEHEMIAH	USA	San José	14.04.79
13.21	+0.6	Alejandro CASANAS	CUB	Sofia	21.08.77
13.24	+0.3	Rodney MILBURN	USA	München	07.09.72

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Sergey SHUBENKOV (RUS)	12.98
2.	Hansle PARCHEMENT (JAM)	13.03
3.	Aries MERRITT (USA)	13.04

#### 2013 - Moskva IAAF World Ch.

1.	David OLIVER (USA)	13.00
2.	Ryan WILSON (USA)	13.13
3.	Sergey SHUBENKOV (RUS)	13.24

#### 2012 - London Olympic Games

1.	Aries MERRITT (USA)	12.92
2.	Jason RICHARDSON (USA)	13.04
3.	Hansle PARCHEMENT (JAM)	13.12

#### 2011 - Daegu IAAF World Ch.

1.	Jason RICHARDSON (USA)	13.16
2.	Xiang LIU (CHN)	13.27
3.	Andrew TURNER (GBR)	13.44

#### 2009 - Berlin IAAF World Ch.

1.	Ryan BRATHWAITE (BAR)	13.14
2.	Terrence TRAMMELL (USA)	13.15
3.	David PAYNE (USA)	13.15

#### 2008 - Beijing Olympic Games

1.	Dayron ROBLES (CUB)	12.93
2.	David PAYNE (USA)	13.17
3.	David OLIVER (USA)	13.18

#### 2007 - Osaka IAAF World Ch.

1.	Xiang LIU (CHN)	12.95
2.	Terrence TRAMMELL (USA)	12.99
3.	David PAYNE (USA)	13.02

#### 2005 - Helsinki IAAF World Ch.

1.	Ladji DOUCOURE (FRA)	13.07
2.	Xiang LIU (CHN)	13.08
3.	Allen JOHNSON (USA)	13.10

#### 2004 - Athens Olympic Games

1.	Xiang LIU (CHN)	12.91
2.	Terrence TRAMMELL (USA)	13.18
3.	Anier GARCIA (CUB)	13.20

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Allen JOHNSON (USA)	13.12
2.	Terrence TRAMMELL (USA)	13.20
3.	Xiang LIU (CHN)	13.23

### Diamond Race

1	Omar MCLEOD (JAM)	20
2	Hansle PARCHEMENT (JAM)	12
3	David OLIVER (USA)	5
3	Dimitri BASCOU (FRA)	5
5	Orlando ORTEGA (ESP)	4
5	Wenjun XIE (CHN)	4
7	Aries MERRITT (USA)	1
7	Jason RICHARDSON (USA)	1

### Rabat previous Winners

15	Pascal MARTINOT-LAGARDE (FRA)	13.37
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### Diamond League 2016

#### Doha IAAF Diamond League

1.	Omar MCLEOD (JAM)	13.05
2.	Hansle PARCHEMENT (JAM)	13.10
3.	Orlando ORTEGA (ESP)	13.12

#### Shanghai Golden Grand Prix

1.	Omar MCLEOD (JAM)	12.98
2.	Hansle PARCHEMENT (JAM)	13.12
3.	Wenjun XIE (CHN)	13.34

**João Vitor DE OLIVEIRA Lane 2**

BRA - 15.05.92 - Age: 24 years 7 days

SB: 13.81 Kawasaki (JPN) 08.05 (106th T-L 2016) | PB: 13.45 Beijing (CHN) 27.08.15 (251st A-T) |

All-Athletics.com World Rankings: 41st

**Personal bests**

Event	Result	Wind	Venue	Date
100m	10.94	+1.8	Fullerton (USA)	14.03.15
200m	22.14	+1.8	Los Angeles (USA)	11.04.15
400m	48.96		Los Angeles (USA)	11.04.15
55mH ind.	7.82		Firenze (ITA)	18.02.14
60mH ind.	7.88		Flagstaff (USA)	13.02.16
<b>110mH</b>	<b>13.45</b>	<b>0.0</b>	<b>Beijing (CHN)</b>	<b>27.08.15</b>
110mH (0.99)	13.68	+0.5	Piracicaba (BRA)	10.04.11
400mH	51.28		Sao Paulo (BRA)	02.06.12
4x100m	39.81		Rio de Janeiro (BRA)	20.05.12

**Honours**

**Pan American Junior Championships**

Pl.	Event	Competition	Date
3.	110mH (0.99)	Miramar Pan American Junior Ch.	23.07.11

**Progression**

Year	Result	Wind	Venue	Date
16	13.81	-0.6	Kawasaki (JPN)	08.05.16

15	13.45	0.0	Beijing (CHN)	27.08.15
14	13.90	+0.9	Sao Paulo (BRA)	14.06.14
13	13.95	+0.6	Campinas (BRA)	27.04.13
12	13.81	+0.4	Sao Paulo (BRA)	01.07.12
11	14.07	-1.6	Sao Paulo (BRA)	08.10.11
10	14.10	+1.5	Sao Paulo (BRA)	02.05.10
09	15.10	+0.3	Sao Paulo (BRA)	08.08.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
4x100m	16.04	Walnut	F2	3.	40.26	
<b>110mH</b>	<b>08.05</b>	<b>Kawasaki</b>	<b>F</b>	<b>5.</b>	<b>13.81</b>	<b>-0.6</b>
110mH	15.05	Rio de Janeiro	F2	4.	14.02	+0.1
110mH	16.05	Rio de Janeiro	F	6.	13.90	+0.7

**Konstantinos DOUVALIDIS Lane 3**

GRE - 10.03.87 - Age: 29 years 7 days

PB: 13.33 Székesfehérvár (HUN) 07.07.15 (132nd A-T) | All-Athletics.com World Rankings: 35th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	6.78		Pireaus (GRE)	08.02.14
100m	10.41	+0.6	Chania (GRE)	08.06.13
200m	20.91	+0.6	Athina (GRE)	21.07.13
60mH ind.	7.60		Praha (CZE)	25.02.14
60mH ind. (0.99)	7.50		Peania (GRE)	11.02.06
<b>110mH</b>	<b>13.33</b>	<b>-1.2</b>	<b>Székesfehérvár (HUN)</b>	<b>07.07.15</b>
110mH (0.99)	13.39	+1.5	Beijing (CHN)	20.08.06
4x100m	40.06		Herakleion (GRE)	20.06.15

**Honours**

**European Championships**

Pl.	Event	Competition	Date
8.	110mH	Helsinki European Championships	01.07.12

**World Junior Championships**

Pl.	Event	Competition	Date
3.	110mH (0.99)	Beijing IAAF World Junior Championships	20.08.06

**European U23 Championships**

Pl.	Event	Competition	Date
1.	110mH	Debrecen European U23 Championships	14.07.07

**European Indoor Championships**

Pl.	Event	Competition	Date
6.	60mH ind.	Praha European Indoor Championships	06.03.15
7.	60mH ind.	Göteborg European Indoor Championships	01.03.13

**European Junior Championships**

Pl.	Event	Competition	Date
2.	110mH	Kaunas European Junior Championships	23.07.05

**European Team Championships**

Pl.	Event	Competition	Date
2.	110mH	Anancy SPAR European Cup	22.06.08

**Further honours**

- 1x European Team Championships 1st League winner
- 1x Mediterranean Games winner
- 8x National champion
- 2x Balkan Championships winner
- 5x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
15	13.33	-1.2	Székesfehérvár (HUN)	07.07.15
14	13.39	+1.2	Rovereto (ITA)	02.09.14
13	13.34	+1.4	Athina (GRE)	20.07.13
12	13.37	-0.3	Helsinki (FIN)	01.07.12
11	13.51	-1.2	Izmir (TUR)	19.06.11
10	13.52	0.0	Patra (GRE)	12.06.10
08	13.46	+0.1	Beijing (CHN)	19.08.08
07	13.49	-0.4	Debrecen (HUN)	14.07.07
05	13.78	-0.1	Kaunas (LTU)	22.07.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
-	-	-	-	-	-	-

**Jason RICHARDSON Lane 4**

USA - 04.04.86 - Age: 30 years 48 days

SB: 13.33 Gainesville (USA) 22.04 (8th T-L 2016) | PB: 12.98 Eugene (USA) 30.06.12 (17th A-T) |

All-Athletics.com World Rankings: 10th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	7.16		Normal (USA)	06.12.03
100m	10.90	0.0	Miami (USA)	03.08.03
200m	21.13	+1.8	Miami (USA)	03.08.03
200m ind.	21.70		Blacksburg (USA)	15.01.05
400m	46.96		Los Angeles (USA)	07.04.12
400m ind.	47.75		New York (USA)	10.01.04
55mH ind.	7.18		Gainesville (USA)	27.01.07
60mH ind.	7.51		New York (USA)	14.02.15
<b>110mH</b>	<b>12.98</b>	<b>+1.5</b>	<b>Eugene (USA)</b>	<b>30.06.12</b>
400mH	49.79		Raleigh (USA)	19.06.04
4x100m	38.93		Walnut (USA)	20.04.13
4x110mH Shuttle	52.94		Des Moines (USA)	25.04.15

**Honours**

**Olympic Games**

Pl.	Event	Competition	Date
2.	110mH	London Olympic Games	08.08.12

**World Championships**

Pl.	Event	Competition	Date
1.	110mH	Daegu IAAF World Championships	29.08.11
4.	110mH	Moskva IAAF World Championships	12.08.13

**NACAC U23 Championships**

Pl.	Event	Competition	Date
1.	110mH	Toluca NACAC U23 Championships	18.07.08
2.	110mH	Santo Domingo NACAC U23 Championships	08.07.06

**Diamond Race wins**

Year	Event
2012	110mH

**Further honours**

- 5x Diamond League meeting winner
- 1x NCAA champion

**Progression**

Year	Result	Wind	Venue	Date
16	13.33	+1.0	Gainesville (USA)	22.04.16
15	13.12	+2.0	Eugene (USA)	28.06.15
14	13.29	+0.4	Lausanne (SUI)	03.07.14
13	13.20	+0.9	Lausanne (SUI)	04.07.13
12	12.98	+1.5	Eugene (USA)	30.06.12
11	13.04	-0.2	Zagreb (CRO)	13.09.11
10	13.34	+1.0	Monaco (MON)	22.07.10
09	13.29	+1.2	Gainesville (USA)	17.05.09
08	13.21	-0.4	Tallahassee (USA)	31.05.08
06	13.43	+0.7	Greensboro (USA)	26.05.06
05	13.50	+0.7	Sacramento (USA)	10.06.05
04	13.76	+1.5	Denton (USA)	22.04.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
110mH	19.03	Orlando	F1	1.	13.70	-1.2
110mH	26.03	Orlando	F1	1.	13.42	0.0
110mH	01.04	Gainesville	F1	4.	13.50	+1.9
110mH	16.04	Nassau	F	3.	13.33	+2.7
110mH	22.04	Gainesville	H1	1.	13.51	+0.8
<b>110mH</b>	<b>22.04</b>	<b>Gainesville</b>	<b>F</b>	<b>1.</b>	<b>13.33</b>	<b>+1.0</b>
110mH	14.05	Shanghai	F	6.	13.44	+1.2
110mH	18.05	Beijing	F	4.	13.87	+0.2

**Jonathan CABRAL Lane 5**

CAN - 31.12.92 - Age: 23 years 143 days

SB: 13.35 Walnut (USA) 16.04 (12th T-L 2016) | PB: 13.35 Walnut (USA) 16.04.16 (150th A-T) |

All-Athletics.com World Rankings: 27th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	7.03		Nampa (USA)	12.01.13
200m	21.83	+1.3	Eugene (USA)	16.03.13
60mH ind.	7.65		Albuquerque (USA)	15.03.14
60mH ind. (0.99)	7.85		Seattle (USA)	27.02.11
<b>110mH</b>	<b>13.35</b>	<b>+1.9</b>	<b>Walnut (USA)</b>	<b>16.04.16</b>
110mH (0.99)	13.36	+1.9	Eugene (USA)	24.06.11
300mH	35.76		Folsom (USA)	11.06.11
400mH	50.50		Los Angeles (USA)	12.05.13

**Orlando ORTEGA Lane 6**

ESP - 29.07.91 - Age: 24 years 298 days

SB: 13.12 Doha (QAT) 06.05 (3rd T-L 2016) | PB: 12.94 Paris (FRA) 04.07.15 (10th A-T) |

All-Athletics.com World Rankings: 6th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	6.71		Madrid (ESP)	23.01.16
100m	10.62	+0.2	Camagüey (CUB)	05.03.11
400m	47.84		La Habana (CUB)	13.02.09
60mH ind.	7.45		Łódź (POL)	17.02.15
<b>110mH</b>	<b>12.94</b>	<b>+0.5</b>	<b>Paris (FRA)</b>	<b>04.07.15</b>
110mH (0.99)	13.45		La Habana (CUB)	03.07.10
400mH	52.00		La Habana (CUB)	20.06.08

**Honours****Olympic Games**

Pl.	Event	Competition	Date
6.	110mH	London Olympic Games	08.08.12

**David OLIVER Lane 7**

USA - 24.04.82 - Age: 34 years 28 days

SB: 13.16 Doha (QAT) 06.05 (4th T-L 2016) | PB: 12.89 Paris-St-Denis (FRA) 16.07.10 (4th A-T) |

All-Athletics.com World Rankings: 5th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	6.88		Lewisburg (USA)	14.02.04
50mH ind.	6.50		New York (USA)	28.01.12
55mH ind.	7.01		New York (USA)	11.02.12
60mH ind.	7.37		Stuttgart (GER)	05.02.11
<b>110mH</b>	<b>12.89</b>	<b>+0.5</b>	<b>Paris-St-Denis (FRA)</b>	<b>16.07.10</b>
4x110mH Shuttle	52.94		Des Moines (USA)	25.04.15

**Honours****Olympic Games**

Pl.	Event	Competition	Date
3.	110mH	Beijing Olympic Games	21.08.08

**World Championships**

Pl.	Event	Competition	Date
1.	110mH	Moskva IAAF World Championships	12.08.13
4.	110mH	Daegu IAAF World Championships	29.08.11
7.	110mH	Beijing IAAF World Championships	28.08.15

**World Indoor Championships**

Pl.	Event	Competition	Date
3.	60mH ind.	Doha IAAF World Indoor Championships	14.03.10

**Pan American Games**

Pl.	Event	Competition	Date
1.	110mH	Toronto Pan American Games	24.07.15

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	110mH	Split IAAF/VTB Bank Continental Cup	05.09.10

**World Athletics Final**

Pl.	Event	Competition	Date
1.	110mH	Stuttgart IAAF World Athletics Final	14.09.08
5.	110mH	Stuttgart IAAF World Athletics Final	09.09.06

**Yidiel CONTRERAS Lane 8**

ESP - 27.11.92 - Age: 23 years 177 days

PB: 13.35 La Roche-sur-Yon (FRA) 22.07.15 (150th A-T) | All-Athletics.com World Rankings:

27th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	6.91		Madrid (ESP)	16.01.16
60mH ind.	7.64		Łódź (POL)	05.02.16
<b>110mH</b>	<b>13.35</b>	<b>-1.0</b>	<b>La Roche-sur-Yon (FRA)</b>	<b>22.07.15</b>
110mH (0.99)	13.75		La Habana (CUB)	17.06.10
110mH (0.99)	13.4h		La Habana (CUB)	03.06.10

**Honours**

1x National champion

**Progression**

Year	Result	Wind	Venue	Date
15	13.35	-1.0	La Roche-sur-Yon (FRA)	22.07.15

**Honours****Pan American Games**

Pl.	Event	Competition	Date
8.	110mH	Toronto Pan American Games	24.07.15

**Progression**

Year	Result	Wind	Venue	Date
16	13.35	+1.9	Walnut (USA)	16.04.16
15	13.37	+1.9	Edmonton (CAN)	04.07.15
14	13.54	+0.7	Fayetteville (USA)	30.05.14
13	13.47	+1.4	Austin (USA)	25.05.13
12	13.45	+1.3	Austin (USA)	26.05.12

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
110mH	19.03	Tucson	F1	2.	13.73	-1.2
<b>110mH</b>	<b>16.04</b>	<b>Walnut</b>	<b>F1</b>	<b>1.</b>	<b>13.35</b>	<b>+1.9</b>
400mH	28.04	Eugene	F1	1.	53.82	
110mH	06.05	Eugene	F	1.	13.67	+1.9

**Pan American Games**

Pl.	Event	Competition	Date
3.	110mH	Guadalajara Pan American Games	28.10.11

**Further honours**

3x Diamond League meeting winner

**Progression**

Year	Result	Wind	Venue	Date
16	13.12	+1.4	Doha (QAT)	06.05.16
15	12.94	+0.5	Paris (FRA)	04.07.15
14	13.01	+0.2	Monaco (MON)	18.07.14
13	13.08	+0.9	Eugene (USA)	01.06.13
12	13.09	0.0	La Habana (CUB)	27.05.12
11	13.29	-0.2	La Habana (CUB)	23.09.11
10	13.99	+2.0	La Habana (CUB)	21.05.10
09	14.11	-0.4	La Habana (CUB)	29.05.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
<b>110mH</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>3.</b>	<b>13.12</b>	<b>+1.4</b>
110mH	14.05	Shanghai	F	-	DQ	+1.2

**Diamond Race wins**

Year	Event
2010	110mH
2013	110mH
2015	110mH

**Further honours**

14x Diamond League meeting winner  
 2x Golden League meeting winner  
 4x National champion  
 1x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
16	13.16	+1.4	Doha (QAT)	06.05.16
15	12.98	+0.5	Paris (FRA)	04.07.15
14	13.21	+0.8	Eugene (USA)	31.05.14
13	13.00	+0.3	Moskva (RUS)	12.08.13
12	13.07	+0.3	Albi (FRA)	15.08.12
11	12.94	+1.8	Eugene (USA)	04.06.11
10	12.89	+0.5	Paris-St-Denis (FRA)	16.07.10
09	13.09	+1.0	Doha (QAT)	08.05.09
08	12.95	+2.0	Doha (QAT)	09.05.08
07	13.14	+0.4	Athina (GRE)	02.07.07
06	13.20	0.0	Dubnica nad Váhom (SVK)	29.08.06
05	13.29	+0.6	Cuxhaven (GER)	09.07.05
04	13.55	+0.2	Atlanta (USA)	15.05.04
03	13.60	-0.1	Sacramento (USA)	14.06.03
02	13.92	+1.1	Baltimore (USA)	10.05.02
01	14.11		Fairfax (USA)	12.05.01

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
110mH	02.04	Austin	F	1.	13.44	+1.1
110mH	16.04	Nassau	F	1.	13.30	+2.7
110mH	30.04	Des Moines	F	2.	13.31	-0.1
<b>110mH</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>4.</b>	<b>13.16</b>	<b>+1.4</b>
110mH	14.05	Shanghai	F	5.	13.38	+1.2

14	13.71	-0.1	Namur (BEL)	28.05.14
13	13.84	-0.3	Alcobendas (ESP)	28.07.13
11	13.5h	-1.0	La Habana (CUB)	17.03.11
10	13.8h	+0.7	La Habana (CUB)	19.03.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
110mH	30.04	Zaragoza	F	1.	13.94	+6.6



**Antonio ALKANA****Lane 9**

RSA - 12.04.90 - Age: 26 years 40 days

SB: 13.37 Stellenbosch (RSA) 16.04 (14th T-L 2016) | PB: 13.32 Brazzaville (CGO) 14.09.15 (124th A-T) | All-Athletics.com World Rankings: 20th

**Personal bests**

Event	Result	Wind	Venue	Date
60m	6.82	0.0	Stellenbosch (RSA)	15.12.11
100m	10.27		Potchefstroom (RSA)	08.05.15
150m	15.72	+1.4	Parow (RSA)	13.12.14
200m	20.71		Potchefstroom (RSA)	09.05.15
60mH ind.	7.76		Portland (USA)	19.03.16
<b>110mH</b>	<b>13.32</b>	<b>+0.5</b>	<b>Brazzaville (CGO)</b>	<b>14.09.15</b>
4x100m	39.66		Stellenbosch (RSA)	18.04.15

**Honours****All-African Games**

Pl.	Event	Competition	Date
1.	110mH	Brazzaville All-Africa Games	14.09.15

**Further honours**

5x National champion

**Progression**

Year	Result	Wind	Venue	Date
16	13.37	-0.1	Stellenbosch (RSA)	16.04.16
15	13.32	+0.5	Brazzaville (CGO)	14.09.15
14	13.88	+1.2	Pretoria (RSA)	12.04.14
13	14.00	-0.1	Stellenbosch (RSA)	12.04.13
12	14.04	+1.6	Germiston (RSA)	31.03.12
11	14.11	+0.2	Durban (RSA)	10.04.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	13.02	Parow	F1	1.	10.45	+1.4
110mH	13.02	Parow	F	1.	13.74	-0.7
110mH	08.03	Pretoria	F	1.	13.60	0.0
110mH	09.03	Cape Town	F	1.	13.74	+0.3
110mH	15.04	Stellenbosch	H2	1.	13.79	+0.1
<b>110mH</b>	<b>16.04</b>	<b>Stellenbosch</b>	<b>F</b>	<b>1.</b>	<b>13.37</b>	<b>-0.1</b>
4x100m	16.04	Stellenbosch	F2	2.	40.07	
110mH	06.05	Doha	F	8.	13.50	+1.4

### Start list 3000mSC Time: 17:33

Lane	Athlete	Nat	NR	PB	SB
1-1	Abdelaziz MERZOUGUI	ESP	8:07.44	8:18.03	
2-1	Tafese SOBOKA	ETH	8:06.16	8:25.56	8:38.6h
3-1	Soufiane EL BAKKALI	MAR	7:55.28	8:27.79	
4-1	Jamel CHATBI	ITA	8:08.57	8:08.86	8:40.32
5-1	Clement Kimutai KEMBOI	KEN	7:53.64	8:10.65	8:10.65
6-1	Younés KNIYA	MAR	7:55.28	8:29.7h	8:34.46
7-1	Nicholas Kiptanui BETT	KEN	7:53.64	8:19.26	8:19.91
8-1	Jeroen D'HOEDT	BEL	8:10.01	8:30.03	8:32.62
9-1	Jaouad CHEMLAL	MAR	7:55.28	8:19.22	
10-1	Hamid EZZINE	MAR	7:55.28	8:09.72	8:27.95
11-1	Yoann KOWAL	FRA	8:00.09	8:12.53	
12-1	Mahiedine MEKHISSI BENABBAD	FRA	8:00.09	8:00.09	
13-1	Paul Kipsiele KOECH	KEN	7:53.64	7:54.31	8:15.69
14-1	Conseslus KIPRUTO	KEN	7:53.64	8:01.16	8:05.13
15-1	Jairus Kipchoge BIRECH	KEN	7:53.64	7:58.41	8:08.28
16-1	Lawrence Kemboi KIPSANG	KEN	7:53.64	8:17.79	8:17.79 PM
17-1	Bernard NGANGA	KEN	7:53.64	8:05.88	8:30.87 PM

Pace: Lap times: 64.0 | 1000m - 2:39.0 | 2000m - 5:20.0

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Ezekiel KEMBOI (KEN)	8:11.28
2.	Conseslus KIPRUTO (KEN)	8:12.38
3.	Brimin Kiprop KIPRUTO (KEN)	8:12.54

#### 2013 - Moskva IAAF World Ch.

1.	Ezekiel KEMBOI (KEN)	8:06.01
2.	Conseslus KIPRUTO (KEN)	8:06.37
3.	Mahiedine MEKHISSI BENABBAD (FRA)	8:07.86

#### 2012 - London Olympic Games

1.	Ezekiel KEMBOI (KEN)	8:18.56
2.	Mahiedine MEKHISSI BENABBAD (FRA)	8:19.08
3.	Abel Kiprop MUTAI (KEN)	8:19.73

#### 2011 - Daegu IAAF World Ch.

1.	Ezekiel KEMBOI (KEN)	8:14.85
2.	Brimin Kiprop KIPRUTO (KEN)	8:16.05
3.	Mahiedine MEKHISSI BENABBAD (FRA)	8:16.09

#### 2009 - Berlin IAAF World Ch.

1.	Ezekiel KEMBOI (KEN)	8:00.43
2.	Richard Kipkemboi MATEELONG (KEN)	8:00.89
3.	Bouabdellah TAHRRI (FRA)	8:01.18

#### 2008 - Beijing Olympic Games

1.	Brimin Kiprop KIPRUTO (KEN)	8:10.34
2.	Mahiedine MEKHISSI BENABBAD (FRA)	8:10.49
3.	Richard Kipkemboi MATEELONG (KEN)	8:11.01

#### 2007 - Osaka IAAF World Ch.

1.	Brimin Kiprop KIPRUTO (KEN)	8:13.82
2.	Ezekiel KEMBOI (KEN)	8:16.94
3.	Richard Kipkemboi MATEELONG (KEN)	8:17.59

#### 2005 - Helsinki IAAF World Ch.

1.	Saif Saaeed SHAHEEN (QAT)	8:13.31
2.	Ezekiel KEMBOI (KEN)	8:14.95
3.	Brimin Kiprop KIPRUTO (KEN)	8:15.30

#### 2004 - Athens Olympic Games

1.	Ezekiel KEMBOI (KEN)	8:05.81
2.	Brimin Kiprop KIPRUTO (KEN)	8:06.11
3.	Paul Kipsiele KOECH (KEN)	8:06.64

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Saif Saaeed SHAHEEN (QAT)	8:04.39
2.	Ezekiel KEMBOI (KEN)	8:05.11
3.	Eliseo MARTÍN (ESP)	8:09.09

### Diamond Race

1	Conseslus KIPRUTO (KEN)	10
2	Jairus Kipchoge BIRECH (KEN)	6
3	Abraham KIBIWOTT (KEN)	4
4	John KOECH (BRN)	3
5	Barnabas KIPYEGO (KEN)	2
6	Clement Kimutai KEMBOI (KEN)	1

### Rabat previous Winners

15	Jairus Kipchoge BIRECH (KEN)	8:11.42
14	Clement Kimutai KEMBOI (KEN)	8:18.73
13	Yoann KOWAL (FRA)	8:12.53
12	Roba GARI (ETH)	8:10.04
11	Abdelkader HACHLAF (MAR)	8:13.04
10	Mahiedine MEKHISSI BENABBAD (FRA)	8:08.82
09	Paul Kipsiele KOECH (KEN)	8:07.80
08	Brimin Kiprop KIPRUTO (KEN)	8:15.23

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Conseslus KIPRUTO (KEN)	8:05.13
2.	Jairus Kipchoge BIRECH (KEN)	8:08.28
3.	Abraham KIBIWOTT (KEN)	8:09.25

### Records

WR	7:53.63	Saif Saaeed SHAHEEN	QAT	Bruxelles	03.09.04
AR	7:53.64	Brimin Kiprop KIPRUTO	KEN	Monaco	22.07.11
NR	7:55.28	Brahim BOULAMI	MAR	Bruxelles	24.08.01
WJR	7:58.66	Saif Saaeed SHAHEEN	KEN	Bruxelles	24.08.01
MR	8:07.80	Paul Kipsiele KOECH	KEN		23.05.09
DLR	7:53.64	Brimin Kiprop KIPRUTO	KEN	Monaco	22.07.11
SB	8:05.13	Conseslus KIPRUTO	KEN	Doha	06.05.16

### 2016 World Outdoor list

8:05.13	Conseslus KIPRUTO	KEN	Doha	06.05.16
8:08.28	Jairus Kipchoge BIRECH	KEN	Doha	06.05.16
8:09.25	Abraham KIBIWOTT	KEN	Doha	06.05.16
8:09.62	John KOECH	BRN	Doha	06.05.16
8:10.11	Barnabas KIPYEGO	KEN	Doha	06.05.16
8:10.65	Clement Kimutai KEMBOI	KEN	Doha	06.05.16
8:14.19	Ezekiel KEMBOI	KEN	Beijing	18.05.16
8:15.26	Evan JAGER	USA	Los Angeles	20.05.16
8:15.69	Paul Kipsiele KOECH	KEN	Doha	06.05.16
8:16.84	Abel Kiprop MUTAI	KEN	Doha	06.05.16
8:17.79	Lawrence Kemboi KIPSANG	KEN	Doha	06.05.16
8:18.58	Daniel HULING	USA	Los Angeles	20.05.16
8:19.12	Cory LESLIE	USA	Los Angeles	20.05.16
8:19.91	Nicholas Kiptanui BETT	KEN	Beijing	18.05.16
8:20.63	Matthew HUGHES	CAN	Los Angeles	20.05.16
8:21.10	Hailemariam AMARE	ETH	Beijing	18.05.16
8:21.34	Mitko TSENOV	BUL	Doha	06.05.16
8:22.42	Rob MULLETT	GBR	Los Angeles	20.05.16
8:22.85	Stanley Kipkoeh KEBENEI	USA	Palo Alto	01.05.16
8:23.38	Donnie COWART	USA	Los Angeles	20.05.16

### All-Time World Outdoor list

7:53.63	Saif Saaeed SHAHEEN	QAT	Bruxelles	03.09.04
7:53.64	Brimin Kiprop KIPRUTO	KEN	Monaco	22.07.11
7:54.31	Paul Kipsiele KOECH	KEN	Roma	31.05.12
7:55.28	Brahim BOULAMI	MAR	Bruxelles	24.08.01
7:55.72	Bernard BARMASAI	KEN	Köln	24.08.97
7:55.76	Ezekiel KEMBOI	KEN	Monaco	22.07.11
7:56.16	Moses KIPTANUI	KEN	Köln	24.08.97
7:56.81	Richard Kipkemboi MATEELONG	KEN	Doha	11.05.12
7:57.29	Reuben KOSGEI	KEN	Bruxelles	24.08.01
7:58.41	Jairus Kipchoge BIRECH	KEN	Bruxelles	05.09.14
7:59.08	Wilson Boit KIPKETER	KEN	Zürich	13.08.97
8:00.09	Mahiedine MEKHISSI BENABBAD	FRA	Paris	06.07.13
8:00.45	Evan JAGER	USA	Paris	04.07.15
8:01.16	Conseslus KIPRUTO	KEN	Shanghai	18.05.13
8:01.18	Bouabdellah TAHRRI	FRA	Berlin	18.08.09
8:01.67	Abel Kiprop MUTAI	KEN	Roma	31.05.12
8:01.69	Kipkurui MISOI	KEN	Bruxelles	24.08.01
8:03.41	Patrick SANG	KEN	Köln	24.08.97
8:03.57	Ali EZZINE	MAR	Paris	23.06.00
8:03.57	Hillary Kipsang YEGO	KEN	Shanghai	18.05.13

### WR progression

7:53.63	Saif Saaeed SHAHEEN	QAT	Bruxelles	03.09.04
7:55.28	Brahim BOULAMI	MAR	Bruxelles	24.08.01
7:55.72	Bernard BARMASAI	KEN	Köln	24.08.97
7:59.08	Wilson Boit KIPKETER	KEN	Zürich	13.08.97
7:59.18	Moses KIPTANUI	KEN	Zürich	16.08.95
8:02.08	Moses KIPTANUI	KEN	Zürich	19.08.92
8:05.35	Peter KOECH	KEN	Stockholm	03.07.89
8:05.4h	Henry RONO	KEN	Seattle	13.05.78
8:08.02	Anders GÄRDERUD	SWE	Montreal	28.07.76
8:09.70	Anders GÄRDERUD	SWE	Stockholm	01.07.75
8:10.4h	Anders GÄRDERUD	SWE	Oslo	25.06.75
8:13.91	Benjamin JIPCHO	KEN	Helsinki	27.06.73
8:19.8h	Benjamin JIPCHO	KEN	Helsinki	19.06.73
8:20.8h	Anders GÄRDERUD	SWE	Helsinki	14.09.72
8:21.98	Kerry O'BRIEN	AUS	Berlin	04.07.70
8:22.2h	Vladimiras DUDINAS	URS	Kiev	19.08.69
8:24.2h	Jouko KUHA	FIN	Stockholm	17.07.68
8:26.4h	Gaston ROELANTS	BEL	Bruxelles	07.08.65

**Abdelaziz MERZOUGUI Lane 1-1**

ESP - 30.08.91 - Age: 24 years 266 days  
PB: 8:18.03 Huelva (ESP) 07.06.12 (205th A-T) | All-Athletics.com World Rankings: 77th

**Personal bests**

Event	Result	Venue	Date
1500m	3:41.52	Mataró (ESP)	05.06.11
1500m ind.	3:48.25	Sabadell (ESP)	13.02.15
3000m	8:03.71	Monzón (ESP)	23.05.15
3000m ind.	8:05.74	Sabadell (ESP)	16.02.13
5000m	14:08.14	Mataró (ESP)	29.06.13
<b>3000mSC</b>	<b>8:18.03</b>	<b>Huelva (ESP)</b>	<b>07.06.12</b>
10 km Road	28:56	Barcelona (ESP)	31.12.15

**Honours**

**European Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Helsinki European Championships	29.06.12

**World Junior Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Moncton IAAF World Junior Championships	25.07.10

**European U23 Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Tampere European U23 Championships	14.07.13
2.	3000mSC	Ostrava European U23 Championships	17.07.11

**European Team Championships**

Pl.	Event	Competition	Date
2.	3000mSC	Gateshead European Team Championships	23.06.13

**Progression**

Year	Result	Venue	Date
15	8:26.34	Rabat (MAR)	14.06.15
14	8:27.53	Huelva (ESP)	12.06.14
13	8:22.68	Huelva (ESP)	12.06.13
12	8:18.03	Huelva (ESP)	07.06.12
11	8:22.00	Huelva (ESP)	02.06.11
10	8:33.29	Barakaldo (ESP)	23.06.10
09	8:44.45	Huelva (ESP)	10.06.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
10 km Road	10.01	San Sebastián	F	3.	30:18

**Tafese SOBOKA Lane 2-1**

ETH - 29.09.93 - Age: 22 years 236 days  
SB: 8:38.6h Addis Abeba (ETH) 24.04 (69th T-L 2016) | PB: 8:25.56 Hérouville (FRA) 18.06.15 (490th A-T) | All-Athletics.com World Rankings: 58th

**Personal bests**

Event	Result	Venue	Date
3000m	8:03.97	Halluin (FRA)	24.06.15
<b>3000mSC</b>	<b>8:25.56</b>	<b>Hérouville (FRA)</b>	<b>18.06.15</b>

**Honours**

**African Championships**

Pl.	Event	Competition	Date
7.	3000mSC	Marrakesh African Championships	12.08.14
5.	3000mSC	Porto Novo African Championships	29.06.12

**Further honours**

2x National champion

**Progression**

Year	Result	Venue	Date
16	8:38.6h	Addis Abeba (ETH)	24.04.16
15	8:25.56	Hérouville (FRA)	18.06.15
14	8:48.45	Addis Abeba (ETH)	15.06.14
13	8:49.16	Addis Abeba (ETH)	30.06.13
12	8:26.33	Porto Novo (BEN)	29.06.12

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000mSC	24.04	Addis Abeba	F	1.	8:38.6h

**Soufiane EL BAKKALI Lane 3-1**

MAR - 07.01.96 - Age: 20 years 136 days  
PB: 8:27.79 Amiens (FRA) 27.06.15 (615th A-T) | All-Athletics.com World Rankings: 86th

**Personal bests**

Event	Result	Venue	Date
1500m	3:45.36	Bruay la Buisserie (FRA)	01.07.15
3000m	7:49.68	Montgeron (FRA)	15.05.16
3000m ind.	7:58.70	Mondeville (FRA)	06.02.16
5000m	13:47.76	Rabat (MAR)	31.05.14
<b>3000mSC</b>	<b>8:27.79</b>	<b>Amiens (FRA)</b>	<b>27.06.15</b>

**Honours**

**World Junior Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Eugene IAAF World Junior Championships	27.07.14

**Progression**

Year	Result	Venue	Date
15	8:27.79	Amiens (FRA)	27.06.15
14	8:32.66	Fes (MAR)	24.05.14
13	8:52.00	Casablanca (MAR)	06.07.13

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	15.05	Montgeron	F	5.	7:49.68

**Jamel CHATBI Lane 4-1**

ITA - 30.04.84 - Age: 32 years 22 days  
SB: 8:40.32 Busto Arsizio (ITA) 07.05 (82nd T-L 2016) | PB: 8:08.86 Tanger (MAR) 12.07.09 (58th A-T) | All-Athletics.com World Rankings: 44th

**Personal bests**

Event	Result	Venue	Date
1500m	3:44.30	Conegliano (ITA)	26.05.06
1500m ind.	3:52.92	Genova (ITA)	12.02.05
Mile	4:05.23	Recanati (ITA)	12.08.05
3000m	7:48.18	Lausanne (SUI)	07.07.09
3000m ind.	7:58.53	Ancona (ITA)	23.02.14
5000m	13:22.53	Nijmegen (NED)	18.05.16
10,000m	28:14.87	Ferrara (ITA)	17.05.14
2000mSC	5:44.82	Dubnica nad Váhom (SVK)	29.08.06
<b>3000mSC</b>	<b>8:08.86</b>	<b>Tanger (MAR)</b>	<b>12.07.09</b>
10 km Road	28:33	Brunssum (NED)	06.04.08
Half Marathon	*1:03:43	Milano (ITA)	01.04.07
Half Marathon	*1:02:38	Ostia (ITA)	02.03.14
Marathon	2:12:17	Praha (CZE)	03.05.15

**Honours**

1x European Cup 10,000m Bronze medallist

1x Mediterranean Games winner  
4x National champion  
1x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	8:40.32	Busto Arsizio (ITA)	07.05.16
15	8:30.35	Torino (ITA)	26.07.15
14	8:25.38	Huelva (ESP)	12.06.14
13	8:25.37	Rabat (MAR)	09.06.13
12	8:49.43	Modena (ITA)	22.09.12
09	8:08.86	Tanger (MAR)	12.07.09
08	8:23.65	Casablanca (MAR)	22.06.08
07	8:29.13	Uden (NED)	04.08.07
06	8:32.73	Reims (FRA)	25.07.06
05	8:42.24	Königs Wusterhausen (GER)	02.09.05
04	8:49.14	Pavia (ITA)	26.09.04
02	9:08.09	Bergamo (ITA)	07.07.02

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000mSC	07.05	Busto Arsizio	F	1.	8:40.32
5000m	08.05	Busto Arsizio	F1	1.	14:00.60
5000m	18.05	Nijmegen	F1	3.	13:22.53

**Clement Kimutai KEMBOI Lane 5-1**

KEN - 10.02.92 - Age: 24 years 102 days  
SB: 8:10.65 Doha (QAT) 06.05 (6th T-L 2016) | PB: 8:10.65 Doha (QAT) 06.05.16 (83rd A-T) | All-Athletics.com World Rankings: 7th

**Personal bests**

Event	Result	Venue	Date
1500m	3:52.4h	Eldoret (KEN)	14.04.16
Mile	4:02.19	Pavia (ITA)	04.05.14
3000m	7:56.28	Rhede (GER)	08.07.11
<b>3000mSC</b>	<b>8:10.65</b>	<b>Doha (QAT)</b>	<b>06.05.16</b>
10 km Road	28:33	Rennes (FRA)	12.10.14
Half Marathon	*1:05:30	Bregenz (AUT)	02.10.11

**Honours**

**All-African Games**

Pl.	Event	Competition	Date
1.	3000mSC	Brazzaville All-Africa Games	13.09.15

**Progression**

Year	Result	Venue	Date
16	8:10.65	Doha (QAT)	06.05.16

15	8:12.68	Paris (FRA)	04.07.15
14	8:16.96	Roma (ITA)	05.06.14
13	8:17.18	Budapest (HUN)	10.07.13
12	8:25.67	Luzern (SUI)	17.07.12
11	8:28.13	Königs Wusterhausen (GER)	09.09.11
10	9:03.4h	Nairobi (KEN)	17.06.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	14.04	Eldoret	H7	4.	3:52.4h
<b>3000mSC</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>6.</b>	<b>8:10.65</b>
10,000m	13.05	Herzogenaurach	F	-	DNF

**Younés KNIYA** Lane 6-1

MAR - 15.08.95 - Age: 20 years 281 days

SB: 8:34.46 Rabat (MAR) 14.05 (45th T-L 2016) | PB: 8:29.7h Rabat (MAR) 09.05.15 (738th A-T)

**Personal bests**

Event	Result	Venue	Date
3000mSC	8:29.7h	Rabat (MAR)	09.05.15

**Nicholas Kiptanui BETT** Lane 7-1

KEN - 20.12.96 - Age: 19 years 154 days

SB: 8:19.91 Beijing (CHN) 18.05 (11th T-L 2016) | PB: 8:19.26 Heusden-Zolder (BEL) 18.07.15 (235th A-T) | All-Athletics.com World Rankings: 35th

**Personal bests**

Event	Result	Venue	Date
5000m	14:26.7h	Nakuru (KEN)	17.04.15
2000mSC	5:20.92	Donetsk (UKR)	12.07.13
3000mSC	8:19.26	Heusden-Zolder (BEL)	18.07.15

**Jeroen D'HOEDT** Lane 8-1

BEL - 10.01.90 - Age: 26 years 133 days

SB: 8:32.62 Walnut (USA) 15.04 (35th T-L 2016) | PB: 8:30.03 Heusden-Zolder (BEL) 18.07.15 | All-Athletics.com World Rankings: 70th

**Personal bests**

Event	Result	Venue	Date
800m	1:47.22	Ninove (BEL)	06.08.11
1000m	2:22.84	Lisse (NED)	14.05.11
1500m	3:36.07	Oordegem (BEL)	02.08.11
Mile	4:03.27	Letterkenny (IRL)	18.05.13
2000m	5:05.56	Huizingen (BEL)	10.08.13
3000m	7:57.88	Kessel-Lo (BEL)	14.08.10
5000m	13:34.90	Palo Alto (USA)	04.05.14
10,000m	30:13.41	Lebbeke (BEL)	02.05.09
3000mSC	8:30.03	Heusden-Zolder (BEL)	18.07.15
10 km Road	29:55	Tilburg (NED)	28.11.10

**Jaouad CHEMLAL** Lane 9-1

MAR - 11.04.94 - Age: 22 years 41 days

PB: 8:19.22 Rabat (MAR) 09.06.13 (234th A-T) | All-Athletics.com World Rankings: 110th

**Personal bests**

Event	Result	Venue	Date
1500m	3:56.53	Marrakesh (MAR)	30.04.11
3000m	8:03.39	Fes (MAR)	30.04.16
5000m	14:00.23	Mersin (TUR)	30.05.15
2000mSC	5:35.05	Rabat (MAR)	27.04.11
3000mSC	8:19.22	Rabat (MAR)	09.06.13
Half Marathon	1:10:36	Nepi (ITA)	26.01.14

**Hamid EZZINE** Lane 10-1

MAR - 05.10.83 - Age: 32 years 230 days

SB: 8:27.95 Rabat (MAR) 14.05 (21st T-L 2016) | PB: 8:09.72 Athina (GRE) 02.07.07 (71st A-T) | All-Athletics.com World Rankings: 26th

**Personal bests**

Event	Result	Venue	Date
1500m	3:43.03	Bilbao (ESP)	03.06.12
3000m	7:54.65	Tanger (MAR)	18.09.11
5000m	13:51.77	Casablanca (MAR)	04.04.13
3000mSC	8:09.72	Athina (GRE)	02.07.07

**Honours****Olympic Games**

Pl.	Event	Competition	Date
7.	3000mSC	London Olympic Games	05.08.12

**African Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Brazzaville African Championships	14.07.04
5.	3000mSC	Bambous African Championships	11.08.06
6.	3000mSC	Marrakesh African Championships	12.08.14

**Francophone Games**

Pl.	Event	Competition	Date
1.	3000mSC	Nice Francophone Games	14.09.13
1.	3000mSC	Niamey Francophone Games	15.12.05

**Progression**

Year	Result	Venue	Date
16	8:34.46	Rabat (MAR)	14.05.16
15	8:29.7h	Rabat (MAR)	09.05.15
14	8:54.9h	Rabat (MAR)	22.06.14
13	9:01.63	Casablanca (MAR)	06.07.13

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000mSC	14.05	Rabat	F	2.	8:34.46

**Honours****World Youth Championships**

Pl.	Event	Competition	Date
2.	2000mSC	Donetsk IAAF World Youth Championships	12.07.13

**Progression**

Year	Result	Venue	Date
16	8:19.91	Beijing (CHN)	18.05.16
15	8:19.26	Heusden-Zolder (BEL)	18.07.15
14	8:28.83	Dessau (GER)	11.06.14
13	8:52.1h	Nairobi (KEN)	19.04.13

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	18.03	Nakuru	H2	16.	14:33.6h
3000mSC	18.05	Beijing	F	4.	8:19.91

**Honours****European Junior Championships**

Pl.	Event	Competition	Date
3.	3000mSC	Novi Sad European Junior Championships	26.07.09

**Further honours**

1x National champion

**Progression**

Year	Result	Venue	Date
16	8:32.62	Walnut (USA)	15.04.16
15	8:30.03	Heusden-Zolder (BEL)	18.07.15
11	8:46.96	Palo Alto (USA)	01.05.11
10	8:57.04	Heusden-Zolder (BEL)	16.05.10
09	8:51.76	Novi Sad (SRB)	26.07.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000mSC	15.04	Walnut	F1	2.	8:32.62
3000mSC	01.05	Palo Alto	F1	15.	8:48.14
3000m	15.05	Kessel-Lo	F	1.	7:59.86

**Honours****World Junior Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Barcelona IAAF World Junior Ch.	15.07.12

**Progression**

Year	Result	Venue	Date
15	8:31.10	Huelva (ESP)	10.06.15
14	8:20.92	Roma (ITA)	05.06.14
13	8:19.22	Rabat (MAR)	09.06.13
12	8:25.98	Rabat (MAR)	27.05.12
11	8:36.68	Rabat (MAR)	05.06.11
10	8:51.6h	Rabat (MAR)	03.07.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	30.04	Fes	F	15.	8:03.39

**Further honours**1x Pan-Arab Games winner  
3x National champion**Progression**

Year	Result	Venue	Date
16	8:27.95	Rabat (MAR)	14.05.16
15	8:18.78	Beijing (CHN)	20.05.15
14	8:14.33	Sotheville (FRA)	14.06.14
13	8:13.27	Rabat (MAR)	09.06.13
12	8:16.93	Huelva (ESP)	07.06.12
11	8:11.81	Daegu (KOR)	29.08.11
09	8:29.20	Casablanca (MAR)	14.06.09
08	8:13.20	Athina (GRE)	13.07.08
07	8:09.72	Athina (GRE)	02.07.07
06	8:19.37	Rabat (MAR)	17.06.06
05	8:21.38	Rabat (MAR)	18.06.05
04	8:25.10	Rabat (MAR)	19.06.04
03	8:47.67	Casablanca (MAR)	12.08.03

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	30.04	Fes	F	11.	7:59.10
3000mSC	06.05	Doha	F	-	DNF
3000mSC	14.05	Rabat	F	1.	8:27.95

**Yoann KOWAL**

Lane 11-1

FRA - 28.05.87 - Age: 28 years 360 days

PB: 8:12.53 Rabat (MAR) 09.06.13 (109th A-T) | All-Athletics.com World Rankings: 28th

**Personal bests**

Event	Result	Venue	Date
800m	1:47.95	Oordegem (BEL)	03.07.10
800m ind.	1:49.58	Bordeaux (FRA)	30.01.10
1000m	2:20.43	Perigueux (FRA)	29.05.10
1000m ind.	2:24.20	Aubièrre (FRA)	05.01.08
1500m	3:33.75	Paris (FRA)	08.07.11
1500m ind.	3:38.07	Stuttgart (GER)	05.02.11
2000m ind.	5:04.18	Bordeaux (FRA)	26.01.13
3000m	7:54.31	Poitiers (FRA)	19.09.15
3000m ind.	7:44.26	Liévin (FRA)	14.02.12
2000mSC	5:37.10	Les Sables (FRA)	30.07.06
<b>3000mSC</b>	<b>8:12.53</b>	<b>Rabat (MAR)</b>	<b>09.06.13</b>
10 km Road	29:01	Paris (FRA)	18.12.11
4x1500m	14:52.52	Nice (FRA)	18.09.11

**Honours****World Championships**

Pl.	Event	Competition	Date
8.	3000mSC	Moskva IAAF World Championships	15.08.13

**European Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Zürich European Championships	14.08.14
5.	1500m	Barcelona European Championships	30.07.10

**European Indoor Championships**

Pl.	Event	Competition	Date
3.	1500m ind.	Torino European Indoor Championships	08.03.09
4.	3000m ind.	Göteborg European Indoor Championships	02.03.13

**Mahiedine MEKHISSI BENABBAD**

Lane 12-1

FRA - 15.03.85 - Age: 31 years 68 days

PB: 8:00.09 Paris (FRA) 06.07.13 (12th A-T)

**Personal bests**

Event	Result	Venue	Date
1000m	2:17.14	Tomblaine (FRA)	26.06.09
1500m	3:33.12	Tomblaine (FRA)	02.07.13
1500m ind.	3:36.95	Karlsruhe (GER)	02.02.13
Mile	3:51.55	Oslo (NOR)	11.06.14
2000m	4:56.85	Reims (FRA)	28.06.13
3000m	7:44.98	Hengelo (NED)	30.05.10
3000m ind.	7:43.72	Düsseldorf (GER)	08.02.13
2000mSC	5:10.68	Reims (FRA)	30.06.10
<b>3000mSC</b>	<b>8:00.09</b>	<b>Paris (FRA)</b>	<b>06.07.13</b>
10 km Road	*28:59	Madrid (ESP)	31.12.14
4x1500m	14:52.52	Nice (FRA)	18.09.11

**Records**

Record	Result	Event	Venue	Date
WBP	5:10.68	2000mSC	Reims (FRA)	30.06.10
AR	8:00.09	3000mSC	Paris (FRA)	06.07.13

**Honours****Olympic Games**

Pl.	Event	Competition	Date
2.	3000mSC	London Olympic Games	05.08.12
2.	3000mSC	Beijing Olympic Games	18.08.08

**World Championships**

Pl.	Event	Competition	Date
3.	3000mSC	Moskva IAAF World Championships	15.08.13
3.	3000mSC	Daegu IAAF World Championships	01.09.11

**European Championships**

Pl.	Event	Competition	Date
1.	1500m	Zürich European Championships	17.08.14
1.	3000mSC	Helsinki European Championships	29.06.12
1.	3000mSC	Barcelona European Championships	01.08.10

**World Indoor Championships**

Pl.	Event	Competition	Date
8.	1500m ind.	Doha IAAF World Indoor Championships	13.03.10

**World (Continental) Cup**

Pl.	Event	Competition	Date
7.	1500m	Split IAAF/VTB Bank Continental Cup	04.09.10

**Francophone Games**

Pl.	Event	Competition	Date
2.	3000mSC	Nice Francophone Games	14.09.13

**European Team Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Braunschweig European Team Championships	22.06.14
3.	3000mSC	Gateshead European Team Championships	23.06.13
3.	1500m	Leiria SPAR European Team Championships	20.06.09

**Further honours**

- 4x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Venue	Date
15	8:18.38	Rabat (MAR)	14.06.15
14	8:25.50	Braunschweig (GER)	22.06.14
13	8:12.53	Rabat (MAR)	09.06.13
12	8:21.66	Bruxelles (BEL)	07.09.12
11	8:41.07	Bordeaux (FRA)	07.05.11
09	9:02.38	Talence (FRA)	01.05.09
08	8:34.66	Pezenas (FRA)	31.05.08
07	8:36.11	Debrecen (HUN)	13.07.07
06	8:56.54	St-Maur (FRA)	21.06.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-					

**European U23 Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Debrecen European U23 Championships	15.07.07

**European Indoor Championships**

Pl.	Event	Competition	Date
1.	1500m ind.	Göteborg European Indoor Championships	03.03.13

**World (Continental) Cup**

Pl.	Event	Competition	Date
3.	3000mSC	Split IAAF/VTB Bank Continental Cup	05.09.10
3.	1500m	Marrakesh IAAF Continental Cup	13.09.14
8.	1500m	Athina IAAF World Cup	16.09.06

**European Team Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Annecy SPAR European Cup	22.06.08
2.	3000mSC	München SPAR European Cup	24.06.07

**Further honours**

- 2x Diamond League meeting winner
- 1x Golden League meeting winner
- 4x National champion

**Progression**

Year	Result	Venue	Date
14	8:03.23	Bruxelles (BEL)	05.09.14
13	8:00.09	Paris (FRA)	06.07.13
12	8:10.90	Lille (FRA)	09.06.12
11	8:02.09	Paris (FRA)	08.07.11
10	8:02.52	Bruxelles (BEL)	27.08.10
09	8:06.98	Hengelo (NED)	01.06.09
08	8:08.95	Zürich (SUI)	29.08.08
07	8:14.22	Heusden-Zolder (BEL)	28.07.07
06	8:28.25	Reims (FRA)	25.07.06
05	8:34.45	Strasbourg (FRA)	23.06.05
04	9:01.01	St-Maur (FRA)	23.06.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-					

**Paul Kipsiele KOECH****Lane 13-1**

KEN - 10.11.81 - Age: 34 years 194 days

SB: 8:15.69 Doha (QAT) 06.05 (8th T-L 2016) | PB: 7:54.31 Roma (ITA) 31.05.12 (3rd A-T) | All-Athletics.com World Rankings: 5th

**Personal bests**

Event	Result	Venue	Date
1500m	3:37.92	Glasgow (GBR)	03.06.07
2000m ind.	5:01.84	Metz (FRA)	28.02.14
3000m	7:33.93	Doha (QAT)	13.05.05
3000m ind.	7:32.78	Stockholm (SWE)	10.02.10
2 Miles	8:13.31	Eugene (USA)	08.06.08
2 Miles ind.	8:06.48	Birmingham (GBR)	16.02.08
5000m	13:05.18	Rabat (MAR)	06.06.10
5000m ind.	13:02.69	Düsseldorf (GER)	10.02.12
2000mSC ind.	5:13.77	Gent (BEL)	13.02.11
<b>3000mSC</b>	<b>7:54.31</b>	<b>Roma (ITA)</b>	<b>31.05.12</b>
10 km Road	28:25	Berlin (GER)	11.10.15

**Records**

Record	Result	Event	Venue	Date
WBP	5:13.77	2000mSC ind.	Gent (BEL)	13.02.11

**Honours****Olympic Games**

Pl.	Event	Competition	Date
3.	3000mSC	Athens Olympic Games	24.08.04

**World Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Moskva IAAF World Championships	15.08.13
4.	3000mSC	Berlin IAAF World Championships	18.08.09
7.	3000mSC	Helsinki IAAF World Championships	09.08.05

**World Indoor Championships**

Pl.	Event	Competition	Date
2.	3000m ind.	Valencia IAAF World Indoor Championships	09.03.08

**All-African Games**

Pl.	Event	Competition	Date
2.	3000mSC	Abuja All Africa Games	13.10.03

**African Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Bambous African Championships	11.08.06

**Conseslus KIPRUTO****Lane 14-1**

KEN - 08.12.94 - Age: 21 years 166 days

SB: 8:05.13 Doha (QAT) 06.05 (1st T-L 2016) | PB: 8:01.16 Shanghai (CHN) 18.05.13 (14th A-T) | All-Athletics.com World Rankings: 1st

**Personal bests**

Event	Result	Venue	Date
800m	1:49.0h	Nairobi (KEN)	21.03.15
1000m	2:19.85	Dillingen (GER)	22.07.12
1500m	3:39.57	Hengelo (NED)	08.06.13
3000m	7:44.09	Rieti (ITA)	09.09.12
3000m ind.	7:55.76	Glasgow (GBR)	20.02.16
5000m	13:47.5h	Eldoret (KEN)	14.04.16
10,000m	29:24.7h	Eldoret (KEN)	16.04.16
2000mSC	5:28.65	Lille (FRA)	08.07.11
<b>3000mSC</b>	<b>8:01.16</b>	<b>Shanghai (CHN)</b>	<b>18.05.13</b>

**Honours****World Championships**

Pl.	Event	Competition	Date
2.	3000mSC	Beijing IAAF World Championships	24.08.15
2.	3000mSC	Moskva IAAF World Championships	15.08.13

**World Cross Country Championships**

Pl.	Event	Competition	Date
5.	Junior Race	Bydgoszcz IAAF World Cross Country Ch.	24.03.13

**World Junior Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Barcelona IAAF World Junior Ch.	15.07.12

**World Youth Championships**

Pl.	Event	Competition	Date
1.	2000mSC	Lille IAAF World Youth Championships	08.07.11

**World (Continental) Cup**

Pl.	Event	Competition	Date
2.	3000mSC	Athina IAAF World Cup	17.09.06

**World Athletics Final**

Pl.	Event	Competition	Date
1.	3000mSC	Stuttgart IAAF World Athletics Final	14.09.08
1.	3000mSC	Stuttgart IAAF World Athletics Final	23.09.07
1.	3000mSC	Stuttgart IAAF World Athletics Final	10.09.06
1.	3000mSC	Monaco IAAF World Athletics Final	09.09.05
2.	3000mSC	Thessaloniki IAAF/VTB Bank WAF	13.09.09
2.	3000mSC	Monaco IAAF World Athletics Final	14.09.03
3.	3000mSC	Monaco IAAF World Athletics Final	19.09.04

**Diamond Race wins**

Year	Event
2010	3000mSC
2011	3000mSC
2012	3000mSC

**Further honours**10x Diamond League meeting winner  
6x Golden League meeting winner**Progression**

Year	Result	Venue	Date
16	8:15.69	Doha (QAT)	06.05.16
15	8:10.24	Zürich (SUI)	03.09.15
14	8:05.47	Doha (QAT)	09.05.14
13	8:02.63	Shanghai (CHN)	18.05.13
12	7:54.31	Roma (ITA)	31.05.12
11	7:57.32	Monaco (MON)	22.07.11
10	8:02.07	Paris-St-Denis (FRA)	16.07.10
09	8:01.26	Berlin (GER)	18.08.09
08	8:00.57	Heusden-Zolder (BEL)	20.07.08
07	7:58.80	Bruxelles (BEL)	14.09.07
06	7:59.94	Roma (ITA)	14.07.06
05	7:56.37	Roma (ITA)	08.07.05
04	7:59.65	Roma (ITA)	02.07.04
03	7:57.42	Monaco (MON)	14.09.03
02	8:05.44	Zürich (SUI)	16.08.02
01	8:15.92	Berlin (GER)	31.08.01

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	18.03	Nakuru	H2	12.	14:16.2h
<b>3000mSC</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>7.</b>	<b>8:15.69</b>

**Diamond Race wins**

Year	Event
2013	3000mSC

**Further honours**

6x Diamond League meeting winner

**Progression**

Year	Result	Venue	Date
16	8:05.13	Doha (QAT)	06.05.16
15	8:05.20	Eugene (USA)	30.05.15
14	8:09.81	Monaco (MON)	18.07.14
13	8:01.16	Shanghai (CHN)	18.05.13
12	8:03.49	Monaco (MON)	20.07.12
11	8:27.30	Königs Wusterhausen (GER)	09.09.11
10	8:54.1h	Nairobi (KEN)	17.06.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	14.04	Eldoret	H3	1.	13:47.5h
10,000m	16.04	Eldoret	F2	1.	29:24.7h
<b>3000mSC</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>1.</b>	<b>8:05.13</b>

**Jairus Kipchoge BIRECH****Lane 15-1**

KEN - 14.12.92 - Age: 23 years 160 days

SB: 8:08.28 Doha (QAT) 06.05 (2nd T-L 2016) | PB: 7:58.41 Bruxelles (BEL) 05.09.14 (10th A-T) |

All-Athletics.com World Rankings: 2nd

**Personal bests**

Event	Result	Venue	Date
1500m	3:48.0h	Eldoret (KEN)	15.04.16
2000m	4:58.76	Reims (FRA)	05.07.11
3000m	7:41.83	Doha (QAT)	10.05.13
5000m	13:38.4h	Nakuru (KEN)	18.04.15
10,000m	28:35.7h	Eldoret (KEN)	16.04.16
<b>3000mSC</b>	<b>7:58.41</b>	<b>Bruxelles (BEL)</b>	<b>05.09.14</b>
10 km Road	28:58	Bolzano (ITA)	31.12.15

**Honours****World Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Beijing IAAF World Championships	24.08.15

**Commonwealth Games**

Pl.	Event	Competition	Date
2.	3000mSC	Glasgow Commonwealth Games	01.08.14

**All-African Games**

Pl.	Event	Competition	Date
4.	3000mSC	Maputo All-Africa Games	11.09.11

**African Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Marrakesh African Championships	12.08.14

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	3000mSC	Marrakesh IAAF Continental Cup	14.09.14

**Lawrence Kemboi KIPSANG****Lane 16-1**

KEN - 15.06.93 - Age: 22 years 342 days

SB: 8:17.79 Doha (QAT) 06.05 (10th T-L 2016) | PB: 8:17.79 Doha (QAT) 06.05.16 (201st A-T) |

All-Athletics.com World Rankings: 33rd

**Personal bests**

Event	Result	Venue	Date
3000m	8:30.8h	Nairobi (KEN)	16.03.13
5000m	14:00.94	Praha (CZE)	09.06.14
<b>3000mSC</b>	<b>8:17.79</b>	<b>Doha (QAT)</b>	<b>06.05.16</b>

**Progression**

Year	Result	Venue	Date
16	8:17.79	Doha (QAT)	06.05.16
15	8:18.51	Beijing (CHN)	20.05.15

**Bernard NGANGA****Lane 17-1**

KEN - 01.01.85 - Age: 31 years 142 days

SB: 8:30.87 Beijing (CHN) 18.05 (32nd T-L 2016) | PB: 8:05.88 Berlin (GER) 11.09.11 (33rd A-T) |

All-Athletics.com World Rankings: 70th

**Personal bests**

Event	Result	Venue	Date
1500m	3:40.29	Mersin (TUR)	07.09.13
5000m	13:49.19	Belém (BRA)	15.05.11
2000mSC	5:25.70	Tomblaine (FRA)	25.06.10
<b>3000mSC</b>	<b>8:05.88</b>	<b>Berlin (GER)</b>	<b>11.09.11</b>

**Progression**

Year	Result	Venue	Date
16	8:30.87	Beijing (CHN)	18.05.16

**African Junior Championships**

Pl.	Event	Competition	Date
2.	3000mSC	Gaborone African Junior Championships	12.05.11

**Diamond Race wins**

Year	Event
2014	3000mSC
2015	3000mSC

**Further honours**

- 10x Diamond League meeting winner
- 1x National champion

**Progression**

Year	Result	Venue	Date
16	8:08.28	Doha (QAT)	06.05.16
15	7:58.83	Paris (FRA)	04.07.15
14	7:58.41	Bruxelles (BEL)	05.09.14
13	8:08.72	Zürich (SUI)	29.08.13
12	8:03.43	Paris (FRA)	06.07.12
11	8:11.31	Paris (FRA)	08.07.11
10	8:50.0h	Nairobi (KEN)	17.06.10
09	9:08.1h	Nairobi (KEN)	16.06.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	26.02	Mumias	F1	5.	13:52.26
5000m	18.03	Nakuru	H2	2.	13:48.8h
10,000m	19.03	Nakuru	F	1.	28:51.9h
1500m	14.04	Eldoret	H6	2.	3:49.4h
1500m	15.04	Eldoret	SF3	3.	3:48.0h
10,000m	16.04	Eldoret	F1	1.	28:35.7h
10,000m	27.04	Paris	F	1.	29:02.30
<b>3000mSC</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>2.</b>	<b>8:08.28</b>

14	8:19.59	Zagreb (CRO)	02.09.14
13	8:25.0h	Nairobi (KEN)	22.06.13
12	8:31.2h	Nairobi (KEN)	14.06.12
11	9:02.1h	Nairobi (KEN)	08.06.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000mSC	27.02	Mumias	F	2.	8:45.1h
3000mSC	14.04	Eldoret	H4	2.	8:44.0h
<b>3000mSC</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>9.</b>	<b>8:17.79</b>

15	8:15.66	Beijing (CHN)	20.05.15
14	8:15.01	Monaco (MON)	18.07.14
13	8:19.14	Beijing (CHN)	21.05.13
12	8:08.33	Lausanne (SUI)	23.08.12
11	8:05.88	Berlin (GER)	11.09.11
10	8:16.22	Sotteville (FRA)	12.06.10
09	8:17.94	Metz (FRA)	03.07.09
07	8:43.0h	Nairobi (KEN)	16.06.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000mSC	06.05	Doha	F	-	DNF
<b>3000mSC</b>	<b>18.05</b>	<b>Beijing</b>	<b>F</b>	<b>8.</b>	<b>8:30.87</b>



### Start list High Jump Time: 16:35

Order	Athlete	Nat	NR	PB	SB
1	Dmitri NABOKAU	BLR	2.34	2.25	2.20
2	Jaroslav BÁBA	CZE	2.36	2.36	2.20
3	Konstantinos BANIoTIS	GRE	2.36	2.34	
4	Edgar Alejandro RIVERA-MORALES	MEX	2.30	2.28	2.20
5	Marco FASSINOTTI	ITA	2.37	2.33	2.29
6	Donald THOMAS	BAH	2.38	2.35	2.31
7	Robbie GRABARZ	GBR	2.37	2.37	2.29
8	Gianmarco TAMBERI	ITA	2.37	2.37	
9	Bohdan BONDARENKO	UKR	2.42	2.42	2.28
10	Erik KYNARD	USA	2.40	2.37	2.33

### Records

WR	2.45	Javier SOTOMAYOR	CUB	Salamanca	27.07.93
AR	2.38	Jacques FREITAG	RSA	Oudtshoorn	05.03.05
NR	2.17	Mohamed AGHLAL	MAR	Rabat	14.07.84
WJR	2.37	Dragutin TOPIĆ	SRB	Plovdiv	12.08.90
WJR	2.37	Steve SMITH	GBR	Seoul	20.09.92
MR	2.39	Bohdan BONDARENKO	UKR		08.06.14
DLR	2.43	Mutaz Essa BARSHIM	QAT	Bruxelles	05.09.14
SB	2.36	Majed Aldin GHAZAL	SYR	Beijing	18.05.16

### 2016 World Outdoor list

2.36	Majed Aldin GHAZAL	SYR	Beijing	18.05.16
2.33	Erik KYNARD	USA	Doha	06.05.16
2.33	Yu WANG	CHN	Kawasaki	08.05.16
2.33	Guowei ZHANG	CHN	Kawasaki	08.05.16
2.31	Donald THOMAS	BAH	Baie Mahaut	14.05.16
2.31	Avion JONES	USA	Orlando	14.05.16
2.30	Jamaal WILSON	BAH	Nassau	09.01.16
2.29	Talles Frederico SOUZA SILVA	BRA	Campinas	27.03.16
2.29	David SMITH	PUR	Auburn	23.04.16
2.29	Nauraj SINGH RANDHAWA	MAS	Singapore	28.04.16
2.29	Robbie GRABARZ	GBR	Doha	06.05.16
2.29	Marco FASSINOTTI	ITA	Doha	06.05.16
2.29	Derek DROUIN	CAN	Doha	06.05.16
2.28	Bohdan BONDARENKO	UKR	Shanghai	14.05.16
2.27	Brandon STARC	AUS	Sydney	28.02.16
2.27	Zhao SUN	CHN	Shaoxing	15.04.16
2.26	Trey CULVER	USA	Austin	02.04.16
2.26	Jeron ROBINSON	USA	Austin	02.04.16
2.26	Jahnhai PERINCHIEF	BER	Wichita	16.04.16
2.26	Mutaz Essa BARSHIM	QAT	Doha	06.05.16

### All-Time World Outdoor list

2.45	Javier SOTOMAYOR	CUB	Salamanca	27.07.93
2.43	Mutaz Essa BARSHIM	QAT	Bruxelles	05.09.14
2.42	Patrik SJÖBERG	SWE	Stockholm	30.06.87
2.42	Bohdan BONDARENKO	UKR	New York	14.06.14
2.41	Igor PAKLIN	URS	Kobe	04.09.85
2.41	Ivan UKHOV	RUS	Doha	09.05.14
2.40	Rudolf POVARNITSYN	URS	Donetsk	11.08.85
2.40	Sorin MATEI	ROU	Bratislava	20.06.90
2.40	Charles AUSTIN	USA	Zürich	07.08.91
2.40	Vyacheslav VORONIN	RUS	London	05.08.00
2.40	Derek DROUIN	CAN	Des Moines	25.04.14
2.40	Andriy PROTSENKO	UKR	Lausanne	03.07.14
2.39	Jianhua ZHU	CHN	Eberstadt	10.06.84
2.39	Hollis CONWAY	USA	Norman	30.07.89
2.38	Gennadiy AVDEYENKO	URS	Roma	06.09.87
2.38	Sergey MALCHENKO	URS	Banská Bystrica	04.09.88
2.38	Dragutin TOPIĆ	SRB	Beograd	01.08.93
2.38	Troy KEMP	BAH	Nice	12.07.95
2.38	Artur PARTYKA	POL	Eberstadt	18.08.96
2.38	Jacques FREITAG	RSA	Oudtshoorn	05.03.05

### WR progression

2.45	Javier SOTOMAYOR	CUB	Salamanca	27.07.93
2.44	Javier SOTOMAYOR	CUB	San Juan	29.07.89
2.43	Javier SOTOMAYOR	CUB	Salamanca	08.09.88
2.42	Patrik SJÖBERG	SWE	Stockholm	30.06.87
2.41	Igor PAKLIN	URS	Kobe	04.09.85
2.40	Rudolf POVARNITSYN	URS	Donetsk	11.08.85
2.39	Jianhua ZHU	CHN	Eberstadt	10.06.84
2.38	Jianhua ZHU	CHN	Shanghai	22.09.83
2.37	Jianhua ZHU	CHN	Beijing	11.06.83
2.36	Gerd WESSIG	GDR	Moskva	01.08.80
2.35	Dietmar MÖGENBURG	FRG	Rehlingen	26.05.80
2.35	Jacek WSZOLA	POL	Eberstadt	25.05.80
2.34	Volodymyr YASCHENKO	URS	Tbilisi	16.06.78
2.33	Volodymyr YASCHENKO	URS	Richmond	03.07.77
2.32	Dwight STONES	USA	Philadelphia	04.08.76
2.31	Dwight STONES	USA	Philadelphia	05.06.76
2.30	Dwight STONES	USA	München	11.07.73

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Derek DROUIN (CAN)	2.34
2.	Bohdan BONDARENKO (UKR)	2.33
2.	Guowei ZHANG (CHN)	2.33

#### 2013 - Moskva IAAF World Ch.

1.	Bohdan BONDARENKO (UKR)	2.41
2.	Mutaz Essa BARSHIM (QAT)	2.38
3.	Derek DROUIN (CAN)	2.38

#### 2012 - London Olympic Games

1.	Ivan UKHOV (RUS)	2.38
2.	Erik KYNARD (USA)	2.33
3.	Robbie GRABARZ (GBR)	2.29
3.	Mutaz Essa BARSHIM (QAT)	2.29
3.	Derek DROUIN (CAN)	2.29

#### 2011 - Daegu IAAF World Ch.

1.	Jesse WILLIAMS (USA)	2.35
2.	Aleksey DMITRIK (RUS)	2.35
3.	Trevor BARRY (BAH)	2.32

#### 2009 - Berlin IAAF World Ch.

1.	Yaroslav RYBAKOV (RUS)	2.32
2.	Kyriakos IOANNOU (CYP)	2.32
3.	Sylwester BEDNAREK (POL)	2.32
3.	Raul SPANK (GER)	2.32

#### 2008 - Beijing Olympic Games

1.	Andrey SILNOV (RUS)	2.36
2.	Germaine MASON (GBR)	2.34
3.	Yaroslav RYBAKOV (RUS)	2.34

#### 2007 - Osaka IAAF World Ch.

1.	Donald THOMAS (BAH)	2.35
2.	Yaroslav RYBAKOV (RUS)	2.35
3.	Kyriakos IOANNOU (CYP)	2.35

#### 2005 - Helsinki IAAF World Ch.

1.	Yuriy KRYMARENKO (UKR)	2.32
2.	Víctor MOYA (CUB)	2.29
2.	Yaroslav RYBAKOV (RUS)	2.29

#### 2004 - Athens Olympic Games

1.	Stefan HOLM (SWE)	2.36
2.	Matt HEMINGWAY (USA)	2.34
3.	Jaroslav BÁBA (CZE)	2.34

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Jacques FREITAG (RSA)	2.35
2.	Stefan HOLM (SWE)	2.32
3.	Mark BOSWELL (CAN)	2.32

### Diamond Race

1	Erik KYNARD (USA)	10
2	Guowei ZHANG (CHN)	6
3	Marco FASSINOTTI (ITA)	4
4	Robbie GRABARZ (GBR)	3
5	Derek DROUIN (CAN)	2
6	Donald THOMAS (BAH)	1

### Rabat previous Winners

15	Bohdan BONDARENKO (UKR)	2.36
14	Bohdan BONDARENKO (UKR)	2.39
13	Bohdan BONDARENKO (UKR)	2.28
10	Aleksey DMITRIK (RUS)	2.31

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Erik KYNARD (USA)	2.33
2.	Guowei ZHANG (CHN)	2.31
3.	Marco FASSINOTTI (ITA)	2.29



### Dmitri NABOKAU

**Order 1**

BLR - 20.01.96 - Age: 20 years 123 days

**SB: 2.20** Brest (BLR) 12.05 (58th T-L 2016) | **PB: 2.25** Minsk (BLR) 06.06.15 (584th A-T) | **All-Athletics.com World Rankings: 59th**

#### Personal bests

Event	Result	Venue	Date
High Jump	2.25	Minsk (BLR)	06.06.15
High Jump ind.	2.29	Mogilyov (BLR)	20.02.16

#### Honours

World Junior Championships

Pl.	Event	Competition	Date
2.	High Jump	Eugene IAAF World Junior Championships	25.07.14

### Jaroslav BÁBA

**Order 2**

CZE - 02.09.84 - Age: 31 years 263 days

**SB: 2.20** Shanghai (CHN) 14.05 (58th T-L 2016) | **PB: 2.36** Roma (ITA) 08.07.05 (35th A-T) | **All-Athletics.com World Rankings: 13th**

#### Personal bests

Event	Result	Venue	Date
High Jump	2.36	Roma (ITA)	08.07.05
High Jump ind.	2.37	Arnstadt (GER)	05.02.05
Triple Jump	15.43	Koper (SLO)	20.09.03

#### Honours

Olympic Games

Pl.	Event	Competition	Date
3.	High Jump	Athens Olympic Games	22.08.04
6.	High Jump	Beijing Olympic Games	19.08.08

World Championships

Pl.	Event	Competition	Date
4.	High Jump	Daegu IAAF World Championships	01.09.11
5.	High Jump	Berlin IAAF World Championships	21.08.09
5.	High Jump	Helsinki IAAF World Championships	14.08.05
7.	High Jump	Beijing IAAF World Championships	30.08.15
8.	High Jump	Osaka IAAF World Championships	29.08.07

European Championships

Pl.	Event	Competition	Date
4.	High Jump	Zürich European Championships	15.08.14
5.	High Jump	Barcelona European Championships	29.07.10
8.	High Jump	Helsinki European Championships	29.06.12

World Indoor Championships

Pl.	Event	Competition	Date
3.	High Jump ind.	Budapest IAAF World Indoor Championships	06.03.04

World Junior Championships

Pl.	Event	Competition	Date
8.	High Jump	Kingston IAAF World Junior Championships	18.07.02

European U23 Championships

Pl.	Event	Competition	Date
1.	High Jump	Erfurt European U23 Championships	17.07.05

European Indoor Championships

Pl.	Event	Competition	Date
2.	High Jump ind.	Paris European Indoor Championships	05.03.11

### Konstantinos BANIS

**Order 3**

GRE - 06.11.86 - Age: 29 years 198 days

**PB: 2.34** Mersin (TUR) 27.06.13 (70th A-T) | **All-Athletics.com World Rankings: 17th**

#### Personal bests

Event	Result	Venue	Date
High Jump	2.34	Mersin (TUR)	27.06.13
High Jump ind.	2.32	Paris (FRA)	05.03.11

#### Honours

European Championships

Pl.	Event	Competition	Date
8.	High Jump	Barcelona European Championships	29.07.10

World Indoor Championships

Pl.	Event	Competition	Date
4.	High Jump ind.	Istanbul IAAF World Indoor Championships	11.03.12
5.	High Jump ind.	Portland IAAF World Indoor Championships	19.03.16

European Indoor Championships

Pl.	Event	Competition	Date
4.	High Jump ind.	Paris European Indoor Championships	05.03.11
6.	High Jump ind.	Torino European Indoor Championships	07.03.09

#### Further honours

1x National Indoor champion

#### Progression

Year	Result	Venue	Date
16	2.20	Brest (BLR)	12.05.16
15	2.25	Minsk (BLR)	06.06.15
14	2.24	Eugene (USA)	25.07.14
13	2.00	Minsk (BLR)	28.06.13

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
High Jump	12.05	Brest	F	OC	2.20

3.	High Jump ind.	Göteborg European Indoor Championships	02.03.13
4.	High Jump ind.	Madrid European Indoor Championships	06.03.05
5.	High Jump ind.	Praha European Indoor Championships	08.03.15

World Athletics Final

Pl.	Event	Competition	Date
2.	High Jump	Thessaloniki IAAF/VTB Bank WAF	12.09.09
7.	High Jump	Monaco IAAF World Athletics Final	10.09.05
7.	High Jump	Monaco IAAF World Athletics Final	19.09.04

European Junior Championships

Pl.	Event	Competition	Date
1.	High Jump	Tampere European Junior Championships	26.07.03

European Team Championships

Pl.	Event	Competition	Date
2.	High Jump	Leiria SPAR European Team Championships	20.06.09
3.	High Jump	Braunschweig European Team Championships	21.06.14
3.	High Jump	Stockholm European Team Championships	18.06.11

#### Further honours

1x Diamond League meeting winner  
3x European Team Championships 1st League winner  
8x National champion  
8x National Indoor champion

#### Progression

Year	Result	Venue	Date
16	2.20	Shanghai (CHN)	14.05.16
15	2.31	Beijing (CHN)	28.08.15
14	2.31	Ostrava (CZE)	02.08.14
13	2.27	Sillamäe (EST)	20.08.13
12	2.28	Praha (CZE)	11.06.12
11	2.32	Draha (KOR)	01.09.11
10	2.28	Budapest (HUN)	19.06.10
09	2.33	London (GBR)	25.07.09
08	2.29	Beijing (CHN)	19.08.08
07	2.29	Osaka (JPN)	27.08.07
06	2.05	Ostrava (CZE)	20.09.06
05	2.36	Roma (ITA)	08.07.05
04	2.34	Athina (GRE)	22.08.04
03	2.30	Lille (FRA)	15.06.03
02	2.27	Ostrava (CZE)	12.06.02
01	2.15	Olomouc (CZE)	15.09.01

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
High Jump	14.05	Shanghai	F	6.	2.20

World Athletics Final

Pl.	Event	Competition	Date
7.	High Jump	Thessaloniki IAAF/VTB Bank WAF	12.09.09

#### Further honours

1x Mediterranean Games winner  
8x National champion  
4x National Indoor champion

#### Progression

Year	Result	Venue	Date
15	2.31	Beijing (CHN)	28.08.15
14	2.28	Argos (GRE)	09.07.14
13	2.34	Mersin (TUR)	27.06.13
12	2.25	Praha (CZE)	11.06.12
11	2.28	Praha (CZE)	13.06.11
10	2.28	Barcelona (ESP)	09.07.10
09	2.28	Pescara (ITA)	01.07.09
08	2.27	Athina (GRE)	14.06.08
07	2.23	Athina (GRE)	16.06.07
06	2.17	Thessaloniki (GRE)	24.07.06
05	2.05	Larisa (GRE)	19.06.05

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Edgar Alejandro RIVERA-MORALES** **Order 4**

MEX - 13.02.91 - Age: 25 years 99 days

SB: 2.20 Longeville (FRA) 08.05 (58th T-L 2016) | PB: 2.28 Walnut (USA) 16.04.11 (318th A-T) |

All-Athletics.com World Rankings: 41st

**Personal bests**

Event	Result	Venue	Date
High Jump	2.28	Walnut (USA)	16.04.11
High Jump ind.	2.30	Brno (CZE)	09.02.16
Triple Jump	13.96	Tempe (USA)	30.04.11
Triple Jump ind.	14.63	Albuquerque (USA)	22.01.11

**Honours****Pan American Games**

Pl.	Event	Competition	Date
7.	High Jump	Toronto Pan American Games	25.07.15
8.	High Jump	Guadalajara Pan American Games	27.10.11

**World Junior Championships**

Pl.	Event	Competition	Date
6.	High Jump	Moncton IAAF World Junior Championships	23.07.10

**NACAC U23 Championships**

Pl.	Event	Competition	Date
1.	High Jump	Irapuato NACAC U23 Championships	08.07.12

**Marco FASSINOTTI** **Order 5**

ITA - 29.04.89 - Age: 27 years 23 days

SB: 2.29 Doha (QAT) 06.05 (8th T-L 2016) | PB: 2.33 Oslo (NOR) 11.06.15 (99th A-T) | All-

Athletics.com World Rankings: 8th

**Personal bests**

Event	Result	Venue	Date
High Jump	2.33	Oslo (NOR)	11.06.15
High Jump ind.	2.35	Banská Bystrica (SVK)	04.02.16
Triple Jump	13.93	Colle Val d'Elsa (ITA)	24.09.11

**Honours****European Championships**

Pl.	Event	Competition	Date
7.	High Jump	Zürich European Championships	15.08.14

**World Indoor Championships**

Pl.	Event	Competition	Date
6.	High Jump ind.	Sopot IAAF World Indoor Championships	09.03.14

**World Junior Championships**

Pl.	Event	Competition	Date
7.	High Jump	Bydgoszcz IAAF World Junior Ch.	13.07.08

**European Indoor Championships**

Pl.	Event	Competition	Date
6.	High Jump ind.	Paris European Indoor Championships	05.03.11

**Donald THOMAS** **Order 6**

BAH - 01.07.84 - Age: 31 years 326 days

SB: 2.31 Baie Mahault (FRA) 14.05 (5th T-L 2016) | PB: 2.35 Salamanca (ESP) 04.07.07 (58th A-T) | All-

Athletics.com World Rankings: 9th

**Personal bests**

Event	Result	Venue	Date
High Jump	2.35	Salamanca (ESP)	04.07.07
High Jump ind.	2.33	Fayetteville (USA)	10.03.07

**Honours****World Championships**

Pl.	Event	Competition	Date
1.	High Jump	Osaka IAAF World Championships	29.08.07
6.	High Jump	Beijing IAAF World Championships	30.08.15
6.	High Jump	Moskva IAAF World Championships	15.08.13

**Commonwealth Games**

Pl.	Event	Competition	Date
1.	High Jump	New Delhi Commonwealth Games	09.10.10
4.	High Jump	Melbourne Commonwealth Games	22.03.06

**Pan American Games**

Pl.	Event	Competition	Date
1.	High Jump	Guadalajara Pan American Games	27.10.11
2.	High Jump	Rio de Janeiro Pan American Games	27.07.07
3.	High Jump	Toronto Pan American Games	25.07.15

**NACAC U23 Championships**

Pl.	Event	Competition	Date
2.	High Jump	Santo Domingo NACAC U23 Championships	09.07.06

**Ibero-American Championships**

Pl.	Event	Competition	Date
1.	High Jump	Sao Paulo Ibero-American Championships	03.08.14

**Further honours**

2x National champion

**Progression**

Year	Result	Venue	Date
16	2.20	Longeville (FRA)	08.05.16
15	2.25	Colmar (FRA)	10.05.15
14	2.28	Sao Paulo (BRA)	03.08.14
13	2.28	Tempe (USA)	27.04.13
12	2.25	Walnut (USA)	21.04.12
11	2.28	Walnut (USA)	16.04.11
10	2.20	Tucson (USA)	03.04.10
09	2.20	Guanajato (MEX)	12.07.09
08	2.18	Ciudad Victoria (MEX)	29.05.08
07	2.14	Ostrava (CZE)	14.07.07
06	1.99	Port-of-Spain (TTO)	16.07.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
High Jump	08.05	Longeville	F	1.	2.20
High Jump	15.05	Montgeron	F	3.	2.18

**European Team Championships**

Pl.	Event	Competition	Date
2.	High Jump	Cheboksary European Team Championships	20.06.15

**Further honours**1x Diamond League meeting winner  
2x National champion  
1x National Indoor champion**Progression**

Year	Result	Venue	Date
16	2.29	Doha (QAT)	06.05.16
15	2.33	Oslo (NOR)	11.06.15
14	2.30	Monaco (MON)	18.07.14
13	2.27	Milano (ITA)	28.07.13
12	2.24	Orvieto (ITA)	03.06.12
11	2.25	Torino (ITA)	26.06.11
10	2.28	Pescara (ITA)	19.06.10
09	2.22	Santhia (ITA)	17.05.09
08	2.17	Rabat (MAR)	02.08.08
07	2.06	Bressanone (ITA)	15.06.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
High Jump	06.05	Doha	F	3.	2.29

**World (Continental) Cup**

Pl.	Event	Competition	Date
2.	High Jump	Split IAAF/VTB Bank Continental Cup	04.09.10

**World Athletics Final**

Pl.	Event	Competition	Date
1.	High Jump	Stuttgart IAAF World Athletics Final	23.09.07

**Further honours**1x CAC Games winner  
2x National champion**Progression**

Year	Result	Venue	Date
16	2.31	Baie Mahault (FRA)	14.05.16
15	2.34	Székesfehérvár (HUN)	07.07.15
14	2.25	Marrakesh (MAR)	08.06.14
13	2.32	Moskva (RUS)	15.08.13
12	2.27	Doha (QAT)	11.05.12
11	2.32	Freeport (BAH)	25.06.11
10	2.32	New Delhi (IND)	09.10.10
09	2.30	Auburn (USA)	04.09.09
08	2.26	Lausanne (SUI)	02.09.08
07	2.35	Salamanca (ESP)	04.07.07
06	2.24	St. Charles (USA)	12.05.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
High Jump	16.04	Nassau	F	1.	2.23
High Jump	29.04	Des Moines	F	5.	2.19
High Jump	06.05	Doha	F	6.	2.29
High Jump	14.05	Baie Mahault	F	1.	2.31

**Robbie GRABARZ****Order 7**

GBR - 03.10.87 - Age: 28 years 232 days

SB: 2.29 Doha (QAT) 06.05 (8th T-L 2016) | PB: 2.37 Lausanne (SUI) 23.08.12 (24th A-T) | All-Athletics.com World Rankings: 10th

**Personal bests**

Event	Result	Venue	Date
High Jump	2.37	Lausanne (SUI)	23.08.12
High Jump ind.	2.34	Wuppertal (GER)	21.01.12
Triple Jump	14.40	Wellington (NZL)	29.03.09

**Honours****Olympic Games**

Pl.	Event	Competition	Date
3.	High Jump	London Olympic Games	07.08.12

**World Championships**

Pl.	Event	Competition	Date
8.	High Jump	Moskva IAAF World Championships	15.08.13

**European Championships**

Pl.	Event	Competition	Date
1.	High Jump	Helsinki European Championships	29.06.12

**World Indoor Championships**

Pl.	Event	Competition	Date
2.	High Jump ind.	Portland IAAF World Indoor Championships	19.03.16
6.	High Jump ind.	Istanbul IAAF World Indoor Championships	11.03.12

**Gianmarco TAMBURI****Order 8**

ITA - 01.07.92 - Age: 23 years 326 days

PB: 2.37 Eberstadt (GER) 02.08.15 (24th A-T) | All-Athletics.com World Rankings: 6th

**Personal bests**

Event	Result	Venue	Date
60m ind.	7.35	Ancona (ITA)	22.01.12
60mH ind.	8.66	Ancona (ITA)	11.02.15
High Jump	2.37	Eberstadt (GER)	02.08.15
High Jump ind.	2.38	Hustopec (CZE)	13.02.16
Long Jump	6.55	Reggio Emilia (ITA)	03.09.11

**Honours****World Championships**

Pl.	Event	Competition	Date
8.	High Jump	Beijing IAAF World Championships	30.08.15

**European Championships**

Pl.	Event	Competition	Date
5.	High Jump	Helsinki European Championships	29.06.12
7.	High Jump	Zürich European Championships	15.08.14

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	High Jump ind.	Portland IAAF World Indoor Championships	19.03.16

**Bohdan BONDARENKO****Order 9**

UKR - 30.08.89 - Age: 26 years 266 days

SB: 2.28 Shanghai (CHN) 14.05 (14th T-L 2016) | PB: 2.42 New York (USA) 14.06.14 (3rd A-T) | All-Athletics.com World Rankings: 4th

**Personal bests**

Event	Result	Venue	Date
High Jump	2.42	New York (USA)	14.06.14
High Jump ind.	2.27	Łódź (POL)	04.02.09
Long Jump ind.	6.57	Belgorod (RUS)	03.02.13

**Records**

Record	Result	Event	Venue	Date
AR	2.42	High Jump	New York (USA)	14.06.14

**Honours****Olympic Games**

Pl.	Event	Competition	Date
7.	High Jump	London Olympic Games	07.08.12

**World Championships**

Pl.	Event	Competition	Date
1.	High Jump	Moskva IAAF World Championships	15.08.13
2.	High Jump	Beijing IAAF World Championships	30.08.15

**European Championships**

Pl.	Event	Competition	Date
1.	High Jump	Zürich European Championships	15.08.14

**World Junior Championships**

Pl.	Event	Competition	Date
1.	High Jump	Bydgoszcz IAAF World Junior Ch.	13.07.08
3.	High Jump	Beijing IAAF World Junior Championships	17.08.06

**European U23 Championships**

Pl.	Event	Competition	Date
1.	High Jump	Ostrava European U23 Championships	17.07.11

**European Indoor Championships**

Pl.	Event	Competition	Date
6.	High Jump ind.	Göteborg European Indoor Championships	02.03.13

**Diamond Race wins**

Year	Event
2012	High Jump

**Further honours**

- 2x Diamond League meeting winner
- 3x National champion
- 3x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	2.29	Doha (QAT)	06.05.16
15	2.28	Birmingham (GBR)	05.07.15
13	2.31	Birmingham (GBR)	30.06.13
12	2.37	Lausanne (SUI)	23.08.12
11	2.28	Birmingham (GBR)	31.07.11
10	2.28	Cardiff (GBR)	28.08.10
09	2.22	Bedford (GBR)	31.05.09
08	2.27	Bedford (GBR)	01.06.08
07	2.21	London (GBR)	25.08.07
06	2.14	Beijing (CHN)	15.08.06
05	2.22	Ware (GBR)	19.06.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
High Jump	06.05	Doha	F	4.	2.29

**European Indoor Championships**

Pl.	Event	Competition	Date
5.	High Jump ind.	Göteborg European Indoor Championships	02.03.13
7.	High Jump ind.	Praha European Indoor Championships	08.03.15

**European Junior Championships**

Pl.	Event	Competition	Date
3.	High Jump	Tallinn European Junior Championships	23.07.11

**Further honours**

- 2x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Venue	Date
15	2.37	Eberstadt (GER)	02.08.15
14	2.29	Ancona (ITA)	27.08.14
13	2.25	Milano (ITA)	28.07.13
12	2.31	Bressanone (ITA)	08.07.12
11	2.25	Tallinn (EST)	23.07.11
10	2.14	Firenze (ITA)	06.06.10
09	2.07	Bressanone (ITA)	09.07.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	High Jump	Marrakesh IAAF Continental Cup	13.09.14

**European Team Championships**

Pl.	Event	Competition	Date
1.	High Jump	Gateshead European Team Championships	22.06.13

**Diamond Race wins**

Year	Event
2013	High Jump
2014	High Jump

**Further honours**

- 1x World University Games winner
- 9x Diamond League meeting winner
- 1x National champion

**Progression**

Year	Result	Venue	Date
16	2.28	Shanghai (CHN)	14.05.16
15	2.37	Kawasaki (JPN)	10.05.15
14	2.42	New York (USA)	14.06.14
13	2.41	Moskva (RUS)	15.08.13
12	2.31	Mykolaiv (UKR)	17.06.12
11	2.30	Ostrava (CZE)	17.07.11
09	2.15	Liège (BEL)	15.07.09
08	2.26	Bydgoszcz (POL)	13.07.08
07	2.19	Zhukovskiy (RUS)	09.06.07
06	2.26	Beijing (CHN)	17.08.06
05	2.15	Yalta (UKR)	26.09.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
High Jump	14.05	Shanghai	F	1.	2.28

**Erik KYNARD****Order 10**

USA - 03.02.91 - Age: 25 years 109 days

SB: 2.33 Doha (QAT) 06.05 (2nd T-L 2016) | PB: 2.37 Lausanne (SUI) 04.07.13 (24th A-T) | All-Athletics.com World Rankings: 5th

**Personal bests**

Event	Result	Venue	Date
<b>High Jump</b>	<b>2.37</b>	<b>Lausanne (SUI)</b>	<b>04.07.13</b>
High Jump ind.	2.34	Birmingham (GBR)	15.02.14
Long Jump	7.16	Lawrence (USA)	17.04.10
Long Jump ind.	7.15	Ypsilanti (USA)	28.03.09

**Honours****Olympic Games**

Pl.	Event	Competition	Date
2.	High Jump	London Olympic Games	07.08.12

**World Championships**

Pl.	Event	Competition	Date
5.	High Jump	Moskva IAAF World Championships	15.08.13
8.	High Jump	Beijing IAAF World Championships	30.08.15

**World Indoor Championships**

Pl.	Event	Competition	Date
3.	High Jump ind.	Portland IAAF World Indoor Championships	19.03.16
4.	High Jump ind.	Sopot IAAF World Indoor Championships	09.03.14

**World (Continental) Cup**

Pl.	Event	Competition	Date
5.	High Jump	Marrakesh IAAF Continental Cup	13.09.14

**Further honours**

- 1x Diamond League meeting winner
- 2x NCAA champion
- 3x National champion
- 3x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	2.33	Doha (QAT)	06.05.16
15	2.37	Eugene (USA)	26.06.15
14	2.37	Doha (QAT)	09.05.14
13	2.37	Lausanne (SUI)	04.07.13
12	2.34	Des Moines (USA)	07.06.12
11	2.31	Des Moines (USA)	30.04.11
10	2.25	Tucson (USA)	03.04.10
09	2.22	Greensboro (USA)	20.06.09
08	2.15	Eugene (USA)	03.07.08

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
High Jump	06.05	Doha	F	1.	2.33



### Start list Long Jump Time: 17:45

Order	Athlete	Nat	NR	PB	SB
1	Mohcine KHOUA	MAR	8.40	7.83	7.83
2	Tomasz JASZCZUK	POL	8.28	8.15	
3	Tyrone SMITH	BER	8.22	8.22	7.78
4	Dan BRAMBLE	GBR	8.51	8.21	7.98
5	Eusebio CÁCERES	ESP	8.56	8.37	
6	Emiliano LASA	URU	8.16	8.16	8.16
7	Mauro Vinicius DA SILVA	BRA	8.40	8.31	8.14
8	Fabrice LAPIERRE	AUS	8.54	8.40	8.27
9	Rushwal SAMAAI	RSA	8.50	8.38	8.34
10	Marquise GOODWIN	USA	8.95	8.45	8.45

### Records

WR	8.95	Mike POWELL	USA	Tokyo	30.08.91
AR	8.50	Godfrey Khotso MOKOENA	RSA	Madrid	04.07.09
NR	8.40	Yahya BERRABAH	MAR	Beirut	02.10.09
WJR	8.35	Sergey MORGUNOV	RUS	Cheboksary	20.06.12
MR	8.38	Yahya BERRABAH	MAR		23.05.09
DLR	8.54	Mitchell WATT	AUS	Stockholm	29.07.11
SB	8.45	Marquise GOODWIN	USA	Baie Mahaut	14.05.16

### 2016 World Outdoor list

8.45	+0.8	Marquise GOODWIN	USA	Baie Mahaut	14.05.16
8.34	+0.6	Rushwal SAMAAI	RSA	Stellenbosch	16.04.16
8.34	+0.3	Michael HARTFIELD	USA	Baie Mahaut	14.05.16
8.30	+0.2	Luvo MANYONGA	RSA	Pretoria	11.03.16
8.30	+0.4	Greg RUTHERFORD	GBR	Long Beach	16.04.16
8.27	+2.0	Fabrice LAPIERRE	AUS	Sydney	03.04.16
8.24	+1.7	Jarvis GOTCH	USA	Austin	02.04.16
8.23	+0.5	Xinglong GAO	CHN	Beijing	18.05.16
8.22	+1.3	Stefan BRITS	RSA	Tallahassee	14.05.16
8.19	+0.0	Jeff HENDERSON	USA	Long Beach	16.04.16
8.19	+0.7	Marquis DENDY	USA	Baie Mahaut	14.05.16
8.16	+0.2	Dylon COTTER	RSA	Johannesburg	13.02.16
8.16	-0.5	Emiliano LASA	URU	Sao Bernardo	06.03.16
8.16	+1.4	Henry FRAYNE	AUS	Sydney	03.04.16
8.14	+0.1	Mauro Vinicius DA SILVA	BRA	Rio de Janeiro	28.02.16
8.12	+0.4	Chan Ming TAI	HKG	Hong Kong	07.05.16
8.12	+0.4	Changzhou HUANG	CHN	Beijing	18.05.16
8.10	+1.1	Braxton DRUMMOND	USA	Coral Gables	09.04.16
8.08	+0.2	Danylo SANTOS MARTINS	BRA	Sao Bernardo	06.03.16
8.07	+1.2	Henri VÄYRYNEN	FIN	Potchefstroom	26.01.16

### All-Time World Outdoor list

8.95	+0.3	Mike POWELL	USA	Tokyo	30.08.91
8.90	+2.0	Bob BEAMON	USA	Ciudad de México	18.10.68
8.87	-0.2	Carl LEWIS	USA	Tokyo	30.08.91
8.86	+1.9	Robert EMMIYAN	URS	Tsakhadzor	22.05.87
8.74	+1.4	Larry MYRICKS	USA	Indianapolis	18.07.88
8.74	+2.0	Erick WALDER	USA	El Paso	02.04.94
8.74	-1.2	Dwight PHILLIPS	USA	Eugene	07.06.09
8.73	+1.2	Irving SALADINO	PAN	Hengelo	24.05.08
8.71	+1.9	Iván PEDROSO	CUB	Salamanca	18.07.95
8.66	+1.6	Louis TSATOUMAS	GRE	Kalamata	02.06.07
8.63	+0.5	Kareem STREETE-THOMPSON	USA	Linz	04.07.94
8.62	+0.7	James BECKFORD	JAM	Orlando	05.04.97
8.56	+1.3	Yago LAMELA	ESP	Torino	24.06.99
8.56	+0.2	Aleksandr MENKOV	RUS	Moskva	16.08.13
8.54	+0.9	Lutz DOMBROWSKI	GDR	Moskva	28.07.80
8.54	+1.7	Mitchell WATT	AUS	Stockholm	29.07.11
8.53	+1.2	Jaime JEFFERSON	CUB	La Habana	12.05.90
8.52	+0.7	Savanté STRINGFELLOW	USA	Palo Alto	21.06.02
8.52	+1.8	Jeff HENDERSON	USA	Toronto	22.07.15
8.51	+1.7	Roland MCGHEE	USA	Sao Paulo	14.05.95

### WR progression

8.95	+0.3	Mike POWELL	USA	Tokyo	30.08.91
8.90	+2.0	Bob BEAMON	USA	Ciudad de México	18.10.68
8.35	0.0	Igor TER-OVANESYAN	URS	Ciudad de México	19.10.67
8.35	0.0	Ralph BOSTON	USA	Modesto	29.05.65
8.34	+1.0	Ralph BOSTON	USA	Los Angeles	12.09.64
8.31	0.0	Ralph BOSTON	USA	Kingston	15.08.64
8.31	-0.1	Igor TER-OVANESYAN	URS	Yerevan	10.06.62
8.28	+1.2	Ralph BOSTON	USA	Moskva	16.07.61
8.24	+1.8	Ralph BOSTON	USA	Modesto	27.05.61
8.21	0.0	Ralph BOSTON	USA	Walnut	12.08.60
8.13	+1.5	Jesse OWENS	USA	Ann Arbor	25.05.35
7.98	+0.5	Chuhei NAMBU	JPN	Tokyo	27.10.31
7.93	0.0	Silvio CATOR	HAI	Colombes	09.09.28
7.90	0.0	Ed HAMM	USA	Cambridge	07.07.28
7.89		DeHart HUBBARD	USA	Chicago	13.06.25
7.76		Robert LEGENDRE	USA	Colombes	07.07.24
7.69		Edward GOURDIN	USA	Cambridge	23.07.21
7.61		Peter O'CONNOR	GBR	Dublin	05.08.01

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Greg RUTHERFORD (GBR)	8.41
2.	Fabrice LAPIERRE (AUS)	8.24
3.	Jianan WANG (CHN)	8.18

#### 2013 - Moskva IAAF World Ch.

1.	Aleksandr MENKOV (RUS)	8.56
2.	Ignisious GAISAH (NED)	8.29
3.	Luis Alberto RIVERA MORALES (MEX)	8.27

#### 2012 - London Olympic Games

1.	Greg RUTHERFORD (GBR)	8.31
2.	Mitchell WATT (AUS)	8.16
3.	Will CLAYE (USA)	8.12

#### 2011 - Daegu IAAF World Ch.

1.	Dwight PHILLIPS (USA)	8.45
2.	Mitchell WATT (AUS)	8.33
3.	Ngonidzashé MAKUSHA (ZIM)	8.29

#### 2009 - Berlin IAAF World Ch.

1.	Dwight PHILLIPS (USA)	8.54
2.	Godfrey Khotso MOKOENA (RSA)	8.47
3.	Mitchell WATT (AUS)	8.37

#### 2008 - Beijing Olympic Games

1.	Irving SALADINO (PAN)	8.34
2.	Godfrey Khotso MOKOENA (RSA)	8.24
3.	Ibrahim CAMEJO (CUB)	8.20

#### 2007 - Osaka IAAF World Ch.

1.	Irving SALADINO (PAN)	8.57
2.	Andrew HOWE (ITA)	8.47
3.	Dwight PHILLIPS (USA)	8.30

#### 2005 - Helsinki IAAF World Ch.

1.	Dwight PHILLIPS (USA)	8.60
2.	Ignisious GAISAH (NED)	8.34
3.	Tommi EVILÄ (FIN)	8.25

#### 2004 - Athens Olympic Games

1.	Dwight PHILLIPS (USA)	8.59
2.	John MOFFITT (USA)	8.47
3.	Joan Lino MARTÍNEZ (ESP)	8.32

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Dwight PHILLIPS (USA)	8.32
2.	James BECKFORD (JAM)	8.28
3.	Yago LAMELA (ESP)	8.22

### Diamond Race

1	Xinglong GAO (CHN)	10
2	Rushwal SAMAAI (RSA)	6
3	Fabrice LAPIERRE (AUS)	4
4	Jeff HENDERSON (USA)	3
5	Jianan WANG (CHN)	2
6	Yaoguang ZHANG (CHN)	1

### Rabat previous

#### Winners

15	Tyrone SMITH (BER)	8.20
13	Eusebio CÁCERES (ESP)	8.22
12	Greg RUTHERFORD (GBR)	8.17
11	Yahya BERRABAH (MAR)	8.10
10	Dwight PHILLIPS (USA)	8.26
09	Yahya BERRABAH (MAR)	8.38
08	Yahya BERRABAH (MAR)	8.23

### Diamond League 2016

#### Shanghai Golden Grand Prix

1.	Xinglong GAO (CHN)	8.14
2.	Rushwal SAMAAI (RSA)	8.14
3.	Fabrice LAPIERRE (AUS)	8.09

**Mohcine KHOUA** **Order 1**

MAR - 26.07.98 - Age: 17 years 301 days  
SB: 7.83 Rabat (MAR) 14.05 (61st T-L 2016) | PB: 7.83 Rabat (MAR) 14.05.16

Event	Result	Wind	Venue	Date
Long Jump	7.83		Rabat (MAR)	14.05.16
Triple Jump	14.93	-0.2	Addis Abeba (ETH)	07.03.15

Year	Result	Wind	Venue	Date
16	7.83		Rabat (MAR)	14.05.16
15	7.67	-1.1	Fes (MAR)	23.05.15
14	7.31	+0.1	Meknés (MAR)	15.06.14

**Tomasz JASZCZUK** **Order 2**

POL - 09.03.92 - Age: 24 years 74 days  
PB: 8.15 Szczecin (POL) 31.07.14 (328th A-T) | All-Athletics.com World Rankings: 29th

Event	Result	Wind	Venue	Date
60m ind.	6.95		Spala (POL)	31.01.16
100m	10.92	+0.9	Biala Podlaska (POL)	10.05.14
200m	22.12	-0.1	Kraków (POL)	25.07.09
200m ind.	21.90		Spala (POL)	19.01.14
300m	34.25		Biala Podlaska (POL)	05.05.12
300m ind.	35.96		Warszawa (POL)	09.01.10
Long Jump	8.15	+1.2	Szczecin (POL)	31.07.14
Long Jump ind.	7.96		Sopot (POL)	23.02.14

Pl.	Event	Competition	Date
7.	Long Jump	Zürich European Championships	17.08.14
8.	Long Jump	Helsinki European Championships	01.07.12

**Tyrone SMITH** **Order 3**

BER - 07.08.84 - Age: 31 years 289 days  
SB: 7.78 Hamilton (BER) 22.04 (77th T-L 2016) | PB: 8.22 Mayagüez (PUR) 26.07.10 (199th A-T) | All-Athletics.com World Rankings: 16th

Event	Result	Wind	Venue	Date
55m ind.	6.53		Crawfordsville (USA)	25.02.06
60m ind.	6.98		Houston (USA)	15.01.10
100m	10.83	+2.0	Rensselaer (USA)	06.05.06
Long Jump	8.22	-0.1	Mayagüez (PUR)	26.07.10
Long Jump ind.	7.82		Tartu (EST)	09.02.12
Triple Jump ind.	13.89		Warrensburg (USA)	17.02.07

Pl.	Event	Competition	Date
5.	Long Jump	New Delhi Commonwealth Games	09.10.10
8.	Long Jump	Glasgow Commonwealth Games	30.07.14

Pl.	Event	Competition	Date
4.	Long Jump	Toronto Pan American Games	22.07.15

Pl.	Event	Competition	Date
3.	Long Jump	Santo Domingo NACAC U23 Championships	08.07.06

**Dan BRAMBLE** **Order 4**

GBR - 14.10.90 - Age: 25 years 221 days  
SB: 7.98 Clermont (USA) 30.04 (31st T-L 2016) | PB: 8.21 Clermont (USA) 18.04.15 (220th A-T) | All-Athletics.com World Rankings: 11th

Event	Result	Wind	Venue	Date
60m ind.	6.85		Lee Valley (GBR)	31.01.16
100m	10.85	+0.8	Eton (GBR)	07.05.16
Long Jump	8.21	+1.8	Clermont (USA)	18.04.15
Long Jump ind.	8.14		Portland (USA)	20.03.16
Triple Jump	14.88	+0.4	Manchester (GBR)	09.08.14
Triple Jump ind.	15.15		Uxbridge (GBR)	13.12.14

Pl.	Event	Competition	Date
6.	Long Jump ind.	Portland IAAF World Indoor Championships	20.03.16

**Honours**

Pl.	Event	Competition	Date
1.	Long Jump	Addis Abeba African Junior Championships	05.03.15

**Progression**

Year	Result	Wind	Venue	Date
16	7.83		Rabat (MAR)	14.05.16
15	7.67	-1.1	Fes (MAR)	23.05.15
14	7.31	+0.1	Meknés (MAR)	15.06.14

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
Long Jump	14.05	Rabat	F	1.	7.83	

**European Junior Championships**

Pl.	Event	Competition	Date
2.	Long Jump	Tallinn European Junior Championships	22.07.11

**Further honours**

- 3x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
15	8.05	+1.2	Hengelo (NED)	24.05.15
14	8.15	+1.2	Szczecin (POL)	31.07.14
13	8.05	+1.1	Szczecin (POL)	15.06.13
12	8.05	+0.1	Bielsko-Biala (POL)	15.06.12
11	8.11	+1.0	Tallinn (EST)	22.07.11
10	7.48	+0.1	Białystok (POL)	26.06.10
09	7.52	-1.1	Kraków (POL)	25.07.09
08	7.22	-0.2	Warszawa (POL)	11.05.08

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
-	-	-	-	-	-	-

**World (Continental) Cup**

Pl.	Event	Competition	Date
5.	Long Jump	Split IAAF/VTB Bank Continental Cup	04.09.10

**Further honours**

- 1x CAC Championships winner
- 1x CAC Games winner
- 1x CAC Championships Bronze medalist

**Progression**

Year	Result	Wind	Venue	Date
16	7.78	+1.0	Hamilton (BER)	22.04.16
15	8.20	+0.8	Rabat (MAR)	14.06.15
14	7.87	+0.5	Glasgow (GBR)	29.07.14
13	8.13	+1.7	Szczecin (POL)	15.06.13
12	7.97	-0.3	London (GBR)	03.08.12
11	8.16	+1.8	Houston (USA)	30.06.11
10	8.22	-0.1	Mayagüez (PUR)	26.07.10
09	8.02	+1.2	Houston (USA)	19.06.09
08	8.03	0.0	Chania (GRE)	07.06.08
07	7.71		Lawrence (USA)	21.04.07
06	7.90	+0.7	Santo Domingo (DOM)	08.07.06
04	7.20		Arlington (USA)	27.03.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	16.04	Houston	F4	OC	10.89	-0.9
Long Jump	22.04	Hamilton	F	2.	7.78	+1.0
Long Jump	06.05	Houston	F	1.	7.76	-0.6
Long Jump	14.05	Shanghai	F	-	NM	

**Further honours**

- 2x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
16	7.98	+0.3	Clermont (USA)	30.04.16
15	8.21	+1.8	Clermont (USA)	18.04.15
14	7.79	+1.7	Hendon (GBR)	05.07.14
13	7.91	0.0	Birmingham (GBR)	13.07.13
12	7.69	+1.8	Bedford (GBR)	10.06.12
11	7.65	-0.3	Birmingham (GBR)	30.07.11
10	7.32	+1.3	Cardiff (GBR)	28.08.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
Long Jump	30.04	Clermont	F	1.	7.98	+0.3
100m	07.05	Eton	F1	5.	10.85	+0.8
Long Jump	07.05	Eton	F1	1.	7.66	+0.6
Long Jump	14.05	Shanghai	F	8.	7.75	-0.3

**Eusebio CÁCERES****Order 5**

ESP - 10.09.91 - Age: 24 years 255 days

**PB:** 8.37 Tampere (FIN) 12.07.13 (66th A-T) | **All-Athletics.com World Rankings:** 32nd**Personal bests**

Event	Result	Wind	Venue	Date
60m	6.88	0.0	Alicante (ESP)	19.12.15
60m ind.	6.77		Zaragoza (ESP)	04.02.12
100m	10.37		Toledo (ESP)	21.07.12
200m	21.43	+1.6	Elche (ESP)	27.04.13
200m ind.	22.09		Valencia (ESP)	19.12.09
400m	52.23		Ostrava (CZE)	11.07.07
1000m	3:01.80		Ostrava (CZE)	12.07.07
1000m ind.	2:50.85		Sevilla (ESP)	06.02.11
60mH ind.	8.16		Valencia (ESP)	29.12.13
60mH ind. (0.99)	7.90		San Sebastián (ESP)	07.03.10
110mH (0.91)	14.01	-1.5	Ostrava (CZE)	12.07.07
High Jump	1.83		Ostrava (CZE)	12.07.07
High Jump ind.	1.96		San Sebastián (ESP)	06.03.10
Pole Vault ind.	4.90		Valencia (ESP)	17.01.10
<b>Long Jump</b>	<b>8.37</b>	<b>+1.1</b>	<b>Tampere (FIN)</b>	<b>12.07.13</b>
Long Jump ind.	8.16		Karlsruhe (GER)	31.01.15
Triple Jump	14.70	0.0	Alicante (ESP)	22.12.12
Shot Put ind.	12.17		Valencia (ESP)	28.12.13
Shot Put ind. (6kg)	13.19		San Sebastián (ESP)	06.03.10
Shot Put (5kg)	14.04		Ostrava (CZE)	11.07.07
Javelin Throw	47.47		Ostrava (CZE)	12.07.07
Decathlon	7273		Castellón (ESP)	10.04.11
Heptathlon ind.	5667		Sevilla (ESP)	06.02.11
Heptathlon - U20 ind.	5984		San Sebastián (ESP)	07.03.10
Octathlon - U18	6144		Ostrava (CZE)	12.07.07
4x100m	38.87		Tampere (FIN)	14.07.13

**Honours****World Championships**

Pl.	Event	Competition	Date
4.	Long Jump	Moskva IAAF World Championships	16.08.13

**European Championships**

Pl.	Event	Competition	Date
4.	Long Jump	Zürich European Championships	17.08.14
5.	Long Jump	Helsinki European Championships	01.07.12
8.	Long Jump	Barcelona European Championships	01.08.10

**World Junior Championships**

Pl.	Event	Competition	Date
2.	Long Jump	Moncton IAAF World Junior Championships	21.07.10
3.	Long Jump	Bydgoszcz IAAF World Junior Ch.	09.07.08

**European U23 Championships**

Pl.	Event	Competition	Date
1.	Long Jump	Tampere European U23 Championships	12.07.13
3.	4x100m	Tampere European U23 Championships	14.07.13

**European Team Championships**

Pl.	Event	Competition	Date
1.	Long Jump	Leiria SPAR European Team Championships	20.06.09
3.	Long Jump	Braunschweig European Team Championships	21.06.14

**Further honours**

3x National champion

**Progression**

Year	Result	Wind	Venue	Date
15	8.06	+0.3	Paris (FRA)	04.07.15
14	8.11	-0.7	Zürich (SUI)	17.08.14
13	8.37	+1.1	Tampere (FIN)	12.07.13
12	8.06	+0.4	Helsinki (FIN)	01.07.12
11	8.23	+2.0	Zaragoza (ESP)	25.06.11
10	8.27	+1.7	Barcelona (ESP)	30.10.10
09	8.00	-0.4	Leiria (POR)	20.06.09
08	7.86	+1.7	Torrent (ESP)	28.06.08
07	7.57	+0.5	Ostrava (CZE)	11.07.07
06	7.36	-0.2	Thessaloniki (GRE)	01.07.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
-	-	-	-	-	-	-

**Emiliano LASA****Order 6**

URU - 25.01.90 - Age: 26 years 118 days

**SB:** 8.16 Sao Bernardo (BRA) 06.03 (12th T-L 2016) | **PB:** 8.16 Sao Bernardo (BRA) 06.03.16 (305th A-T) | **All-Athletics.com World Rankings:** 9th**Personal bests**

Event	Result	Wind	Venue	Date
100m	11.03	-0.5	Montevideo (URU)	07.03.09
<b>Long Jump</b>	<b>8.16</b>	<b>-0.5</b>	<b>Sao Bernardo (BRA)</b>	<b>06.03.16</b>
Long Jump ind.	7.94		Portland (USA)	20.03.16
Triple Jump	15.08	+1.2	Mar del Plata (ARG)	07.11.10

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
7.	Long Jump ind.	Portland IAAF World Indoor Championships	20.03.16

**South American Championships**

Pl.	Event	Competition	Date
4.	Long Jump	Lima South American Championships	21.06.09

**Pan American Games**

Pl.	Event	Competition	Date
3.	Long Jump	Toronto Pan American Games	22.07.15
5.	Long Jump	Guadalajara Pan American Games	25.10.11

**Progression**

Year	Result	Wind	Venue	Date
16	8.16	-0.5	Sao Bernardo (BRA)	06.03.16
15	8.09	+1.9	Lima (PER)	13.06.15
14	7.94	+0.5	Santiago de Chile (CHI)	14.03.14
13	7.88	+1.1	Santiago de Chile (CHI)	06.04.13
12	7.69	-0.8	Sao Paulo (BRA)	03.03.12
11	7.81	+0.4	Guadalajara (MEX)	24.10.11
10	7.33	0.0	Medellin (COL)	21.03.10
09	7.42	-1.2	Sao Paulo (BRA)	25.07.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
Long Jump	31.01	Sao Bernardo	F	1.	7.95	0.0
Long Jump	28.02	Rio de Janeiro	F	3.	8.03	-0.1
<b>Long Jump</b>	<b>06.03</b>	<b>Sao Bernardo</b>	<b>F</b>	<b>1.</b>	<b>8.16</b>	<b>-0.5</b>
Long Jump	03.04	Montevideo	F	1.	7.95	-1.3
Long Jump	15.05	Rio de Janeiro	F	1.	8.01	+0.5

**Mauro Vinicius DA SILVA****Order 7**

BRA - 26.12.86 - Age: 29 years 148 days

**SB:** 8.14 Rio de Janeiro (BRA) 28.02 (15th T-L 2016) | **PB:** 8.31 Sao Paulo (BRA) 07.06.13 (111th A-T) | **All-Athletics.com World Rankings:** 34th**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	6.76		Wien (AUT)	11.02.09
100m	10.40	+0.4	Sao Paulo (BRA)	21.06.07
200m	21.28	-0.6	Sao Paulo (BRA)	15.09.06
<b>Long Jump</b>	<b>8.31</b>	<b>+1.4</b>	<b>Sao Paulo (BRA)</b>	<b>07.06.13</b>
Long Jump ind.	8.28		Istanbul (TUR)	09.03.12

**Honours****Olympic Games**

Pl.	Event	Competition	Date
7.	Long Jump	London Olympic Games	04.08.12

**World Championships**

Pl.	Event	Competition	Date
5.	Long Jump	Moskva IAAF World Championships	16.08.13

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	Long Jump ind.	Sopot IAAF World Indoor Championships	08.03.14
1.	Long Jump ind.	Istanbul IAAF World Indoor Championships	10.03.12

**South American Championships**

Pl.	Event	Competition	Date
1.	Long Jump	Cartagena South American Championships	05.07.13

**Further honours**

2x National champion

**Progression**

Year	Result	Wind	Venue	Date
16	8.14	+0.1	Rio de Janeiro (BRA)	28.02.16
15	8.03	+1.5	Sao Bernardo (BRA)	17.05.15
14	7.88	+1.3	Stockholm (SWE)	21.08.14
13	8.31	+1.4	Sao Paulo (BRA)	07.06.13
12	8.11	-0.9	London (GBR)	03.08.12
11	8.27	+1.1	Sao Paulo (BRA)	24.09.11
10	8.12	+0.2	Sao Paulo (BRA)	30.07.10
09	7.94	+0.1	Sao Paulo (BRA)	18.04.09
08	8.10	+0.1	Nuoro (ITA)	09.07.08
07	7.66	+1.2	Sao Paulo (BRA)	17.08.07
06	7.39	-0.2	Sao Paulo (BRA)	05.08.06
05	7.39	+0.1	Sao Paulo (BRA)	17.06.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
Long Jump	14.02	Sao Bernardo	F	2.	7.83	0.0
Long Jump	27.02	São José	F	1.	8.02	-0.5
<b>Long Jump</b>	<b>28.02</b>	<b>Rio de Janeiro</b>	<b>F</b>	<b>2.</b>	<b>8.14</b>	<b>+0.1</b>
Long Jump	06.03	Sao Bernardo	F	3.	7.94	+0.7
Long Jump	12.03	Sao Bernardo	F	3.	7.89	+1.0
Long Jump	22.04	Sao Bernardo	F	4.	7.70	+0.8
Long Jump	15.05	Rio de Janeiro	F	3.	7.71	+0.3

## Fabrice LAPIERRE

Order 8

AUS - 17.10.83 - Age: 32 years 218 days

SB: 8.27 Sydney (AUS) 03.04 (6th T-L 2016) | PB: 8.40 Nuoro (ITA) 14.07.10 (50th A-T) | All-

Athletics.com World Rankings: 2nd

### Personal bests

Event	Result	Wind	Venue	Date
60m ind.	6.89		Lincoln (USA)	24.02.06
100m	10.56	+0.7	Kingston (JAM)	16.07.02
200m	21.40	+2.0	Adelaide (AUS)	09.12.00
<b>Long Jump</b>	<b>8.40</b>	<b>+0.5</b>	<b>Nuoro (ITA)</b>	<b>14.07.10</b>
Long Jump ind.	8.25		Portland (USA)	20.03.16
Triple Jump	15.24	+1.5	Norman (USA)	01.05.04

### Records

Record	Result	Event	Venue	Date
AR	8.25	Long Jump ind.	Portland (USA)	20.03.16

### Honours

#### World Championships

Pl.	Event	Competition	Date
2.	Long Jump	Beijing IAAF World Championships	25.08.15
4.	Long Jump	Berlin IAAF World Championships	22.08.09

#### World Indoor Championships

Pl.	Event	Competition	Date
1.	Long Jump ind.	Doha IAAF World Indoor Championships	13.03.10
2.	Long Jump ind.	Portland IAAF World Indoor Championships	20.03.16

#### Commonwealth Games

Pl.	Event	Competition	Date
1.	Long Jump	New Delhi Commonwealth Games	09.10.10
3.	Long Jump	Melbourne Commonwealth Games	22.03.06
4.	Long Jump	Glasgow Commonwealth Games	30.07.14

#### World Junior Championships

Pl.	Event	Competition	Date
2.	Long Jump	Kingston IAAF World Junior Championships	18.07.02

## Rushwal SAMAAI

Order 9

RSA - 25.09.91 - Age: 24 years 240 days

SB: 8.34 Stellenbosch (RSA) 16.04 (2nd T-L 2016) | PB: 8.38 Stellenbosch

(RSA) 17.04.15 (62nd A-T) | All-Athletics.com World Rankings: 8th

### Personal bests

Event	Result	Wind	Venue	Date
<b>Long Jump</b>	<b>8.38</b>	<b>+1.4</b>	<b>Stellenbosch (RSA)</b>	<b>17.04.15</b>
Long Jump ind.	8.18		Portland (USA)	20.03.16
Triple Jump	16.10	+1.6	Pretoria (RSA)	26.04.14
4x100m	40.65		Pretoria (RSA)	28.04.14

### Honours

#### World Indoor Championships

Pl.	Event	Competition	Date
5.	Long Jump ind.	Portland IAAF World Indoor Championships	20.03.16

#### Commonwealth Games

Pl.	Event	Competition	Date
3.	Long Jump	Glasgow Commonwealth Games	30.07.14

## Marquise GOODWIN

Order 10

USA - 19.11.90 - Age: 25 years 185 days

SB: 8.45 Baie Mahault (FRA) 14.05 (1st T-L 2016) | PB: 8.45 Baie Mahault

(FRA) 14.05.16 (40th A-T) | All-Athletics.com World Rankings: 12th

### Personal bests

Event	Result	Wind	Venue	Date
60m ind.	6.67		Portland (USA)	11.03.16
100m	10.38	+1.8	Austin (USA)	09.05.08
200m	21.57	+1.7	Waco (USA)	23.05.09
<b>Long Jump</b>	<b>8.45</b>	<b>+0.8</b>	<b>Baie Mahault (FRA)</b>	<b>14.05.16</b>
Long Jump ind.	8.14		Fayetteville (USA)	28.01.11
Triple Jump	15.25		Austin (USA)	09.05.08
Triple Jump ind.	14.89		Lincoln (USA)	26.02.11
4x100m	39.23		Des Moines (USA)	08.06.11

### Honours

#### Pan American Games

Pl.	Event	Competition	Date
2.	Long Jump	Toronto Pan American Games	22.07.15

### World (Continental) Cup

Pl.	Event	Competition	Date
7.	Long Jump	Split IAAF/VTB Bank Continental Cup	04.09.10
8.	Long Jump	Athina IAAF World Cup	16.09.06

### World Athletics Final

Pl.	Event	Competition	Date
1.	Long Jump	Thessaloniki IAAF/VTB Bank WAF	13.09.09
1.	Long Jump	Stuttgart IAAF World Athletics Final	14.09.08

### Further honours

- 2x Diamond League meeting winner
- 1x NCAA champion
- 5x National champion

### Progression

Year	Result	Wind	Venue	Date
16	8.27	+2.0	Sydney (AUS)	03.04.16
15	8.29	0.0	Zagreb (CRO)	08.09.15
14	8.00	+0.9	Glasgow (GBR)	30.07.14
13	8.25	+1.3	Houston (USA)	20.06.13
12	8.10	+2.0	New York (USA)	09.06.12
11	8.02	+0.7	Sotheville (FRA)	02.07.11
10	8.40	+0.5	Nuoro (ITA)	14.07.10
09	8.35	+1.3	Madrid (ESP)	04.07.09
08	8.15	0.0	Shanghai (CHN)	20.09.08
07	7.98	+1.9	Nuoro (ITA)	11.07.07
06	8.19	+0.6	Nuoro (ITA)	12.07.06
05	7.83	+1.8	Austin (USA)	08.04.05
04	7.54	+2.0	College Station (USA)	20.03.04
03	7.57	+1.3	Brisbane (AUS)	03.04.03
02	7.74	-0.8	Kingston (JAM)	18.07.02
01	7.31	-0.4	Sydney (AUS)	17.11.01
00	7.39	-1.1	Adelaide (AUS)	08.12.00

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
Long Jump	01.04	Sydney	Q	1.	7.90	+1.1
<b>Long Jump</b>	<b>03.04</b>	<b>Sydney</b>	<b>F</b>	<b>1.</b>	<b>8.27</b>	<b>+2.0</b>
Long Jump	14.05	Shanghai	F	3.	8.09	+0.7

### African Championships

Pl.	Event	Competition	Date
3.	Long Jump	Marrakesh African Championships	11.08.14

### Further honours

- 2x National champion

### Progression

Year	Result	Wind	Venue	Date
16	8.34	+0.6	Stellenbosch (RSA)	16.04.16
15	8.38	+1.4	Stellenbosch (RSA)	17.04.15
14	8.13	-1.2	Germiston (RSA)	15.03.14
13	7.96		Germiston (RSA)	09.03.13
12	7.94	+0.8	Germiston (RSA)	30.03.12
11	7.75	+1.6	Durban (RSA)	09.04.11
10	7.07	+0.9	Germiston (RSA)	10.04.10

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
<b>Long Jump</b>	<b>16.04</b>	<b>Stellenbosch</b>	<b>F</b>	<b>1.</b>	<b>8.34</b>	<b>+0.6</b>
Long Jump	29.04	Polokwane	Q2	1.	7.69	
Long Jump	29.04	Polokwane	F	1.	7.93	
Long Jump	30.04	Polokwane	Q2	1.	15.97	+1.9
Triple Jump	30.04	Polokwane	F	2.	16.10	-0.1
Long Jump	14.05	Shanghai	F	2.	8.14	+0.4

### World Junior Championships

Pl.	Event	Competition	Date
1.	Long Jump	Bydgoszcz IAAF World Junior Ch.	09.07.08

### Further honours

- 1x World University Games Silver medalist
- 2x NCAA champion
- 2x National champion

### Progression

Year	Result	Wind	Venue	Date
16	8.45	+0.8	Baie Mahault (FRA)	14.05.16
15	8.13	+0.5	Toronto (CAN)	22.07.15
12	8.33	+1.4	Eugene (USA)	24.06.12
11	8.17	+0.5	Norman (USA)	14.05.11
10	8.15	+1.0	Eugene (USA)	12.06.10
09	8.18	+1.3	Eugene (USA)	27.06.09
08	7.96		Austin (USA)	09.05.08
07	7.62	+0.9	Austin (USA)	11.05.07

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	02.04	Austin	F1	-	DQ	+2.1
100m	22.04	Atlanta	H2	1.	10.57	-0.4
<b>Long Jump</b>	<b>14.05</b>	<b>Baie Mahault</b>	<b>F</b>	<b>1.</b>	<b>8.45</b>	<b>+0.8</b>





### Start list Discus Throw Time: 17:55

Order	Athlete	Nat	NR	PB	SB
1	Martin KUPPER	EST	73.38	66.67	62.20
2	Daniel STÄHL	SWE	71.26	66.89	66.74
3	Apostolos PARELLIS	CYP	65.36	65.36	64.77
4	Zoltán KÓVÁGÓ	HUN	71.70	69.95	61.67
5	Gerd KANTER	EST	73.38	73.38	
6	Robert URBANEK	POL	71.84	66.93	65.13
7	Philip MILANOV	BEL	67.26	67.26	67.26
8	Piotr MAŁACHOWSKI	POL	71.84	71.84	68.03

### Records

WR	74.08	Jürgen SCHULT	GDR	Neubrandenburg	06.06.86
AR	70.32	Frantz KRUGER	RSA	Salon-de-Provence	26.05.02
NR	59.37	Nabil KIRAM	MAR	Oudja	24.06.07
WJB	65.31	Mykyta NESTERENKO	UKR	Tallinn	03.06.08
MR	65.84	Gerd KANTER	EST		23.05.09
DLR	69.83	Piotr MAŁACHOWSKI	POL	Gateshead	10.07.10
SB	68.03	Piotr MAŁACHOWSKI	POL	Doha	06.05.16

### 2016 World Outdoor list

68.03	Piotr MAŁACHOWSKI	POL	Doha	06.05.16
68.02	Fedrick DACRES	JAM	La Jolla	23.04.16
67.62	Victor HOGAN	RSA	Stellenbosch	15.04.16
67.60	Martin WIERIG	GER	Wiesbaden	15.05.16
67.45	Sam MATTIS	USA	Philadelphia	19.03.16
67.26	Philip MILANOV	BEL	Doha	06.05.16
67.16	Daniel JASINSKI	GER	Wiesbaden	15.05.16
66.74	Daniel STÄHL	SWE	Salinas	17.04.16
66.00	Rodney BROWN	USA	Walnut	16.04.16
65.74	Alex ROSE	SAM	Claremont	15.05.16
65.73	Lois Maikel MARTÍNEZ	ESP	Gandia	21.02.16
65.67	Jason YOUNG	USA	Lubbock	06.05.16
65.41	Andrew EVANS	USA	Chula Vista	21.04.16
65.30	Jorge FERNÁNDEZ	CUB	Las Tunas	20.02.16
65.28	Mason FINLEY	USA	Lawrence	30.04.16
65.20	Sven Martin SKAGESTAD	NOR	Wiesbaden	15.05.16
65.13	Robert URBANEK	POL	Doha	06.05.16
65.00	Mahmoud SAMIMI	IRI	Szombathely	16.04.16
64.89	János HUSZÁK	HUN	Szentes	16.04.16
64.77	Apostolos PARELLIS	CYP	Nicosia	25.03.16

### All-Time World Outdoor list

74.08	Jürgen SCHULT	GDR	Neubrandenburg	06.06.86
73.88	Virgilijus ALEKNA	LTU	Kaunas	03.08.00
73.38	Gerd KANTER	EST	Helsingborg	04.09.06
72.34	Ben PLUCKNETT	USA	Stockholm	07.07.81
71.86	Yuriy DUMCHEV	URS	Moskva	29.05.83
71.84	Piotr MAŁACHOWSKI	POL	Hengelo	08.06.13
71.70	Róbert FAZEKAS	HUN	Szombathely	14.07.02
71.50	Lars RIEDEL	GER	Wiesbaden	03.05.97
71.26	John POWELL	USA	San José	09.06.84
71.26	Rickard BRUCH	SWE	Malmö	15.11.84
71.26	Imrich BUGÁR	TCH	San José	25.05.85
71.18	Art BURNS	USA	San José	19.07.83
71.16	Wolfgang SCHMIDT	GDR	Berlin	09.08.78
71.14	Anthony WASHINGTON	USA	Salinas	22.05.96
71.06	Luis Mariano DELIS	CUB	La Habana	21.05.83
70.98	Mac WILKINS	USA	Helsinki	09.07.80
70.82	Aleksander TAMMERT	EST	Denton	15.04.06
70.66	Robert HARTING	GER	Turnov	22.05.12
70.54	Dmitriy SHEVCHENKO	RUS	Krasnodar	07.05.02
70.32	Frantz KRUGER	RSA	Salon-de-Provence	26.05.02

### WR progression

74.08	Jürgen SCHULT	GDR	Neubrandenburg	06.06.86
71.86	Yuriy DUMCHEV	URS	Moskva	29.05.83
71.16	Wolfgang SCHMIDT	GDR	Berlin	09.08.78
70.86	Mac WILKINS	USA	San José	01.05.76
70.24	Mac WILKINS	USA	San José	01.05.76
69.80	Mac WILKINS	USA	San José	01.05.76
69.18	Mac WILKINS	USA	Walnut	24.04.76
69.08	John POWELL	USA	Long Beach	04.05.75
68.48	John VAN REENEN	RSA	Stellenbosch	14.03.75
68.40	Rickard BRUCH	SWE	Stockholm	05.07.72
68.40	Jay SILVESTER	USA	Reno	18.09.68
66.54	Jay SILVESTER	USA	Modesto	25.05.68
65.22	Ludvík DANĚK	TCH	Sokolov	12.10.65
64.55	Ludvík DANĚK	TCH	Turnov	02.08.64
62.94	AI OERTER	USA	Walnut	25.04.64
62.62	AI OERTER	USA	Walnut	27.04.63
62.45	AI OERTER	USA	Chicago	01.07.62
61.64	Vladimir TRUSENYEV	URS	Leningrad	04.06.62

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Piotr MAŁACHOWSKI (POL)	67.40
2.	Philip MILANOV (BEL)	66.90
3.	Robert URBANEK (POL)	65.18

#### 2013 - Moskva IAAF World Ch.

1.	Robert HARTING (GER)	69.11
2.	Piotr MAŁACHOWSKI (POL)	68.36
3.	Gerd KANTER (EST)	65.19

#### 2012 - London Olympic Games

1.	Robert HARTING (GER)	68.27
2.	Ehsan HADADI (IRI)	68.18
3.	Gerd KANTER (EST)	68.03

#### 2011 - Daegu IAAF World Ch.

1.	Robert HARTING (GER)	68.97
2.	Gerd KANTER (EST)	66.95
3.	Ehsan HADADI (IRI)	66.08

#### 2009 - Berlin IAAF World Ch.

1.	Robert HARTING (GER)	69.43
2.	Piotr MAŁACHOWSKI (POL)	69.15
3.	Gerd KANTER (EST)	66.88

#### 2008 - Beijing Olympic Games

1.	Gerd KANTER (EST)	68.82
2.	Piotr MAŁACHOWSKI (POL)	67.82
3.	Virgilijus ALEKNA (LTU)	67.79

#### 2007 - Osaka IAAF World Ch.

1.	Gerd KANTER (EST)	68.94
2.	Robert HARTING (GER)	66.68
3.	Rutger SMITH (NED)	66.42

#### 2005 - Helsinki IAAF World Ch.

1.	Virgilijus ALEKNA (LTU)	70.17
2.	Gerd KANTER (EST)	68.57
3.	Michael MÖLLENBECK (GER)	65.95

#### 2004 - Athens Olympic Games

1.	Virgilijus ALEKNA (LTU)	69.89
2.	Zoltán KÓVÁGÓ (HUN)	67.04
3.	Aleksander TAMMERT (EST)	66.66

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Virgilijus ALEKNA (LTU)	69.69
2.	Róbert FAZEKAS (HUN)	69.01
3.	Vasiliy KAPTYUKH (BLR)	66.51

### Diamond Race

1	Piotr MAŁACHOWSKI (POL)	10
2	Philip MILANOV (BEL)	6
3	Victor HOGAN (RSA)	4
4	Robert URBANEK (POL)	3
5	Daniel STÄHL (SWE)	2
6	Axel HÄRSTEDT (SWE)	1

### Rabat previous Winners

13	Mario PESTANO (ESP)	65.79
11	Erik CADÉE (NED)	64.06
10	Virgilijus ALEKNA (LTU)	61.75
09	Gerd KANTER (EST)	65.84

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Piotr MAŁACHOWSKI (POL)	68.03
2.	Philip MILANOV (BEL)	67.26
3.	Victor HOGAN (RSA)	65.59

**Martin KUPPER** Order 1

EST - 31.05.89 - Age: 26 years 357 days

**SB: 62.20** Arad (ROU) 12.03 (50th T-L 2016) | **PB: 66.67** Leiria (POR) 14.03.15 (122nd A-T) | All-Athletics.com World Rankings: 19th

**Personal bests**

Event	Result	Venue	Date
Shot Put	17.03	Tallinn (EST)	08.07.12
Shot Put ind.	16.11	Tallinn (EST)	12.02.11
Discus Throw	<b>66.67</b>	Leiria (POR)	14.03.15

**Honours**

**European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
1.	Discus Throw	Leiria European Cup Winter Throwing	14.03.15
2.	Discus Throw	Arad European Throwing Cup	12.03.16

**Progression**

Year	Result	Venue	Date
16	62.20	Arad (ROU)	12.03.16

15	66.67	Leiria (POR)	14.03.15
14	64.98	Tallinn (EST)	17.09.14
13	65.03	Paunkula (EST)	23.08.13
12	62.32	Kohila (EST)	29.08.12
11	60.18	Kärda (EST)	23.06.11
10	55.19	Tallinn (EST)	22.08.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	12.03	Arad	F	2.	62.20

**Daniel STÄHL** Order 2

SWE - 27.08.92 - Age: 23 years 269 days

**SB: 66.74** Salinas (USA) 17.04 (8th T-L 2016) | **PB: 66.89** Irvine (USA) 03.05.14 (115th A-T) | All-Athletics.com World Rankings: 6th

**Personal bests**

Event	Result	Venue	Date
Shot Put	19.17	Umea (SWE)	01.08.14
Shot Put ind.	18.62	Uddevalla (SWE)	24.02.13
Shot Put (6kg)	18.40	Mannheim (GER)	02.07.11
Shot Put ind. (6kg)	18.51	Växjö (SWE)	13.03.11
Shot Put (5kg)	18.75	Huddinge (SWE)	07.08.09
Discus Throw	<b>66.89</b>	Irvine (USA)	03.05.14
Discus Throw (1,75kg)	60.85	Balsta (SWE)	14.05.11
Discus Throw (1,5kg)	58.16	Göteborg (SWE)	26.06.09
Weight Throw ind.	17.31	Bollnäs (SWE)	25.02.12

**Honours**

**World Championships**

Pl.	Event	Competition	Date
5.	Discus Throw	Beijing IAAF World Championships	29.08.15

**Further honours**

2x National champion

**Progression**

Year	Result	Venue	Date
16	66.74	Salinas (USA)	17.04.16
15	64.73	Beijing (CHN)	29.08.15
14	66.89	Irvine (USA)	03.05.14
13	61.29	Tampere (FIN)	13.07.13
12	62.16	Stockholm (SWE)	25.08.12
11	55.60	Gävle (SWE)	13.08.11
10	52.00	Sollentuna (SWE)	12.06.10
09	44.34	Stockholm (SWE)	01.07.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	17.04	Salinas	F	1.	66.74
Discus Throw	23.04	La Jolla	F	2.	66.42
Discus Throw	30.04	Irvine	F	1.	64.72
Discus Throw	06.05	Doha	F	5.	64.06

**Apostolos PARELLIS** Order 3

CYP - 24.07.85 - Age: 30 years 303 days

**SB: 64.77** Nicosia (CYP) 25.03 (20th T-L 2016) | **PB: 65.36** Chania (GRE) 03.06.12 (201st A-T) | All-Athletics.com World Rankings: 12th

**Personal bests**

Event	Result	Venue	Date
Discus Throw	<b>65.36</b>	Chania (GRE)	03.06.12

**Honours**

**World Championships**

Pl.	Event	Competition	Date
6.	Discus Throw	Beijing IAAF World Championships	29.08.15

**Commonwealth Games**

Pl.	Event	Competition	Date
2.	Discus Throw	Glasgow Commonwealth Games	31.07.14
4.	Discus Throw	New Delhi Commonwealth Games	10.10.10

**European U23 Championships**

Pl.	Event	Competition	Date
3.	Discus Throw	Debrecen European U23 Championships	14.07.07

**Further honours**

6x National champion

**Progression**

Year	Result	Venue	Date
16	64.77	Nicosia (CYP)	25.03.16
15	65.04	Leiria (POR)	14.03.15
14	63.89	Lefkosia (CYP)	17.05.14
13	62.48	Lefkosia (CYP)	08.03.13
12	65.36	Chania (GRE)	03.06.12
11	61.44	Shenzen (CHN)	21.08.11
10	61.92	Lefkosia (CYP)	16.07.10
09	61.07	Beograd (SRB)	12.07.09
08	54.88	Banská Bystrica (SVK)	22.06.08
07	58.16	Debrecen (HUN)	14.07.07
06	53.77	Trikala (GRE)	11.06.06
05	50.88	Tel-Aviv (ISR)	06.07.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	05.03	Athina	F	1.	62.95
Discus Throw	25.03	Nicosia	F	1.	64.77

**Zoltán KÓVÁGÓ** Order 4

HUN - 10.04.79 - Age: 37 years 42 days

**SB: 61.67** Doha (QAT) 06.05 (59th T-L 2016) | **PB: 69.95** Salon-de-Provence (FRA) 25.05.06 (24th A-T) | All-Athletics.com World Rankings: 10th

**Personal bests**

Event	Result	Venue	Date
Shot Put	15.72	Szolnok (HUN)	12.09.99
Shot Put ind.	15.85	Budapest (HUN)	24.01.98
Discus Throw	<b>69.95</b>	Salon-de-Provence (FRA)	25.05.06

**Honours**

**Olympic Games**

Pl.	Event	Competition	Date
2.	Discus Throw	Athens Olympic Games	23.08.04

**World Championships**

Pl.	Event	Competition	Date
6.	Discus Throw	Berlin IAAF World Championships	19.08.09

**European Championships**

Pl.	Event	Competition	Date
7.	Discus Throw	München European Championships	11.08.02

**World Junior Championships**

Pl.	Event	Competition	Date
1.	Discus Throw	Annecy IAAF World Junior Championships	30.07.98
4.	Discus Throw	Sydney IAAF World Junior Championships	22.08.96

**European U23 Championships**

Pl.	Event	Competition	Date
1.	Discus Throw	Amsterdam European U23 Championships	14.07.01

**World Athletics Final**

Pl.	Event	Competition	Date
2.	Discus Throw	Monaco IAAF World Athletics Final	18.09.04

3.	Discus Throw	Monaco IAAF World Athletics Final	09.09.05
4.	Discus Throw	Thessaloniki IAAF/VTB Bank WAF	12.09.09
4.	Discus Throw	Stuttgart IAAF World Athletics Final	13.09.08
7.	Discus Throw	Stuttgart IAAF World Athletics Final	22.09.07

**European Junior Championships**

Pl.	Event	Competition	Date
3.	Discus Throw	Ljubljana European Junior Championships	26.07.97

**Further honours**

1x Diamond League meeting winner  
1x European Team Championships 1st League winner  
9x National champion

**Progression**

Year	Result	Venue	Date
16	61.67	Doha (QAT)	06.05.16
15	67.39	Szombathely (HUN)	17.06.15
14	65.82	Linz (AUT)	14.07.14
11	69.50	Budapest (HUN)	30.07.11
10	69.69	Shanghai (CHN)	23.05.10
09	67.64	Budapest (HUN)	16.05.09
08	68.17	Budapest (HUN)	05.08.08
07	66.42	Kaunas (LTU)	25.07.07
06	69.95	Salon-de-Provence (FRA)	25.05.06
05	66.00	Zürich (SUI)	19.08.05
04	68.93	Zürich (SUI)	06.08.04
03	66.03	Szombathely (HUN)	10.08.03
02	65.98	Debrecen (HUN)	26.07.02
01	66.93	Budapest (HUN)	01.07.01
00	66.76	Budapest (HUN)	22.07.00
99	63.23	Szentés (HUN)	03.10.99
98	60.27	Veszprém (HUN)	23.07.98
97	62.16	Budapest (HUN)	09.05.97
96	59.70	Szolnok (HUN)	09.10.96

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	06.05	Doha	F	7.	61.67

**Gerd KANTER** **Order 5**

EST - 06.05.79 - Age: 37 years 16 days

PB: 73.38 Helsingborg (SWE) 04.09.06 (3rd A-T) | All-Athletics.com World Rankings: 4th

**Personal bests**

Event	Result	Venue	Date
Shot Put ind.	17.31	Tallinn (EST)	25.02.04
Discus Throw	<b>73.38</b>	Helsingborg (SWE)	<b>04.09.06</b>

**Honours****Olympic Games**

Pl.	Event	Competition	Date
1.	Discus Throw	Beijing Olympic Games	19.08.08
3.	Discus Throw	London Olympic Games	07.08.12

**World Championships**

Pl.	Event	Competition	Date
1.	Discus Throw	Osaka IAAF World Championships	28.08.07
2.	Discus Throw	Daegu IAAF World Championships	30.08.11
2.	Discus Throw	Helsinki IAAF World Championships	07.08.05
3.	Discus Throw	Moskva IAAF World Championships	13.08.13
3.	Discus Throw	Berlin IAAF World Championships	19.08.09
4.	Discus Throw	Beijing IAAF World Championships	29.08.15

**European Championships**

Pl.	Event	Competition	Date
2.	Discus Throw	Zürich European Championships	13.08.14
2.	Discus Throw	Helsinki European Championships	30.06.12
2.	Discus Throw	Göteborg European Championships	12.08.06
4.	Discus Throw	Barcelona European Championships	01.08.10

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	Discus Throw	Marrakesh IAAF Continental Cup	14.09.14

**World Athletics Final**

Pl.	Event	Competition	Date
1.	Discus Throw	Stuttgart IAAF World Athletics Final	13.09.08
1.	Discus Throw	Stuttgart IAAF World Athletics Final	22.09.07
2.	Discus Throw	Stuttgart IAAF World Athletics Final	09.09.06

2.	Discus Throw	Monaco IAAF World Athletics Final	09.09.05
5.	Discus Throw	Thessaloniki IAAF/VTB Bank WAF	12.09.09
5.	Discus Throw	Monaco IAAF World Athletics Final	18.09.04

**European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
1.	Discus Throw	Los Realejos European Cup Winter Throwing	15.03.09
1.	Discus Throw	Split European Winter Throwing Cup	15.03.08
1.	Discus Throw	Yalta European Winter Throwing Cup	18.03.07
1.	Discus Throw	Mersin European Winter Throwing Cup	12.03.05
3.	Discus Throw	Tel Aviv European Winter Throwing Cup	19.03.06

**Diamond Race wins**

Year	Event
2012	Discus Throw
2013	Discus Throw

**Further honours**

- 1x World University Games winner
- 9x Diamond League meeting winner
- 1x Golden League meeting winner
- 4x European Team Championships 1st League winner
- 11x National champion

**Progression**

Year	Result	Venue	Date
15	66.02	Kohila (EST)	24.07.15
14	66.28	Pärnu (EST)	24.09.14
13	67.59	Kohila (EST)	31.08.13
12	68.03	London (GBR)	07.08.12
11	67.99	Warszawa (POL)	20.09.11
10	71.45	Chula Vista (USA)	29.04.10
09	71.64	Kohila (EST)	25.06.09
08	71.88	Salinas (USA)	08.05.08
07	72.02	Salinas (USA)	03.05.07
06	73.38	Helsingborg (SWE)	04.09.06
05	70.10	Chula Vista (USA)	27.04.05
04	68.50	Sevilla (ESP)	05.06.04
03	67.13	Tallinn (EST)	05.09.03
02	66.31	Tartu (EST)	26.07.02
01	60.47	Tartu (EST)	15.08.01
00	56.09	Tartu (EST)	11.06.00

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Robert URBANEK** **Order 6**

POL - 29.04.87 - Age: 29 years 23 days

SB: 65.13 Doha (QAT) 06.05 (17th T-L 2016) | PB: 66.93 Halle (GER) 19.05.12 (112th A-T) | All-Athletics.com World Rankings: 3rd

**Personal bests**

Event	Result	Venue	Date
Discus Throw	<b>66.93</b>	Halle (GER)	<b>19.05.12</b>

**Honours****World Championships**

Pl.	Event	Competition	Date
3.	Discus Throw	Beijing IAAF World Championships	29.08.15
6.	Discus Throw	Moskva IAAF World Championships	13.08.13

**European Championships**

Pl.	Event	Competition	Date
3.	Discus Throw	Zürich European Championships	13.08.14
6.	Discus Throw	Helsinki European Championships	30.06.12

**World (Continental) Cup**

Pl.	Event	Competition	Date
6.	Discus Throw	Marrakesh IAAF Continental Cup	14.09.14

**European Team Championships**

Pl.	Event	Competition	Date
1.	Discus Throw	Cheboksary European Team Championships	21.06.15

**Further honours**

- 2x Diamond League meeting winner

**Progression**

Year	Result	Venue	Date
16	65.13	Doha (QAT)	06.05.16
15	66.31	Szczecin (POL)	09.08.15
14	65.75	Halle (GER)	17.05.14
13	65.30	Toruń (POL)	19.07.13
12	66.93	Halle (GER)	19.05.12
11	64.37	Warszawa (POL)	20.09.11
10	60.74	Kielce (POL)	22.08.10
09	60.54	Warszawa (POL)	07.06.09
08	62.22	Czestochowa (POL)	30.08.08
07	56.18	Warszawa (POL)	02.09.07
06	50.84	Leczyca (POL)	06.05.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>4.</b>	<b>65.13</b>
Discus Throw	08.05	Kielce	F	1.	63.97

- 1x Diamond League meeting winner
- 1x European Team Championships 1st League winner
- 5x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	67.26	Doha (QAT)	06.05.16
15	66.90	Beijing (CHN)	29.08.15
14	66.02	Hengelo (NED)	08.06.14
13	61.81	Vilvoorde (BEL)	17.08.13
12	57.66	Saint-Niklaas (BEL)	17.05.12
11	56.00	Izegem (BEL)	29.05.11
10	48.76	Ninove (BEL)	07.08.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	20.01	Potchefstroom	F	1.	62.33
Shot Put	26.01	Potchefstroom	F	4.	15.34
Discus Throw	26.01	Potchefstroom	F	1.	63.50
Discus Throw	02.02	Potchefstroom	F	1.	64.30
Shot Put	01.05	Herentals	F	1.	16.48
Discus Throw	01.05	Herentals	F	1.	66.88
Discus Throw	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>2.</b>	<b>67.26</b>
Shot Put	15.05	Kessel-Lo	F	1.	16.54
Discus Throw	15.05	Kessel-Lo	F	1.	64.31

**Philip MILANOV** **Order 7**

BEL - 06.07.91 - Age: 24 years 321 days

SB: 67.26 Doha (QAT) 06.05 (6th T-L 2016) | PB: 67.26 Doha (QAT) 06.05.16 (95th A-T) | All-Athletics.com World Rankings: 2nd

**Personal bests**

Event	Result	Venue	Date
Shot Put	17.91	Lokeren (BEL)	25.05.15
Shot Put ind.	17.60	Gent (BEL)	21.02.15
Shot Put (6kg)	15.38	Nivelles (BEL)	12.09.10
Discus Throw	<b>67.26</b>	<b>Doha (QAT)</b>	<b>06.05.16</b>
Discus Throw (1,75kg)	54.28	Nivelles (BEL)	12.09.10

**Honours****World Championships**

Pl.	Event	Competition	Date
2.	Discus Throw	Beijing IAAF World Championships	29.08.15

**European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
2.	Discus Throw	Leiria European Cup Winter Throwing	15.03.14

**Further honours**

- 1x World University Games winner

**Piotr MAŁACHOWSKI****Order 8**

POL - 07.06.83 - Age: 32 years 350 days

SB: **68.03** Doha (QAT) 06.05 (1st T-L 2016) | PB: **71.84** Hengelo (NED) 08.06.13 (6th A-T) | All-Athletics.com World Rankings: 1st**Personal bests**

Event	Result	Venue	Date
Shot Put	12.74	Banská Bystrica (SVK)	27.08.06
Discus Throw	<b>71.84</b>	Hengelo (NED)	<b>08.06.13</b>
Discus Throw (1,75kg)	60.46	Kingston (JAM)	18.07.02

**Honours****Olympic Games**

Pl.	Event	Competition	Date
2.	Discus Throw	Beijing Olympic Games	19.08.08
5.	Discus Throw	London Olympic Games	07.08.12

**World Championships**

Pl.	Event	Competition	Date
1.	Discus Throw	Beijing IAAF World Championships	29.08.15
2.	Discus Throw	Moskva IAAF World Championships	13.08.13
2.	Discus Throw	Berlin IAAF World Championships	19.08.09

**European Championships**

Pl.	Event	Competition	Date
1.	Discus Throw	Barcelona European Championships	01.08.10
4.	Discus Throw	Zürich European Championships	13.08.14
6.	Discus Throw	Göteborg European Championships	12.08.06

**World Junior Championships**

Pl.	Event	Competition	Date
6.	Discus Throw (1,75kg)	Kingston IAAF World Junior Championships	18.07.02

**European U23 Championships**

Pl.	Event	Competition	Date
2.	Discus Throw	Erfurt European U23 Championships	16.07.05

**World (Continental) Cup**

Pl.	Event	Competition	Date
4.	Discus Throw	Split IAAF/VTB Bank Continental Cup	05.09.10

**World Athletics Final**

Pl.	Event	Competition	Date
2.	Discus Throw	Stuttgart IAAF World Athletics Final	13.09.08
3.	Discus Throw	Thessaloniki IAAF/VTB Bank WAF	12.09.09
3.	Discus Throw	Stuttgart IAAF World Athletics Final	22.09.07
6.	Discus Throw	Stuttgart IAAF World Athletics Final	09.09.06

**European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
1.	Discus Throw	Tel Aviv European Winter Throwing Cup	19.03.06
2.	Discus Throw	Yalta European Winter Throwing Cup	18.03.07

**European Team Championships**

Pl.	Event	Competition	Date
1.	Discus Throw	Leiria SPAR European Team Championships	21.06.09
1.	Discus Throw	München SPAR European Cup	24.06.07
1.	Discus Throw	Málaga SPAR European Cup	29.06.06
2.	Discus Throw	Braunschweig European Team Championships	22.06.14
2.	Discus Throw	Bergen SPAR European Team Championships	20.06.10
3.	Discus Throw	Stockholm European Team Championships	19.06.11
3.	Discus Throw	Annecy SPAR European Cup	22.06.08

**Diamond Race wins**

Year	Event
2010	Discus Throw
2014	Discus Throw
2015	Discus Throw

**Further honours**

- 15x Diamond League meeting winner
- 1x World Military Games winner
- 10x National champion

**Progression**

Year	Result	Venue	Date
16	68.03	Doha (QAT)	06.05.16
15	68.29	Cetniewo (POL)	01.08.15
14	69.28	Halle (GER)	17.05.14
13	71.84	Hengelo (NED)	08.06.13
12	68.94	Halle (GER)	19.05.12
11	68.49	Szczecin (POL)	25.06.11
10	69.83	Gateshead (GBR)	10.07.10
09	69.15	Berlin (GER)	19.08.09
08	68.65	Sopot (POL)	27.07.08
07	66.61	Kaunas (LTU)	25.07.07
06	66.21	Málaga (ESP)	29.06.06
05	64.74	Biała Podlaska (POL)	26.06.05
04	62.40	Kraków (POL)	22.09.04
03	57.83	Warszawa (POL)	06.09.03
02	56.84	Białystok (POL)	03.05.02
01	54.19	Zielona Góra (POL)	19.05.01
00	52.04	Ljubljana (SLO)	29.09.00

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>1.</b>	<b>68.03</b>
Discus Throw	08.05	Stalowa Wola	F	1.	66.93

### Start list 100m Time: 17:15

Lane	Athlete	Nat	NR	PB	SB
2	Mujinga KAMBUNDJI	SUI	11.07	11.07	11.63
3	Kerron STEWART	JAM	10.70	10.75	11.20
4	Carmelita JETER	USA	10.49	10.64	11.34
5	Elaine THOMPSON	JAM	10.70	10.84	11.07
6	Blessing OKAGBARE-IGHOTEGUONOR	NGR	10.86	10.79	11.30
7	Alexandria ANDERSON	USA	10.49	10.91	11.19
8	Ezinne OKPARAEO	NOR	11.10	11.10	11.28
9	Carina HORN	RSA	11.06	11.06	11.23

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Shelly-Ann FRASER-PRYCE (JAM)	10.76
2.	Dafne SCHIPPERS (NED)	10.81
3.	Tori BOWIE (USA)	10.86

#### 2013 - Moskva IAAF World Ch.

1.	Shelly-Ann FRASER-PRYCE (JAM)	10.71
2.	Murielle AHOURE (CIV)	10.93
3.	Carmelita JETER (USA)	10.94

#### 2012 - London Olympic Games

1.	Shelly-Ann FRASER-PRYCE (JAM)	10.75
2.	Carmelita JETER (USA)	10.78
3.	Veronica CAMPBELL-BROWN (JAM)	10.81

#### 2011 - Daegu IAAF World Ch.

1.	Carmelita JETER (USA)	10.90
2.	Veronica CAMPBELL-BROWN (JAM)	10.97
3.	Kelly-Ann BAPTISTE (TTO)	10.98

#### 2009 - Berlin IAAF World Ch.

1.	Shelly-Ann FRASER-PRYCE (JAM)	10.73
2.	Kerron STEWART (JAM)	10.75
3.	Carmelita JETER (USA)	10.90

#### 2008 - Beijing Olympic Games

1.	Shelly-Ann FRASER-PRYCE (JAM)	10.78
2.	Kerron STEWART (JAM)	10.98
2.	Sherone SIMPSON (JAM)	10.98

#### 2007 - Osaka IAAF World Ch.

1.	Veronica CAMPBELL-BROWN (JAM)	11.01
2.	Lauryn WILLIAMS (USA)	11.01
3.	Carmelita JETER (USA)	11.02

#### 2005 - Helsinki IAAF World Ch.

1.	Lauryn WILLIAMS (USA)	10.93
2.	Veronica CAMPBELL-BROWN (JAM)	10.95
3.	Christine ARRON (FRA)	10.98

#### 2004 - Athens Olympic Games

1.	Yuliya NESTERENKO (BLR)	10.93
2.	Lauryn WILLIAMS (USA)	10.96
3.	Veronica CAMPBELL-BROWN (JAM)	10.97

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Torri EDWARDS (USA)	10.93
2.	Chandra STURRUP (BAH)	11.02
3.	Katerina THANOU (GRE)	11.03

### Diamond Race

1	Tori BOWIE (USA)	10
2	Dafne SCHIPPERS (NED)	6
3	Veronica CAMPBELL-BROWN (JAM)	4
4	Murielle AHOURE (CIV)	3
5	Marie-Josée TA LOU (CIV)	2
6	Simone FACEY (JAM)	1

### Rabat previous Winners

15	Jessica YOUNG (USA)	11.24
13	Kerron STEWART (JAM)	11.24
10	Chandra STURRUP (BAH)	11.14

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Tori BOWIE (USA)	10.80
2.	Dafne SCHIPPERS (NED)	10.83
3.	Veronica CAMPBELL-BROWN (JAM)	10.91

### Records

WR	10.49	Florence GRIFFITH-JOYNER	USA	Indianapolis	16.07.88
AR	10.79	B. OKAGBARE-IGHOTEGUONOR	NGR	London	27.07.13
NR	11.55	Méryem OUMEZDI	MAR	Casablanca	14.07.89
WJR	10.88	Marlies GÖHR	GDR	Dresden	01.07.77
MR	11.14	Chandra STURRUP	BAH		06.06.10
DLR	10.70	Carmelita JETER	USA	Eugene	04.06.11
SB	10.80	Tori BOWIE	USA	Doha	06.05.16

### 2016 World Outdoor list

10.80	+0.7	Tori BOWIE	USA	Doha	06.05.16
10.83	+0.7	Dafne SCHIPPERS	NED	Doha	06.05.16
10.91	+0.7	Veronica CAMPBELL-BROWN	JAM	Doha	06.05.16
10.95	+1.7	Jenna PRANDINI	USA	Walnut	16.04.16
10.99	+1.7	Hannah CUNLIFFE	USA	Walnut	16.04.16
11.00	+0.4	Simone FACEY	JAM	Gainesville	22.04.16
11.02	+0.7	Murielle AHOURE	CIV	Doha	06.05.16
11.04	-0.3	English GARDNER	USA	Baie Mahault	14.05.16
11.05	+0.7	Marie-Josée TA LOU	CIV	Doha	06.05.16
11.06	+1.5	Desiree HENRY	GBR	Azusa	15.04.16
11.07	+1.9	Morolake AKINOSUN	USA	Austin	02.04.16
11.07	+0.0	Elaine THOMPSON	JAM	Kingston	09.04.16
11.07	+1.2	Michelle-Lee AHYE	TTO	Herzogenaurach	14.05.16
11.10	+1.7	Mikele BARBER	USA	Walnut	16.04.16
11.11	+1.7	Kimberlyn DUNCAN	USA	Walnut	16.04.16
11.11	-0.1	Ivet LALOVA-COLLIO	BUL	Beijing	18.05.16
11.12	+0.4	Barbara PIERRE	USA	Greensboro	15.05.16
11.13	+1.2	Shayla SANDERS	USA	Los Angeles	26.03.16
11.13	+0.4	Candyce MCGRONE	USA	Gainesville	22.04.16
11.14	+0.3	Kelly-Ann BAPTISTE	TTO	Clermont	14.05.16

### All-Time World Outdoor list

10.49	+0.0	Florence GRIFFITH-JOYNER	USA	Indianapolis	16.07.88
10.64	+1.2	Carmelita JETER	USA	Shanghai	20.09.09
10.65	+1.1	Marion JONES	USA	Johannesburg	12.09.98
10.70	+0.6	Shelly-Ann FRASER-PRYCE	JAM	Kingston	29.06.12
10.73	+2.0	Christine ARRON	FRA	Budapest	19.08.98
10.74	+1.3	Merlene OTTEY	JAM	Milano	07.09.96
10.75	+0.4	Kerron STEWART	JAM	Roma	10.07.09
10.76	+1.7	Evelyn ASHFORD	USA	Zürich	22.08.84
10.76	+1.1	Veronica CAMPBELL-BROWN	JAM	Ostrava	31.05.11
10.77	+0.9	Irina PRIVALOVA	RUS	Lausanne	06.07.94
10.77	+0.7	Ivet LALOVA-COLLIO	BUL	Plovdiv	19.06.04
10.78	+1.0	Dawn SOWELL	USA	Provo	03.06.89
10.78	+1.8	Torri EDWARDS	USA	Eugene	28.06.08
10.79	+0.0	Xuemei LI	CHN	Shanghai	18.10.97
10.79	-0.1	Inger MILLER	USA	Sevilla	22.08.99
10.79	+1.1	B. OKAGBARE-IGHOTEGUONOR	NGR	London	27.07.13
10.79	+1.5	English GARDNER	USA	Eugene	26.06.15
10.80	+0.8	Tori BOWIE	USA	Monaco	18.07.14
10.81	+1.7	Marlies GÖHR	GDR	Berlin	08.06.83
10.81	+1.7	Murielle AHOURE	CIV	Eugene	30.05.15

### WR progression

10.49	0.0	Florence GRIFFITH-JOYNER	USA	Indianapolis	16.07.88
10.76	+1.7	Evelyn ASHFORD	USA	Zürich	22.08.84
10.79	+0.6	Evelyn ASHFORD	USA	Colorado Springs	03.07.83
10.81	+1.7	Marlies GÖHR	GDR	Berlin	08.06.83
10.88	+1.9	Marlies GÖHR	GDR	Karl Marx Stadt	06.07.82
10.88	+2.0	Marlies GÖHR	GDR	Dresden	01.07.77
11.01	+0.6	Annegret RICHTER	FRG	Montreal	25.07.76
11.04	+0.6	Ingeborg HELTEN	FRG	Fürth	13.06.76
11.07	-0.2	Renate MEISSNER-STECHER	GDR	München	02.09.72
11.08	+1.2	Wyomia TYUS	USA	Ciudad de México	15.10.68
11.20	+1.8	Irena SZEWIŃSKA	POL	Ciudad de México	14.10.68
11.21		Wyomia TYUS	USA	Ciudad de México	14.10.68
11.1h	+2.0	Irena SZEWIŃSKA	POL	Praha	09.07.65

**Mujinga KAMBUNDJI**

**Lane 2**

SUI - 17.06.92 - Age: 23 years 340 days

SB: **11.63** Strasbourg (FRA) 15.05 (257th T-L 2016) | PB: **11.07** Beijing (CHN) 24.08.15 (148th A-T) | All-Athletics.com World Rankings: **25th**

**Personal bests**

Event	Result	Wind	Venue	Date
50m ind.	6.63		Aigle (SUI)	15.01.11
60m ind.	7.11		Praha (CZE)	08.03.15
<b>100m</b>	<b>11.07</b>	<b>+0.9</b>	<b>Beijing (CHN)</b>	<b>24.08.15</b>
200m	22.64	-0.1	Beijing (CHN)	27.08.15
200m ind.	23.96		Maggingen (SUI)	16.02.14
Long Jump	5.50	+0.3	Bern (SUI)	28.04.07
4x100m	42.94		Lausanne (SUI)	03.07.14
4x200m	1:31.75		Nassau (BAH)	25.05.14

**Honours**

**European Championships**

Pl.	Event	Competition	Date
4.	100m	Zürich European Championships	13.08.14
5.	200m	Zürich European Championships	15.08.14

**European Indoor Championships**

Pl.	Event	Competition	Date
5.	60m ind.	Praha European Indoor Championships	08.03.15

**Further honours**

- 2x Diamond League meeting winner
- 11x National champion
- 4x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
16	11.63	-0.2	Strasbourg (FRA)	15.05.16
15	11.07	+0.9	Beijing (CHN)	24.08.15
14	11.20	0.0	Zürich (SUI)	13.08.14
13	11.50	+1.5	Lausanne (SUI)	04.07.13
12	11.62	+1.8	Bulle (SUI)	17.06.12
11	11.53	+0.5	Tallinn (EST)	22.07.11
10	11.70	+1.9	Bern (SUI)	04.09.10
09	11.66	-0.9	Zürich (SUI)	01.08.09
08	12.02	-0.1	Fribourg (SUI)	02.08.08
07	12.17	+0.4	Schweinfurt (GER)	24.06.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
<b>100m</b>	<b>15.05</b>	<b>Strasbourg</b>	<b>H1</b>	<b>2.</b>	<b>11.63</b>	<b>-0.2</b>
100m	15.05	Strasbourg	F	1.	11.49	+2.5

**Kerron STEWART**

**Lane 3**

JAM - 16.04.84 - Age: 32 years 36 days

SB: **11.20** Georgetown (CAY) 14.05 (29th T-L 2016) | PB: **10.75** Roma (ITA) 10.07.09 (7th A-T) | All-Athletics.com World Rankings: **50th**

**Personal bests**

Event	Result	Wind	Venue	Date
55m ind.	6.71		Gainesville (USA)	26.02.06
60m ind.	7.14		Lexington (USA)	25.02.07
<b>100m</b>	<b>10.75</b>	<b>+0.4</b>	<b>Roma (ITA)</b>	<b>10.07.09</b>
200m	21.99	+1.1	Kingston (JAM)	29.06.08
200m ind.	22.58		Fayetteville (USA)	09.03.07
400m	51.83		Auburn (USA)	06.04.13
400m ind.	53.82		Fayetteville (USA)	08.02.13
4x100m	41.29		Moskva (RUS)	18.08.13
4x200m	1:31.34		Philadelphia (USA)	30.04.16
Sprint Med. 1000m	2:07.45		Debrecen (HUN)	15.07.01
Sprint Med. 1600m	3:34.64		Philadelphia (USA)	30.04.11

**Honours**

**Olympic Games**

Pl.	Event	Competition	Date
2.	4x100m	London Olympic Games	10.08.12
2.	100m	Beijing Olympic Games	17.08.08
3.	200m	Beijing Olympic Games	21.08.08

**World Championships**

Pl.	Event	Competition	Date
1.	4x100m	Moskva IAAF World Championships	18.08.13
1.	4x100m	Berlin IAAF World Championships	22.08.09
2.	4x100m	Daegu IAAF World Championships	04.09.11
2.	100m	Berlin IAAF World Championships	17.08.09
2.	4x100m	Osaka IAAF World Championships	01.09.07
5.	100m	Moskva IAAF World Championships	12.08.13
5.	200m	Daegu IAAF World Championships	02.09.11
6.	100m	Daegu IAAF World Championships	29.08.11
7.	100m	Osaka IAAF World Championships	27.08.07

**Commonwealth Games**

Pl.	Event	Competition	Date
1.	4x100m	Glasgow Commonwealth Games	02.08.14
3.	100m	Glasgow Commonwealth Games	28.07.14

**IAAF World Relays**

Pl.	Event	Competition	Date
1.	4x100m	Nassau IAAF World Relays	03.05.15
2.	4x100m	Nassau IAAF World Relays	24.05.14

**Pan American Games**

Pl.	Event	Competition	Date
2.	4x100m	Toronto Pan American Games	25.07.15
5.	200m	Toronto Pan American Games	24.07.15

**World Junior Championships**

Pl.	Event	Competition	Date
4.	100m	Kingston IAAF World Junior Championships	17.07.02

**NACAC U23 Championships**

Pl.	Event	Competition	Date
2.	100m	Sherbrooke NACAC U23 Championships	31.07.04

**World Athletics Final**

Pl.	Event	Competition	Date
2.	100m	Stuttgart IAAF World Athletics Final	14.09.08
3.	100m	Thessaloniki IAAF/VTB Bank WAF	13.09.09
3.	200m	Thessaloniki IAAF/VTB Bank WAF	12.09.09
3.	200m	Stuttgart IAAF World Athletics Final	13.09.08

**World Youth Championships**

Pl.	Event	Competition	Date
2.	Sprint Med. 1000m	Debrecen IAAF World Youth Championships	15.07.01
2.	100m	Debrecen IAAF World Youth Championships	13.07.01

**NACAC Championships**

Pl.	Event	Competition	Date
4.	200m	San José NACAC Open Championships	09.08.15

**Further honours**

- 4x Diamond League meeting winner
- 5x Golden League meeting winner
- 1x NCAA champion
- 2x National champion

**Progression**

Year	Result	Wind	Venue	Date
16	11.20	-0.2	Georgetown (CAY)	14.05.16
15	11.17	+0.4	Kingston (JAM)	26.06.15
14	11.02	-0.4	Kingston (JAM)	27.06.14
13	10.96	+0.9	Kingston (JAM)	21.06.13
12	10.94	+0.6	Kingston (JAM)	29.06.12
11	10.87	+2.0	Eugene (USA)	04.06.11
10	10.96	+1.4	Kingston (JAM)	01.05.10
09	10.75	+0.1	Berlin (GER)	17.08.09
08	10.80	+0.7	Kingston (JAM)	27.06.08
07	11.03	+1.0	Kingston (JAM)	23.06.07
06	11.03	+1.4	Fayetteville (USA)	14.05.06
05	11.63	-0.2	Kingston (JAM)	25.06.05
04	11.40	0.0	Sherbrooke (CAN)	31.07.04
03	11.34	+1.1	Kingston (JAM)	05.04.03
02	11.46	+0.9	Kingston (JAM)	17.07.02
01	11.70	+0.6	Kingston (JAM)	22.06.01
00	11.89	+1.5	San Juan (PUR)	14.07.00

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
400m	26.03	San Antonio	F2	OC	53.89	
200m	16.04	Austin	F1	4.	22.99	+2.0
100m	23.04	Waco	F3	2.	11.32	-0.3
4x100m	30.04	Philadelphia	F	2.	42.90	
4x200m	30.04	Philadelphia	F	2.	1:31.34	
<b>100m</b>	<b>14.05</b>	<b>Georgetown</b>	<b>F</b>	<b>2.</b>	<b>11.20</b>	<b>-0.2</b>

**Carmelita JETER****Lane 4**

USA - 24.11.79 - Age: 36 years 180 days

**SB: 11.34** Georgetown (CAY) 14.05 (73rd T-L 2016) | **PB: 10.64** Shanghai (CHN) 20.09.09 (2nd A-T) | **All-Athletics.com World Rankings: 32nd****Personal bests**

Event	Result	Wind	Venue	Date
50m ind.	6.69		Los Angeles (USA)	23.02.02
55m ind.	6.84		Fresno (USA)	21.01.08
60m ind.	7.02		Albuquerque (USA)	28.02.10
<b>100m</b>	<b>10.64</b>	<b>+1.2</b>	<b>Shanghai (CHN)</b>	<b>20.09.09</b>
200m	22.11	+1.0	Eugene (USA)	30.06.12
200m ind.	25.33		Nampa (USA)	18.01.03
300m	37.52		Pasadena (USA)	23.03.13
400m	53.08		Los Angeles (USA)	04.04.09
4x100m	40.82		London (GBR)	10.08.12

**Records**

Record	Result	Event	Venue	Date
WR	40.82	4x100m	London (GBR)	10.08.12

**Honours****Olympic Games**

Pl.	Event	Competition	Date
1.	4x100m	London Olympic Games	10.08.12
2.	100m	London Olympic Games	04.08.12
3.	200m	London Olympic Games	08.08.12

**World Championships**

Pl.	Event	Competition	Date
1.	4x100m	Daegu IAAF World Championships	04.09.11
1.	100m	Daegu IAAF World Championships	29.08.11
2.	200m	Daegu IAAF World Championships	02.09.11
3.	100m	Moskva IAAF World Championships	12.08.13
3.	100m	Berlin IAAF World Championships	17.08.09
3.	100m	Osaka IAAF World Championships	27.08.07

**World Indoor Championships**

Pl.	Event	Competition	Date
3.	60m ind.	Doha IAAF World Indoor Championships	14.03.10

**IAAF World Relays**

Pl.	Event	Competition	Date
2.	4x100m	Nassau IAAF World Relays	03.05.15

**World Athletics Final**

Pl.	Event	Competition	Date
1.	100m	Thessaloniki IAAF/VTB Bank WAF	13.09.09
1.	100m	Stuttgart IAAF World Athletics Final	23.09.07
4.	100m	Stuttgart IAAF World Athletics Final	14.09.08

**Elaine THOMPSON****Lane 5**

JAM - 28.06.92 - Age: 23 years 329 days

**SB: 11.07** Kingston (JAM) 09.04 (11th T-L 2016) | **PB: 10.84** Eugene (USA) 30.05.15 (30th A-T) | **All-Athletics.com World Rankings: 12th****Personal bests**

Event	Result	Wind	Venue	Date
60m	7.17	+1.6	Kingston (JAM)	30.01.16
60m ind.	7.04		Portland (USA)	19.03.16
<b>100m</b>	<b>10.84</b>	<b>+1.5</b>	<b>Eugene (USA)</b>	<b>30.05.15</b>
200m	21.66	+0.2	Beijing (CHN)	28.08.15
400m	57.66		Kingston (JAM)	26.01.13
4x100m	41.07		Beijing (CHN)	29.08.15
4x200m	1:30.80		Philadelphia (USA)	25.04.15
Sprint Med. 1600m	3:47.14		Philadelphia (USA)	25.04.14

**Honours****World Championships**

Pl.	Event	Competition	Date
1.	4x100m	Beijing IAAF World Championships	29.08.15
2.	200m	Beijing IAAF World Championships	28.08.15

**World Indoor Championships**

Pl.	Event	Competition	Date
3.	60m ind.	Portland IAAF World Indoor Championships	19.03.16

**Further honours**

- 1x CAC Championships winner
- 2x Diamond League meeting winner
- 1x National champion

5. 200m

Stuttgart IAAF World Athletics Final

13.09.08

**Diamond Race wins**

Year	Event
2010	100m
2011	200m
2011	100m

**Further honours**

- 14x Diamond League meeting winner
- 3x Golden League meeting winner
- 3x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
16	11.34	-0.2	Georgetown (CAY)	14.05.16
15	11.01	+1.2	Eugene (USA)	26.06.15
14	11.24	0.0	Birmingham (GBR)	24.08.14
13	10.93	+0.7	London (GBR)	27.07.13
12	10.78	+1.5	London (GBR)	04.08.12
11	10.70	+2.0	Eugene (USA)	04.06.11
10	10.82	+0.4	Monaco (MON)	22.07.10
09	10.64	+1.2	Shanghai (CHN)	20.09.09
08	10.97	+0.7	Eugene (USA)	27.06.08
07	11.02	-0.2	Osaka (JPN)	27.08.07
06	11.48	0.0	Los Angeles (USA)	04.06.06
05	12.00	-2.8	Fullerton (USA)	12.03.05
04	11.56	+0.6	La Jolla (USA)	17.06.04
03	11.61	+0.6	Walnut (USA)	19.04.03
02	11.77	+2.0	San Diego (USA)	11.05.02
01	11.82	+1.2	Irvine (USA)	29.04.01
00	11.73	0.0	Long Beach (USA)	15.04.00
99	11.95	+1.4	Claremont (USA)	16.04.99

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
400m	19.03	Los Angeles	F1	3.	55.57	
400m	09.04	Los Angeles	F2	2.	56.14	
4x100m	09.04	Los Angeles	F	1.	44.53	
200m	16.04	Walnut	F1	6.	23.43	+1.9
4x100m	16.04	Walnut	F1	3.	43.55	
4x100m	30.04	Philadelphia	F	1.	42.61	
100m	07.05	Los Angeles	F1	1.	11.42	-0.9
200m	07.05	Los Angeles	F1	2.	23.49	+2.4
<b>100m</b>	<b>14.05</b>	<b>Georgetown</b>	<b>F</b>	<b>3.</b>	<b>11.34</b>	<b>-0.2</b>

**Progression**

Year	Result	Wind	Venue	Date
16	11.07	0.0	Kingston (JAM)	09.04.16
15	10.84	+1.5	Eugene (USA)	30.05.15
14	11.17	+1.1	Kingston (JAM)	31.05.14
13	11.41	-0.1	Kingston (JAM)	23.02.13
10	12.35	-1.5	Kingston (JAM)	06.03.10
09	12.01	0.0	Kingston (JAM)	02.04.09
06	11.80		Kirkvine (JAM)	22.02.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
60m	30.01	Kingston	F1	1.	7.17	+1.6
100m	12.03	Kingston	F3	-	DNF	+2.2
<b>100m</b>	<b>09.04</b>	<b>Kingston</b>	<b>F4</b>	<b>1.</b>	<b>11.07</b>	<b>0.0</b>
4x100m	30.04	Philadelphia	F	2.	42.90	
100m	07.05	Kingston	F	1.	10.71	+2.4

**Blessing OKAGBARE-IGHOTEGUONOR****Lane 6**

NGR - 09.10.88 - Age: 27 years 226 days

SB: 11.30 Kawasaki (JPN) 08.05 (59th T-L 2016) | PB: 10.79 London (GBR) 27.07.13 (14th A-T) |

All-Athletics.com World Rankings: 4th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	7.18		Houston (USA)	26.02.10
<b>100m</b>	<b>10.79</b>	<b>+1.1</b>	<b>London (GBR)</b>	<b>27.07.13</b>
200m	22.23	+1.5	Eugene (USA)	31.05.14
200m ind.	23.52		Lincoln (USA)	06.02.10
300m	37.04		Pasadena (USA)	23.03.13
400m	53.34		Walnut (USA)	18.04.15
Long Jump	7.00	0.0	Monaco (MON)	19.07.13
Long Jump ind.	6.87		Fayetteville (USA)	12.03.10
Triple Jump	14.13	+2.0	Lagos (NGR)	19.05.07
Triple Jump ind.	13.64		Fayetteville (USA)	16.02.08
4x100m	41.79		Walnut (USA)	20.04.13
4x200m	1:30.52		Nassau (BAH)	02.05.15
Sprint Med. 1600m	3:47.09		Philadelphia (USA)	30.04.11

**Records**

Record	Result	Event	Venue	Date
AR	10.79	100m	London (GBR)	27.07.13
AR	1:30.52	4x200m	Nassau (BAH)	02.05.15

**Honours****Olympic Games**

Pl.	Event	Competition	Date
3.	Long Jump	Beijing Olympic Games	22.08.08
4.	4x100m	London Olympic Games	10.08.12
8.	100m	London Olympic Games	04.08.12

**World Championships**

Pl.	Event	Competition	Date
2.	Long Jump	Moskva IAAF World Championships	11.08.13
3.	200m	Moskva IAAF World Championships	16.08.13
5.	100m	Daegu IAAF World Championships	29.08.11
6.	100m	Moskva IAAF World Championships	12.08.13
7.	4x100m	Daegu IAAF World Championships	04.09.11
8.	100m	Beijing IAAF World Championships	24.08.15

**Commonwealth Games**

Pl.	Event	Competition	Date
1.	200m	Glasgow Commonwealth Games	31.07.14
1.	100m	Glasgow Commonwealth Games	28.07.14
2.	4x100m	Glasgow Commonwealth Games	02.08.14

**Alexandria ANDERSON****Lane 7**

USA - 28.01.87 - Age: 29 years 115 days

SB: 11.19 Austin (USA) 16.04 (24th T-L 2016) | PB: 10.91 Des Moines (USA) 21.06.13 | All-

Athletics.com World Rankings: 36th

**Personal bests**

Event	Result	Wind	Venue	Date
50m ind.	6.28		New York (USA)	28.01.12
55m ind.	6.88		Houston (USA)	14.01.06
60m ind.	7.12		Albuquerque (USA)	27.02.11
<b>100m</b>	<b>10.91</b>	<b>+1.7</b>	<b>Des Moines (USA)</b>	<b>21.06.13</b>
200m	22.60	+0.5	Fayetteville (USA)	11.06.09
200m ind.	22.81		Fayetteville (USA)	14.03.08
400m	52.63		Charleston (USA)	21.05.05
60mH ind.	8.83		Flagstaff (USA)	04.02.06
100mH	13.91	+2.0	Emporia (USA)	26.05.06
Long Jump	6.32		Charleston (USA)	21.05.05
Long Jump ind.	6.06		Champaign (USA)	19.01.08
Triple Jump	11.68	+1.0	California (USA)	05.05.07
4x100m	41.67		Zürich (SUI)	29.08.13
4x200m	1:32.67		Gainesville (USA)	06.04.13
4x400m	3:27.60		Grosseto (ITA)	18.07.04
Sprint Med. 1600m	3:37.94		Philadelphia (USA)	26.04.14

**Honours****World Championships**

Pl.	Event	Competition	Date
2.	4x100m	Moskva IAAF World Championships	18.08.13
7.	100m	Moskva IAAF World Championships	12.08.13

**IAAF World Relays**

Pl.	Event	Competition	Date
1.	4x100m	Nassau IAAF World Relays	24.05.14

**IAAF World Relays**

Pl.	Event	Competition	Date
1.	4x200m	Nassau IAAF World Relays	02.05.15

**All-African Games**

Pl.	Event	Competition	Date
1.	4x100m	Brazzaville All-Africa Games	15.09.15
1.	Long Jump	Maputo All-Africa Games	14.09.11
2.	100m	Maputo All-Africa Games	12.09.11
2.	Long Jump	Algiers All-Africa Games	21.07.07
4.	Triple Jump	Algiers All-African Games	18.07.07

**African Championships**

Pl.	Event	Competition	Date
1.	4x100m	Marrakesh African Championships	12.08.14
1.	100m	Marrakesh African Championships	11.08.14
1.	Long Jump	Porto Novo African Championships	29.06.12
1.	Long Jump	Nairobi African Championships	30.07.10
1.	4x100m	Nairobi African Championships	30.07.10
1.	100m	Nairobi African Championships	29.07.10
2.	100m	Porto Novo African Championships	28.06.12

**World (Continental) Cup**

Pl.	Event	Competition	Date
3.	100m	Split IAAF/VTB Bank Continental Cup	04.09.10
3.	4x100m	Split IAAF/VTB Bank Continental Cup	04.09.10
6.	Long Jump	Split IAAF/VTB Bank Continental Cup	05.09.10

**Further honours**

- 10x Diamond League meeting winner
- 2x NCAA champion
- 16x National champion

**Progression**

Year	Result	Wind	Venue	Date
16	11.30	-1.7	Kawasaki (JPN)	08.05.16
15	10.80	+0.2	Paris (FRA)	04.07.15
14	10.85	+0.3	Glasgow (GBR)	28.07.14
13	10.79	+1.1	London (GBR)	27.07.13
12	10.92	+1.0	London (GBR)	04.08.12
11	11.08	+2.0	Eugene (USA)	04.06.11
10	10.7h	+1.3	El Paso (USA)	10.04.10
09	11.16	-0.1	Abuja (NGR)	24.07.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
200m	23.04	Waco	F7	1.	22.82	-0.3
Long Jump	29.04	Des Moines	F	4.	6.25	+0.9
<b>100m</b>	<b>08.05</b>	<b>Kawasaki</b>	<b>F</b>	<b>2.</b>	<b>11.30</b>	<b>-1.7</b>

**World Junior Championships**

Pl.	Event	Competition	Date
1.	4x400m	Grosseto IAAF World Junior Championships	18.07.04
5.	100m	Beijing IAAF World Junior Championships	16.08.06

**Further honours**

- 2x Diamond League meeting winner
- 1x NCAA champion
- 1x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
16	11.19	+0.8	Austin (USA)	16.04.16
15	11.16	+1.5	Eugene (USA)	26.06.15
14	11.11	+1.2	Clermont (USA)	31.05.14
13	10.91	+1.8	Des Moines (USA)	21.06.13
12	11.12	+1.4	Eugene (USA)	23.06.12
11	11.01	+1.8	Sao Paulo (BRA)	22.05.11
10	11.04	+1.8	Clermont (USA)	05.06.10
09	11.02	+1.4	Fayetteville (USA)	10.06.09
08	11.07	+1.8	Eugene (USA)	28.06.08
07	11.21	-1.2	Lincoln (USA)	13.05.07
06	11.12	+1.2	Indianapolis (USA)	22.06.06
05	11.39	+1.0	Greensboro (USA)	17.06.05
04	11.41	+2.0	Charleston (USA)	22.05.04
03	11.62		Charleston (USA)	24.05.03
02	11.83		Charleston (USA)	18.05.02

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	02.04	Austin	F2	2.	11.32	-0.1
4x100m	02.04	Austin	F	3.	43.83	
<b>100m</b>	<b>16.04</b>	<b>Austin</b>	<b>F1</b>	<b>1.</b>	<b>11.19</b>	<b>+0.8</b>
100m	23.04	Waco	F3	3.	11.44	-0.3
100m	07.05	Austin	F1	1.	10.97	+5.3
200m	07.05	Austin	F1	1.	22.53	+4.7
100m	14.05	Baie Mahault	F1	2.	11.28	-0.3



**Ezinne OKPARAEO****Lane 8**

NOR - 03.03.88 - Age: 28 years 80 days

SB: 11.28 Clermont (USA) 30.04 (52nd T-L 2016) | PB: 11.10 London (GBR) 04.08.12 (187th A-T) |

All-Athletics.com World Rankings: 28th

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	7.10		Praha (CZE)	08.03.15
<b>100m</b>	<b>11.10</b>	<b>+1.2</b>	<b>London (GBR)</b>	<b>04.08.12</b>
100m ind.	11.42		Florø (NOR)	21.02.09
150m	17.31	+0.2	Oslo (NOR)	19.05.10
200m	23.30	+0.4	Florø (NOR)	02.06.12
200m ind.	25.04		Stange (NOR)	19.02.06
4x100m	43.75		Gainesville (USA)	07.04.12
4x200m ind.	1:35.60		Växjö (SWE)	13.02.16

**Honours****European Championships**

Pl.	Event	Competition	Date
4.	100m	Helsinki European Championships	28.06.12
4.	100m	Barcelona European Championships	29.07.10

**European Indoor Championships**

Pl.	Event	Competition	Date
2.	60m ind.	Torino European Indoor Championships	08.03.09
3.	60m ind.	Paris European Indoor Championships	06.03.11
4.	60m ind.	Praha European Indoor Championships	08.03.15
6.	60m ind.	Göteborg European Indoor Championships	03.03.13

**World (Continental) Cup**

Pl.	Event	Competition	Date
5.	100m	Split IAAF/VTB Bank Continental Cup	04.09.10

**Carina HORN****Lane 9**

RSA - 09.03.89 - Age: 27 years 74 days

SB: 11.23 Pretoria (RSA) 08.03 (36th T-L 2016) | PB: 11.06 Madrid (ESP) 11.07.15 (138th A-T) |

All-Athletics.com World Rankings: 21st

**Personal bests**

Event	Result	Wind	Venue	Date
60m ind.	7.19		Berlin (GER)	13.02.16
<b>100m</b>	<b>11.06</b>	<b>+1.2</b>	<b>Madrid (ESP)</b>	<b>11.07.15</b>
200m	23.43		Rédut (MRI)	17.04.11
300m	41.12		Stellenbosch (RSA)	12.12.10
400m	56.07		Potchefstroom (RSA)	23.01.09
4x100m	44.78		Pretoria (RSA)	05.05.12

**Honours****African Championships**

Pl.	Event	Competition	Date
7.	200m	Nairobi African Championships	01.08.10

**European Junior Championships**

Pl.	Event	Competition	Date
1.	100m	Hengelo European Junior Championships	20.07.07

**European Team Championships**

Pl.	Event	Competition	Date
2.	100m	Bergen SPAR European Team Championships	19.06.10

**Further honours**

- 1x Diamond League meeting winner
- 3x European Team Championships 1st League winner
- 11x National champion
- 2x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
16	11.28	+1.6	Clermont (USA)	30.04.16
15	11.12	-1.2	Beijing (CHN)	23.08.15
14	11.24	-0.4	Zürich (SUI)	12.08.14
13	11.23	-0.3	Moskva (RUS)	11.08.13
12	11.10	+1.2	London (GBR)	04.08.12
11	11.21	+1.4	Daegu (KOR)	28.08.11
10	11.23	+1.0	Barcelona (ESP)	29.07.10
09	11.29	+0.1	Oslo (NOR)	03.07.09
08	11.32	0.0	Beijing (CHN)	16.08.08
07	11.43	+0.7	Florø (NOR)	02.06.07
06	11.65	+0.6	Beijing (CHN)	15.08.06
05	11.71	+0.7	Bergen (NOR)	19.08.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
100m	30.04	Clermont	H4	1.	11.42	+1.0
<b>100m</b>	<b>30.04</b>	<b>Clermont</b>	<b>F2</b>	<b>1.</b>	<b>11.28</b>	<b>+1.6</b>
200m	30.04	Clermont	F5	1.	23.40	+1.9

**Further honours**

- 5x National champion

**Progression**

Year	Result	Wind	Venue	Date
16	11.23	+0.8	Pretoria (RSA)	08.03.16
15	11.06	+1.2	Madrid (ESP)	11.07.15
14	11.17	+1.0	St. Pölten (AUT)	14.06.14
13	11.50	+1.5	La Chaux-de-Fonds (SUI)	07.07.13
12	11.72	+0.6	Pretoria (RSA)	04.05.12
11	11.59	+2.0	Fribourg (SUI)	30.07.11
10	11.70	+1.5	Potchefstroom (RSA)	17.04.10
09	11.81	-0.7	Stellenbosch (RSA)	14.03.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
<b>100m</b>	<b>08.03</b>	<b>Pretoria</b>	<b>F</b>	<b>1.</b>	<b>11.23</b>	<b>+0.8</b>
100m	15.04	Stellenbosch	H1	1.	11.35	+2.0
100m	15.04	Stellenbosch	SF1	1.	11.26	-0.8
100m	15.04	Stellenbosch	F	2.	11.37	-0.2



### Start list 800m Time: 18:25

Lane	Athlete	Nat	NR	PB	SB
1	Sofia ENNAOUI	POL	1:56.95	2:00.11	2:03.85
1	Siham HILALI	MAR	1:56.43	2:00.15	
2	Joanna JÓŻWIK	POL	1:56.95	1:58.35	
2	Renelle LAMOTE	FRA	1:56.53	1:58.86	2:00.99
3	Habibam ALEMU	ETH	1:57.48	1:59.14	1:59.14
3	Francine NIYONSABA	BDI	1:56.59	1:56.59	
4	Malika AKKAOUI	MAR	1:56.43	1:57.64	1:59.93
5	Marina ARZAMASOVA	BLR	1:56.1h	1:57.54	
5	Shelayna OSKAN-CLARKE	GBR	1:56.21	1:58.86	2:01.04
6	Lynsey SHARP	GBR	1:56.21	1:57.71	
7	Caster SEMENYA	RSA	1:55.45	1:55.45	1:58.26
8	Eunice Jepkoech SUM	KEN	1:54.01	1:56.99	1:59.74
8	Anastasiya TKACHUK	UKR	1:53.43	2:00.21	2:02.42 PM

Pace: 400m - 57.5

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Marina ARZAMASOVA (BLR)	1:58.03
2.	Melissa BISHOP (CAN)	1:58.12
3.	Eunice Jepkoech SUM (KEN)	1:58.18

#### 2013 - Moskva IAAF World Ch.

1.	Eunice Jepkoech SUM (KEN)	1:57.38
2.	Mariya SAVINOVA (RUS)	1:57.80
3.	Brenda MARTINEZ (USA)	1:57.91

#### 2012 - London Olympic Games

1.	Mariya SAVINOVA (RUS)	1:56.19
2.	Caster SEMENYA (RSA)	1:57.23
3.	Yekaterina POISTOGOVA (RUS)	1:57.53

#### 2011 - Daegu IAAF World Ch.

1.	Mariya SAVINOVA (RUS)	1:55.87
2.	Caster SEMENYA (RSA)	1:56.35
3.	Janeth JEPKOSGEI (KEN)	1:57.42

#### 2009 - Berlin IAAF World Ch.

1.	Caster SEMENYA (RSA)	1:55.45
2.	Janeth JEPKOSGEI (KEN)	1:57.90
3.	Jennifer MEADOWS (GBR)	1:57.93

#### 2008 - Beijing Olympic Games

1.	Pamela JELIMO (KEN)	1:54.87
2.	Janeth JEPKOSGEI (KEN)	1:56.07
3.	Hasna BENHASSI (MAR)	1:56.73

#### 2007 - Osaka IAAF World Ch.

1.	Janeth JEPKOSGEI (KEN)	1:56.04
2.	Hasna BENHASSI (MAR)	1:56.99
3.	María Teresa MARTÍNEZ (ESP)	1:57.62

#### 2005 - Helsinki IAAF World Ch.

1.	Zulia CALATAYUD (CUB)	1:58.82
2.	Hasna BENHASSI (MAR)	1:59.42
3.	Tatyana ANDRIANOVA (RUS)	1:59.60

#### 2004 - Athens Olympic Games

1.	Kelly HOLMES (GBR)	1:56.38
2.	Hasna BENHASSI (MAR)	1:56.43
3.	Jolanda BATAGELJ (SLO)	1:56.43

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Maria de Lurdes MUTOLA (MOZ)	1:59.89
2.	Kelly HOLMES (GBR)	2:00.18
3.	Natalya KHRUSHCHELYOVA (RUS)	2:00.29

### Diamond Race

1	Caster SEMENYA (RSA)	10
2	Habibam ALEMU (ETH)	6
3	Eunice Jepkoech SUM (KEN)	4
4	Malika AKKAOUI (MAR)	3
5	Shelayna OSKAN-CLARKE (GBR)	2
6	Chanelle PRICE (USA)	1

### Rabat previous Winners

15	Renelle LAMOTE (FRA)	1:59.99
14	Marina ARZAMASOVA (BLR)	2:00.71
13	Yekaterina POISTOGOVA (RUS)	1:59.80
12	Ibtissam LAKHOUAD (MAR)	2:00.22
11	Halima HACHLAF (MAR)	2:00.55
10	Halima HACHLAF (MAR)	2:00.63
09	Jennifer MEADOWS (GBR)	2:01.78
08	Hasna BENHASSI (MAR)	2:00.80

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Caster SEMENYA (RSA)	1:58.26
2.	Habibam ALEMU (ETH)	1:59.14
3.	Eunice Jepkoech SUM (KEN)	1:59.74

### Records

WR	1:53.28	Jarmila KRATOCHVÍLOVÁ	TCH	München	26.07.83
AR	1:54.01	Pamela JELIMO	KEN	Zürich	29.08.08
NR	1:56.43	Hasna BENHASSI	MAR	Athina	23.08.04
WJR	1:54.01	Pamela JELIMO	KEN	Zürich	29.08.08
MR	1:59.80	Yekaterina POISTOGOVA	RUS		09.06.13
DLR	1:56.59	Francine NIYONSABA	BDI	Bruxelles	07.09.12
SB	1:58.26	Caster SEMENYA	RSA	Doha	06.05.16

### 2016 World Outdoor list

1:58.26	Caster SEMENYA	RSA	Doha	06.05.16
1:58.84	Sahily DIAGO MESA	CUB	Puebla	17.04.16
1:59.14	Habibam ALEMU	ETH	Doha	06.05.16
1:59.74	Eunice Jepkoech SUM	KEN	Doha	06.05.16
1:59.93	Malika AKKAOUI	MAR	Doha	06.05.16
2:00.05	Kate GRACE	USA	Portland	15.05.16
2:00.15	Laura ROESLER	USA	Los Angeles	20.05.16
2:00.18	Brenda MARTINEZ	USA	Los Angeles	20.05.16
2:00.58	Chrishuna WILLIAMS	USA	Palo Alto	01.05.16
2:00.64	Justine FEDRONIC	FRA	Palo Alto	01.05.16
2:00.66	Tigist ASSEFA	ETH	Kawasaki	08.05.16
2:00.82	Maggie VESSEY	USA	Palo Alto	01.05.16
2:00.99	Alexa EFRAIMSON	USA	Portland	15.05.16
2:00.99	Renelle LAMOTE	FRA	Rehlingen	16.05.16
2:01.02	Olivia BAKER	USA	Palo Alto	01.05.16
2:01.03	Shoebie WRIGHT	USA	Los Angeles	20.05.16
2:01.04	Shelayna OSKAN-CLARKE	GBR	Doha	06.05.16
2:01.05	Chanelle PRICE	USA	Doha	06.05.16
2:01.11	Molly LUDLOW	USA	Los Angeles	20.05.16
2:01.27	Alyssia MONTAÑO	USA	Berkeley	23.04.16

### All-Time World Outdoor list

1:53.28	Jarmila KRATOCHVÍLOVÁ	TCH	München	26.07.83
1:53.43	Nadezhda OLIZARENKO	URS	Moskva	27.07.80
1:54.01	Pamela JELIMO	KEN	Zürich	29.08.08
1:54.44	Ana Fidelia QUIROT	CUB	Barcelona	09.09.89
1:54.81	Olga MINEYEVA	URS	Moskva	27.07.80
1:54.94	Tatyana KAZANKINA	URS	Montreal	26.07.76
1:55.05	Doina MELINTE	ROU	Bucuresti	01.08.82
1:55.19	Maria de Lurdes MUTOLA	MOZ	Zürich	17.08.94
1:55.19	Jolanda BATAGELJ	SLO	Heusden-Zolder	20.07.02
1:55.26	Sigrun WODARS-GRAU	GDR	Roma	31.08.87
1:55.32	Christine WACHTEL	GDR	Roma	31.08.87
1:55.42	Nikolina SHTEREVA	BUL	Montreal	26.07.76
1:55.45	Caster SEMENYA	RSA	Berlin	19.08.09
1:55.46	Tatyana PROVIDOKHINA	URS	Moskva	27.07.80
1:55.54	Ellen VAN LANGEN	NED	Barcelona	08.08.92
1:55.54	Dong LIU	CHN	Beijing	09.09.93
1:55.56	Lyubov GURINA	URS	Roma	31.08.87
1:55.60	Elfi ZINN	GDR	Montreal	26.07.76
1:55.68	Ella KOVÁCS	ROU	Bucuresti	02.06.85
1:55.69	Irina PODYALOVSKAYA	URS	Kiev	22.06.84

### WR progression

1:53.28	Jarmila KRATOCHVÍLOVÁ	TCH	München	26.07.83
1:53.43	Nadezhda OLIZARENKO	URS	Moskva	27.07.80
1:54.85	Nadezhda OLIZARENKO	URS	Moskva	12.06.80
1:54.94	Tatyana KAZANKINA	URS	Montreal	26.07.76
1:56.0h	Valentina GERASIMOVA	URS	Kiev	12.06.76
1:57.48	Svetla ZLATEVA-KOLEVA	BUL	Athina	24.08.73
1:58.45	Hildegard FALCK	GER	Stuttgart	11.07.71
2:00.5h	Vera NIKOLIĆ	YUG	London	20.07.68
2:01.0h	Judy POLLOCK	AUS	Helsinki	28.06.67
2:01.1h	Ann PACKER	GBR	Tokyo	20.10.64
2:01.2h	Dixie WILLIS	AUS	Perth	03.03.62
2:04.3h	Lyudmila SHEVTSOVA	URS	Roma	07.09.60
2:04.3h	Lyudmila SHEVTSOVA	URS	Moskva	03.07.60
2:05.0h	Nina OTKALENKO	URS	Zagreb	24.09.55
2:06.6h	Nina OTKALENKO	URS	Kiev	16.09.54
2:07.3h	Nina OTKALENKO	URS	Moskva	27.08.53
2:08.5h	Nina OTKALENKO	URS	Kiev	15.06.52
2:12.0h	Nina OTKALENKO	URS	Minsk	26.08.51

**Sofia ENNAOUI**

**Lane 1**

POL - 30.08.95 - Age: 20 years 266 days

SB: 2:03.85 Doha (QAT) 06.05 (84th T-L 2016) | PB: 2:00.11 Beijing (CHN) 27.08.15 (443rd A-T) | All-Athletics.com World Rankings: 45th

**Personal bests**

Event	Result	Venue	Date
400m	55.66	Poznan (POL)	18.05.13
<b>800m</b>	<b>2:00.11</b>	<b>Beijing (CHN)</b>	<b>27.08.15</b>
800m ind.	2:03.48	Toruń (POL)	15.02.15
1000m	2:59.57	Toruń (POL)	26.09.10
1000m ind.	2:56.14	Łódź (POL)	07.01.12
1500m	4:04.26	Monaco (MON)	17.07.15
1500m ind.	4:11.95	Mondeville (FRA)	07.02.15
Mile	4:27.32	Bruxelles (BEL)	11.09.15
Mile ind.	4:30.43	Stockholm (SWE)	17.02.16
2000m	6:01.95	Amsterdam (NED)	31.08.13
2000m ind.	6:15.59	Spala (POL)	29.01.12
3000m	8:59.44	Sotteville (FRA)	14.06.14
3000m ind.	8:49.07	Glasgow (GBR)	20.02.16
4x800m	8:11.36	Nassau (BAH)	03.05.15
Distance Medley	10:45.32	Nassau (BAH)	02.05.15

**Honours**

**IAAF World Relays**

Pl.	Event	Competition	Date
2.	4x800m	Nassau IAAF World Relays	03.05.15
3.	Distance Medley	Nassau IAAF World Relays	02.05.15

**World Junior Championships**

Pl.	Event	Competition	Date
5.	1500m	Eugene IAAF World Junior Championships	27.07.14

**Siham HILALI**

**Lane 1**

MAR - 02.05.86 - Age: 30 years 20 days

PB: 2:00.15 Paris (FRA) 06.07.13 (449th A-T)

**Personal bests**

Event	Result	Venue	Date
<b>800m</b>	<b>2:00.15</b>	<b>Paris (FRA)</b>	<b>06.07.13</b>
1500m	4:01.33	Hengelo (NED)	29.05.11
1500m ind.	4:04.53	Liévin (FRA)	14.02.12
2000m	5:47.93	Bruxelles (BEL)	04.09.09
3000m	9:03.16	Grosseto (ITA)	17.07.04
3000m ind.	8:46.17	Boston (USA)	04.02.12

**Honours**

**World Indoor Championships**

Pl.	Event	Competition	Date
5.	1500m ind.	Valencia IAAF World Indoor Championships	09.03.08

**World Junior Championships**

Pl.	Event	Competition	Date
3.	1500m	Grosseto IAAF World Junior Championships	18.07.04
3.	3000m	Grosseto IAAF World Junior Championships	17.07.04

**World Athletics Final**

Pl.	Event	Competition	Date
8.	1500m	Stuttgart IAAF World Athletics Final	22.09.07

**Joanna JÓZWIK**

**Lane 2**

POL - 30.01.91 - Age: 25 years 113 days

PB: 1:58.35 Beijing (CHN) 27.08.15 (176th A-T) | All-Athletics.com World Rankings: 8th

**Personal bests**

Event	Result	Venue	Date
200m	24.16	Sosnowiec (POL)	22.07.14
200m ind.	24.96	Spala (POL)	07.02.15
300m	39.83	Rzeszów (POL)	04.09.11
300m ind.	40.84	Spala (POL)	15.01.10
400m	53.08	Biała Podlaska (POL)	06.09.14
400m ind.	54.43	Spala (POL)	07.02.15
600m	1:25.04	Szczecin (POL)	09.08.15
600m ind.	1:32.45	Łódź (POL)	14.01.12
<b>800m</b>	<b>1:58.35</b>	<b>Beijing (CHN)</b>	<b>27.08.15</b>
800m ind.	2:00.01	Toruń (POL)	03.02.15
1000m	2:35.57	Hengelo (NED)	24.05.15
1000m ind.	2:42.36	Spala (POL)	26.01.14
4x400m	3:34.98	Kraków (POL)	21.07.15
4x400m ind.	3:42.00	Sopot (POL)	23.02.14

**Honours**

**World Championships**

Pl.	Event	Competition	Date
7.	800m	Beijing IAAF World Championships	29.08.15

**European Championships**

Pl.	Event	Competition	Date
3.	800m	Zürich European Championships	16.08.14

**European U23 Championships**

Pl.	Event	Competition	Date
2.	1500m	Tallinn European U23 Championships	12.07.15

**European Indoor Championships**

Pl.	Event	Competition	Date
6.	3000m ind.	Praha European Indoor Championships	07.03.15

**European Junior Championships**

Pl.	Event	Competition	Date
2.	1500m	Rieti European Junior Championships	21.07.13

**European Team Championships**

Pl.	Event	Competition	Date
1.	3000m	Cheboksary European Team Championships	20.06.15

**Further honours**

- 1x National champion
- 1x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	2:03.85	Doha (QAT)	06.05.16
15	2:00.11	Beijing (CHN)	27.08.15
14	2:03.00	Bydgoszcz (POL)	02.06.14
13	2:02.72	Szczecin (POL)	22.06.13
12	2:05.09	Gdansk (POL)	26.05.12
11	2:09.65	Slubice (POL)	17.06.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	06.05	Doha	F	10.	2:03.85
1500m	14.05	Shanghai	F	7.	4:05.10

**World Youth Championships**

Pl.	Event	Competition	Date
1.	3000m	Sherbrooke IAAF World Youth Ch.	09.07.03

**Francophone Games**

Pl.	Event	Competition	Date
2.	1500m	Nice Francophone Games	12.09.13
2.	1500m	Beirut Francophone Games	05.10.09

**African Junior Championships**

Pl.	Event	Competition	Date
3.	1500m	Garoua African Junior Championships	03.08.03

**Further honours**

- 1x Mediterranean Games winner

**Progression**

Year	Result	Venue	Date
13	2:00.15	Paris (FRA)	06.07.13
11	2:02.04	Botrop (GER)	15.07.11
07	2:06.9h	Amman (JOR)	19.05.07
04	2:06.17	Algiers (ALG)	24.06.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	18.05	Beijing	F	8.	4:09.82

**World Junior Championships**

Pl.	Event	Competition	Date
8.	4x400m	Moncton IAAF World Junior Championships	25.07.10

**European Indoor Championships**

Pl.	Event	Competition	Date
4.	800m ind.	Praha European Indoor Championships	08.03.15

**European Team Championships**

Pl.	Event	Competition	Date
2.	800m	Cheboksary European Team Championships	20.06.15

**Further honours**

- 5x National champion

**Progression**

Year	Result	Venue	Date
15	1:58.35	Beijing (CHN)	27.08.15
14	1:59.63	Zürich (SUI)	16.08.14
13	2:02.39	Bydgoszcz (POL)	08.06.13
12	2:05.87	Kraków (POL)	08.09.12
11	2:03.15	Bydgoszcz (POL)	03.06.11
10	2:05.09	Moncton (CAN)	21.07.10
09	2:07.31	Ślupsk (POL)	04.07.09
08	2:11.55	Rzeszów (POL)	07.09.08
07	2:12.90	Rzeszów (POL)	27.05.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Renelle LAMOTE****Lane 2**

FRA - 26.12.93 - Age: 22 years 148 days

SB: **2:00.99** Rehlingen (GER) 16.05 (12th T-L 2016) | **PB: 1:58.86** Beijing (CHN) 27.08.15 (241st A-T) | **All-Athletics.com World Rankings: 5th****Personal bests**

Event	Result	Venue	Date
400m	53.92	Longjumeau (FRA)	08.05.16
400m ind.	55.22	Fontainebleau (FRA)	13.12.14
<b>800m</b>	<b>1:58.86</b>	<b>Beijing (CHN)</b>	<b>27.08.15</b>
800m ind.	2:01.97	Glasgow (GBR)	24.01.15
1500m	4:35.93	Sotteville (FRA)	19.05.13
4x400m	3:45.29	Longjumeau (FRA)	08.05.16
4x800m	8:17.54	Nassau (BAH)	25.05.14
Distance Medley	11:06.33	Nassau (BAH)	02.05.15

**Honours****World Championships**

Pl.	Event	Competition	Date
8.	800m	Beijing IAAF World Championships	29.08.15

**European U23 Championships**

Pl.	Event	Competition	Date
1.	800m	Tallinn European U23 Championships	11.07.15

**Habitam ALEMU****Lane 3**

ETH - 09.07.97 - Age: 18 years 318 days

SB: **1:59.14** Doha (QAT) 06.05 (3rd T-L 2016) | **PB: 1:59.14** Doha (QAT) 06.05.16 (270th A-T) |**All-Athletics.com World Rankings: 19th****Personal bests**

Event	Result	Venue	Date
<b>800m</b>	<b>1:59.14</b>	<b>Doha (QAT)</b>	<b>06.05.16</b>
800m ind.	2:01.31	Eaubonne (FRA)	09.02.16

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
6.	800m ind.	Portland IAAF World Indoor Championships	20.03.16

**Francine NIYONSABA****Lane 3**

BDI - 05.05.93 - Age: 23 years 17 days

PB: **1:56.59** Bruxelles (BEL) 07.09.12 (46th A-T) | **All-Athletics.com World Rankings: 24th****Personal bests**

Event	Result	Venue	Date
<b>800m</b>	<b>1:56.59</b>	<b>Bruxelles (BEL)</b>	<b>07.09.12</b>
800m ind.	2:00.01	Portland (USA)	20.03.16

**Honours****Olympic Games**

Pl.	Event	Competition	Date
6.	800m	London Olympic Games	11.08.12

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	800m ind.	Portland IAAF World Indoor Championships	20.03.16

**Malika AKKAOU****Lane 4**

MAR - 25.12.87 - Age: 28 years 149 days

SB: **1:59.93** Doha (QAT) 06.05 (5th T-L 2016) | **PB: 1:57.64** Paris (FRA) 06.07.13 (108th A-T) | **All-Athletics.com World Rankings: 22nd****Personal bests**

Event	Result	Venue	Date
400m	53.19	Palembang (INA)	26.09.13
<b>800m</b>	<b>1:57.64</b>	<b>Paris (FRA)</b>	<b>06.07.13</b>
800m ind.	1:59.01	Liévin (FRA)	14.02.12
1000m	2:39.86	Linz (AUT)	26.08.13
1000m ind.	2:40.43	Eaubonne (FRA)	16.02.12
1500m	4:04.49	Beijing (CHN)	20.05.15
1500m ind.	4:14.25	Gent (BEL)	13.02.16
4x400m	3:37.48	Nice (FRA)	14.09.13

**Honours****African Championships**

Pl.	Event	Competition	Date
3.	800m	Porto Novo African Championships	01.07.12
3.	800m	Nairobi African Championships	01.08.10
6.	800m	Marrakesh African Championships	14.08.14

**Francophone Games**

Pl.	Event	Competition	Date
2.	800m	Nice Francophone Games	14.09.13

**Further honours**

- 3x Pan-Arab Games winner
- 1x Mediterranean Games winner
- 2x National champion

**European Team Championships**

Pl.	Event	Competition	Date
1.	800m	Cheboksary European Team Championships	20.06.15
2.	800m	Braunschweig European Team Championships	21.06.14

**Further honours**

- 1x Diamond League meeting winner
- 1x National champion
- 2x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	2:00.99	Rehlingen (GER)	16.05.16
15	1:58.86	Beijing (CHN)	27.08.15
14	2:00.06	Monaco (MON)	18.07.14
13	2:02.40	Tomblaine (FRA)	02.07.13
12	2:05.23	Rehlingen (GER)	28.05.12
11	2:08.39	Dreux (FRA)	17.07.11
10	2:14.53	Niort (FRA)	17.07.10
09	2:18.24	Conflans-ste-Honorine (FRA)	13.06.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	23.04	St-Denis-Réunion	F	1.	2:03.23
400m	08.05	Longjumeau	F1	1.	53.92
4x400m	08.05	Longjumeau	F	1.	3:45.29
<b>800m</b>	<b>16.05</b>	<b>Rehlingen</b>	<b>F1</b>	<b>1.</b>	<b>2:00.99</b>

**All-African Games**

Pl.	Event	Competition	Date
4.	800m	Brazzaville All-Africa Games	14.09.15

**Progression**

Year	Result	Venue	Date
16	1:59.14	Doha (QAT)	06.05.16
15	2:01.27	Nancy (FRA)	01.07.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>800m</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>2.</b>	<b>1:59.14</b>

**African Championships**

Pl.	Event	Competition	Date
1.	800m	Porto Novo African Championships	01.07.12

**Further honours**

- 4x Diamond League meeting winner

**Progression**

Year	Result	Venue	Date
15	1:57.62	Rieti (ITA)	13.09.15
13	1:56.72	Eugene (USA)	01.06.13
12	1:56.59	Bruxelles (BEL)	07.09.12

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Progression**

Year	Result	Venue	Date
16	1:59.93	Doha (QAT)	06.05.16
15	1:59.03	Beijing (CHN)	27.08.15
14	2:00.58	Roma (ITA)	05.06.14
13	1:57.64	Paris (FRA)	06.07.13
12	1:59.54	Moskva (RUS)	11.06.12
11	1:59.75	Stockholm (SWE)	29.07.11
10	2:00.6h	Madrid (ESP)	02.07.10
09	2:02.10	Tanger (MAR)	12.07.09
08	2:04.25	Albertville (FRA)	10.07.08
07	2:05.04	Castres (FRA)	11.08.07
06	2:06.29	Algiers (ALG)	22.06.06
04	2:10.31	Rabat (MAR)	01.08.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>800m</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>4.</b>	<b>1:59.93</b>

**Marina ARZAMASOVA Lane 5**

BLR - 17.12.87 - Age: 28 years 157 days

PB: 1:57.54 Beijing (CHN) 27.08.15 (103rd A-T) | All-Athletics.com World Rankings: 3rd

**Personal bests**

Event	Result	Venue	Date
400m	52.81	Brest (BLR)	16.05.12
400m ind.	53.97	Mogilyov (BLR)	10.02.12
600m ind.	1:27.28	Mogilyov (BLR)	18.01.13
<b>800m</b>	<b>1:57.54</b>	<b>Beijing (CHN)</b>	<b>27.08.15</b>
800m ind.	2:00.79	Sopot (POL)	09.03.14
1000m	2:36.0h	Florø (NOR)	04.06.11
1000m ind.	2:47.22	Minsk (BLR)	14.01.11
1500m	4:15.99	Minsk (BLR)	18.07.12
4x400m	3:32.33	Cheboksary (RUS)	21.06.15

**Honours****World Championships**

Pl.	Event	Competition	Date
1.	800m	Beijing IAAF World Championships	29.08.15

**European Championships**

Pl.	Event	Competition	Date
1.	800m	Zürich European Championships	16.08.14
2.	800m	Helsinki European Championships	29.06.12

**World Indoor Championships**

Pl.	Event	Competition	Date
3.	800m ind.	Sopot IAAF World Indoor Championships	09.03.14

**European Indoor Championships**

Pl.	Event	Competition	Date
3.	800m ind.	Göteborg European Indoor Championships	03.03.13

**World (Continental) Cup**

Pl.	Event	Competition	Date
3.	800m	Marrakesh IAAF Continental Cup	13.09.14

**Further honours**

- 1x World Military Games winner
- 1x European Team Championships 1st League winner
- 3x National champion
- 4x National Indoor champion

**Progression**

Year	Result	Venue	Date
15	1:57.54	Beijing (CHN)	27.08.15
14	1:58.15	Zürich (SUI)	16.08.14
13	1:59.60	Moskva (RUS)	15.08.13
12	1:59.63	Montreuil-sous-Bois (FRA)	05.06.12
11	1:59.30	Brest (BLR)	21.05.11
10	2:13.77	Minsk (BLR)	14.07.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Shelayna OSKAN-CLARKE Lane 5**

GBR - 20.01.90 - Age: 26 years 123 days

SB: 2:01.04 Doha (QAT) 06.05 (15th T-L 2016) | PB: 1:58.86 Beijing (CHN) 27.08.15 (241st A-T) |

All-Athletics.com World Rankings: 9th

**Personal bests**

Event	Result	Venue	Date
60m ind.	7.96	Lee Valley (GBR)	29.01.12
100m	12.5h	Hemel Hempstead (GBR)	03.09.11
200m	24.55	Bedford (GBR)	17.07.11
200m ind.	24.95	Lee Valley (GBR)	21.01.12
400m	53.20	Birmingham (GBR)	20.08.11
400m ind.	54.48	Birmingham (GBR)	19.02.12
<b>800m</b>	<b>1:58.86</b>	<b>Beijing (CHN)</b>	<b>27.08.15</b>
800m ind.	2:02.66	Gent (BEL)	13.02.16
1500m	4:28.29	Watford (GBR)	18.06.14
4x400m ind.	3:32.83	Glasgow (GBR)	24.01.15

**Honours****World Championships**

Pl.	Event	Competition	Date
5.	800m	Beijing IAAF World Championships	29.08.15

**Progression**

Year	Result	Venue	Date
16	2:01.04	Doha (QAT)	06.05.16
15	1:58.86	Beijing (CHN)	27.08.15
14	2:01.94	Doha (QAT)	09.05.14
13	2:03.52	Watford (GBR)	07.08.13
12	2:11.30	Birmingham (GBR)	22.06.12
11	2:08.02	Watford (GBR)	11.06.11
10	2:08.25	Watford (GBR)	28.07.10
09	2:06.29	Watford (GBR)	13.06.09
08	2:09.20	Eton (GBR)	09.08.08

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	06.05	Doha	F	5.	2:01.04

**Lynsey SHARP Lane 6**

GBR - 11.07.90 - Age: 25 years 316 days

PB: 1:57.71 Berlin (GER) 06.09.15 (114th A-T) | All-Athletics.com World Rankings: 4th

**Personal bests**

Event	Result	Venue	Date
300m	40.12	Antrim (GBR)	04.08.07
300m ind.	40.83	Glasgow (GBR)	06.02.05
400m	54.43	Loughborough (GBR)	11.05.16
500m	1:08.05	Newcastle (GBR)	06.09.14
<b>800m</b>	<b>1:57.71</b>	<b>Berlin (GER)</b>	<b>06.09.15</b>
800m ind.	2:00.30	Boston (USA)	12.02.16
1500m	4:36.27	Edinburgh (GBR)	17.04.11
4x100m	43.59	Gainesville (USA)	05.04.14
4x400m	3:39.05	Gainesville (USA)	19.04.14
4x800m	8:13.46	Philadelphia (USA)	27.04.13

**Honours****European Championships**

Pl.	Event	Competition	Date
1.	800m	Helsinki European Championships	29.06.12
2.	800m	Zürich European Championships	16.08.14

**Commonwealth Games**

Pl.	Event	Competition	Date
2.	800m	Glasgow Commonwealth Games	01.08.14

**European U23 Championships**

Pl.	Event	Competition	Date
2.	800m	Ostrava European U23 Championships	15.07.11

**World (Continental) Cup**

Pl.	Event	Competition	Date
5.	800m	Marrakesh IAAF Continental Cup	13.09.14

**Further honours**

- 1x Diamond League meeting winner
- 3x National champion

**Progression**

Year	Result	Venue	Date
15	1:57.71	Berlin (GER)	06.09.15
14	1:58.80	Zürich (SUI)	16.08.14
13	2:02.63	Walnut (USA)	20.04.13
12	2:00.52	Helsinki (FIN)	29.06.12
11	2:00.65	Ostrava (CZE)	15.07.11
08	2:04.44	Manchester (GBR)	31.05.08
07	2:06.92	Manchester (GBR)	09.06.07
05	2:10.44	London (GBR)	06.08.05
04	2:09.98	Birmingham (GBR)	15.08.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
400m	11.05	Loughborough	F1	2.	54.43

**Caster SEMENYA****Lane 7**

RSA - 07.01.91 - Age: 25 years 136 days

**SB: 1:58.26** Doha (QAT) 06.05 (1st T-L 2016) | **PB: 1:55.45** Berlin (GER) 19.08.09 (13th A-T) | **All-Athletics.com World Rankings: 6th****Personal bests**

Event	Result	Venue	Date
200m	24.35	Potchefstroom (RSA)	01.03.16
400m	50.74	Stellenbosch (RSA)	16.04.16
600m	1:25.56	Turku (FIN)	13.06.12
<b>800m</b>	<b>1:55.45</b>	<b>Berlin (GER)</b>	<b>19.08.09</b>
1500m	4:08.01	Bambous (MRI)	02.08.09
3000m	9:49.85	Stellenbosch (RSA)	20.04.15
4x400m	3:36.92	Port Elizabeth (RSA)	14.04.12

**Honours****Olympic Games**

Pl.	Event	Competition	Date
2.	800m	London Olympic Games	11.08.12

**World Championships**

Pl.	Event	Competition	Date
1.	800m	Berlin IAAF World Championships	19.08.09
2.	800m	Daegu IAAF World Championships	04.09.11

**All-African Games**

Pl.	Event	Competition	Date
1.	800m	Brazzaville All-Africa Games	14.09.15
8.	1500m	Brazzaville All-Africa Games	17.09.15

**African Junior Championships**

Pl.	Event	Competition	Date
1.	1500m	Bambous African Junior Championships	02.08.09
1.	800m	Bambous African Junior Championships	31.07.09

**Eunice Jepkoech SUM****Lane 8**

KEN - 10.04.88 - Age: 28 years 42 days

**SB: 1:59.74** Doha (QAT) 06.05 (4th T-L 2016) | **PB: 1:56.99** Paris (FRA) 04.07.15 (72nd A-T) | **All-Athletics.com World Rankings: 1st****Personal bests**

Event	Result	Venue	Date
<b>800m</b>	<b>1:56.99</b>	<b>Paris (FRA)</b>	<b>04.07.15</b>
1500m	4:01.54	Eugene (USA)	31.05.14
3000m	8:53.12	Eugene (USA)	02.06.12
4x800m	8:04.28	Nassau (BAH)	25.05.14

**Records**

Record	Result	Event	Venue	Date
AR	8:04.28	4x800m	Nassau (BAH)	25.05.14

**Honours****World Championships**

Pl.	Event	Competition	Date
1.	800m	Moskva IAAF World Championships	18.08.13
3.	800m	Beijing IAAF World Championships	29.08.15

**Commonwealth Games**

Pl.	Event	Competition	Date
1.	800m	Glasgow Commonwealth Games	01.08.14

**IAAF World Relays**

Pl.	Event	Competition	Date
2.	4x800m	Nassau IAAF World Relays	25.05.14

**African Championships**

Pl.	Event	Competition	Date
1.	800m	Marrakesh African Championships	14.08.14
2.	800m	Porto Novo African Championships	01.07.12

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	800m	Marrakesh IAAF Continental Cup	13.09.14

**Anastasiya TKACHUK****Lane 8**

UKR - 20.04.93 - Age: 23 years 32 days

**SB: 2:02.42** Kawasaki (JPN) 08.05 (42nd T-L 2016) | **PB: 2:00.21** Kirovograd (UKR) 01.08.15 (464th A-T) | **All-Athletics.com World Rankings: 27th****Personal bests**

Event	Result	Venue	Date
100m	12.46	Kuressaare (EST)	23.08.14
200m	25.24	Yalta (UKR)	01.06.12
400m	53.93	Yalta (UKR)	31.05.12
400m ind.	55.79	Tartu (EST)	09.02.12
<b>800m</b>	<b>2:00.21</b>	<b>Kirovograd (UKR)</b>	<b>01.08.15</b>
800m ind.	2:02.44	Athlone (IRL)	17.02.16
1000m	2:40.97	Moskva (RUS)	23.05.10
1000m ind.	2:45.14	Eaubonne (FRA)	07.02.13
1500m	4:11.83	Rovereto (ITA)	08.09.15
1500m ind.	4:20.17	Kiev (UKR)	20.02.15
4x400m	3:31.14	Tampere (FIN)	14.07.13
4x400m ind.	3:43.71	Sumy (UKR)	27.02.16

**Honours****World Junior Championships**

Pl.	Event	Competition	Date
4.	4x400m	Barcelona IAAF World Junior Ch.	15.07.12
7.	800m	Barcelona IAAF World Junior Ch.	12.07.12

**European U23 Championships**

Pl.	Event	Competition	Date
2.	800m	Tallinn European U23 Championships	11.07.15

**European Junior Championships**

Pl.	Event	Competition	Date
1.	800m	Tallinn European Junior Championships	23.07.11

**Further honours**2x Diamond League meeting winner  
11x National champion**Progression**

Year	Result	Venue	Date
16	1:58.26	Doha (QAT)	06.05.16
15	1:59.59	Beijing (CHN)	26.08.15
14	2:02.66	Roma (ITA)	05.06.14
13	1:58.92	Rieti (ITA)	08.09.13
12	1:57.23	London (GBR)	11.08.12
11	1:56.35	Daegu (KOR)	04.09.11
10	1:58.16	Milano (ITA)	09.09.10
09	1:55.45	Berlin (GER)	19.08.09
08	2:04.23	Pune (IND)	16.10.08

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
200m	01.03	Potchefstroom	F2	1.	24.35
400m	01.03	Potchefstroom	F1	1.	53.54
400m	05.03	Pretoria	F	2.	52.21
400m	12.03	Potchefstroom	F	1.	51.47
400m	18.03	Johannesburg	F	1.	52.45
800m	22.03	Cape Town	F	1.	2:00.23
400m	15.04	Stellenbosch	H1	1.	55.16
800m	15.04	Stellenbosch	H1	1.	2:00.46
400m	16.04	Stellenbosch	F	1.	50.74
800m	16.04	Stellenbosch	F	1.	1:58.45
1500m	16.04	Stellenbosch	F	1.	4:10.91
400m	29.04	Polokwane	H1	1.	55.13
400m	29.04	Polokwane	F	1.	52.52
1500m	29.04	Polokwane	F	1.	4:31.12
800m	30.04	Polokwane	H1	1.	2:10.25
800m	30.04	Polokwane	F	1.	2:03.59
<b>800m</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>1.</b>	<b>1:58.26</b>

**Diamond Race wins**

Year	Event
2013	800m
2014	800m
2015	800m

**Further honours**12x Diamond League meeting winner  
2x National champion**Progression**

Year	Result	Venue	Date
16	1:59.74	Doha (QAT)	06.05.16
15	1:56.99	Paris (FRA)	04.07.15
14	1:57.92	Monaco (MON)	18.07.14
13	1:57.38	Moskva (RUS)	18.08.13
12	1:59.13	Porto Novo (BEN)	01.07.12
11	1:59.66	Nairobi (KEN)	16.07.11
10	2:00.28	Velenje (SLO)	01.07.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	18.03	Nakuru	H2	1.	4:26.5h
1500m	19.03	Nakuru	F	1.	4:21.3h
800m	15.04	Eldoret	SF3	1.	2:03.6h
800m	16.04	Eldoret	F	1.	2:03.2h
<b>800m</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>3.</b>	<b>1:59.74</b>

**European Team Championships**

Pl.	Event	Competition	Date
3.	800m	Cheboksary European Team Championships	20.06.15

**Further honours**

1x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	2:02.42	Kawasaki (JPN)	08.05.16
15	2:00.21	Kirovograd (UKR)	01.08.15
14	2:01.45	Kiev (UKR)	04.06.14
13	2:01.67	Bellinzona (SUI)	11.06.13
12	2:00.78	Yalta (UKR)	28.05.12
11	2:00.37	Yalta (UKR)	31.05.11
10	2:02.11	Donetsk (UKR)	02.07.10
09	2:05.02	Vinnitsa (UKR)	09.06.09
08	2:07.56	Yalta (UKR)	17.06.08

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>800m</b>	<b>08.05</b>	<b>Kawasaki</b>	<b>F</b>	<b>4.</b>	<b>2:02.42</b>

### Start list 5000m Time: 18:42

Lane	Athlete	Nat	NR	PB	SB
1	Sentayehu LEWETEGN	ETH	14:11.15	15:20.55	15:20.55
2	Sviatlana KUDZELICH	BLR	14:47.75	15:52.89	
3	Ababel YESHANEH	ETH	14:11.15	15:17.05	
4	Janet KISA	KEN	14:20.87	14:52.59	16:28.8h
5	Alemitu HAROYE	ETH	14:11.15	14:43.28	
6	Viola Jelagat KIBIWOT	KEN	14:20.87	14:33.48	
7	Meraf BAHTA	SWE	14:59.49	14:59.49	
8	Senbere TEFERI	ETH	14:11.15	14:36.44	14:46.61
9	Almaz AYANA	ETH	14:11.15	14:14.32	
10	Lydia WAFULA	KEN	14:20.87		PM
11	Renata PLIŠ	POL	15:04.88	15:18.75	PM

Pace: Average - 2.50/km | Lap times - 68.0

### Records

WR	14:11.15	Tirunesh DIBABA	ETH	Oslo	06.06.08
AR	14:11.15	Tirunesh DIBABA	ETH	Oslo	06.06.08
NR	14:32.08	Zahra OUAZIZ	MAR	Berlin	01.09.98
WJR	14:30.88	Tirunesh DIBABA	ETH	Bergen	11.06.04
MR	14:45.91	Mariem ALAOUI SELSOULI	MAR		27.05.12
DLR	14:14.32	Almaz AYANA	ETH	Shanghai	17.05.15
SB	14:46.61	Senbere TEFERI	ETH	Herzogenaurach	14.05.16

### 2016 World Outdoor list

14:46.61	Senbere TEFERI	ETH	Herzogenaurach	14.05.16
14:58.60	Sally KIPYEGO	KEN	Palo Alto	01.05.16
15:04.08	Nicole TULLY	USA	Palo Alto	01.05.16
15:07.20	Maureen KOSTER	NED	Palo Alto	01.05.16
15:08.58	Laura WHITTLE	GBR	Palo Alto	01.05.16
15:09.94	Eilish MCCOLGAN	GBR	Palo Alto	01.05.16
15:12.73	Kim CONLEY	USA	Palo Alto	01.05.16
15:14.45	Lauren PAQUETTE	USA	Palo Alto	01.05.16
15:15.14	Rosemary WANJIRU	KEN	Hiroshima	29.04.16
15:16.44	Grace Mbuthe KIMANZI	KEN	Hiroshima	29.04.16
15:16.56	Stephanie GARCIA	USA	Palo Alto	01.05.16
15:17.81	Andrea SECCAFIEN	CAN	Los Angeles	20.05.16
15:18.54	Shuru BULO	ETH	Nobeoka	07.05.16
15:19.47	Felista WANJUGU	KEN	Hiroshima	29.04.16
15:20.55	Sentayehu LEWETEGN	ETH	Herzogenaurach	14.05.16
15:21.8h	Hellen OBIRI	KEN	Nairobi	27.04.16
15:21.88	Jessica TEBBO	USA	Los Angeles	20.05.16
15:22.10	Kellyn JOHNSON	USA	Los Angeles	20.05.16
15:23.80	Ann Karindi MWANGI	KEN	Hiroshima	29.04.16
15:24.10	Misaki ONISHI	JPN	Palo Alto	01.05.16

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Almaz AYANA (ETH)	14:26.83
2.	Senbere TEFERI (ETH)	14:44.07
3.	Genzebe DIBABA (ETH)	14:44.14

#### 2013 - Moskva IAAF World Ch.

1.	Meseret DEFAR (ETH)	14:50.19
2.	Mercy CHERONO (KEN)	14:51.22
3.	Almaz AYANA (ETH)	14:51.33

#### 2012 - London Olympic Games

1.	Meseret DEFAR (ETH)	15:04.25
2.	Vivian Jepkemoi CHERUIYOT (KEN)	15:04.73
3.	Tirunesh DIBABA (ETH)	15:05.15

#### 2011 - Daegu IAAF World Ch.

1.	Vivian Jepkemoi CHERUIYOT (KEN)	14:55.36
2.	Sylvia Jebiwot KIBET (KEN)	14:56.21
3.	Meseret DEFAR (ETH)	14:56.94

#### 2009 - Berlin IAAF World Ch.

1.	Vivian Jepkemoi CHERUIYOT (KEN)	14:57.97
2.	Sylvia Jebiwot KIBET (KEN)	14:58.33
3.	Meseret DEFAR (ETH)	14:58.41

#### 2008 - Beijing Olympic Games

1.	Tirunesh DIBABA (ETH)	15:41.40
2.	Elvan ABEYLEGESSE (TUR)	15:42.74
3.	Meseret DEFAR (ETH)	15:44.12

#### 2007 - Osaka IAAF World Ch.

1.	Meseret DEFAR (ETH)	14:57.91
2.	Vivian Jepkemoi CHERUIYOT (KEN)	14:58.50
3.	Priscah Jeplating CHERONO (KEN)	14:59.21

#### 2005 - Helsinki IAAF World Ch.

1.	Tirunesh DIBABA (ETH)	14:38.59
2.	Meseret DEFAR (ETH)	14:39.54
3.	Ejegayehu DIBABA (ETH)	14:42.47

#### 2004 - Athens Olympic Games

1.	Meseret DEFAR (ETH)	14:45.65
2.	Isabella OCHICHI (KEN)	14:48.19
3.	Tirunesh DIBABA (ETH)	14:51.83

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Tirunesh DIBABA (ETH)	14:51.72
2.	Marta DOMINGUEZ (ESP)	14:52.26
3.	Edith MASAI (KEN)	14:52.30

### Diamond Race

1	Almaz AYANA (ETH)	10
2	Mercy CHERONO (KEN)	6
3	Gelete BURKA (ETH)	4
4	Vivian Jepkemoi CHERUIYOT (KEN)	3
5	Janet KISA (KEN)	2
6	Viola Jelagat KIBIWOT (KEN)	1

### Rabat previous Winners

12	Mariem ALAOUI SELSOULI (MAR)	14:45.91
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### Diamond League 2016

#### Doha IAAF Diamond League

1.	Almaz AYANA (ETH)	8:23.11
2.	Mercy CHERONO (KEN)	8:26.36
3.	Gelete BURKA (ETH)	8:28.49

### All-Time World Outdoor list

14:11.15	Tirunesh DIBABA	ETH	Oslo	06.06.08
14:12.88	Meseret DEFAR	ETH	Stockholm	22.07.08
14:14.32	Almaz AYANA	ETH	Shanghai	17.05.15
14:15.41	Genzebe DIBABA	ETH	Paris	04.07.15
14:20.87	Vivian Jepkemoi CHERUIYOT	KEN	Stockholm	29.07.11
14:23.75	Liliya SHOBUKHOVA	RUS	Kazan	19.07.08
14:24.68	Elvan ABEYLEGESSE	TUR	Bergen	11.06.04
14:28.09	Jiang BO	CHN	Shanghai	23.10.97
14:28.39	Sentayehu EJIGU	ETH	Paris-St-Denis	16.07.10
14:29.11	Paula RADCLIFFE	GBR	Bydgoszcz	20.06.04
14:29.32	Olga YEGOROVA	RUS	Berlin	31.08.01
14:29.32	Berhane ADERE	ETH	Oslo	27.06.03
14:29.82	Yanmei DONG	CHN	Shanghai	23.10.97
14:30.42	Sally KIPYEGO	KEN	Zürich	08.09.11
14:30.88	Gete WAMI	ETH	Hechtel	05.08.00
14:31.14	Linet Chepkwemoi MASAI	KEN	Shanghai	23.05.10
14:31.20	Gelete BURKA	ETH	Ostrava	27.06.07
14:31.48	Gabriela SZABO	ROU	Berlin	01.09.98
14:31.91	Meselech MELKAMU	ETH	Shanghai	23.05.10
14:31.91	Sylvia Jebiwot KIBET	KEN	Shanghai	23.05.10

### WR progression

14:11.15	Tirunesh DIBABA	ETH	Oslo	06.06.08
14:16.63	Meseret DEFAR	ETH	Oslo	15.06.07
14:24.53	Meseret DEFAR	ETH	New York	03.06.06
14:24.68	Elvan ABEYLEGESSE	TUR	Bergen	11.06.04
14:28.09	Jiang BO	CHN	Shanghai	23.10.97
14:31.27	Yanmei DONG	CHN	Shanghai	21.10.97
14:36.45	Fernanda RIBEIRO	POR	Hechtel	22.07.95
14:37.33	Ingrid KRISTIANSEN	NOR	Stockholm	05.08.86
14:48.07	Zola BUDD-PIETERSE	GBR	London	26.08.85
14:58.89	Ingrid KRISTIANSEN	NOR	Oslo	28.06.84
15:08.26	Mary SLANEY	USA	Eugene	05.06.82
15:13.22	Anne AUDAIN	NZL	Auckland	17.03.82
15:14.51	Paula FUDGE	GBR	Knarvik	13.09.81

**Sentayehu LEWETEGN**

**Lane 1**

ETH - 09.05.96 - Age: 20 years 13 days

**SB: 15:20.55** Herzogenaurach (GER) 14.05 (14th T-L 2016) | **PB: 15:20.55** Herzogenaurach (GER) 14.05.16 (487th A-T) | **All-Athletics.com World Rankings: 65th**

**Personal bests**

Event	Result	Venue	Date
1500m	4:15.02	Montbéliard (FRA)	05.06.15
3000m	9:02.98	Salzburg (AUT)	27.05.15
<b>5000m</b>	<b>15:20.55</b>	<b>Herzogenaurach (GER)</b>	<b>14.05.16</b>
5 km Road	15:33	Rennes (FRA)	11.10.15

15 km Road

\*50:00 Istanbul (TUR)

16.11.14

**Honours**

**African Junior Championships**

Pl.	Event	Competition	Date
2.	5000m	Addis Abeba African Junior Championships	07.03.15

**Progression**

Year	Result	Venue	Date
16	15:20.55	Herzogenaurach (GER)	14.05.16
15	15:25.78	Huelva (ESP)	10.06.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
5000m	14.05	Herzogenaurach	F1	2.	15:20.55

**Sviatlana KUDZELICH**

**Lane 2**

BLR - 07.05.87 - Age: 29 years 15 days

**PB: 15:52.89** Istanbul (TUR) 09.06.12

**Personal bests**

Event	Result	Venue	Date
1000m ind.	2:49.72	Minsk (BLR)	14.01.11
1500m	4:10.76	Grodno (BLR)	24.07.14
1500m ind.	4:20.85	Mogilyov (BLR)	05.02.13
3000m	8:46.83	Hengelo (NED)	24.05.15
3000m ind.	8:48.02	Praha (CZE)	07.03.15
<b>5000m</b>	<b>15:52.89</b>	<b>Istanbul (TUR)</b>	<b>09.06.12</b>
10,000m	32:40.61	Oslo (NOR)	04.06.11
2000mSC ind.	6:19.5h	Gomel (BLR)	19.02.11
3000mSC	9:27.95	Berlin (GER)	31.08.14
3000mSC ind.	9:37.75	Mogilyov (BLR)	29.01.11
5 km Road	15:44	Korschenbroich (GER)	06.04.14
10 km Road	33:21	Warszawa (POL)	26.04.15
15 km Road	55:02	Jaworzno (POL)	07.08.10
Half Marathon	1:11:49	Warszawa (POL)	30.03.14

**Honours**

**European Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Zürich European Championships	17.08.14
8.	10,000m	Barcelona European Championships	28.07.10

**European U23 Championships**

Pl.	Event	Competition	Date
2.	5000m	Kaunas European U23 Championships	19.07.09

**European Indoor Championships**

Pl.	Event	Competition	Date
2.	3000m ind.	Praha European Indoor Championships	07.03.15

**World (Continental) Cup**

Pl.	Event	Competition	Date
4.	3000mSC	Marrakesh IAAF Continental Cup	14.09.14

**European Junior Championships**

Pl.	Event	Competition	Date
3.	5000m	Kaunas European Junior Championships	22.07.05

**Further honours**

4x National champion  
9x National Indoor champion

**Progression**

Year	Result	Venue	Date
12	15:52.89	Istanbul (TUR)	09.06.12
11	15:54.27	Brest (BLR)	15.05.11
10	15:59.06	Grodno (BLR)	27.06.10
09	15:57.22	Grodno (BLR)	28.06.09
08	16:21.12	Grodno (BLR)	10.07.08
07	16:39.66	Grodno (BLR)	07.07.07
06	16:58.7h	Brest (BLR)	27.05.06
05	16:33.07	Kaunas (LTU)	22.07.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Ababel YESHANEH**

**Lane 3**

ETH - 22.07.91 - Age: 24 years 305 days

**PB: 15:17.05** Lillestrøm (NOR) 03.07.12 (403rd A-T)

**Personal bests**

Event	Result	Venue	Date
3000m	8:49.45	Doha (QAT)	09.05.14
<b>5000m</b>	<b>15:17.05</b>	<b>Lillestrøm (NOR)</b>	<b>03.07.12</b>

10,000m	30:35.91	Ostrava (CZE)	27.06.13
10 km Road	33:04	Bangalore (IND)	27.05.12
Half Marathon	1:09:36	Adana (TUR)	03.01.16
Marathon	2:33:10	Milano (ITA)	07.04.13

**Progression**

Year	Result	Venue	Date
12	15:17.05	Lillestrøm (NOR)	03.07.12

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Half Marathon	03.01	Adana	F	1.	1:09:36

**Janet KISA**

**Lane 4**

KEN - 05.12.92 - Age: 23 years 169 days

**SB: 16:28.8h** Nairobi (KEN) 22.04 (383rd T-L 2016) | **PB: 14:52.59** Roma (ITA) 05.06.14 (107th A-T) | **All-Athletics.com World Rankings: 6th**

**Personal bests**

Event	Result	Venue	Date
1500m	4:11.3h	Nairobi (KEN)	23.04.16
3000m	8:32.13	Doha (QAT)	06.05.16
<b>5000m</b>	<b>14:52.59</b>	<b>Roma (ITA)</b>	<b>05.06.14</b>
5 km Road	15:23	Rennes (FRA)	13.10.13
10 km Road	33:55	Luanda (ANG)	31.12.13
Half Marathon	1:11:01	Nice (FRA)	27.04.14

**Honours**

**World Championships**

Pl.	Event	Competition	Date
6.	5000m	Beijing IAAF World Championships	30.08.15

**Commonwealth Games**

Pl.	Event	Competition	Date
2.	5000m	Glasgow Commonwealth Games	02.08.14

**World Cross Country Championships**

Pl.	Event	Competition	Date
5.	Junior Race	Punta Umbria IAAF World Cross Country Ch.	20.03.11
6.	Senior Race	Bydgoszcz IAAF World Cross Country Ch.	24.03.13
12.	Senior Race	Guiyang IAAF World Cross Country Ch.	28.03.15

**African Championships**

Pl.	Event	Competition	Date
3.	5000m	Marrakesh African Championships	11.08.14

**World (Continental) Cup**

Pl.	Event	Competition	Date
4.	3000m	Marrakesh IAAF Continental Cup	13.09.14

**African Junior Championships**

Pl.	Event	Competition	Date
2.	5000m	Gaborone African Junior Championships	14.05.11

**Progression**

Year	Result	Venue	Date
16	16:28.8h	Nairobi (KEN)	22.04.16
15	15:02.68	Beijing (CHN)	30.08.15
14	14:52.59	Roma (ITA)	05.06.14
13	15:05.89	Shanghai (CHN)	18.05.13
12	14:57.68	Rabat (MAR)	27.05.12
11	15:24.75	Gaborone (BOT)	14.05.11
10	16:02.2h	Nairobi (KEN)	17.06.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	27.02	Mumias	F	2.	4:19.6h
<b>5000m</b>	<b>22.04</b>	<b>Nairobi</b>	<b>F</b>	<b>1.</b>	<b>16:28.8h</b>
1500m	23.04	Nairobi	F	1.	4:11.3h
3000m	06.05	Doha	F	5.	8:32.13



**Alemitu HAROYE****Lane 5**

ETH - 09.05.95 - Age: 21 years 13 days

PB: 14:43.28 Shanghai (CHN) 17.05.15 (56th A-T)

**Personal bests**

Event	Result	Venue	Date
3000m	8:36.87	Bruxelles (BEL)	05.09.14
2 Miles	9:20.81	Birmingham (GBR)	24.08.14
<b>5000m</b>	<b>14:43.28</b>	<b>Shanghai (CHN)</b>	<b>17.05.15</b>
10,000m	30:50.83	Hengelo (NED)	17.06.15
5 km Road	15:33	Rennes (FRA)	13.10.13
10 km Road	34:01	Addis Abeba (ETH)	25.11.12

**Honours****World Championships**

Pl.	Event	Competition	Date
7.	10,000m	Beijing IAAF World Championships	24.08.15

**World Cross Country Championships**

Pl.	Event	Competition	Date
3.	Junior Race	Bydgoszcz IAAF World Cross Country Ch.	24.03.13
4.	Senior Race	Guliyang IAAF World Cross Country Ch.	28.03.15

**Viola Jelagat KIBIWOT****Lane 6**

KEN - 22.12.83 - Age: 32 years 152 days

PB: 14:33.48 Oslo (NOR) 13.06.13 (27th A-T) | All-Athletics.com World Rankings: 5th

**Personal bests**

Event	Result	Venue	Date
800m	2:04.99	Nijmegen (NED)	23.05.07
1500m	3:59.25	Paris (FRA)	06.07.12
1500m ind.	4:13.97	Valencia (ESP)	14.02.09
Mile	4:24.31	Bruxelles (BEL)	11.09.15
2000m	5:42.57	Bruxelles (BEL)	04.09.09
3000m	8:24.41	Doha (QAT)	09.05.14
3000m ind.	8:43.42	Stockholm (SWE)	06.02.14
2 Miles	9:12.59	Birmingham (GBR)	24.08.14
<b>5000m</b>	<b>14:33.48</b>	<b>Oslo (NOR)</b>	<b>13.06.13</b>
10,000m	34:37.7h	Eldoret (KEN)	29.04.00
5 km Road	15:41	Wien (AUT)	31.05.15
4 Miles Road	19:14	Groningen (NED)	13.10.13
10 km Road	32:49	Würzburg (GER)	13.04.14

**Honours****Olympic Games**

Pl.	Event	Competition	Date
6.	5000m	London Olympic Games	10.08.12

**World Championships**

Pl.	Event	Competition	Date
4.	5000m	Beijing IAAF World Championships	30.08.15
4.	5000m	Moskva IAAF World Championships	17.08.13
5.	1500m	Osaka IAAF World Championships	02.09.07

**Commonwealth Games**

Pl.	Event	Competition	Date
7.	1500m	New Delhi Commonwealth Games	08.10.10
7.	1500m	Melbourne Commonwealth Games	21.03.06

**Meraf BAHTA****Lane 7**

SWE - 26.06.89 - Age: 26 years 331 days

PB: 14:59.49 Palo Alto (USA) 04.05.14 (152nd A-T)

**Personal bests**

Event	Result	Venue	Date
800m	2:07.19	Bilbao (ESP)	21.06.08
1500m	4:01.34	Zürich (SUI)	28.08.14
1500m ind.	4:06.42	Stockholm (SWE)	19.02.15
3000m	8:43.08	Doha (QAT)	06.05.16
3000m ind.	9:09.24	Göteborg (SWE)	22.02.14
<b>5000m</b>	<b>14:59.49</b>	<b>Palo Alto (USA)</b>	<b>04.05.14</b>
10 km Road	31:26	Casablanca (MAR)	06.03.16

**Honours****European Championships**

Pl.	Event	Competition	Date
1.	5000m	Zürich European Championships	16.08.14

**All-African Games**

Pl.	Event	Competition	Date
7.	5000m	Algiers All-African Games	18.07.07

**World Cross Country Championships**

Pl.	Event	Competition	Date
6.	Junior Race	Mombasa IAAF World Cross Country Ch.	24.03.07

**Senbere TEFERI****Lane 8**

ETH - 03.05.95 - Age: 21 years 19 days

SB: 14:46.61 Herzogenaurach (GER) 14.05 (1st T-L 2016) | PB: 14:36.44 Paris (FRA) 04.07.15 (32nd A-T) | All-Athletics.com World Rankings: 3rd

**Personal bests**

Event	Result	Venue	Date
1500m	4:01.86	Doha (QAT)	15.05.15
1500m ind.	4:11.37	Praha (CZE)	25.02.14
2000m	5:34.27	Ostrava (CZE)	17.06.14
3000m	8:34.32	Zürich (SUI)	03.09.15
3000m ind.	8:46.84	Birmingham (GBR)	21.02.15
<b>5000m</b>	<b>14:36.44</b>	<b>Paris (FRA)</b>	<b>04.07.15</b>
5 km Road	15:43	Rennes (FRA)	12.10.14
4 Miles Road	20:13	Groningen (NED)	09.10.11

**Honours****World Championships**

Pl.	Event	Competition	Date
2.	5000m	Beijing IAAF World Championships	30.08.15

**African Championships**

Pl.	Event	Competition	Date
4.	5000m	Porto Novo African Championships	28.06.12

**World Junior Championships**

Pl.	Event	Competition	Date
1.	5000m	Eugene IAAF World Junior Championships	23.07.14

**African Junior Championships**

Pl.	Event	Competition	Date
3.	5000m	Réduit African Junior Championships	31.08.13

**Progression**

Year	Result	Venue	Date
15	14:43.28	Shanghai (CHN)	17.05.15
14	14:52.67	Roma (ITA)	05.06.14
13	15:05.08	Hengelo (NED)	08.06.13
12	15:55.36	Porto Novo (BEN)	28.06.12
11	16:14.3h	Addis Abeba (ETH)	07.05.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**All-African Games**

Pl.	Event	Competition	Date
8.	5000m	Johannesburg All-Africa Games	15.09.99

**World Cross Country Championships**

Pl.	Event	Competition	Date
1.	Junior Race	Dublin IAAF World Cross Country Ch.	23.03.02
1.	Junior Race	Ostende IAAF World Cross Country Ch.	24.03.01
3.	Junior Race	Vilamoura IAAF World Cross Country Ch.	18.03.00
7.	Senior Race	Bydgoszcz IAAF World Cross Country Ch.	24.03.13

**World Junior Championships**

Pl.	Event	Competition	Date
1.	1500m	Kingston IAAF World Junior Championships	21.07.02

**World Athletics Final**

Pl.	Event	Competition	Date
4.	1500m	Stuttgart IAAF World Athletics Final	22.09.07

**Progression**

Year	Result	Venue	Date
15	14:34.22	Paris (FRA)	04.07.15
14	14:33.73	Monaco (MON)	18.07.14
13	14:33.48	Oslo (NOR)	13.06.13
12	14:39.53	Roma (ITA)	31.05.12
11	14:34.86	Shanghai (CHN)	15.05.11
10	14:48.57	Shanghai (CHN)	23.05.10
08	14:51.59	Hengelo (NED)	24.05.08
07	18:29.5h	Nairobi (KEN)	25.05.07
03	15:32.87	Oslo (NOR)	27.06.03
01	16:21.7h	Eldoret (KEN)	19.05.01
99	15:55.5h	Nairobi (KEN)	26.06.99

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
10,000m	18.03	Nakuru	F	1.	34:57.8h
800m	02.04	Kisii	F	3.	2:08.2h
1500m	02.04	Kisii	F	2.	4:18.65
3000m	06.05	Doha	F	6.	8:34.50

**World Junior Championships**

Pl.	Event	Competition	Date
5.	1500m	Beijing IAAF World Junior Championships	20.08.06

**World (Continental) Cup**

Pl.	Event	Competition	Date
2.	3000m	Marrakesh IAAF Continental Cup	13.09.14

**European Team Championships**

Pl.	Event	Competition	Date
1.	5000m	Braunschweig European Team Championships	22.06.14

**Further honours**

1x National Indoor champion

**Progression**

Year	Result	Venue	Date
15	15:46.97	Eugene (USA)	30.05.15
14	14:59.49	Palo Alto (USA)	04.05.14
11	16:29.08	Helsinki (FIN)	10.09.11
08	15:58.31	Roma (ITA)	11.07.08
07	15:56.30	Algiers (ALG)	18.07.07

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
10 km Road	14.02	Schoorl	F	1.	33:21
10 km Road	06.03	Casablanca	F	3.	31:26
3000m	06.05	Doha	F	9.	8:43.08

**World Cross Country Championships**

Pl.	Event	Competition	Date
2.	Senior Race	Guiyang IAAF World Cross Country Ch.	28.03.15

**World Junior Championships**

Pl.	Event	Competition	Date
3.	1500m	Barcelona IAAF World Junior Ch.	15.07.12

**World Youth Championships**

Pl.	Event	Competition	Date
2.	1500m	Lille IAAF World Youth Championships	09.07.11

**Further honours**

1x National champion

**Progression**

Year	Result	Venue	Date
16	14:46.61	Herzogenaurach (GER)	14.05.16
15	14:36.44	Paris (FRA)	04.07.15
13	16:20.99	Addis Abeba (ETH)	28.06.13

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>5000m</b>	<b>14.05</b>	<b>Herzogenaurach</b>	<b>F1</b>	<b>1.</b>	<b>14:46.61</b>

**Almaz AYANA**

Lane 9

ETH - 21.11.91 - Age: 24 years 183 days

PB: 14:14.32 Shanghai (CHN) 17.05.15 (3rd A-T) | All-Athletics.com World Rankings: 1st

**Personal bests**

Event	Result	Venue	Date
3000m	8:22.22	Rabat (MAR)	14.06.15
3000m ind.	8:43.47	Stockholm (SWE)	06.02.14
<b>5000m</b>	<b>14:14.32</b>	<b>Shanghai (CHN)</b>	<b>17.05.15</b>
3000mSC	9:22.51	Bruxelles (BEL)	27.08.10
10 km Road	32:19	Luanda (ANG)	31.12.10

**Honours****World Championships**

Pl.	Event	Competition	Date
1.	5000m	Beijing IAAF World Championships	30.08.15
3.	5000m	Moskva IAAF World Championships	17.08.13

**African Championships**

Pl.	Event	Competition	Date
1.	5000m	Marrakesh African Championships	11.08.14

**World Junior Championships**

Pl.	Event	Competition	Date
5.	3000mSC	Moncton IAAF World Junior Championships	22.07.10

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	5000m	Marrakesh IAAF Continental Cup	14.09.14

**African Junior Championships**

Pl.	Event	Competition	Date
2.	3000mSC	Bambous African Junior Championships	02.08.09

**Further honours**

- 3x Diamond League meeting winner
- 2x National champion

**Progression**

Year	Result	Venue	Date
15	14:14.32	Shanghai (CHN)	17.05.15
14	14:29.19	Monaco (MON)	18.07.14
13	14:25.84	Paris (FRA)	06.07.13
12	14:57.97	Bruxelles (BEL)	07.09.12
11	15:12.24	Belém (BRA)	15.05.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	06.05	Doha	F	1.	8:23.11

**Lydia WAFULA**

Lane 10

KEN - 15.02.88 - Age: 28 years 97 days

**Personal bests**

Event	Result	Venue	Date
400m	55.5h	Nairobi (KEN)	17.05.13
800m	2:00.27	Bottrop (GER)	06.07.12
1000m	2:39.3h	Florø (NOR)	04.06.11
1000m ind.	2:40.55	Moskva (RUS)	03.02.13
1500m	4:12.89	Herzogenaurach (GER)	14.05.16
1500m ind.	4:20.44	Stockholm (SWE)	06.02.14
Half Marathon	1:14:52	Nairobi (KEN)	26.10.14

**Honours****African Junior Championships**

Pl.	Event	Competition	Date
1.	800m	Ouagadougou African Junior Championships	10.08.07
1.	800m	Tunis-Radés African Junior Championships	01.09.05

**Progression**

Year	Result	Venue	Date
-	-	-	-

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
400m	27.02	Mumias	F1	2.	58.0h
800m	27.02	Mumias	F1	2.	2:08.8h
10,000m	13.05	Herzogenaurach	F	-	DNF
1500m	14.05	Herzogenaurach	F	2.	4:12.89
1500m	18.05	Beijing	F	-	DNF

**Renata PLIŚ**

Lane 11

POL - 05.02.85 - Age: 31 years 107 days

PB: 15:18.75 Liège (BEL) 16.07.14 (429th A-T) | All-Athletics.com World Rankings: 20th

**Personal bests**

Event	Result	Venue	Date
800m	2:00.45	Zagreb (CRO)	01.09.10
800m ind.	2:03.12	Toruń (POL)	03.02.15
1000m	2:37.89	Warszawa (POL)	20.09.11
1000m ind.	2:39.22	Spala (POL)	06.02.16
1500m	4:03.50	Bruxelles (BEL)	16.09.11
1500m ind.	4:07.10	Stockholm (SWE)	22.02.11
Mile	4:25.32	Bruxelles (BEL)	11.09.15
2000m	5:41.98	Ostrava (CZE)	17.06.14
3000m	8:39.18	Bruxelles (BEL)	05.09.14
3000m ind.	8:50.75	Glasgow (GBR)	20.02.16
2 Miles	9:28.80	Birmingham (GBR)	24.08.14
2 Miles ind.	9:36.89	Birmingham (GBR)	20.02.10
<b>5000m</b>	<b>15:18.75</b>	<b>Liège (BEL)</b>	<b>16.07.14</b>
Mile Road	4:41.98	Roma (ITA)	01.05.16
10 km Road	33:07	Warszawa (POL)	26.04.15

**Honours****European Championships**

Pl.	Event	Competition	Date
4.	1500m	Zürich European Championships	15.08.14

**World Indoor Championships**

Pl.	Event	Competition	Date
7.	1500m ind.	Portland IAAF World Indoor Championships	19.03.16
7.	3000m ind.	Sopot IAAF World Indoor Championships	09.03.14

**European Indoor Championships**

Pl.	Event	Competition	Date
4.	1500m ind.	Paris European Indoor Championships	05.03.11
8.	1500m ind.	Praha European Indoor Championships	08.03.15

**World (Continental) Cup**

Pl.	Event	Competition	Date
5.	1500m	Marrakesh IAAF Continental Cup	14.09.14

**European Team Championships**

Pl.	Event	Competition	Date
1.	5000m	Cheboksary European Team Championships	21.06.15
2.	3000m	Bergen SPAR European Team Championships	19.06.10
3.	1500m	Gateshead European Team Championships	23.06.13

**Further honours**

- 4x National champion
- 3x National Indoor champion

**Progression**

Year	Result	Venue	Date
15	15:36.18	Kraków (POL)	19.07.15
14	15:18.75	Liège (BEL)	16.07.14

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Mile Road	01.05	Roma	F	2.	4:41.98

### Start list 400mH Time: 17:04

Lane	Athlete	Nat	NR	PB	SB
2	Emilia ANKIEWICZ	POL	53.86	56.55	
3	Cassandra TATE	USA	52.47	54.01	55.57
4	Janeive RUSSELL	JAM	52.42	54.61	54.61
5	Wenda THERON NEL	RSA	53.74	54.37	54.84
6	Kemi ADEKOYA	BRN	54.12	54.12	54.87
7	Hanna TITIMETS	UKR	53.37	54.56	
8	Hayat LAMBARKI	MAR	52.90	55.27	

### Records

WR	52.34	Yuliya NOSOVA-PECHONKINA	RUS	Tula	08.08.03
AR	52.90	Nezha BIDOANE	MAR	Sevilla	25.08.99
NR	52.90	Nezha BIDOANE	MAR	Sevilla	25.08.99
WJR	54.40	Xing WANG	CHN	Nanjing	21.10.05
MR	53.68	Vanya STAMBOLOVA	BUL		05.06.11
DLR	52.79	Kaliese SPENCER	JAM	London	05.08.11
SB	54.53	Eilidh DOYLE	GBR	Doha	06.05.16

### 2016 World Outdoor list

54.53	Eilidh DOYLE	GBR	Doha	06.05.16
54.61	Janeive RUSSELL	JAM	Kingston	07.05.16
54.70	Ashley SPENCER	USA	Baton Rouge	23.04.16
54.72	Shamier LITTLE	USA	Tuscaloosa	14.05.16
54.84	Wenda THERON NEL	RSA	Stellenbosch	15.04.16
54.87	Kemi ADEKOYA	BRN	Doha	06.05.16
54.98	Cara Nnenya HAILEY	USA	Baton Rouge	23.04.16
55.02	Kaliese SPENCER	JAM	Doha	06.05.16
55.20	Kiah SEYMOUR	USA	Baton Rouge	30.04.16
55.22	Jaide STEPTER	USA	Seattle	15.05.16
55.23	Lauren WELLS	AUS	Kawasaki	08.05.16
55.31	Ristananna TRACEY	JAM	Kingston	07.05.16
55.40	Joanna LINKIEWICZ	POL	Ostrava	20.05.16
55.43	Meghan BEESLEY	GBR	Des Moines	30.04.16
55.45	Sage WATSON	CAN	Tucson	09.04.16
55.45	Dalilah MUHAMMAD	USA	Des Moines	30.04.16
55.57	Cassandra TATE	USA	Doha	06.05.16
55.58	Rhonda WHYTE	JAM	Kingston	16.04.16
55.60	Leah NUGENT	USA	Baie Mahault	14.05.16
55.66	Alexis FRANKLIN	USA	Lincoln	15.05.16

### All-Time World Outdoor list

52.34	Yuliya NOSOVA-PECHONKINA	RUS	Tula	08.08.03
52.42	Melaine WALKER	JAM	Berlin	20.08.09
52.47	Lashinda DEMUS	USA	Daegu	01.09.11
52.61	Kim BATTEN	USA	Göteborg	11.08.95
52.62	Tonja BUFORD-BAILEY	USA	Göteborg	11.08.95
52.70	Natalya ANTYUKH	RUS	London	08.08.12
52.74	Sally GUNNELL	GBR	Stuttgart	19.08.93
52.77	Fani CHALKIA	GRE	Athina	22.08.04
52.79	Sandra FARMER-PATRICK	USA	Stuttgart	19.08.93
52.79	Kaliese SPENCER	JAM	London	05.08.11
52.82	Deon HEMMINGS	JAM	Atlanta	31.07.96
52.83	Zuzana HEJNOVÁ	CZE	Moskva	15.08.13
52.89	Daimí PERNÍA	CUB	Sevilla	25.08.99
52.90	Nezha BIDOANE	MAR	Sevilla	25.08.99
52.94	Marina MAKEYEVA	URS	Tashkent	17.09.86
52.95	Sheena JOHNSON-TOSTA	USA	Sacramento	11.07.04
53.02	Irina PRIVALOVA	RUS	Sydney	27.09.00
53.11	Tatyana LEDOVSKAYA	URS	Tokyo	29.08.91
53.17	Debbie FLINTOFF-KING	AUS	Seoul	28.09.88
53.20	Josanne LUCAS	TTO	Berlin	20.08.09

### WR progression

52.34	Yuliya NOSOVA-PECHONKINA	RUS	Tula	08.08.03
52.61	Kim BATTEN	USA	Göteborg	11.08.95
52.74	Sally GUNNELL	GBR	Stuttgart	19.08.93
52.94	Marina MAKEYEVA	URS	Tashkent	17.09.86
53.32	Marina MAKEYEVA	URS	Stuttgart	30.08.86
53.55	Sabine BUSCH	GDR	Berlin	22.09.85
53.58	Margarita PONOMARYOVA	URS	Kiev	22.06.84
54.02	Anna KASTETSKAYA	URS	Moskva	11.06.83
54.28	Karin ROSSLEY	GDR	Jena	17.05.80
54.78	Marina MAKEYEVA	URS	Moskva	27.07.79
54.89	Tatyana ZELENTOVA	URS	Praha	02.09.78
55.31	Tatyana ZELENTOVA	URS	Podolsk	19.08.78
55.44	Krystyna KACPERCZYK	POL	Berlin	18.08.78
55.63	Karin ROSSLEY	GDR	Helsinki	13.08.77
55.74	Tatyana STOROZHEVA	URS	Karl Marx Stadt	26.06.77
56.51	Krystyna KACPERCZYK	POL	Augsburg	13.07.74

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Zuzana HEJNOVÁ (CZE)	53.50
2.	Shamier LITTLE (USA)	53.94
3.	Cassandra TATE (USA)	54.02

#### 2013 - Moskva IAAF World Ch.

1.	Zuzana HEJNOVÁ (CZE)	52.83
2.	Dalilah MUHAMMAD (USA)	54.09
3.	Lashinda DEMUS (USA)	54.27

#### 2012 - London Olympic Games

1.	Natalya ANTYUKH (RUS)	52.70
2.	Lashinda DEMUS (USA)	52.77
3.	Zuzana HEJNOVÁ (CZE)	53.38

#### 2011 - Daegu IAAF World Ch.

1.	Lashinda DEMUS (USA)	52.47
2.	Melaine WALKER (JAM)	52.73
3.	Natalya ANTYUKH (RUS)	53.85

#### 2009 - Berlin IAAF World Ch.

1.	Melaine WALKER (JAM)	52.42
2.	Lashinda DEMUS (USA)	52.96
3.	Josanne LUCAS (TTO)	53.20

#### 2008 - Beijing Olympic Games

1.	Melaine WALKER (JAM)	52.64
2.	Sheena JOHNSON-TOSTA (USA)	53.70
3.	Tasha DANVERS-SMITH (GBR)	53.84

#### 2007 - Osaka IAAF World Ch.

1.	Jana PITTMAN (AUS)	53.31
2.	Yuliya NOSOVA-PECHONKINA (RUS)	53.50
3.	Anna JESIEŃ (POL)	53.92

#### 2005 - Helsinki IAAF World Ch.

1.	Yuliya NOSOVA-PECHONKINA (RUS)	52.90
2.	Lashinda DEMUS (USA)	53.27
3.	Sandra CUMMINGS-GLOVER (USA)	53.32

#### 2004 - Athens Olympic Games

1.	Fani CHALKIA (GRE)	52.82
2.	Ionela ȚIRLEA-MANOLACHE (ROU)	53.38
3.	Tetyana TERESHCHUK-ANTIPOVA (UKR)	53.44

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Jana PITTMAN (AUS)	53.22
2.	Sandra CUMMINGS-GLOVER (USA)	53.65
3.	Yuliya NOSOVA-PECHONKINA (RUS)	53.71

### Diamond Race

1	Eilidh DOYLE (GBR)	10
2	Kemi ADEKOYA (BRN)	6
3	Kaliese SPENCER (JAM)	4
4	Wenda THERON NEL (RSA)	3
5	Cassandra TATE (USA)	2
6	Meghan BEESLEY (GBR)	1

### Rabat previous Winners

15	Wenda THERON NEL (RSA)	55.36
14	Wenda THERON NEL (RSA)	54.82
13	Angela MOROȘANU (ROU)	54.37
12	Ajoke ODUMOSU (NGR)	55.36
11	Vanya STAMBOLOVA (BUL)	53.68
10	Kaliese SPENCER (JAM)	54.89
09	Anna JESIEŃ (POL)	55.63
08	Christine SPENCE (USA)	56.33

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Eilidh DOYLE (GBR)	54.53
2.	Kemi ADEKOYA (BRN)	54.87
3.	Kaliese SPENCER (JAM)	55.02

**Emilia ANKIEWICZ**

**Lane 2**

POL - 22.11.90 - Age: 25 years 182 days

PB: 56.55 Kwangju (KOR) 10.07.15 | All-Athletics.com World Rankings: 54th

**Personal bests**

Event	Result	Venue	Date
60m ind.	8.07	Toruń (POL)	24.01.15
100m	12.40	Warszawa (POL)	16.07.13
200m	25.08	Warszawa (POL)	16.06.13
200m ind.	25.03	Spala (POL)	14.02.15
300m ind.	39.40	Spala (POL)	01.02.15
400m	54.67	Warszawa (POL)	20.06.15
400m ind.	54.86	Toruń (POL)	21.02.15
600m	1:34.21	Gdansk (POL)	07.05.11
800m	2:07.9h	Biala Podlaska (POL)	29.08.15
60mH ind.	9.18	Spala (POL)	19.01.14
100mH	14.34	Warszawa (POL)	11.05.13
300mH	41.16	Lidzbark Warmiński (POL)	22.08.15

Event	Result	Venue	Date
400mH	56.55	Kwangju (KOR)	10.07.15
4x100m	46.20	Toruń (POL)	20.07.13
4x400m	3:34.98	Kraków (POL)	21.07.15
4x400m ind.	3:42.00	Sopot (POL)	23.02.14

**Honours**

- 1x World University Games Silver medallist
- 3x National champion

**Progression**

Year	Result	Venue	Date
15	56.55	Kwangju (KOR)	10.07.15
14	56.73	Szczecin (POL)	30.07.14
13	57.76	Bydgoszcz (POL)	08.06.13
12	58.37	Bielsko-Biala (POL)	15.06.12
11	1:00.00	Gdansk (POL)	03.07.11
10	1:00.97	Toruń (POL)	20.08.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Cassandra TATE**

**Lane 3**

USA - 11.09.90 - Age: 25 years 254 days

SB: 55.57 Doha (QAT) 06.05 (17th T-L 2016) | PB: 54.01 Eugene (USA) 28.06.15 (55th A-T) | All-Athletics.com World Rankings: 3rd

**Personal bests**

Event	Result	Venue	Date
60m ind.	7.49	Baton Rouge (USA)	15.01.11
100m	11.79	Baton Rouge (USA)	03.05.08
200m	23.68	Tempe (USA)	11.04.09
200m ind.	23.37	Fayetteville (USA)	28.02.10
400m	52.51	Baton Rouge (USA)	18.04.15
400m ind.	52.40	Albuquerque (USA)	23.02.14
60mH ind.	8.61	Baton Rouge (USA)	23.01.09
100mH	14.21	Baton Rouge (USA)	03.05.08
<b>400mH</b>	<b>54.01</b>	<b>Eugene (USA)</b>	<b>28.06.15</b>
4x100m	44.03	Baton Rouge (USA)	05.04.14
4x200m	1:30.01	Austin (USA)	31.03.12
4x400m	3:24.59	Des Moines (USA)	09.06.12
4x400m ind.	3:24.83	Sopot (POL)	09.03.14
Sprint Med. 1600m	3:43.98	Austin (USA)	02.04.10

**Records**

Record	Result	Event	Venue	Date
AR	3:24.83	4x400m ind.	Sopot (POL)	09.03.14

**Honours**

**World Championships**

Pl.	Event	Competition	Date
3.	400mH	Beijing IAAF World Championships	26.08.15

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	4x400m ind.	Sopot IAAF World Indoor Championships	09.03.14

**NACAC U23 Championships**

Pl.	Event	Competition	Date
1.	400mH	Irapuato NACAC U23 Championships	08.07.12
1.	4x400m	Irapuato NACAC U23 Championships	08.07.12

**Further honours**

- 1x NCAA champion

**Progression**

Year	Result	Venue	Date
16	55.57	Doha (QAT)	06.05.16
15	54.01	Eugene (USA)	28.06.15
14	54.70	Sacramento (USA)	29.06.14
13	55.45	Des Moines (USA)	23.06.13
12	55.22	Des Moines (USA)	08.06.12
11	55.99	Des Moines (USA)	08.06.11
10	56.87	Greensboro (USA)	28.05.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
4x400m	09.04	Baton Rouge	F2	4.	3:35.94
400m	23.04	Baton Rouge	F2	6.	52.98
400mH	30.04	Des Moines	F	3.	55.91
<b>400mH</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>5.</b>	<b>55.57</b>

**Janeive RUSSELL**

**Lane 4**

JAM - 14.11.93 - Age: 22 years 190 days

SB: 54.61 Kingston (JAM) 07.05 (2nd T-L 2016) | PB: 54.61 Kingston (JAM) 07.05.16 (111th A-T) | All-Athletics.com World Rankings: 9th

**Personal bests**

Event	Result	Venue	Date
200m	24.18	Kingston (JAM)	25.01.14
400m	51.17	Kingston (JAM)	02.04.16
800m	2:11.5h	Kingston (JAM)	31.01.15
100mH	13.80	Kingston (JAM)	30.03.12
100mH (0.76/8.50)	13.72	Spanish Town (JAM)	12.03.10
<b>400mH</b>	<b>54.61</b>	<b>Kingston (JAM)</b>	<b>07.05.16</b>
High Jump	1.80	Kingston (JAM)	07.03.09
Long Jump	6.20	Spanish Town (JAM)	12.06.10
Shot Put	10.86	Miramar (USA)	23.07.11
Javelin Throw	33.96	Kingston (JAM)	25.06.11
Heptathlon	5361	Kingston (JAM)	25.06.11
4x200m	1:32.69	Philadelphia (USA)	30.04.16
4x400m	3:27.85	Philadelphia (USA)	27.04.13
Sprint Med. 1600m	3:47.14	Philadelphia (USA)	25.04.14

**Honours**

**World Championships**

Pl.	Event	Competition	Date
5.	400mH	Beijing IAAF World Championships	26.08.15

**Commonwealth Games**

Pl.	Event	Competition	Date
3.	400mH	Glasgow Commonwealth Games	31.07.14

**World Junior Championships**

Pl.	Event	Competition	Date
1.	400mH	Barcelona IAAF World Junior Ch.	14.07.12
2.	4x400m	Barcelona IAAF World Junior Ch.	15.07.12
3.	4x400m	Moncton IAAF World Junior Championships	25.07.10

**Pan American Junior Championships**

Pl.	Event	Competition	Date
2.	Heptathlon	Miramar Pan American Junior Ch.	24.07.11

**Further honours**

- 1x National champion

**Progression**

Year	Result	Venue	Date
16	54.61	Kingston (JAM)	07.05.16
15	54.64	Beijing (CHN)	26.08.15
14	54.75	Kingston (JAM)	27.06.14
13	56.30	Kingston (JAM)	21.06.13
12	56.62	Barcelona (ESP)	14.07.12
11	57.71	Montego Bay (JAM)	24.04.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
400m	12.03	Kingston	F3	2.	52.07
400m	01.04	Kingston	H1	4.	55.15
400mH	01.04	Kingston	F	1.	56.76
400m	02.04	Kingston	F	1.	51.17
400m	09.04	Kingston	F3	1.	51.79
4x400m	28.04	Philadelphia	H1	2.	3:37.79
4x200m	29.04	Philadelphia	H1	1.	1:34.92
4x200m	30.04	Philadelphia	F	2.	1:32.69
4x400m	30.04	Philadelphia	F	3.	3:30.75
<b>400mH</b>	<b>07.05</b>	<b>Kingston</b>	<b>F</b>	<b>1.</b>	<b>54.61</b>

**Wenda THERON NEL** Lane 5

RSA - 30.07.88 - Age: 27 years 297 days

SB: 54.84 Stellenbosch (RSA) 15.04 (5th T-L 2016) | PB: 54.37 Beijing (CHN) 20.05.15 (88th A-T) | All-Athletics.com World Rankings: 8th

**Personal bests**

Event	Result	Venue	Date
100m	11.60	Pretoria (RSA)	08.03.16
200m	23.42	Pretoria (RSA)	27.02.16
300m	39.39	Bloemfontein (RSA)	13.10.12
400m	52.09	Potchefstroom (RSA)	08.05.15
600m	1:28.05	Pretoria (RSA)	30.01.15
800m	2:13.07	Pretoria (RSA)	01.11.14
100mH	13.88	Pretoria (RSA)	13.04.07
<b>400mH</b>	<b>54.37</b>	<b>Beijing (CHN)</b>	<b>20.05.15</b>
4x400m	3:33.21	Porto Novo (BEN)	01.07.12

**Honours****World Championships**

Pl.	Event	Competition	Date
7.	400mH	Beijing IAAF World Championships	26.08.15

**All-African Games**

Pl.	Event	Competition	Date
2.	400mH	Maputo All-Africa Games	15.09.11

**African Championships**

Pl.	Event	Competition	Date
1.	400mH	Marrakesh African Championships	14.08.14
4.	4x400m	Porto Novo African Championships	01.07.12

**Kemi ADEKOYA** Lane 6

BRN - 16.01.93 - Age: 23 years 127 days

SB: 54.87 Doha (QAT) 06.05 (6th T-L 2016) | PB: 54.12 Paris (FRA) 04.07.15 (63rd A-T) | All-Athletics.com World Rankings: 10th

**Personal bests**

Event	Result	Venue	Date
100m	11.55	Sofia (BUL)	28.06.14
200m	25.05	Nsukka (NGR)	21.04.12
400m	50.86	Luzern (SUI)	14.07.15
400m ind.	51.45	Portland (USA)	19.03.16
<b>400mH</b>	<b>54.12</b>	<b>Paris (FRA)</b>	<b>04.07.15</b>
4x400m	3:32.62	Mungyeong (KOR)	06.10.15
4x400m ind.	3:35.07	Doha (QAT)	21.02.16

**Records**

Record	Result	Event	Venue	Date
AR	51.45	400m ind.	Portland (USA)	19.03.16
AR	3:35.07	4x400m ind.	Doha (QAT)	21.02.16

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
1.	400m ind.	Portland IAAF World Indoor Championships	19.03.16

**Asian Championships**

Pl.	Event	Competition	Date
1.	400mH	Wuhan Asian Championships	06.06.15

**Hanna TITIMETS** Lane 7

UKR - 05.03.89 - Age: 27 years 78 days

PB: 54.56 Zürich (SUI) 16.08.14 (107th A-T) | All-Athletics.com World Rankings: 25th

**Personal bests**

Event	Result	Venue	Date
60m ind.	7.46	Kiev (UKR)	11.01.11
200m	23.60	Yalta (UKR)	03.06.09
200m ind.	24.10	Tallinn (EST)	10.02.10
300m ind.	38.48	Tallinn (EST)	03.02.11
400m	52.73	Donetsk (UKR)	02.08.11
400m ind.	53.82	Kiev (UKR)	11.01.11
60mH ind.	8.50	Sumy (UKR)	13.02.13
<b>400mH</b>	<b>54.56</b>	<b>Zürich (SUI)</b>	<b>16.08.14</b>
4x100m	43.33	Shenzen (CHN)	21.08.11
4x400m	3:28.03	Barcelona (ESP)	01.08.10
4x400m ind.	3:34.08	Paris (FRA)	06.03.11

**Honours****World Championships**

Pl.	Event	Competition	Date
4.	400mH	Moskva IAAF World Championships	15.08.13

**European Championships**

Pl.	Event	Competition	Date
2.	400mH	Zürich European Championships	16.08.14
5.	4x400m	Barcelona European Championships	01.08.10

**World Junior Championships**

Pl.	Event	Competition	Date
4.	400mH	Bydgoszcz IAAF World Junior Ch.	11.07.08

**European U23 Championships**

Pl.	Event	Competition	Date
2.	400mH	Ostrava European U23 Championships	16.07.11

**European Indoor Championships**

Pl.	Event	Competition	Date
6.	4x400m ind.	Paris European Indoor Championships	06.03.11

5.	400mH	Porto Novo African Championships	01.07.12
7.	400mH	Nairobi African Championships	01.08.10

**World (Continental) Cup**

Pl.	Event	Competition	Date
5.	400mH	Marrakesh IAAF Continental Cup	13.09.14

**Further honours**

11x National champion

**Progression**

Year	Result	Venue	Date
16	54.84	Stellenbosch (RSA)	15.04.16
15	54.37	Beijing (CHN)	20.05.15
14	54.82	Marrakesh (MAR)	08.06.14
13	55.80	La Chaux-de-Fonds (SUI)	07.07.13
12	55.36	Pretoria (RSA)	05.05.12
11	56.13	Daegu (KOR)	29.08.11
10	56.96	Nivelles (BEL)	26.06.10
09	56.45	Stellenbosch (RSA)	14.03.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
600m	29.01	Pretoria	F	1.	1:30.15
400m	13.02	Johannesburg	F	1.	52.51
100m	27.02	Pretoria	F2	3.	11.84
200m	27.02	Pretoria	F1	2.	23.42
100m	08.03	Pretoria	F	4.	11.60
200m	08.03	Pretoria	F	2.	23.73
400m	12.03	Pretoria	H2	1.	55.12
400m	12.03	Pretoria	F	1.	52.27
<b>400mH</b>	<b>15.04</b>	<b>Stellenbosch</b>	<b>F</b>	<b>1.</b>	<b>54.84</b>
4x400m	16.04	Stellenbosch	F	1.	3:44.66
400mH	06.05	Doha	F	4.	55.17

**Asian Games**

Pl.	Event	Competition	Date
1.	400mH	Incheon Asian Games	01.10.14
1.	400m	Incheon Asian Games	28.09.14

**Asian Indoor Championships**

Pl.	Event	Competition	Date
1.	4x400m ind.	Doha Asian Indoor Championships	21.02.16
1.	400m ind.	Doha Asian Indoor Championships	20.02.16

**World (Continental) Cup**

Pl.	Event	Competition	Date
3.	400mH	Marrakesh IAAF Continental Cup	13.09.14

**Further honours**

1x Diamond League meeting winner

**Progression**

Year	Result	Venue	Date
16	54.87	Doha (QAT)	06.05.16
15	54.12	Paris (FRA)	04.07.15
14	54.59	Doha (QAT)	09.05.14
13	55.30	Warri (NGR)	14.06.13
12	57.16	Warri (NGR)	14.06.12
11	1:04.04	Calabar (NGR)	25.06.11
10	1:03.22	Calabar (NGR)	26.06.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>400mH</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>2.</b>	<b>54.87</b>

**World (Continental) Cup**

Pl.	Event	Competition	Date
4.	400mH	Marrakesh IAAF Continental Cup	13.09.14

**European Team Championships**

Pl.	Event	Competition	Date
2.	400mH	Cheboksary European Team Championships	20.06.15

**Further honours**

2x World University Games winner

4x National champion

**Progression**

Year	Result	Venue	Date
15	54.75	Cheboksary (RUS)	20.06.15
14	54.56	Zürich (SUI)	16.08.14
13	54.63	Moskva (RUS)	13.08.13
12	54.98	Yalta (UKR)	14.06.12
11	54.69	Yalta (UKR)	31.05.11
10	55.58	Barcelona (ESP)	27.07.10
09	55.95	Yalta (UKR)	03.06.09
08	57.22	Bydgoszcz (POL)	11.07.08
07	58.35	Mykolaiv (UKR)	22.06.07
06	59.79	Thessaloniki (GRE)	02.07.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Hayat LAMBARKI****Lane 8**

MAR - 18.05.88 - Age: 28 years 4 days

PB: 55.27 Mersin (TUR) 27.06.13 (192nd A-T) | All-Athletics.com World Rankings: 54th

**Personal bests**

Event	Result	Venue	Date
200m	24.66	Longeville (FRA)	04.07.08
200m ind.	25.82	Bordeaux (FRA)	23.01.11
300m	39.52	Düsseldorf (GER)	10.08.09
400m	53.81	Fes (MAR)	16.06.12
400m ind.	55.89	Val-de-Reuil (FRA)	12.02.13
100mH	14.83	Rabat (MAR)	16.07.06
<b>400mH</b>	<b>55.27</b>	<b>Mersin (TUR)</b>	<b>27.06.13</b>
4x100m	46.16	Doha (QAT)	20.12.11
4x400m	3:37.48	Nice (FRA)	14.09.13

**Honours****African Championships**

Pl.	Event	Competition	Date
1.	400mH	Nairobi African Championships	01.08.10
2.	400mH	Porto Novo African Championships	01.07.12
4.	400mH	Marrakesh African Championships	14.08.14

**World (Continental) Cup**

Pl.	Event	Competition	Date
7.	400mH	Split IAAF/VTB Bank Continental Cup	04.09.10

**Francophone Games**

Pl.	Event	Competition	Date
1.	400mH	Nice Francophone Games	11.09.13
1.	400mH	Beirut Francophone Games	04.10.09
3.	4x400m	Beirut Francophone Games	05.10.09

**African Junior Championships**

Pl.	Event	Competition	Date
2.	400mH	Ouagadougou African Junior Championships	12.08.07

**Further honours**

- 3x Pan-Arab Games winner
- 1x Mediterranean Games winner
- 5x National champion

**Progression**

Year	Result	Venue	Date
15	55.94	Rabat (MAR)	14.06.15
14	55.93	Marrakesh (MAR)	14.08.14
13	55.27	Mersin (TUR)	27.06.13
12	55.41	Porto Novo (BEN)	01.07.12
11	56.72	Doha (QAT)	17.12.11
10	55.96	Nairobi (KEN)	01.08.10
09	57.19	Tanger (MAR)	12.07.09
08	58.60	Rabat (MAR)	14.06.08
07	59.10	Ouagadougou (BUR)	12.08.07
06	59.99	Rabat (MAR)	25.06.06
05	59.75	Marrakesh (MAR)	14.07.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
800m	23.04	Benguerir	F	-	DNF



Start list		3000mSC		Time: 16:30	
Lane	Athlete	Nat	NR	PB	SB
1	Weynshet ANSA	ETH	9:09.00	9:53.92	10:05.1h
2	Elena GARCÍA GRIMAU	ESP	9:09.39	9:54.43	10:34.76
3	Maeva DANOIS	FRA	9:25.62	9:40.89	10:19.16
4	Genevieve LACAZE	AUS	9:18.35	9:33.19	9:43.93
5	Fadwa SIDI MADANE	MAR	9:20.64	9:27.87	9:57.14
6	Birtukan ADAMU	ETH	9:09.00	9:20.37	10:06.4h
7	Ophelie CLAUDE-BOXBERGER	FRA	9:25.62	9:35.56	
8	Etenesh DIRO NEDA	ETH	9:09.00	9:14.07	10:10.5h
9	Gladys Jerotich KIPKEMOI	KEN	9:07.14	9:13.22	
10	Caroline TUIGONG	KEN	9:07.14	9:31.30	9:31.30 PM

Pace: 1000m - 3.10.0

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Hyvin KIYENG (KEN)	9:19.11
2.	Habiba GHRIBI (TUN)	9:19.24
3.	Gesa Felicitas KRAUSE (GER)	9:19.25

#### 2013 - Moskva IAAF World Ch.

1.	Milcah CHEMOS (KEN)	9:11.65
2.	Lidya CHEPKURUI (KEN)	9:12.55
3.	Sofia ASSEFA (ETH)	9:12.84

#### 2012 - London Olympic Games

1.	Habiba GHRIBI (TUN)	9:08.37
2.	Sofia ASSEFA (ETH)	9:09.84
3.	Milcah CHEMOS (KEN)	9:09.88

#### 2011 - Daegu IAAF World Ch.

1.	Habiba GHRIBI (TUN)	9:11.97
2.	Milcah CHEMOS (KEN)	9:17.16
3.	Mercy Wanjiku NJOROGÉ (KEN)	9:17.88

#### 2009 - Berlin IAAF World Ch.

1.	Yuliya ZARIPOVA (RUS)	9:08.39
2.	Milcah CHEMOS (KEN)	9:08.57
3.	Gulnara GALKINA (RUS)	9:11.09

#### 2008 - Beijing Olympic Games

1.	Gulnara GALKINA (RUS)	8:58.81
2.	Eunice JEPKORIR (KEN)	9:07.41
3.	Yekaterina VOLKOVA (RUS)	9:07.64

#### 2007 - Osaka IAAF World Ch.

1.	Yekaterina VOLKOVA (RUS)	9:06.57
2.	Tatyana PETROVA (RUS)	9:09.19
3.	Eunice JEPKORIR (KEN)	9:20.09

#### 2005 - Helsinki IAAF World Ch.

1.	Dorcus INZIKURU (UGA)	9:18.24
2.	Yekaterina VOLKOVA (RUS)	9:20.49
3.	Jeruto KIPTUM (KEN)	9:26.95

### Rabat previous Winners

14	Hiwot AYALEW (ETH)	9:24.11
13	Hiwot AYALEW (ETH)	9:18.72
12	Hiwot AYALEW (ETH)	9:16.14

### Diamond League 2016

#### Shanghai Golden Grand Prix

1.	Hyvin KIYENG (KEN)	9:07.42
2.	Ruth JEBET (BRN)	9:15.98
3.	Sofia ASSEFA (ETH)	9:21.07

### Records

WR	8:58.81	Gulnara GALKINA	RUS	Beijing	17.08.08
AR	9:05.36	Habiba GHRIBI	TUN	Bruxelles	11.09.15
NR	9:20.64	Salima EL OUALI ALAMI	MAR	Monaco	17.07.15
WJR	9:20.37	Birtukan ADAMU	ETH	Roma	26.05.11
MR	9:16.14	Hiwot AYALEW	ETH		27.05.12
DLR	9:05.36	Habiba GHRIBI	TUN	Bruxelles	11.09.15
SB	9:07.42	Hyvin KIYENG	KEN	Shanghai	14.05.16

### 2016 World Outdoor list

9:07.42	Hyvin KIYENG	KEN	Shanghai	14.05.16
9:15.98	Ruth JEBET	BRN	Shanghai	14.05.16
9:21.07	Sofia ASSEFA	ETH	Shanghai	14.05.16
9:21.15	Virginia NYAMBURA	KEN	Shanghai	14.05.16
9:22.47	Purity KIRUI	KEN	Shanghai	14.05.16
9:23.49	Lydia Chebet ROTICH	KEN	Shanghai	14.05.16
9:24.73	Celliphine Cheptek CHESPOL	KEN	Shanghai	14.05.16
9:26.55	Sudha SINGH	IND	Shanghai	14.05.16
9:27.09	Lalita BABAR	IND	New Delhi	29.04.16
9:28.54	Xinyan ZHANG	CHN	Luoyang	06.05.16
9:29.31	Courtney FRERICHS	USA	Palo Alto	01.05.16
9:31.30	Caroline TUIGONG	KEN	Kawasaki	08.05.16
9:31.34	Peruth CHEMUTAI	UGA	Shanghai	14.05.16
9:34.44	Madeline HILLS	AUS	Melbourne	05.03.16
9:35.22	Roseline CHEPNGETICH	KEN	Shanghai	14.05.16
9:36.47	Lidya CHEPKURUI	KEN	Shanghai	14.05.16
9:36.54	Meryem AKDA	TUR	Mersin	01.05.16
9:37.12	Jamie CHEEVER	USA	Los Angeles	20.05.16
9:38.88	Geneviève LALONDE	CAN	Palo Alto	01.05.16
9:42.18	Ashley HIGGINSON	USA	Princeton	22.04.16

### All-Time World Outdoor list

8:58.81	Gulnara GALKINA	RUS	Beijing	17.08.08
9:05.36	Habiba GHRIBI	TUN	Bruxelles	11.09.15
9:06.57	Yekaterina VOLKOVA	RUS	Osaka	27.08.07
9:07.14	Milcah CHEMOS	KEN	Oslo	07.06.12
9:07.41	Eunice JEPKORIR	KEN	Beijing	17.08.08
9:07.42	Hyvin KIYENG	KEN	Shanghai	14.05.16
9:08.39	Yuliya ZARIPOVA	RUS	Berlin	17.08.09
9:09.00	Sofia ASSEFA	ETH	Oslo	07.06.12
9:09.19	Tatyana PETROVA	RUS	Osaka	27.08.07
9:09.39	Marta DOMÍNGUEZ	ESP	Barcelona	25.07.09
9:09.61	Hiwot AYALEW	ETH	Oslo	07.06.12
9:11.42	Emma COBURN	USA	Glasgow	12.07.14
9:12.50	Jenny SIMPSON	USA	Berlin	17.08.09
9:12.55	Lidya CHEPKURUI	KEN	Moskva	13.08.13
9:13.16	Ruth Bosibori NYANGAU	KEN	Berlin	17.08.09
9:13.22	Gladys Jerotich KIPKEMOI	KEN	Roma	10.06.10
9:13.53	Gülcan MINGIR	TUR	Sofia	09.06.12
9:13.85	Virginia NYAMBURA	KEN	Monaco	17.07.15
9:14.07	Etenesh DIRO NEDA	ETH	Stockholm	17.08.12
9:15.04	Dorcus INZIKURU	UGA	Athina	14.06.05

### WR progression

8:58.81	Gulnara GALKINA	RUS	Beijing	17.08.08
9:01.59	Gulnara GALKINA	RUS	Herakleion	04.07.04
9:08.33	Gulnara GALKINA	RUS	Tula	10.08.03
9:16.51	Alesya TURAVA	BLR	Gdansk	27.07.02
9:21.72	Alesya TURAVA	BLR	Ostrava	12.06.02
9:22.29	Justyna BAŁ	POL	Milano	05.06.02
9:25.31	Justyna BAŁ	POL	Nice	09.07.01
9:40.20	Cristina CASANDRA	ROU	Reims	30.08.00
9:43.64	Cristina CASANDRA	ROU	Bucuresti	07.08.00

**Weynshet ANSA**

**Lane 1**

ETH - 09.04.96 - Age: 20 years 43 days  
**SB: 10:05.1h** Addis Abeba (ETH) 23.04 (85th T-L 2016) | **PB: 9:53.92** Sotteville (FRA) 06.07.15 (347th A-T) | **All-Athletics.com World Rankings: 89th**

**Personal bests**

Event	Result	Venue	Date
2000mSC	6:25.18	Donetsk (UKR)	12.07.13
<b>3000mSC</b>	<b>9:53.92</b>	<b>Sotteville (FRA)</b>	<b>06.07.15</b>
5 km Road	16:06	Rennes (FRA)	12.10.14
8 km Road	25:53	Richmond (USA)	14.11.15
10 km Road	35:48	Boston (USA)	12.10.15

**Honours**

**World Junior Championships**

Pl.	Event	Competition	Date
5.	3000mSC	Eugene IAAF World Junior Championships	26.07.14

**World Youth Championships**

Pl.	Event	Competition	Date
3.	2000mSC	Donetsk IAAF World Youth Championships	14.07.13

**African Junior Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Réduit African Junior Championships	01.09.13

**Further honours**

1x National champion

**Progression**

Year	Result	Venue	Date
16	10:05.1h	Addis Abeba (ETH)	23.04.16
15	9:53.92	Sotteville (FRA)	06.07.15
14	9:56.06	Eugene (USA)	24.07.14
13	9:59.46	Réduit (MRI)	01.09.13

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>3000mSC</b>	<b>23.04</b>	<b>Addis Abeba</b>	<b>F</b>	<b>1.</b>	<b>10:05.1h</b>

**Elena GARCÍA GRIMAU**

**Lane 2**

ESP - 19.06.86 - Age: 29 years 338 days  
**SB: 10:34.76** Andújar (ESP) 30.04 (248th T-L 2016) | **PB: 9:54.43** Castellón (ESP) 01.08.15 (362nd A-T) | **All-Athletics.com World Rankings: 118th**

**Personal bests**

Event	Result	Venue	Date
800m	2:06.60	Santander (ESP)	24.07.10
1500m	4:12.67	Santander (ESP)	25.07.12
1500m ind.	4:20.59	Gent (BEL)	02.02.13
3000m	9:15.09	Vila Real de Santo António (POR)	25.05.13
3000m ind.	9:18.39	Sabadell (ESP)	22.02.14
5000m	16:59.74	Castellón (ESP)	07.05.11
<b>3000mSC</b>	<b>9:54.43</b>	<b>Castellón (ESP)</b>	<b>01.08.15</b>
10 km Road	*35:56	Madrid (ESP)	31.12.10
4x400m	3:40.86	Málaga (ESP)	07.08.11

**Honours**

**Ibero-American Championships**

Pl.	Event	Competition	Date
3.	1500m	Iquique Campeonato Iberoamericano	15.06.08

**Further honours**

1x World University Games Bronze medallist  
 1x National champion  
 1x National indoor champion

**Progression**

Year	Result	Venue	Date
16	10:34.76	Andújar (ESP)	30.04.16
15	9:54.43	Castellón (ESP)	01.08.15

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>3000mSC</b>	<b>30.04</b>	<b>Andújar</b>	<b>F</b>	<b>1.</b>	<b>10:34.76</b>

**Maeva DANOIS**

**Lane 3**

FRA - 10.03.93 - Age: 23 years 73 days  
**SB: 10:19.16** Tergnier (FRA) 14.05 (155th T-L 2016) | **PB: 9:40.89** Tallinn (EST) 11.07.15 (178th A-T) | **All-Athletics.com World Rankings: 97th**

**Personal bests**

Event	Result	Venue	Date
1500m	4:22.59	Reims (FRA)	25.06.15
3000m	9:15.99	Hérouville (FRA)	18.06.15
3000m ind.	9:20.79	Mondeville (FRA)	06.02.16
2000mSC	7:00.95	Lens (FRA)	20.07.12
<b>3000mSC</b>	<b>9:40.89</b>	<b>Tallinn (EST)</b>	<b>11.07.15</b>

**Honours**

**European U23 Championships**

Pl.	Event	Competition	Date
2.	3000mSC	Tallinn European U23 Championships	11.07.15

**Progression**

Year	Result	Venue	Date
16	10:19.16	Tergnier (FRA)	14.05.16
15	9:40.89	Tallinn (EST)	11.07.15
14	9:54.91	Montbéliard (FRA)	06.06.14
13	10:45.35	St-Maur (FRA)	19.06.13

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	08.05	Rennes	F	1.	4:28.35
<b>3000mSC</b>	<b>14.05</b>	<b>Tergnier</b>	<b>F</b>	<b>2.</b>	<b>10:19.16</b>

**Genevieve LACAZE**

**Lane 4**

AUS - 04.08.89 - Age: 26 years 292 days  
**SB: 9:43.93** Melbourne (AUS) 05.03 (23rd T-L 2016) | **PB: 9:33.19** Glasgow (GBR) 12.07.14 (114th A-T) | **All-Athletics.com World Rankings: 19th**

**Personal bests**

Event	Result	Venue	Date
800m	2:04.77	Nijmegen (NED)	18.05.16
1500m	4:10.20	Glendale (AUS)	30.01.16
1500m ind.	4:20.53	New York (USA)	26.01.13
Mile	4:32.19	Dublin (IRL)	25.07.12
Mile ind.	4:41.68	New York (USA)	26.01.13
3000m	9:38.74	Melbourne (AUS)	14.12.06
3000m ind.	9:34.42	University Park (USA)	15.01.11
2 Miles	9:52.21	Birmingham (GBR)	24.08.14
5000m	15:41.33	Palo Alto (USA)	01.05.16
5000m ind.	16:51.60	Fayetteville (USA)	26.02.11
2000mSC	6:16.86	Berlin (GER)	06.09.15
<b>3000mSC</b>	<b>9:33.19</b>	<b>Glasgow (GBR)</b>	<b>12.07.14</b>
Mile Road	4:34.00	London (GBR)	20.07.14
Mile Road	*4:32.0h	New York (USA)	13.09.15
5 km Road	16:19	Noosa (AUS)	31.10.15
10 km Road	34:51	Burnie (AUS)	18.10.15
4x800m	8:44.41	Gainesville (USA)	07.04.12
4x800m ind.	11:11.92	New York (USA)	04.02.11
Distance Medley ind.	11:04.53	College Station (USA)	27.01.12

**Records**

Record	Result	Event	Venue	Date
ABP	6:16.86	2000mSC	Berlin (GER)	06.09.15

**Honours**

**Commonwealth Games**

Pl.	Event	Competition	Date
5.	3000mSC	Glasgow Commonwealth Games	30.07.14

**Further honours**

3x National champion

**Progression**

Year	Result	Venue	Date
16	9:43.93	Melbourne (AUS)	05.03.16
15	9:35.17	New York (USA)	13.06.15
14	9:33.19	Glasgow (GBR)	12.07.14
13	9:37.62	Ponce (PUR)	18.05.13
12	9:37.90	London (GBR)	04.08.12
11	9:59.44	Des Moines (USA)	11.06.11
10	10:30.12	Knoxville (USA)	15.05.10
09	10:26.92	Gainesville (USA)	16.05.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	30.01	Glendale	F	3.	4:10.20
Mile Road	08.02	Christchurch	F	1.	4:35.8h
Mile Road	08.02	Christchurch	F	1.	4:35.8h
5000m	13.02	Hobart	F	1.	15:41.74
Mile	23.02	Melbourne	F1	1.	4:32.6h
<b>3000mSC</b>	<b>05.03</b>	<b>Melbourne</b>	<b>F</b>	<b>2.</b>	<b>9:43.93</b>
1500m	19.03	Sydney	F	3.	4:11.05
5000m	01.04	Sydney	F	1.	15:43.83
3000mSC	03.04	Sydney	F	2.	9:49.41
5000m	01.05	Palo Alto	F2	4.	15:41.33
800m	18.05	Nijmegen	F1	3.	2:04.77



**Fadwa SIDI MADANE**

Lane 5

MAR - 20.11.94 - Age: 21 years 184 days

SB: 9:57.14 Casablanca (MAR) 07.05 (59th T-L 2016) | PB: 9:27.87 Beijing (CHN) 24.08.15 (73rd A-T) | All-Athletics.com World Rankings: 35th

**Personal bests**

Event	Result	Venue	Date
800m	2:09.24	Casablanca (MAR)	09.06.12
1500m	4:21.69	Reims (FRA)	28.06.13
3000m	9:15.97	Dakar (SEN)	12.06.13
3000m ind.	9:36.94	Eaubonne (FRA)	11.02.14
2000mSC	6:20.98	Lille (FRA)	10.07.11
<b>3000mSC</b>	<b>9:27.87</b>	<b>Beijing (CHN)</b>	<b>24.08.15</b>

**Honours****World Youth Championships**

Pl.	Event	Competition	Date
2.	2000mSC	Lille IAAF World Youth Championships	10.07.11

**Further honours**

2x National champion

**Progression**

Year	Result	Venue	Date
16	9:57.14	Casablanca (MAR)	07.05.16
15	9:27.87	Beijing (CHN)	24.08.15
14	11:05.74	Marrakesh (MAR)	08.06.14
13	9:51.50	Rabat (MAR)	09.06.13
11	10:44.04	Al Ain (UAE)	28.10.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000m	30.04	Fes	F	2.	9:20.63
<b>3000mSC</b>	<b>07.05</b>	<b>Casablanca</b>	<b>F</b>	<b>1.</b>	<b>9:57.14</b>

**Birtukan ADAMU**

Lane 6

ETH - 29.04.92 - Age: 24 years 23 days

SB: 10:06.4h Addis Abeba (ETH) 23.04 (92nd T-L 2016) | PB: 9:20.37 Roma (ITA) 26.05.11 (34th A-T)

**Personal bests**

Event	Result	Venue	Date
1500m ind.	4:24.91	Kirchberg (LUX)	29.01.11
3000m ind.	8:58.73	Karlsruhe (GER)	12.02.12
5000m ind.	15:34.15	Stockholm (SWE)	19.02.15
<b>3000mSC</b>	<b>9:20.37</b>	<b>Roma (ITA)</b>	<b>26.05.11</b>

**Honours****All-African Games**

Pl.	Event	Competition	Date
3.	3000mSC	Maputo All-Africa Games	13.09.11

**African Championships**

Pl.	Event	Competition	Date
2.	3000mSC	Porto Novo African Championships	01.07.12

**World Junior Championships**

Pl.	Event	Competition	Date
2.	3000mSC	Moncton IAAF World Junior Championships	22.07.10

**African Junior Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Gaborone African Junior Championships	15.05.11

**Further honours**

1x National champion

**Progression**

Year	Result	Venue	Date
16	10:06.4h	Addis Abeba (ETH)	23.04.16
15	9:41.91	Doha (QAT)	15.05.15
14	9:27.29	Ostrava (CZE)	17.06.14
13	9:43.22	Bruxelles (BEL)	06.09.13
12	9:36.40	Oslo (NOR)	07.06.12
11	9:20.37	Roma (ITA)	26.05.11
10	9:31.39	London (GBR)	14.08.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>3000mSC</b>	<b>23.04</b>	<b>Addis Abeba</b>	<b>F</b>	<b>2.</b>	<b>10:06.4h</b>

**Ophelie CLAUDE-BOXBERGER**

Lane 7

FRA - 18.10.88 - Age: 27 years 217 days

PB: 9:35.56 Ninove (BEL) 01.08.15 (134th A-T) | All-Athletics.com World Rankings: 75th

**Personal bests**

Event	Result	Venue	Date
200m	26.17	Fribourg (SUI)	08.08.09
200m ind.	26.03	Eaubonne (FRA)	11.01.13
400m	56.33	La Chaux-de-Fonds (SUI)	27.05.09
400m	56.0h	Besancon (FRA)	13.06.10
400m ind.	56.42	Maglingen (SUI)	06.02.10
600m ind.	1:32.04	Kirchberg (LUX)	16.12.11
800m	2:03.45	Lausanne (SUI)	10.08.13
800m ind.	2:05.90	Aubièrre (FRA)	17.02.13
1500m	4:15.61	Kessel-Lo (BEL)	08.08.15

1500m ind.	4:13.23	Karlsruhe (GER)	01.02.14
3000m	10:09.34	Sarreguemines (FRA)	08.05.11
400mH	1:00.34	Dijon (FRA)	13.07.08
2000mSC	6:24.21	Pfiezhausen (GER)	17.05.15
<b>3000mSC</b>	<b>9:35.56</b>	<b>Ninove (BEL)</b>	<b>01.08.15</b>
10 km Road	33:44	Nice (FRA)	05.01.14

**Honours**1x National champion  
1x National Indoor champion**Progression**

Year	Result	Venue	Date
15	9:35.56	Ninove (BEL)	01.08.15
14	9:56.25	Ninove (BEL)	02.08.14

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
1500m	08.05	Dijon	F	1.	4:24.70
2000mSC	16.05	Rehlingen	F	4.	6:39.91

**Etenesh DIRO NEDA**

Lane 8

ETH - 10.05.91 - Age: 25 years 12 days

SB: 10:10.5h Addis Abeba (ETH) 23.04 (111th T-L 2016) | PB: 9:14.07 Stockholm (SWE) 17.08.12 (19th A-T) | All-Athletics.com World Rankings: 28th

**Personal bests**

Event	Result	Venue	Date
3000m	8:38.32	Doha (QAT)	06.05.16
5000m	15:19.77	Carquefou (FRA)	01.06.12
<b>3000mSC</b>	<b>9:14.07</b>	<b>Stockholm (SWE)</b>	<b>17.08.12</b>
5 km Road	15:17	Rennes (FRA)	14.10.12
10 km Road	33:32	Addis Abeba (ETH)	27.11.11
15 km Road	51:21	Istanbul (TUR)	18.10.09
Half Marathon	1:11:36	Reims (FRA)	17.10.10

**African Junior Championships**

Pl.	Event	Competition	Date
2.	3000m	Bambous African Junior Championships	30.07.09

**Further honours**

1x Diamond League meeting winner

**Progression**

Year	Result	Venue	Date
16	10:10.5h	Addis Abeba (ETH)	23.04.16
15	9:29.10	Sotteville (FRA)	06.07.15
14	9:19.71	Paris (FRA)	05.07.14
13	9:16.97	Moskva (RUS)	13.08.13
12	9:14.07	Stockholm (SWE)	17.08.12
11	9:49.18	Besancon (FRA)	14.06.11

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
<b>3000mSC</b>	<b>23.04</b>	<b>Addis Abeba</b>	<b>F</b>	<b>4.</b>	<b>10:10.5h</b>
3000m	06.05	Doha	F	7.	8:38.32

**Honours****Olympic Games**

Pl.	Event	Competition	Date
5.	3000mSC	London Olympic Games	06.08.12

**World Championships**

Pl.	Event	Competition	Date
5.	3000mSC	Moskva IAAF World Championships	13.08.13

**All-African Games**

Pl.	Event	Competition	Date
6.	3000mSC	Brazzaville All-Africa Games	15.09.15

**African Championships**

Pl.	Event	Competition	Date
4.	3000mSC	Marrakesh African Championships	14.08.14

**Gladys Jerotich KIPKEMOI****Lane 9**

KEN - 15.10.86 - Age: 29 years 220 days

**PB: 9:13.22** Roma (ITA) 10.06.10 (16th A-T)**Personal bests**

Event	Result	Venue	Date
1500m	4:26.8h	Nairobi (KEN)	17.06.02
3000m	9:08.22	Rabat (MAR)	17.06.06
3000m ind.	10:14.15	Lincoln (USA)	05.02.05
5000m	16:54.0h	Kisii (KEN)	12.04.14
<b>3000mSC</b>	<b>9:13.22</b>	<b>Roma (ITA)</b>	<b>10.06.10</b>
Half Marathon	1:12:39	Kigali (RWA)	24.05.15
Marathon	2:34:23	Seoul (KOR)	20.03.16

**Honours****World Championships**

Pl.	Event	Competition	Date
7.	3000mSC	Berlin IAAF World Championships	17.08.09

**Commonwealth Games**

Pl.	Event	Competition	Date
3.	3000mSC	New Delhi Commonwealth Games	06.10.10

**World Junior Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Grosseto IAAF World Junior Championships	15.07.04

**World Athletics Final**

Pl.	Event	Competition	Date
3.	3000mSC	Thessaloniki IAAF/VTB Bank WAF	12.09.09
4.	3000mSC	Stuttgart IAAF World Athletics Final	09.09.06

**Further honours**

- 1x Diamond League meeting winner
- 1x National champion

**Progression**

Year	Result	Venue	Date
14	9:42.88	Beijing (CHN)	21.05.14
13	9:36.66	Bruxelles (BEL)	06.09.13
10	9:13.22	Roma (ITA)	10.06.10
09	9:14.62	Berlin (GER)	17.08.09
07	9:46.46	Oslo (NOR)	15.06.07
06	9:32.68	Heusden-Zolder (BEL)	22.07.06
04	9:47.26	Grosseto (ITA)	15.07.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Marathon	20.03	Seoul	F	9.	2:34:23
3000m	02.04	Kisii	F	2.	9:48.5h

**Caroline TUIGONG****Lane 10**

KEN - 12.03.90 - Age: 26 years 71 days

**SB: 9:31.30** Kawasaki (JPN) 08.05 (12th T-L 2016) | **PB: 9:31.30** Kawasaki(JPN) 08.05.16 (105th A-T) | [All-Athletics.com World Rankings: 24th](#)**Personal bests**

Event	Result	Venue	Date
1500m	4:21.12	Baunatal (GER)	02.06.10
3000m	9:34.1h	Kisii (KEN)	09.05.15
2000mSC	6:22.30	Ostrava (CZE)	14.07.07
<b>3000mSC</b>	<b>9:31.30</b>	<b>Kawasaki (JPN)</b>	<b>08.05.16</b>

**Honours****World Junior Championships**

Pl.	Event	Competition	Date
1.	3000mSC	Beijing IAAF World Junior Championships	17.08.06

**World Youth Championships**

Pl.	Event	Competition	Date
1.	2000mSC	Ostrava IAAF World Youth Championships	14.07.07

**Progression**

Year	Result	Venue	Date
16	9:31.30	Kawasaki (JPN)	08.05.16
15	9:34.15	Lausanne (SUI)	09.07.15
10	10:09.40	Dessau (GER)	28.05.10
09	10:35.0h	Nairobi (KEN)	16.06.09
08	10:01.3h	Nairobi (KEN)	18.06.08
07	10:07.72	Nairobi (KEN)	28.07.07
06	9:40.95	Beijing (CHN)	17.08.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
3000mSC	22.04	Nairobi	F	5.	9:59.9h
<b>3000mSC</b>	<b>08.05</b>	<b>Kawasaki</b>	<b>F</b>	<b>1.</b>	<b>9:31.30</b>
3000mSC	14.05	Shanghai	F	-	DNF

### Start list Pole Vault Time: 16:35

Order	Athlete	Nat	NR	PB	SB
1	Lisa RYZIH	GER	4.82	4.71	
2	Regine KRAMER	GER	4.82	4.40	4.40
3	Katerina STEFANIDI	GRE	4.83	4.73	4.73
4	Nicole BÜCHLER	SUI	4.78	4.78	4.78
5	Nikoleta KIRIAKOPOULOU	GRE	4.83	4.83	4.53
6	Yarisley SILVA	CUB	4.91	4.91	4.60

### Records

WR	5.06	Yelena ISINBAYEVA	RUS	Zürich	28.08.09
AR	4.42	Elmarie GERRYTS	RSA	Wesel	12.06.00
NR	4.05	Nisrine DINAR	MAR	Rabat	16.07.06
WJR	4.71	Wilma MURTO	FIN	Zweibrücken	31.01.16
MR	4.56	Angelina KRASNOVA	RUS		14.06.15
DLR	4.83	Yarisley SILVA	CUB	London	26.07.13
DLR	4.83	Nikoleta KIRIAKOPOULOU	GRE	Paris	04.07.15
DLR	4.83	Sandi MORRIS	USA	Doha	06.05.16
SB	4.83	Sandi MORRIS	USA	Doha	06.05.16

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Yarisley SILVA (CUB)	4.90
2.	Fabiana MURER (BRA)	4.85
3.	Nikoleta KIRIAKOPOULOU (GRE)	4.80

#### 2013 - Moskva IAAF World Ch.

1.	Yelena ISINBAYEVA (RUS)	4.89
2.	Jennifer SUHR (USA)	4.82
3.	Yarisley SILVA (CUB)	4.82

#### 2012 - London Olympic Games

1.	Jennifer SUHR (USA)	4.75
2.	Yarisley SILVA (CUB)	4.75
3.	Yelena ISINBAYEVA (RUS)	4.70

#### 2011 - Daegu IAAF World Ch.

1.	Fabiana MURER (BRA)	4.85
2.	Martina STRUTZ (GER)	4.80
3.	Svetlana FEOFANOVA (RUS)	4.75

#### 2009 - Berlin IAAF World Ch.

1.	Anna ROGOWSKA (POL)	4.75
2.	Monika PYREK (POL)	4.65
2.	Chelsea JOHNSON (USA)	4.65

#### 2008 - Beijing Olympic Games

1.	Yelena ISINBAYEVA (RUS)	5.05
2.	Jennifer SUHR (USA)	4.80
3.	Svetlana FEOFANOVA (RUS)	4.75

#### 2007 - Osaka IAAF World Ch.

1.	Yelena ISINBAYEVA (RUS)	4.80
2.	Kateřina BAĐUROVÁ (CZE)	4.75
3.	Svetlana FEOFANOVA (RUS)	4.75

#### 2005 - Helsinki IAAF World Ch.

1.	Yelena ISINBAYEVA (RUS)	5.01
2.	Monika PYREK (POL)	4.60
3.	Pavla HAMÁČKOVÁ-RYBOVÁ (CZE)	4.50

#### 2004 - Athens Olympic Games

1.	Yelena ISINBAYEVA (RUS)	4.91
2.	Svetlana FEOFANOVA (RUS)	4.75
3.	Anna ROGOWSKA (POL)	4.70

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Svetlana FEOFANOVA (RUS)	4.75
2.	Annika BECKER (GER)	4.70
3.	Yelena ISINBAYEVA (RUS)	4.65

### Diamond Race

1	Sandi MORRIS (USA)	10
2	Nicole BÜCHLER (SUI)	6
3	Katerina STEFANIDI (GRE)	4
4	Ling LI (CHN)	3
5	Nikoleta KIRIAKOPOULOU (GRE)	2
6	Katie NAGEOTTE (USA)	1

### Rabat previous Winners

15	Angelina KRASNOVA (RUS)	4.56
09	Silke SPIEGELBURG (GER)	4.50
08	Silke SPIEGELBURG (GER)	4.37

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Sandi MORRIS (USA)	4.83
2.	Nicole BÜCHLER (SUI)	4.78
3.	Katerina STEFANIDI (GRE)	4.73

### 2016 World Outdoor list

4.83	Sandi MORRIS	USA	Doha	06.05.16
4.82	Jennifer SUHR	USA	San Marcos	30.04.16
4.80	Eliza MCCARTNEY	NZL	Dunedin	05.03.16
4.78	Nicole BÜCHLER	SUI	Doha	06.05.16
4.77	Alana BOYD	AUS	Sippy Downs	28.01.16
4.73	Katerina STEFANIDI	GRE	Doha	06.05.16
4.64	Lexi WEEKS	USA	Fayetteville	23.04.16
4.63	Fabiana MURER	BRA	Rio de Janeiro	28.02.16
4.63	Megan CLARK	USA	Durham	23.04.16
4.63	Ling LI	CHN	Doha	06.05.16
4.60	Alysha NEWMAN	CAN	Coral Gables	09.04.16
4.60	Kylie HUTSON	USA	Chula Vista	07.05.16
4.60	Yarisley SILVA	CUB	Ostrava	20.05.16
4.60	Jiřina PTÁČNÍKOVÁ	CZE	Ostrava	20.05.16
4.55	Kristen HIXSON	USA	Allendale	13.05.16
4.53	Katie NAGEOTTE	USA	Doha	06.05.16
4.53	Nikoleta KIRIAKOPOULOU	GRE	Doha	06.05.16
4.52	Kristen BROWN	USA	Long Beach	16.04.16
4.52	Tori PENA	IRL	Long Beach	16.04.16
4.52	Morgann LELEUX	USA	Lafayette	15.05.16

### All-Time World Outdoor list

5.06	Yelena ISINBAYEVA	RUS	Zürich	28.08.09
4.92	Jennifer SUHR	USA	Eugene	06.07.08
4.91	Yarisley SILVA	CUB	Beckum	02.08.15
4.88	Svetlana FEOFANOVA	RUS	Herakleion	04.07.04
4.85	Fabiana MURER	BRA	San Fernando	04.06.10
4.83	Stacy DRAGILA	USA	Ostrava	08.06.04
4.83	Anna ROGOWSKA	POL	Bruxelles	26.08.05
4.83	Nikoleta KIRIAKOPOULOU	GRE	Paris	04.07.15
4.83	Sandi MORRIS	USA	Doha	06.05.16
4.82	Monika PYREK	POL	Stuttgart	22.09.07
4.82	Silke SPIEGELBURG	GER	Monaco	20.07.12
4.80	Martina STRUTZ	GER	Daegu	30.08.11
4.80	Eliza MCCARTNEY	NZL	Dunedin	05.03.16
4.79	Anzhelika SIDOROVA	RUS	London	25.07.15
4.78	Tatyana POLNOVA	RUS	Monaco	19.09.04
4.78	Nicole BÜCHLER	SUI	Doha	06.05.16
4.77	Annika BECKER	GER	Bochum	07.07.02
4.77	Alana BOYD	AUS	Sippy Downs	28.01.16
4.76	Jiřina PTÁČNÍKOVÁ	CZE	Plzen	04.09.13
4.75	Kateřina BAĐUROVÁ	CZE	Osaka	28.08.07

### WR progression

5.06	Yelena ISINBAYEVA	RUS	Zürich	28.08.09
5.05	Yelena ISINBAYEVA	RUS	Beijing	18.08.08
5.04	Yelena ISINBAYEVA	RUS	Monaco	29.07.08
5.03	Yelena ISINBAYEVA	RUS	Roma	11.07.08
5.01	Yelena ISINBAYEVA	RUS	Helsinki	12.08.05
5.00	Yelena ISINBAYEVA	RUS	London	22.07.05
4.96	Yelena ISINBAYEVA	RUS	London	22.07.05
4.95	Yelena ISINBAYEVA	RUS	Madrid	16.07.05
4.93	Yelena ISINBAYEVA	RUS	Lausanne	05.07.05
4.92	Yelena ISINBAYEVA	RUS	Bruxelles	03.09.04
4.91	Yelena ISINBAYEVA	RUS	Athina	24.08.04
4.90	Yelena ISINBAYEVA	RUS	London	30.07.04
4.89	Yelena ISINBAYEVA	RUS	Birmingham	25.07.04
4.88	Svetlana FEOFANOVA	RUS	Herakleion	04.07.04
4.87	Yelena ISINBAYEVA	RUS	Gateshead	27.06.04

**Lisa RYZIH** **Order 1**

GER - 27.09.88 - Age: 27 years 238 days  
PB: 4.71 Rottach-Egern (GER) 05.07.14 (27th A-T) | All-Athletics.com World Rankings: 18th

Event	Result	Venue	Date
Pole Vault	4.71	Rottach-Egern (GER)	05.07.14
Pole Vault ind.	4.72	Metz (FRA)	25.02.15

**Honours**

Pl.	Event	Competition	Date
6.	Pole Vault	London Olympic Games	06.08.12

Pl.	Event	Competition	Date
8.	Pole Vault	Moskva IAAF World Championships	13.08.13

Pl.	Event	Competition	Date
3.	Pole Vault	Barcelona European Championships	30.07.10
4.	Pole Vault	Zürich European Championships	14.08.14
7.	Pole Vault	Helsinki European Championships	30.06.12

Pl.	Event	Competition	Date
1.	Pole Vault	Grosseto IAAF World Junior Championships	16.07.04

Pl.	Event	Competition	Date
1.	Pole Vault	Kaunas European U23 Championships	18.07.09

Pl.	Event	Competition	Date
7.	Pole Vault ind.	Paris European Indoor Championships	06.03.11

Pl.	Event	Competition	Date
2.	Pole Vault	Split IAAF/VTB Bank Continental Cup	04.09.10
3.	Pole Vault	Marrakesh IAAF Continental Cup	13.09.14

**Regine KRAMER** **Order 2**

GER - 05.04.93 - Age: 23 years 47 days  
SB: 4.40 Engen (GER) 08.05 (37th T-L 2016) | PB: 4.40 Engen (GER) 08.05.16 (166th A-T) | All-Athletics.com World Rankings: 68th

Event	Result	Venue	Date
Pole Vault	4.40	Engen (GER)	08.05.16
Pole Vault ind.	4.20	Leverkusen (GER)	05.01.14
Long Jump	5.23	Leverkusen (GER)	13.05.12

Year	Result	Venue	Date
16	4.40	Engen (GER)	08.05.16

**Katerina STEFANIDI** **Order 3**

GRE - 04.02.90 - Age: 26 years 108 days  
SB: 4.73 Doha (QAT) 06.05 (6th T-L 2016) | PB: 4.73 Doha (QAT) 06.05.16 (22nd A-T) | All-Athletics.com World Rankings: 6th

Event	Result	Venue	Date
Pole Vault	4.73	Doha (QAT)	06.05.16
Pole Vault ind.	4.90	New York (USA)	20.02.16

**Honours**

Pl.	Event	Competition	Date
2.	Pole Vault	Zürich European Championships	14.08.14

Pl.	Event	Competition	Date
3.	Pole Vault ind.	Portland IAAF World Indoor Championships	17.03.16

Pl.	Event	Competition	Date
3.	Pole Vault	Bydgoszcz IAAF World Junior Ch.	11.07.08

Pl.	Event	Competition	Date
2.	Pole Vault	Ostrava European U23 Championships	17.07.11

Pl.	Event	Competition	Date
2.	Pole Vault ind.	Praha European Indoor Championships	08.03.15

Pl.	Event	Competition	Date
1.	Pole Vault	Sherbrooke IAAF World Youth Ch.	13.07.03

**Further honours**  
2x National champion  
2x National Indoor champion

Year	Result	Venue	Date
15	4.70	Rottach-Egern (GER)	11.07.15
14	4.71	Rottach-Egern (GER)	05.07.14
13	4.55	Moskva (RUS)	11.08.13
12	4.65	Bochum (GER)	16.06.12
10	4.65	Barcelona (ESP)	30.07.10
09	4.50	Kaunas (LTU)	18.07.09
08	4.50	Regensburg (GER)	08.06.08
07	4.35	Beckum (GER)	09.09.07
06	4.35	Mannheim (GER)	07.07.06
05	4.15	Mannheim (GER)	18.06.05
04	4.30	Grosseto (ITA)	16.07.04
03	4.10	Mannheim (GER)	21.06.03
02	3.92	Rehlingen (GER)	03.09.02

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-
15	4.25	Wipperfürth (GER)	-	-	07.07.15
14	4.26	Wipperfürth (GER)	-	-	22.07.14
13	4.11	Wipperfürth (GER)	-	-	20.07.13
12	3.92	Wipperfürth (GER)	-	-	23.05.12
11	4.05	Wipperfürth (GER)	-	-	01.05.11
10	4.03	Essen (GER)	-	-	12.06.10
09	3.93	Düsseldorf (GER)	-	-	10.08.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Pole Vault	05.05	Bönnigheim	F	1.	4.30
<b>Pole Vault</b>	<b>08.05</b>	<b>Engen</b>	<b>F</b>	<b>1.</b>	<b>4.40</b>
Pole Vault	13.05	Herzogenaurach	F	1.	4.30
Pole Vault	16.05	Rehlingen	F	2.	4.35

Pl.	Event	Competition	Date
1.	Pole Vault	Marrakesh IAAF World Youth Championships	16.07.05
2.	Pole Vault	Ostrava IAAF World Youth Championships	14.07.07

**Further honours**  
1x Diamond League meeting winner  
1x World University Games Bronze medalist  
1x NCAA champion  
1x European Team Championships 1st League winner  
1x National champion

Year	Result	Venue	Date
16	4.73	Doha (QAT)	06.05.16
15	4.71	Des Moines (USA)	24.04.15
14	4.71	Monaco (MON)	18.07.14
13	4.40	Chula Vista (USA)	06.06.13
12	4.51	Livermore (USA)	16.06.12
11	4.45	Ostrava (CZE)	17.07.11
10	4.30	Palo Alto (USA)	27.03.10
09	4.13	Palo Alto (USA)	18.04.09
08	4.25	Bydgoszcz (POL)	11.07.08
07	4.25	Ostrava (CZE)	14.07.07
06	4.10	Athina (GRE)	31.05.06
05	4.30	Marrakesh (MAR)	16.07.05
04	4.14	Corinth (GRE)	03.07.04
03	3.90	Chania (GRE)	09.06.03
02	3.40	Athina (GRE)	09.06.02

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Pole Vault	27.04	Des Moines	F	2.	4.60
Pole Vault	30.04	Des Moines	F	2.	4.60
<b>Pole Vault</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>3.</b>	<b>4.73</b>
Pole Vault	10.05	Athina	F	1.	4.65

**Nicole BÜCHLER****Order 4**

SUI - 17.12.83 - Age: 32 years 157 days

SB: 4.78 Doha (QAT) 06.05 (4th T-L 2016) | PB: 4.78 Doha (QAT) 06.05.16 (15th A-T) | All-

Athletics.com World Rankings: 7th

**Personal bests**

Event	Result	Venue	Date
100m	12.47	Colmar (FRA)	10.05.15
60mH ind.	8.65	Magglingen (SUI)	07.02.09
100mH	14.01	Langenthal (SUI)	19.09.09
<b>Pole Vault</b>	<b>4.78</b>	<b>Doha (QAT)</b>	<b>06.05.16</b>
Pole Vault ind.	4.80	Portland (USA)	17.03.16

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
4.	Pole Vault ind.	Portland IAAF World Indoor Championships	17.03.16
8.	Pole Vault ind.	Istanbul IAAF World Indoor Championships	11.03.12

**Further honours**

1x World University Games Silver medalist

1x World University Games Bronze medalist  
 1x European Team Championships 1st League winner  
 4x National champion  
 7x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	4.78	Doha (QAT)	06.05.16
15	4.71	Zug (SUI)	08.08.15
14	4.67	Zürich (SUI)	28.08.14
13	4.61	Luzern (SUI)	17.07.13
12	4.60	Riehen (SUI)	17.06.12
11	4.50	Daegu (KOR)	28.08.11
10	4.30	Jonesboro (USA)	30.05.10
09	4.50	Beograd (SRB)	10.07.09
08	4.40	Lucerne (SUI)	16.07.08
07	4.35	Bangkok (THA)	10.08.07
06	4.10	Genève (SUI)	11.06.06
05	4.15	Lucerne (SUI)	14.06.05
04	3.80	Zürich (SUI)	18.09.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Pole Vault	06.05	Doha	F	2.	4.78

**Nikoleta KIRIAKOPOULOU****Order 5**

GRE - 21.03.86 - Age: 30 years 62 days

SB: 4.53 Doha (QAT) 06.05 (16th T-L 2016) | PB: 4.83 Paris (FRA) 04.07.15 (6th A-T) | All-

Athletics.com World Rankings: 2nd

**Personal bests**

Event	Result	Venue	Date
<b>Pole Vault</b>	<b>4.83</b>	<b>Paris (FRA)</b>	<b>04.07.15</b>
Pole Vault ind.	4.81	Stockholm (SWE)	17.02.16

**Honours****World Championships**

Pl.	Event	Competition	Date
3.	Pole Vault	Beijing IAAF World Championships	26.08.15
8.	Pole Vault	Daegu IAAF World Championships	30.08.11

**European Championships**

Pl.	Event	Competition	Date
3.	Pole Vault	Helsinki European Championships	30.06.12
7.	Pole Vault	Zürich European Championships	14.08.14

**World Indoor Championships**

Pl.	Event	Competition	Date
6.	Pole Vault ind.	Portland IAAF World Indoor Championships	17.03.16

**World Junior Championships**

Pl.	Event	Competition	Date
6.	Pole Vault	Grosseto IAAF World Junior Championships	16.07.04

**European Indoor Championships**

Pl.	Event	Competition	Date
5.	Pole Vault ind.	Praha European Indoor Championships	08.03.15

**Diamond Race wins**

Year	Event
2015	Pole Vault

**Further honours**

5x Diamond League meeting winner  
 1x Mediterranean Games winner  
 2x European Team Championships 1st League winner  
 5x National champion  
 1x Balkan Championships winner  
 6x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	4.53	Doha (QAT)	06.05.16
15	4.83	Paris (FRA)	04.07.15
14	4.67	Zürich (SUI)	28.08.14
13	4.65	Athina (GRE)	20.07.13
12	4.60	Helsinki (FIN)	30.06.12
11	4.71	London (GBR)	05.08.11
10	4.55	Doha (QAT)	14.05.10
09	4.50	Pescara (ITA)	30.06.09
08	4.45	Argos (GRE)	19.07.08
07	3.90	Thessaloniki (GRE)	30.06.07
06	3.60	Patra (GRE)	13.07.06
05	4.10	Athina (GRE)	11.06.05
04	4.00	Trikala (GRE)	27.06.04
03	3.60	Nicosia (CYP)	11.05.03

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Pole Vault	06.05	Doha	F	5.	4.53

**Yarisley SILVA****Order 6**

CUB - 01.06.87 - Age: 28 years 356 days

SB: 4.60 Ostrava (CZE) 20.05 (11th T-L 2016) | PB: 4.91 Beckum (GER) 02.08.15 (3rd A-T) | All-

Athletics.com World Rankings: 1st

**Personal bests**

Event	Result	Venue	Date
<b>Pole Vault</b>	<b>4.91</b>	<b>Beckum (GER)</b>	<b>02.08.15</b>
Pole Vault ind.	4.82	Des Moines (USA)	24.04.13

**Honours****Olympic Games**

Pl.	Event	Competition	Date
2.	Pole Vault	London Olympic Games	06.08.12

**World Championships**

Pl.	Event	Competition	Date
1.	Pole Vault	Beijing IAAF World Championships	26.08.15
3.	Pole Vault	Moskva IAAF World Championships	13.08.13
5.	Pole Vault	Daegu IAAF World Championships	30.08.11

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	Pole Vault ind.	Sopot IAAF World Indoor Championships	09.03.14
7.	Pole Vault ind.	Istanbul IAAF World Indoor Championships	11.03.12

**Pan American Games**

Pl.	Event	Competition	Date
1.	Pole Vault	Toronto Pan American Games	23.07.15
1.	Pole Vault	Guadalajara Pan American Games	24.10.11
3.	Pole Vault	Rio de Janeiro Pan American Games	23.07.07

**Further honours**

1x CAC Championships winner  
 5x Diamond League meeting winner  
 1x CAC Games winner  
 5x National champion

**Progression**

Year	Result	Venue	Date
16	4.60	Ostrava (CZE)	20.05.16
15	4.91	Beckum (GER)	02.08.15
14	4.70	New York (USA)	14.06.14
13	4.90	Hengelo (NED)	08.06.13
12	4.75	London (GBR)	06.08.12
11	4.75	Guadalajara (MEX)	24.10.11
10	4.40	La Habana (CUB)	11.02.10
09	4.50	La Habana (CUB)	23.05.09
08	4.50	La Habana (CUB)	08.02.08
07	4.30	Rio de Janeiro (BRA)	23.07.07
06	4.20	La Habana (CUB)	25.02.06
05	4.10	La Habana (CUB)	20.05.05
04	4.00	La Habana (CUB)	24.06.04
03	3.70	La Habana (CUB)	31.05.03

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Pole Vault	20.05	Ostrava	F	2.	4.60



### Start list Triple Jump Time: 16:15

Order	Athlete	Nat	NR	PB	SB
1	Joelle MBUMI	CMR	15.39	14.16	
2	Tetyana PTASHKINA	UKR	15.50	14.08	
3	Patrícia MAMONA	POR	14.52	14.52	
4	Paraskevi PAPACHRISTOU	GRE	15.32	14.72	14.26
5	Susana Cristina COSTA	POR	14.52	14.32	
6	Yulimar ROJAS	VEN	14.79	14.79	14.79
7	Caterine IBARGUEN	COL	15.31	15.31	15.04

### Records

WR	15.50	Inessa KRAVETS	UKR	Göteborg	10.08.95
AR	15.39	Francoise MBANGO ETONE	CMR	Beijing	17.08.08
NR	13.75	Jamaa CHNAIK	MAR	Porto Novo	01.07.12
WJR	14.62	Tereza MARINOVA	BUL	Sydney	25.08.96
MR	14.75	Olha SALADUKHA	UKR		27.05.12
DLR	15.31	Caterine IBARGUEN	COL	Monaco	18.07.14
SB	15.04	Caterine IBARGUEN	COL	Doha	06.05.16

### 2016 World Outdoor list

15.04	+1.5	Caterine IBARGUEN	COL	Doha	06.05.16
14.79	+1.3	Yulimar ROJAS	VEN	Doha	06.05.16
14.61	+1.1	Olga RYPAKOVA	KAZ	Doha	06.05.16
14.57	-1.1	Shanieka THOMAS	JAM	Kingston	02.04.16
14.56	+1.8	Liadagmis POVEA	CUB	La Habana	19.03.16
14.28	+1.4	Jenny ELBE	GER	Dresden	14.05.16
14.26	+1.5	Jeanine ASSANI ISSOUF	FRA	Doha	06.05.16
14.26	+1.7	Paraskevi PAPACHRISTOU	GRE	Doha	06.05.16
14.19	+0.3	Keturah ORJI	USA	Tuscaloosa	14.05.16
14.09	+0.0	Yargelis SAVIGNE	CUB	La Habana	13.02.16
14.09	+0.6	Mayookha JOHNY	IND	Potchefstroom	22.04.16
14.08	+0.4	Yosiris URRUTIA	COL	Medellín	30.04.16
14.07	+0.0	Laura SAMUEL	GBR	Clermont	30.04.16
14.06	+1.7	Dana VELDÁKOVÁ	SVK	Doha	06.05.16
14.01	+1.7	Liuba Maria ZALDIVAR	CUB	Cartagena de Indias	07.05.16
14.01	-0.2	Keila DA SILVA COSTA	BRA	Rio de Janeiro	15.05.16
14.00	+0.0	Nubia APARECIDA SOARES	BRA	Rio de Janeiro	15.05.16
13.94	+1.7	Crystal MANNING	USA	Waco	23.04.16
13.93	+1.6	Andrea GEUBELLE	USA	Eugene	06.05.16
13.93	+1.8	Christina EPPS	USA	Chula Vista	07.05.16

### All-Time World Outdoor list

15.50	+0.9	Inessa KRAVETS	UKR	Göteborg	10.08.95
15.39	+0.5	Francoise MBANGO ETONE	CMR	Beijing	17.08.08
15.34	-0.5	Tatyana LEBEDEVA	RUS	Herakleion	04.07.04
15.32	+0.9	Chrysopigi DEVETZI	GRE	Athina	21.08.04
15.31	+0.0	Caterine IBARGUEN	COL	Monaco	18.07.14
15.29	+0.3	Yamilé ALDAMA	CUB	Roma	11.07.03
15.28	+0.9	Yargelis SAVIGNE	CUB	Osaka	31.08.07
15.25	+1.7	Olga RYPAKOVA	KAZ	Split	04.09.10
15.20	+0.0	Šárka KAŠPÁRKOVÁ	CZE	Athina	04.08.97
15.20	-0.3	Tereza MARINOVA	BUL	Sydney	24.09.00
15.18	+0.3	Iva PRANDZEVA	BUL	Göteborg	10.08.95
15.16	+0.1	Rodica PETRESCU-MATEESCU	ROU	Athina	04.08.97
15.16	+0.7	Trecia Kaye SMITH	JAM	Linz	02.08.04
15.15	+1.7	Ashia HANSEN	GBR	Fukuoka	13.09.97
15.14	+1.9	Nadezhda ALYOKHINA	RUS	Cheboksary	26.07.09
15.09	+0.5	Anna BIRYUKOVA	RUS	Stuttgart	21.08.93
15.09	-0.5	Inna LASOVSKAYA	RUS	Valencia	31.05.97
15.07	-0.6	Paraskevi TSAMITA	GRE	Sevilla	22.08.99
15.04	+1.7	Yekaterina KONEVA	RUS	Eugene	30.05.15
15.03	+1.9	Magdelín MARTÍNEZ	ITA	Roma	25.06.04

### WR progression

15.50	+0.9	Inessa KRAVETS	UKR	Göteborg	10.08.95
15.09	+0.5	Anna BIRYUKOVA	RUS	Stuttgart	21.08.93
14.97	+0.9	Yolanda CHEN	RUS	Moskva	18.06.93
14.95	-0.2	Inessa KRAVETS	URS	Moskva	10.06.91
14.54	+1.1	Huirong LI	CHN	Sapporo	25.08.90

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Caterine IBARGUEN (COL)	14.90
2.	Hanna KNYAZHEVA-MINENKO (ISR)	14.78
3.	Olga RYPAKOVA (KAZ)	14.77

#### 2013 - Moskva IAAF World Ch.

1.	Caterine IBARGUEN (COL)	14.85
2.	Yekaterina KONEVA (RUS)	14.81
3.	Olha SALADUKHA (UKR)	14.65

#### 2012 - London Olympic Games

1.	Olga RYPAKOVA (KAZ)	14.98
2.	Caterine IBARGUEN (COL)	14.80
3.	Olha SALADUKHA (UKR)	14.79

#### 2011 - Daegu IAAF World Ch.

1.	Olha SALADUKHA (UKR)	14.94
2.	Olga RYPAKOVA (KAZ)	14.89
3.	Caterine IBARGUEN (COL)	14.84

#### 2009 - Berlin IAAF World Ch.

1.	Yargelis SAVIGNE (CUB)	14.95
2.	Mabel GAY (CUB)	14.61
3.	Anna PYATYKH (RUS)	14.58

#### 2008 - Beijing Olympic Games

1.	Francoise MBANGO ETONE (FRA)	15.39
2.	Tatyana LEBEDEVA (RUS)	15.32
3.	Chrysopigi DEVETZI (GRE)	15.23

#### 2007 - Osaka IAAF World Ch.

1.	Yargelis SAVIGNE (CUB)	15.28
2.	Tatyana LEBEDEVA (RUS)	15.07
3.	Chrysopigi DEVETZI (GRE)	15.04

#### 2005 - Helsinki IAAF World Ch.

1.	Trecia Kaye SMITH (JAM)	15.11
2.	Yargelis SAVIGNE (CUB)	14.82
3.	Anna PYATYKH (RUS)	14.78

#### 2004 - Athens Olympic Games

1.	Francoise MBANGO ETONE (FRA)	15.30
2.	Chrysopigi DEVETZI (GRE)	15.25
3.	Tatyana LEBEDEVA (RUS)	15.14

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Tatyana LEBEDEVA (RUS)	15.18
2.	Francoise MBANGO ETONE (FRA)	15.05
3.	Magdelín MARTÍNEZ (ITA)	14.90

### Diamond Race

1	Caterine IBARGUEN (COL)	10
2	Yulimar ROJAS (VEN)	6
3	Olga RYPAKOVA (KAZ)	4
4	Jeanine ASSANI ISSOUF (FRA)	3
5	Paraskevi PAPACHRISTOU (GRE)	2
6	Shanieka THOMAS (JAM)	1

### Rabat previous Winners

13	Hanna KNYAZHEVA-MINENKO (ISR)	14.29
12	Olha SALADUKHA (UKR)	14.75
11	Baya RAHOULI (ALG)	14.34
10	Anna PYATYKH (RUS)	14.68

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Caterine IBARGUEN (COL)	15.04
2.	Yulimar ROJAS (VEN)	14.92
3.	Olga RYPAKOVA (KAZ)	14.61

### Joelle MBUMI

### Order 1

CMR - 25.05.86 - Age: 29 years 363 days  
PB: 14.16 Yaoundé (CMR) 12.07.15 (187th A-T)

#### Personal bests

Event	Result	Wind	Venue	Date
Long Jump	6.31	-0.5	Brazzaville (CGO)	16.09.15
<b>Triple Jump</b>	<b>14.16</b>		<b>Yaoundé (CMR)</b>	<b>12.07.15</b>

#### Honours

##### Commonwealth Games

Pl.	Event	Competition	Date
7.	Triple Jump	Glasgow Commonwealth Games	29.07.14

##### All-African Games

Pl.	Event	Competition	Date
1.	Long Jump	Brazzaville All-Africa Games	16.09.15
1.	Triple Jump	Brazzaville All-Africa Games	13.09.15
4.	Long Jump	Maputo All-Africa Games	14.09.11
5.	Triple Jump	Maputo All-Africa Games	15.09.11

##### African Championships

Pl.	Event	Competition	Date
1.	Triple Jump	Marrakesh African Championships	14.08.14
3.	Long Jump	Marrakesh African Championships	12.08.14
5.	Long Jump	Nairobi African Championships	30.07.10

### Tetyana PTASHKINA

### Order 2

UKR - 10.01.93 - Age: 23 years 133 days  
PB: 14.08 Tallinn (EST) 09.07.15 (231st A-T) | All-Athletics.com World Rankings: 34th

#### Personal bests

Event	Result	Wind	Venue	Date
Long Jump	5.80	+1.4	Yalta (UKR)	31.05.12
Long Jump ind.	5.44		Sumy (UKR)	13.02.13
<b>Triple Jump</b>	<b>14.08</b>	<b>+1.1</b>	<b>Tallinn (EST)</b>	<b>09.07.15</b>
Triple Jump ind.	13.68		Sumy (UKR)	26.02.16

#### Honours

##### European U23 Championships

Pl.	Event	Competition	Date
3.	Triple Jump	Tallinn European U23 Championships	10.07.15

### Patrícia MAMONA

### Order 3

POR - 21.11.88 - Age: 27 years 183 days  
PB: 14.52 Helsinki (FIN) 29.06.12 (80th A-T) | All-Athletics.com World Rankings: 23rd

#### Personal bests

Event	Result	Wind	Venue	Date
100m	12.3h	+0.9	Lisbon (POR)	22.06.05
200m	24.42	+1.6	Clemson (USA)	15.04.10
800m	2:24.03		Durham (USA)	22.04.11
800m ind.	2:19.70		Blacksburg (USA)	26.02.09
60mH ind.	8.41		Blacksburg (USA)	06.02.09
100mH	13.53	+2.0	Clemson (USA)	16.04.10
400mH	1:02.67		Leiria (POR)	04.06.05
High Jump	1.69		Lisbon (POR)	06.06.04
High Jump ind.	1.69		Clemson (USA)	30.01.09
Long Jump	6.16	-1.3	Leiria (POR)	19.06.05
Long Jump ind.	6.21		Blacksburg (USA)	26.02.09
<b>Triple Jump</b>	<b>14.52</b>	<b>+1.8</b>	<b>Helsinki (FIN)</b>	<b>29.06.12</b>
Triple Jump ind.	14.36		Pombal (POR)	22.02.14
Shot Put	10.62		Durham (USA)	21.04.11
Shot Put ind.	10.56		College Station (USA)	13.03.09
Javelin Throw	25.07		Durham (USA)	22.04.11
Heptathlon	5293		Durham (USA)	22.04.11
Pentathlon ind.	4081		Blacksburg (USA)	26.02.09
4x100m	46.58		Lisboa (POR)	08.06.13
4x400m	3:43.75		Coral Gables (USA)	19.03.11

#### Honours

##### European Championships

Pl.	Event	Competition	Date
2.	Triple Jump	Helsinki European Championships	29.06.12
8.	Triple Jump	Barcelona European Championships	31.07.10

##### World Indoor Championships

Pl.	Event	Competition	Date
4.	Triple Jump ind.	Sopot IAAF World Indoor Championships	08.03.14

##### World Junior Championships

Pl.	Event	Competition	Date
4.	Triple Jump	Beijing IAAF World Junior Championships	17.08.06

#### World (Continental) Cup

Pl.	Event	Competition	Date
6.	Long Jump	Marrakesh IAAF Continental Cup	14.09.14
6.	Triple Jump	Marrakesh IAAF Continental Cup	13.09.14

#### Francophone Games

Pl.	Event	Competition	Date
3.	Triple Jump	Nice Francophone Games	14.09.13

#### Progression

Year	Result	Wind	Venue	Date
15	14.16		Yaoundé (CMR)	12.07.15
14	14.02	+1.0	Marrakesh (MAR)	14.08.14
13	13.44	+0.4	Nice (FRA)	14.09.13
12	12.23	+1.0	Porto Novo (BEN)	01.07.12
11	13.32	-0.5	Maputo (MOZ)	15.09.11
10	12.67	+0.2	Nairobi (KEN)	01.08.10

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
-						

#### Further honours

- 1x National champion
- 2x National indoor champion

#### Progression

Year	Result	Wind	Venue	Date
15	14.08	+1.1	Tallinn (EST)	09.07.15
14	13.70	0.0	Kirovograd (UKR)	26.07.14
13	13.23	+1.0	Yalta (UKR)	07.06.13
12	12.53	+0.7	Yalta (UKR)	14.06.12
11	12.08	+0.9	Donetsk (UKR)	04.08.11

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
-						

#### European Indoor Championships

Pl.	Event	Competition	Date
5.	Triple Jump ind.	Praha European Indoor Championships	08.03.15
8.	Triple Jump ind.	Göteborg European Indoor Championships	03.03.13

#### Further honours

- 1x World University Games Silver medallist
- 2x NCAA champion
- 1x European Team Championships 1st League winner
- 8x National champion
- 4x National indoor champion

#### Progression

Year	Result	Wind	Venue	Date
15	14.19	-0.8	Oslo (NOR)	11.06.15
14	14.36	-0.2	Lausanne (SUI)	03.07.14
13	14.02	+1.0	Madrid (ESP)	13.07.13
12	14.52	+1.8	Helsinki (FIN)	29.06.12
11	14.42	+1.5	Lisboa (POR)	31.07.11
10	14.12	+1.7	Barcelona (ESP)	29.07.10
09	13.83	+1.1	Salamanca (ESP)	08.07.09
08	13.51	+0.6	Seixal (POR)	19.07.08
07	13.24	+0.2	Viseu (POR)	07.07.07
06	13.37	+0.9	Beijing (CHN)	17.08.06
05	12.87	+0.4	Marrakesh (MAR)	14.07.05

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
-						

**Paraskevi PAPACHRISTOU** **Order 4**

GRE - 17.04.89 - Age: 27 years 35 days

**SB: 14.26** Doha (QAT) 06.05 (7th T-L 2016) | **PB: 14.72** Chania (GRE) 11.06.11 (40th A-T) | **All-Athletics.com World Rankings: 13th****Personal bests**

Event	Result	Wind	Venue	Date
Long Jump	6.60	+2.0	Athina (GRE)	15.06.12
Long Jump ind.	6.51		Bucuresti (ROU)	31.01.16
<b>Triple Jump</b>	<b>14.72</b>	<b>+1.0</b>	<b>Chania (GRE)</b>	<b>11.06.11</b>
Triple Jump ind.	14.47		Torino (ITA)	06.03.09
4x100m	45.45		Ankara (TUR)	05.06.12

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
3.	Triple Jump ind.	Portland IAAF World Indoor Championships	19.03.16

**World Junior Championships**

Pl.	Event	Competition	Date
3.	Triple Jump	Bydgoszcz IAAF World Junior Ch.	10.07.08

**European U23 Championships**

Pl.	Event	Competition	Date
1.	Triple Jump	Ostrava European U23 Championships	15.07.11
1.	Triple Jump	Kaunas European U23 Championships	17.07.09

**Further honours**

2x European Team Championships 1st League winner  
 5x National champion  
 3x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
16	14.26	+1.7	Doha (QAT)	06.05.16
15	13.99	+0.1	Herakleion (GRE)	20.06.15
13	14.21	+0.3	Patra (GRE)	12.06.13
12	14.58	+0.9	Athina (GRE)	16.06.12
11	14.72	+1.0	Chania (GRE)	11.06.11
10	13.85	+1.4	Athina (GRE)	26.05.10
09	14.35		Thessaloniki (GRE)	02.08.09
08	13.79		Peania (GRE)	21.06.08
07	12.92	+1.6	Albufeira (POR)	26.05.07
06	12.63	+0.4	Athina (GRE)	31.05.06
05	12.75	+0.3	Larisa (GRE)	07.08.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
Triple Jump	06.05	Doha	F	5.	14.26	+1.7

**Susana Cristina COSTA** **Order 5**

POR - 22.09.84 - Age: 31 years 243 days

**PB: 14.32** Madrid (ESP) 11.07.15 (133rd A-T) | **All-Athletics.com World Rankings: 23rd****Personal bests**

Event	Result	Wind	Venue	Date
100mH	14.67	+2.0	Lisbon (POR)	14.07.02
High Jump	1.55		Murcia (ESP)	24.07.01
Long Jump	5.89	-0.5	Vila Real de Santo António (POR)	10.06.03
Long Jump ind.	5.86		Espinho (POR)	25.02.06
<b>Triple Jump</b>	<b>14.32</b>	<b>+1.9</b>	<b>Madrid (ESP)</b>	<b>11.07.15</b>
Triple Jump ind.	13.94		Pombal (POR)	24.02.13

**Honours****European Championships**

Pl.	Event	Competition	Date
8.	Triple Jump	Zürich European Championships	16.08.14

**Ibero-American Championships**

Pl.	Event	Competition	Date
1.	Triple Jump	Barquisimeto Ibero-American Ch.	09.06.12

**Further honours**

4x National champion  
 6x National Indoor champion

**Progression**

Year	Result	Wind	Venue	Date
15	14.32	+1.9	Madrid (ESP)	11.07.15
14	14.11	-0.7	Hengelo (NED)	08.06.14
13	14.16	+1.5	Madrid (ESP)	13.07.13
12	14.19	+1.1	Lisboa (POR)	08.07.12
11	13.70	+0.9	Lisboa (POR)	31.07.11
10	12.62	-0.3	Lisboa (POR)	12.06.10
09	12.91	+0.9	Leiria (POR)	13.06.09
08	13.36	-0.6	Leiria (POR)	13.06.08
07	12.98	+1.3	Lisbon (POR)	21.01.07
06	13.12	+0.5	Seia (POR)	22.07.06
05	12.98	-0.1	Leiria (POR)	18.06.05
04	13.00	-4.6	Lisbon (POR)	31.07.04
03	12.68		Guimarães (POR)	12.07.03
02	12.62	+2.0	Coimbra (POR)	29.06.02

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
-	-	-	-	-	-	-

**Yulimar ROJAS** **Order 6**

VEN - 21.10.95 - Age: 20 years 214 days

**SB: 14.79** Doha (QAT) 06.05 (2nd T-L 2016) | **PB: 14.79** Doha (QAT) 06.05.16 (33rd A-T) | **All-Athletics.com World Rankings: 5th****Personal bests**

Event	Result	Wind	Venue	Date
100m	11.94	-0.9	Caracas (VEN)	19.09.13
High Jump	1.87		Barquisimeto (VEN)	05.04.13
Long Jump	6.57	0.0	Barinas (VEN)	17.04.15
<b>Triple Jump</b>	<b>14.79</b>	<b>+1.3</b>	<b>Doha (QAT)</b>	<b>06.05.16</b>
Triple Jump ind.	14.69		Madrid (ESP)	23.01.16
4x100m	46.70		Medellin (COL)	25.08.13

**Records**

Record	Result	Event	Venue	Date
AR	14.69	Triple Jump ind.	Madrid (ESP)	23.01.16

**Honours****World Indoor Championships**

Pl.	Event	Competition	Date
1.	Triple Jump ind.	Portland IAAF World Indoor Championships	19.03.16

**South American Championships**

Pl.	Event	Competition	Date
5.	High Jump	Cartagena South American Championships	07.07.13
7.	Long Jump	Cartagena South American Championships	06.07.13

**Pan American Games**

Pl.	Event	Competition	Date
4.	Triple Jump	Toronto Pan American Games	21.07.15

**Further honours**

1x National champion

**Progression**

Year	Result	Wind	Venue	Date
16	14.79	+1.3	Doha (QAT)	06.05.16
15	14.20	+2.0	Toronto (CAN)	21.07.15
14	13.65	+0.2	Barquisimeto (VEN)	27.09.14

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result	Wind
Triple Jump	06.05	Doha	F	2.	14.92	+2.6
<b>Triple Jump</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>-</b>	<b>14.79</b>	<b>+1.3</b>



# Caterine IBARGUEN

Order 7

COL - 12.02.84 - Age: 32 years 100 days

SB: 15.04 Doha (QAT) 06.05 (1st T-L 2016) | PB: 15.31 Monaco (MON) 18.07.14 (5th A-T) | All-Athletics.com World Rankings: 1st

## Personal bests

Event	Result	Wind	Venue	Date
100mH	14.27	+0.6	Medellín (COL)	28.04.07
High Jump	1.93		Cali (COL)	22.07.05
High Jump ind.	1.81		Moskva (RUS)	11.03.06
Long Jump	6.73	+1.8	Bogotá (COL)	30.06.12
<b>Triple Jump</b>	<b>15.31</b>	<b>0.0</b>	<b>Monaco (MON)</b>	<b>18.07.14</b>
Shot Put	13.79		Carolina (PUR)	20.03.10
Heptathlon	5742		San Germán (PUR)	05.12.09
4x100m	44.45		Ponce (PUR)	16.04.11

## Records

Record	Result	Event	Venue	Date
AR	15.31	Triple Jump	Monaco (MON)	18.07.14

## Honours

### Olympic Games

Pl.	Event	Competition	Date
2.	Triple Jump	London Olympic Games	05.08.12

### World Championships

Pl.	Event	Competition	Date
1.	Triple Jump	Beijing IAAF World Championships	24.08.15
1.	Triple Jump	Moskva IAAF World Championships	15.08.13
3.	Triple Jump	Daegu IAAF World Championships	01.09.11

### South American Championships

Pl.	Event	Competition	Date
1.	High Jump	Sao Paulo South American Ch.	09.06.07
1.	High Jump	Tunja South American Ch.	01.10.06
1.	High Jump	Santiago de Cali South American Ch.	22.07.05
1.	Triple Jump	Buenos Aires South American Ch.	04.06.11
1.	Triple Jump	Lima South American Championships	21.06.09
1.	High Jump	Lima South American Championships	20.06.09
2.	Long Jump	Tunja South American Ch.	30.09.06
2.	Triple Jump	Tunja South American Ch.	29.09.06
2.	Long Jump	Barquisimeto South American Ch.	20.06.03
3.	Long Jump	Sao Paulo South American Ch.	08.06.07
3.	Triple Jump	Santiago de Cali South American Ch.	24.07.05
3.	Long Jump	Santiago de Cali South American Ch.	23.07.05
3.	Long Jump	Buenos Aires South American Ch.	02.06.11
3.	Triple Jump	Barquisimeto South American Ch.	22.06.03
3.	High Jump	Bogotá South American Ch.	26.06.99
4.	High Jump	Barquisimeto South American Ch.	21.06.03

### Pan American Games

Pl.	Event	Competition	Date
1.	Triple Jump	Toronto Pan American Games	21.07.15

1.	Triple Jump	Guadalajara Pan American Games	28.10.11
3.	Long Jump	Guadalajara Pan American Games	26.10.11
4.	High Jump	Rio de Janeiro Pan American Games	25.07.07

### South American U23 Championships

Pl.	Event	Competition	Date
1.	Long Jump	Buenos Aires South American U23 Ch.	10.11.06
1.	High Jump	Barquisimeto South American U23 Ch.	27.06.04
2.	High Jump	Buenos Aires South American U23 Ch.	12.11.06
2.	Triple Jump	Buenos Aires South American U23 Ch.	11.11.06
2.	Long Jump	Barquisimeto South American U23 Ch.	26.06.04

### World (Continental) Cup

Pl.	Event	Competition	Date
1.	Triple Jump	Marrakesh IAAF Continental Cup	13.09.14

### Ibero-American Championships

Pl.	Event	Competition	Date
2.	High Jump	Iquique Campeonato Iberoamericano	14.06.08
3.	High Jump	Huelva Ibero-American Ch.	08.08.04

### Diamond Race wins

Year	Event
2013	Triple Jump
2014	Triple Jump
2015	Triple Jump

### Further honours

- 21x Diamond League meeting winner
- 1x CAC Games winner
- 1x CAC Championships Silver medallist
- 17x National champion

### Progression

Year	Result	Wind	Venue	Date
16	15.04	+1.5	Doha (QAT)	06.05.16
15	14.90	+0.1	Beijing (CHN)	24.08.15
14	15.31	0.0	Monaco (MON)	18.07.14
13	14.85	+0.2	Moskva (RUS)	15.08.13
12	14.95	+0.9	Medellín (COL)	28.04.12
11	14.99	+1.7	Bogotá (COL)	13.08.11
10	14.29	+2.0	San Fernando (ESP)	05.06.10
09	13.96	-0.3	Sucre (BOL)	24.11.09
08	13.79	+0.7	Bogotá (COL)	19.07.08
07	12.66	-2.3	Medellín (COL)	05.05.07
06	13.91	-0.9	Tunja (COL)	29.09.06
05	13.66	-0.8	Bogotá (COL)	02.07.05
04	13.64	-1.0	Bogotá (COL)	03.12.04
03	13.71		Medellín (COL)	04.05.03
02	13.38	-1.8	Bogotá (COL)	30.06.02
01	12.90	+0.3	Santa Fé (ARG)	20.10.01

### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result	Wind
Triple Jump	30.04	Medellín	F	1.	14.43	-0.2
<b>Triple Jump</b>	<b>06.05</b>	<b>Doha</b>	<b>F</b>	<b>1.</b>	<b>15.04</b>	<b>+1.5</b>



Start list		Shot Put		Time: 16:00	
Order	Athlete	Nat	NR	PB	SB
1	Auriol DONGMO	CMR	17.64	17.64	17.54
2	Paulina GUBA	POL	19.58	17.95	17.73
3	Alena ABRAMCHUK	BLR	21.58	19.24	17.82
4	Natalia DUCÓ	CHI	18.80	18.80	17.45
5	Brittany SMITH	USA	20.24	18.96	18.41
6	Anita MÁRTON	HUN	19.48	19.48	19.22
7	Valerie ADAMS	NZL	21.24	21.24	19.52

### Records

WR	22.63	Natalia LISOVSKAYA	URS	Moskva	07.06.87
AR	18.43	Vivian PETERS-CHUKWUEMEKA	NGR	Walnut	19.04.03
NR	16.60	Souad MALOUSSI	MAR	Sydney	28.09.85
WJR	20.54	Astrid KUMBERNUSS	GER	Orimattila	01.07.89
MR	19.69	Valerie ADAMS	NZL		08.06.14
DLR	21.03	Valerie ADAMS	NZL	Roma	31.05.12
SB	19.77	Lijiao GONG	CHN		23.04.16

### 2016 World Outdoor list

19.77	Lijiao GONG	CHN	Huaian	23.04.16
19.52	Valerie ADAMS	NZL	Zug	07.05.16
19.48	Tia BROOKS	USA	Doha	06.05.16
19.22	Anita MÁRTON	HUN	Doha	06.05.16
18.76	Yuliya LEANTSIUK	BLR	Beijing	18.05.16
18.75	Raven SAUNDERS	USA	Tuscaloosa	18.03.16
18.72	Michelle CARTER	USA	Des Moines	29.04.16
18.63	Felisha JOHNSON	USA	La Jolla	23.04.16
18.62	Yanivius LÓPEZ	CUB	La Habana	18.03.16
18.57	Emel DERELI	TUR	Doha	06.05.16
18.56	Kelsey CARD	USA	Madison	06.05.16
18.45	Olha HOLODNA	UKR	Kiev	04.05.16
18.41	Brittany SMITH	USA	Kingston	07.05.16
18.39	Jeneva STEVENS	USA	Walnut	16.04.16
18.36	Bian KA	CHN	Chengdu	11.04.16
18.33	Irina TARASOVA	RUS	Adler	13.05.16
18.29	Aliona DUBITSKAYA	BLR	Doha	06.05.16
18.27	Radoslava MAVRODIEVA	BUL	Ruse	13.05.16
18.24	Tianqian GUO	CHN	Huaian	23.04.16
18.22	Jillian CAMARENA-WILLIAMS	USA	La Jolla	23.04.16

### All-Time World Outdoor list

22.63	Natalia LISOVSKAYA	URS	Moskva	07.06.87
22.45	Ilona SLUPIANEK	GDR	Potsdam	11.05.80
22.32	Helena FIBINGEROVÁ	TCH	Nitra	20.08.77
22.19	Claudia LOSCH	FRG	Hainfeld	23.08.87
21.89	Ivanka KHRISTOVA	BUL	Belmeken	04.07.76
21.86	Marianne ADAM	GDR	Leipzig	23.06.79
21.76	Meisu LI	CHN	Shijiazhuang	23.04.88
21.73	Natalya AKHRIMENKO	URS	Leselidze	21.05.88
21.69	Vita PAVLYSH	UKR	Budapest	20.08.98
21.66	Xinmei SUI	CHN	Beijing	09.06.90
21.61	Verzhiniya VESELINOVA	BUL	Sofia	21.08.82
21.58	Margitta DROESE-PUFE	GDR	Erfurt	28.05.78
21.58	Nadezhda OSTAPCHUK	BLR	Minsk	18.07.12
21.57	Ines MÜLLER	GDR	Athina	16.05.88
21.53	Nunu ABASHIDZE	URS	Kiev	20.06.84
21.52	Zhihong HUANG	CHN	Beijing	27.06.90
21.46	Larisa PELESHENKO	RUS	Moskva	26.08.00
21.45	Nadezhda CHIZHOVA	URS	Varna	29.09.73
21.43	Eva WILMS	FRG	München	17.06.77
21.42	Svetlana KRACHEVSKAYA	URS	Moskva	24.07.80

### WR progression

22.63	Natalia LISOVSKAYA	URS	Moskva	07.06.87
22.60	Natalia LISOVSKAYA	GDR	Moskva	07.06.87
22.53	Natalia LISOVSKAYA	URS	Sochi	27.05.84
22.45	Ilona SLUPIANEK	GDR	Potsdam	11.05.80
22.36	Ilona SLUPIANEK	GDR	Celje	02.05.80
22.32	Helena FIBINGEROVÁ	TCH	Nitra	20.08.77
21.99	Helena FIBINGEROVÁ	TCH	Opava	26.09.76
21.89	Ivanka KHRISTOVA	BUL	Belmeken	04.07.76
21.87	Ivanka KHRISTOVA	BUL	Belmeken	03.07.76
21.67	Marianne ADAM	GDR	Karl Marx Stadt	30.05.76
21.60	Marianne ADAM	GDR	Berlin	06.08.75
21.20	Nadezhda CHIZHOVA	URS	Lvov	28.08.73
21.03	Nadezhda CHIZHOVA	URS	München	07.09.72
20.63	Nadezhda CHIZHOVA	URS	Sochi	19.05.72
20.43	Nadezhda CHIZHOVA	URS	Moskva	29.08.71
20.43	Nadezhda CHIZHOVA	URS	Athina	16.09.69
20.10	Nadezhda CHIZHOVA	URS	Athina	16.09.69
20.10	Margitta GUMMEL	GDR	Berlin	11.09.69

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Christina SCHWANITZ (GER)	20.37
2.	Lijiao GONG (CHN)	20.30
3.	Michelle CARTER (USA)	19.76

#### 2013 - Moskva IAAF World Ch.

1.	Valerie ADAMS (NZL)	20.88
2.	Christina SCHWANITZ (GER)	20.41
3.	Lijiao GONG (CHN)	19.95

#### 2012 - London Olympic Games

1.	Valerie ADAMS (NZL)	20.70
2.	Yevgeniya KOLODKO (RUS)	20.48
3.	Lijiao GONG (CHN)	20.22

#### 2011 - Daegu IAAF World Ch.

1.	Valerie ADAMS (NZL)	21.24
2.	Nadezhda OSTAPCHUK (BLR)	20.05
3.	Jillian CAMARENA-WILLIAMS (USA)	20.02

#### 2009 - Berlin IAAF World Ch.

1.	Valerie ADAMS (NZL)	20.44
2.	Nadine KLEINERT (GER)	20.20
3.	Lijiao GONG (CHN)	19.89

#### 2008 - Beijing Olympic Games

1.	Valerie ADAMS (NZL)	20.56
2.	Natalya MIKHNEVICH (BLR)	20.28
3.	Nadezhda OSTAPCHUK (BLR)	19.86

#### 2007 - Osaka IAAF World Ch.

1.	Valerie ADAMS (NZL)	20.54
2.	Nadezhda OSTAPCHUK (BLR)	20.48
3.	Nadine KLEINERT (GER)	19.77

#### 2005 - Helsinki IAAF World Ch.

1.	Olga RYABINKINA (RUS)	19.64
2.	Valerie ADAMS (NZL)	19.62
3.	Nadine KLEINERT (GER)	19.07

#### 2004 - Athens Olympic Games

1.	Yumileidi CUMBÁ (CUB)	19.59
2.	Nadine KLEINERT (GER)	19.55
3.	Nadezhda OSTAPCHUK (BLR)	19.01

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Svetlana KRIVELYOVA (RUS)	20.63
2.	Nadezhda OSTAPCHUK (BLR)	20.12
3.	Vita PAVLYSH (UKR)	20.08

### Diamond Race

1	Tia BROOKS (USA)	10
2	Anita MÁRTON (HUN)	6
3	Emel DERELI (TUR)	4
4	Aliona DUBITSKAYA (BLR)	3
5	Michelle CARTER (USA)	2
6	Paulina GUBA (POL)	1

### Rabat previous Winners

14	Valerie ADAMS (NZL)	19.69
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### Diamond League 2016

#### Doha IAAF Diamond League

1.	Tia BROOKS (USA)	19.48
2.	Anita MÁRTON (HUN)	19.22
3.	Emel DERELI (TUR)	18.57

### Auriol DONGMO

#### Order 1

CMR - 03.08.90 - Age: 25 years 293 days  
SB: 17.54 Fes (MAR) 30.04 (38th T-L 2016) | PB: 17.64 Mungyeong (KOR) 04.10.15

#### Personal bests

Event	Result	Venue	Date
Shot Put	17.64	Mungyeong (KOR)	04.10.15
Discus Throw	46.44	Mungyeong (KOR)	07.10.15

#### Honours

##### Commonwealth Games

Pl.	Event	Competition	Date
7.	Shot Put	Glasgow Commonwealth Games	30.07.14

##### All-African Games

Pl.	Event	Competition	Date
1.	Shot Put	Brazzaville All-Africa Games	17.09.15
1.	Shot Put	Maputo All-Africa Games	15.09.11
5.	Discus Throw	Brazzaville All-Africa Games	16.09.15
5.	Discus Throw	Maputo All-Africa Games	14.09.11

#### African Championships

Pl.	Event	Competition	Date
1.	Shot Put	Marrakesh African Championships	14.08.14
8.	Discus Throw	Marrakesh African Championships	12.08.14
4.	Shot Put	Porto Novo African Championships	01.07.12

#### World (Continental) Cup

Pl.	Event	Competition	Date
7.	Shot Put	Marrakesh IAAF Continental Cup	14.09.14

#### Francophone Games

Pl.	Event	Competition	Date
3.	Shot Put	Nice Francophone Games	14.09.13

#### Progression

Year	Result	Venue	Date
16	17.54	Fes (MAR)	30.04.16
15	17.64	Mungyeong (KOR)	04.10.15
14	16.84	Marrakesh (MAR)	14.08.14
13	15.30	Nice (FRA)	14.09.13
12	15.41	Porto Novo (BEN)	01.07.12
11	16.03	Maputo (MOZ)	15.09.11

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
Shot Put	30.04	Fes	F	1.	17.54

### Paulina GUBA

#### Order 2

POL - 14.05.91 - Age: 25 years 8 days  
SB: 17.73 Doha (QAT) 06.05 (31st T-L 2016) | PB: 17.95 Berlin (GER) 06.09.15 | All-Athletics.com World Rankings: 15th

#### Personal bests

Event	Result	Venue	Date
Shot Put	17.95	Berlin (GER)	06.09.15
Shot Put ind.	18.63	Toruń (POL)	05.03.16
Discus Throw	43.97	Slupsk (POL)	05.07.09

#### Honours

##### World Junior Championships

Pl.	Event	Competition	Date
8.	Shot Put	Moncton IAAF World Junior Championships	20.07.10

##### European Indoor Championships

Pl.	Event	Competition	Date
5.	Shot Put ind.	Praha European Indoor Championships	07.03.15

#### Further honours

- 1x World University Games Silver medallist
- 4x National champion
- 2x National Indoor champion

#### Progression

Year	Result	Venue	Date
16	17.73	Doha (QAT)	06.05.16
15	17.95	Berlin (GER)	06.09.15
14	16.70	Szczecin (POL)	29.07.14
13	17.17	Bydgoszcz (POL)	29.06.13
12	17.47	Bielsko-Biala (POL)	15.06.12
11	17.17	Ostrava (CZE)	15.07.11
10	15.70	Białystok (POL)	26.06.10
09	15.63	Novi Sad (SRB)	23.07.09
08	14.26	Bydgoszcz (POL)	26.07.08

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
Shot Put	06.05	Doha	F	6.	17.73

### Alena ABRAMCHUK

#### Order 3

BLR - 14.02.88 - Age: 28 years 98 days  
SB: 17.82 Brest (BLR) 12.05 (28th T-L 2016) | PB: 19.24 Minsk (BLR) 07.06.13 (134th A-T) | All-Athletics.com World Rankings: 28th

#### Personal bests

Event	Result	Venue	Date
Shot Put	19.24	Minsk (BLR)	07.06.13
Shot Put ind.	19.06	Mogilyov (BLR)	18.01.13
Discus Throw	55.16	Grodno (BLR)	25.07.15

#### Honours

##### European U23 Championships

Pl.	Event	Competition	Date
3.	Shot Put	Kaunas European U23 Championships	17.07.09

##### European Indoor Championships

Pl.	Event	Competition	Date
3.	Shot Put ind.	Göteborg European Indoor Championships	03.03.13
4.	Shot Put ind.	Praha European Indoor Championships	07.03.15

##### European (Winter) Throwing Cup

Pl.	Event	Competition	Date
1.	Shot Put	Arad European Throwing Cup	12.03.16
1.	Shot Put	Sofia European Cup Winter Throwing	19.03.11
2.	Shot Put	Leiria European Cup Winter Throwing	15.03.14
2.	Shot Put	Castellón European Cup Winter Throwing	16.03.13

#### European Junior Championships

Pl.	Event	Competition	Date
2.	Shot Put	Hengelo European Junior Championships	20.07.07

#### Further honours

- 1x World University Games Bronze medallist
- 2x National champion
- 3x National Indoor champion

#### Progression

Year	Result	Venue	Date
16	17.82	Brest (BLR)	12.05.16
15	18.21	Brest (BLR)	30.06.15
14	18.81	Brest (BLR)	31.05.14
13	19.24	Minsk (BLR)	07.06.13
12	17.83	Bar (MNE)	17.03.12
11	17.71	Sofia (BUL)	19.03.11
10	17.99	Biala Podlaska (POL)	29.05.10
09	17.97	Minsk (BLR)	29.05.09
08	16.69	Split (CRO)	15.03.08
07	16.21	Valmiera (LAT)	17.08.07
06	15.88	Brest (BLR)	14.07.06
05	13.40	Lignano (ITA)	06.07.05

#### Outdoor Results in 2016

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	14.02	Minsk	F	1.	52.98
Shot Put	12.03	Arad	F	1.	17.21
Discus Throw	13.03	Arad	F	13.	50.07
Shot Put	12.05	Brest	F	OC	17.82

**Natalia DUCÓ****Order 4**

CHI - 31.01.89 - Age: 27 years 112 days

SB: 17.45 Rio de Janeiro (BRA) 15.05 (41st T-L 2016) | PB: 18.80 London (GBR) 06.08.12 (184th A-T) | All-Athletics.com World Rankings: 18th

**Personal bests**

Event	Result	Venue	Date
Shot Put	18.80	London (GBR)	06.08.12
Shot Put ind.	17.24	Sopot (POL)	08.03.14
Discus Throw	41.54	León (ESP)	13.08.11

**Honours****South American Championships**

Pl.	Event	Competition	Date
1.	Shot Put	Buenos Aires South American Ch.	02.06.11
1.	Shot Put	Lima South American Championships	21.06.09
3.	Shot Put	Sao Paulo South American Ch.	08.06.07

**Pan American Games**

Pl.	Event	Competition	Date
3.	Shot Put	Toronto Pan American Games	22.07.15
5.	Shot Put	Guadalajara Pan American Games	27.10.11
7.	Shot Put	Rio de Janeiro Pan American Games	27.07.07

**World Junior Championships**

Pl.	Event	Competition	Date
1.	Shot Put	Bydgoszcz IAAF World Junior Ch.	10.07.08

**Brittany SMITH****Order 5**

USA - 25.03.91 - Age: 25 years 58 days

SB: 18.41 Kingston (JAM) 07.05 (13th T-L 2016) | PB: 18.96 Chula Vista (USA) 23.04.15 (164th A-T) | All-Athletics.com World Rankings: 9th

**Personal bests**

Event	Result	Venue	Date
Shot Put	18.96	Chula Vista (USA)	23.04.15
Shot Put ind.	19.01	Bloomington (USA)	17.01.15
Discus Throw	55.15	Knoxville (USA)	14.04.12
Hammer Throw	70.27	Normal (USA)	03.05.14
Weight Throw ind.	21.51	Normal (USA)	08.12.12

**Honours****World Junior Championships**

Pl.	Event	Competition	Date
7.	Shot Put	Moncton IAAF World Junior Championships	20.07.10

**Anita MÁRTON****Order 6**

HUN - 15.01.89 - Age: 27 years 128 days

SB: 19.22 Doha (QAT) 06.05 (4th T-L 2016) | PB: 19.48 Beijing (CHN) 22.08.15 (111th A-T) | All-Athletics.com World Rankings: 3rd

**Personal bests**

Event	Result	Venue	Date
Shot Put	19.48	Beijing (CHN)	22.08.15
Shot Put ind.	19.33	Portland (USA)	19.03.16
Discus Throw	59.27	Szeged (HUN)	07.09.14
Hammer Throw	48.10	Nyiregyháza (HUN)	11.05.14

**Honours****World Championships**

Pl.	Event	Competition	Date
4.	Shot Put	Beijing IAAF World Championships	22.08.15

**European Championships**

Pl.	Event	Competition	Date
3.	Shot Put	Zürich European Championships	17.08.14
7.	Shot Put	Helsinki European Championships	29.06.12

**World Indoor Championships**

Pl.	Event	Competition	Date
2.	Shot Put ind.	Portland IAAF World Indoor Championships	19.03.16
6.	Shot Put ind.	Sopot IAAF World Indoor Championships	08.03.14

**World Junior Championships**

Pl.	Event	Competition	Date
6.	Discus Throw	Bydgoszcz IAAF World Junior Ch.	13.07.08
7.	Shot Put	Bydgoszcz IAAF World Junior Ch.	10.07.08

**European U23 Championships**

Pl.	Event	Competition	Date
3.	Discus Throw	Ostrava European U23 Championships	15.07.11

**South American U23 Championships**

Pl.	Event	Competition	Date
1.	Shot Put	Medellin South American U23 Ch.	21.03.10
1.	Shot Put	Buenos Aires South American U23 Ch.	11.11.06

**Ibero-American Championships**

Pl.	Event	Competition	Date
1.	Shot Put	Sao Paulo Ibero-American Championships	03.08.14
1.	Shot Put	Iquique Campeonato Iberoamericano	14.06.08
2.	Shot Put	Barquisimeto Ibero-American Ch.	09.06.12

**Further honours**

- 1x World University Games Bronze medallist
- 2x National champion

**Progression**

Year	Result	Venue	Date
16	17.45	Rio de Janeiro (BRA)	15.05.16
15	18.29	Beijing (CHN)	22.08.15
14	18.07	Santiago de Chile (CHI)	16.03.14
13	18.28	Moskva (RUS)	11.08.13
12	18.80	London (GBR)	06.08.12
11	18.15	La Habana (CUB)	10.03.11
10	18.04	Santiago de Chile (CHI)	18.02.10
09	18.19	La Habana (CUB)	06.03.09
08	18.65	Iquique (CHI)	14.06.08
07	17.23	Santiago de Chile (CHI)	25.08.07
06	16.36	Buenos Aires (ARG)	11.11.06
05	14.85	San Luis (ARG)	04.11.05

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Shot Put	15.05	Rio de Janeiro	F	3.	17.45

**NACAC U23 Championships**

Pl.	Event	Competition	Date
1.	Shot Put	Irapuato NACAC U23 Championships	06.07.12
2.	Hammer Throw	Irapuato NACAC U23 Championships	06.07.12

**Progression**

Year	Result	Venue	Date
16	18.41	Kingston (JAM)	07.05.16
15	18.96	Chula Vista (USA)	23.04.15
14	18.57	Tucson (USA)	24.05.14
13	17.85	Eugene (USA)	08.06.13
12	17.92	Knoxville (USA)	14.04.12
11	15.83	Cedar Falls (USA)	14.05.11
10	15.98	Normal (USA)	16.05.10

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Shot Put	29.04	Des Moines	F	4.	17.87
Shot Put	07.05	Kingston	F	1.	18.41
Shot Put	18.05	Beijing	F	4.	17.68

**European Indoor Championships**

Pl.	Event	Competition	Date
1.	Shot Put ind.	Praha European Indoor Championships	07.03.15
5.	Shot Put ind.	Paris European Indoor Championships	05.03.11

**European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
2.	Shot Put	Leiria European Cup Winter Throwing	14.03.15

**Further honours**

- 18x National champion
- 9x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	19.22	Doha (QAT)	06.05.16
15	19.48	Beijing (CHN)	22.08.15
14	19.04	Zürich (SUI)	17.08.14
13	18.18	Draževina (MNE)	28.04.13
12	18.48	Draževina (MNE)	28.04.12
11	18.15	Draževina (MNE)	24.04.11
10	18.20	Torino (ITA)	12.06.10
09	17.27	Nikiti (GRE)	24.07.09
08	16.90	Senta (SRB)	15.06.08
07	15.68	Senta (SRB)	12.05.07
06	15.57	Budapest (HUN)	11.06.06
05	13.90	Senta (SRB)	22.07.05
04	13.88	Debrecen (HUN)	09.07.04

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Discus Throw	27.02	Szombathely	F	1.	53.67
Shot Put	16.04	Szentes	F	1.	17.75
Shot Put	30.04	Draževina	F	1.	18.84
Shot Put	01.05	Bar	F	1.	18.20
Shot Put	06.05	Doha	F	2.	19.22
Discus Throw	14.05	Debrecen	F	1.	55.51
Shot Put	18.05	Beijing	F	2.	18.60

**Valerie ADAMS**

**Order 7**

NZL - 06.10.84 - Age: 31 years 229 days

SB: 19.52 Zug (SUI) 07.05 (2nd T-L 2016) | PB: 21.24 Daegu (KOR) 29.08.11 (23rd A-T) | All-

Athletics.com World Rankings: 5th

**Personal bests**

Event	Result	Venue	Date
<b>Shot Put</b>	<b>21.24</b>	<b>Daegu (KOR)</b>	<b>29.08.11</b>
Shot Put ind.	20.98	Zürich (SUI)	28.08.13
Discus Throw	58.12	Wanganui (NZL)	31.03.04
Hammer Throw	58.32	Auckland (NZL)	06.04.02

**Records**

Record	Result	Event	Venue	Date
AR	21.24	Shot Put	Daegu (KOR)	29.08.11
AR	20.98	Shot Put ind.	Zürich (SUI)	28.08.13

**Honours**

**Olympic Games**

Pl.	Event	Competition	Date
1.	Shot Put	London Olympic Games	06.08.12
1.	Shot Put	Beijing Olympic Games	16.08.08
7.	Shot Put	Athens Olympic Games	18.08.04

**World Championships**

Pl.	Event	Competition	Date
1.	Shot Put	Moskva IAAF World Championships	12.08.13
1.	Shot Put	Daegu IAAF World Championships	29.08.11
1.	Shot Put	Berlin IAAF World Championships	16.08.09
1.	Shot Put	Osaka IAAF World Championships	26.08.07
2.	Shot Put	Helsinki IAAF World Championships	13.08.05
5.	Shot Put	Paris-St-Denis IAAF World Championships	27.08.03

**World Indoor Championships**

Pl.	Event	Competition	Date
1.	Shot Put ind.	Sopot IAAF World Indoor Championships	08.03.14
1.	Shot Put ind.	Istanbul IAAF World Indoor Championships	10.03.12
1.	Shot Put ind.	Valencia IAAF World Indoor Championships	09.03.08
2.	Shot Put ind.	Doha IAAF World Indoor Championships	14.03.10
3.	Shot Put ind.	Portland IAAF World Indoor Championships	19.03.16

**Commonwealth Games**

Pl.	Event	Competition	Date
1.	Shot Put	Glasgow Commonwealth Games	30.07.14
1.	Shot Put	New Delhi Commonwealth Games	09.10.10
1.	Shot Put	Melbourne Commonwealth Games	22.03.06
2.	Shot Put	Manchester Commonwealth Games	28.07.02

**World Junior Championships**

Pl.	Event	Competition	Date
1.	Shot Put	Kingston IAAF World Junior Championships	20.07.02

**World (Continental) Cup**

Pl.	Event	Competition	Date
1.	Shot Put	Split IAAF/VTB Bank Continental Cup	05.09.10
1.	Shot Put	Athina IAAF World Cup	17.09.06
6.	Shot Put	Madrid IAAF World Cup	21.09.02

**World Athletics Final**

Pl.	Event	Competition	Date
1.	Shot Put	Thessaloniki IAAF/VTB Bank WAF	13.09.09
1.	Shot Put	Stuttgart IAAF World Athletics Final	14.09.08
1.	Shot Put	Monaco IAAF World Athletics Final	09.09.05
2.	Shot Put	Stuttgart IAAF World Athletics Final	23.09.07
2.	Shot Put	Stuttgart IAAF World Athletics Final	10.09.06

**World Youth Championships**

Pl.	Event	Competition	Date
1.	Shot Put	Debrecen IAAF World Youth Championships	14.07.01

**Diamond Race wins**

Year	Event
2011	Shot Put
2012	Shot Put
2013	Shot Put
2014	Shot Put

**Further honours**

- 24x Diamond League meeting winner
- 15x National champion

**Progression**

Year	Result	Venue	Date
16	19.52	Zug (SUI)	07.05.16
15	18.79	Paris (FRA)	04.07.15
14	20.59	Bruxelles (BEL)	05.09.14
13	20.90	London (GBR)	27.07.13
12	21.11	Luzern (SUI)	17.07.12
11	21.24	Daegu (KOR)	29.08.11
10	20.86	Split (CRO)	05.09.10
09	21.07	Thessaloniki (GRE)	13.09.09
08	20.56	Beijing (CHN)	16.08.08
07	20.54	Osaka (JPN)	26.08.07
06	20.20	Bad Köstritz (GER)	27.08.06
05	19.87	Helsinki (FIN)	12.08.05
04	19.29	Auckland (NZL)	04.12.04
03	18.93	Osaka (JPN)	10.05.03
02	18.40	Madrid (ESP)	21.09.02
01	17.08	Debrecen (HUN)	13.07.01
00	15.72	Papakura (NZL)	26.01.00
99	14.15	Bedford (GBR)	04.07.99

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Shot Put	25.02	Auckland	F	1.	18.85
Shot Put	06.03	Dunedin	F	1.	19.43
<b>Shot Put</b>	<b>07.05</b>	<b>Zug</b>	<b>F</b>	<b>1.</b>	<b>19.52</b>



### Start list Javelin Throw Time: 16:20

Order	Athlete	Nat	NR	PB	SB
1	Liina LAASMA	EST	63.17	63.17	57.37
2	Ásdís HJÁLMSDÓTTIR	ISL	62.77	62.77	59.53
3	Tatjana MIRKOVIĆ	SRB	64.21	64.21	
4	Madara PALAMEIKA	LAT	66.15	66.15	59.73
5	Martina RATEJ	SLO	67.16	67.16	60.32
6	Hanna HATSKO-FEDUSOVA	UKR	67.29	67.29	
7	Lina MUZE	LAT	66.15	61.97	61.26
8	Kathryn MITCHELL	AUS	66.83	66.10	64.37

### Records

WR	72.28	Barbora ŠPOTÁKOVÁ	CZE	Stuttgart	13.09.08
AR	69.35	Sunette VILJOEN	RSA	New York	09.06.12
NR	49.46	Rakiya RAMOUDI	MAR	Evry-Bondoufle	11.07.94
WJR	63.86	Yulenmis AGUILAR	CUB	Edmonton	02.08.15
MR	63.77	Mercedes CHILLA	ESP		05.06.11
DLR	69.57	Christina OBERGFÖLL	GER	Zürich	08.09.11
SB	67.30	Vera REBRIK	RUS	Sochi	19.02.16

### 2016 World Outdoor list

67.30	Vera REBRIK	RUS	Sochi	19.02.16
65.64	Shiyang LIU	CHN	Shaoxing	16.04.16
65.14	Sunette VILJOEN	RSA	Doha	06.05.16
65.10	Tatsiana KHALADOVICH	BLR	Minsk	14.02.16
64.37	Kathryn MITCHELL	AUS	Melbourne	05.03.16
62.85	Huihui LU	CHN	Huaian	23.04.16
62.82	Kateryna DERUN	UKR	Kiev	05.05.16
62.75	Sara KOLAK	CRO	Split	06.03.16
62.59	Elizabeth GLEADLE	CAN	Kawasaki	08.05.16
62.57	Christin HUSSONG	GER	Rehlingen	16.05.16
62.36	Christina OBERGFÖLL	GER	Offenburg	30.01.16
62.19	Yuki EBIHARA	JPN	Kawasaki	08.05.16
62.15	Flor Denis RUIZ HURTADO	COL	Rio de Janeiro	16.05.16
62.12	Katharina MOLITOR	GER	Doha	06.05.16
61.72	Matilde ANDRAUD	FRA	Toulouse	27.02.16
61.52	Lingwei LI	CHN	Beijing	18.05.16
61.48	Marcelina WITEK	POL	Zlocieniec	30.04.16
61.38	Haruka KITAGUCHI	JPN	Kawasaki	08.05.16
61.27	Brittany BORMAN	USA	Doha	06.05.16
61.26	Lina MUZE	LAT	Arad	12.03.16

### All-Time World Outdoor list

72.28	Barbora ŠPOTÁKOVÁ	CZE	Stuttgart	13.09.08
71.99	Mariya ABAKUMOVA	RUS	Daegu	02.09.11
71.70	Olisdeily MENÉNDEZ	CUB	Helsinki	14.08.05
70.20	Christina OBERGFÖLL	GER	München	23.06.07
69.48	Trine SOLBERG-HATTESTAD	NOR	Oslo	28.07.00
69.35	Sunette VILJOEN	RSA	New York	09.06.12
68.34	Steffi NERIUS	GER	Elstal	31.08.08
67.69	Katharina MOLITOR	GER	Beijing	30.08.15
67.67	Sonia BISSET	CUB	Salamanca	06.07.05
67.51	Mirela MANJANI	GRE	Sydney	30.09.00
67.32	Linda STAHL	GER	New York	14.06.14
67.30	Vera REBRIK	RUS	Sochi	19.02.16
67.29	Hanna HATSKO-FEDUSOVA	UKR	Kirovograd	26.07.14
67.20	Tatyana SHIKOLENKO	RUS	Monaco	18.08.00
67.16	Martina RATEJ	SLO	Doha	14.05.10
66.91	Tanja DAMASKE	GER	Erfurt	04.07.99
66.83	Kimberley MICKLE	AUS	Melbourne	22.03.14
66.80	Louise MCPAUL-CURREY	AUS	Brisbane	05.08.00
66.67	Kara WINGER	USA	Des Moines	25.06.10
66.17	Goldie SAYERS	GBR	London	14.07.12

### WR progression

72.28	Barbora ŠPOTÁKOVÁ	CZE	Stuttgart	13.09.08
71.70	Olisdeily MENÉNDEZ	CUB	Helsinki	14.08.05
71.54	Olisdeily MENÉNDEZ	CUB	Rethymno	01.07.01
69.48	Trine SOLBERG-HATTESTAD	NOR	Oslo	28.07.00
68.22	Trine SOLBERG-HATTESTAD	NOR	Roma	30.06.00
67.09	Mirela MANJANI	GRE	Sevilla	28.08.99

### Medal Winners

#### 2015 - Beijing IAAF World Ch.

1.	Katharina MOLITOR (GER)	67.69
2.	Huihui LU (CHN)	66.13
3.	Sunette VILJOEN (RSA)	65.79

#### 2013 - Moskva IAAF World Ch.

1.	Christina OBERGFÖLL (GER)	69.05
2.	Kimberley MICKLE (AUS)	66.60
3.	Mariya ABAKUMOVA (RUS)	65.09

#### 2012 - London Olympic Games

1.	Barbora ŠPOTÁKOVÁ (CZE)	69.55
2.	Christina OBERGFÖLL (GER)	65.16
3.	Linda STAHL (GER)	64.91

#### 2011 - Daegu IAAF World Ch.

1.	Mariya ABAKUMOVA (RUS)	71.99
2.	Barbora ŠPOTÁKOVÁ (CZE)	71.58
3.	Sunette VILJOEN (RSA)	68.38

#### 2009 - Berlin IAAF World Ch.

1.	Steffi NERIUS (GER)	67.30
2.	Barbora ŠPOTÁKOVÁ (CZE)	66.42
3.	Mariya ABAKUMOVA (RUS)	66.06

#### 2008 - Beijing Olympic Games

1.	Barbora ŠPOTÁKOVÁ (CZE)	71.42
2.	Mariya ABAKUMOVA (RUS)	70.78
3.	Christina OBERGFÖLL (GER)	66.13

#### 2007 - Osaka IAAF World Ch.

1.	Barbora ŠPOTÁKOVÁ (CZE)	67.07
2.	Christina OBERGFÖLL (GER)	66.46
3.	Steffi NERIUS (GER)	64.42

#### 2005 - Helsinki IAAF World Ch.

1.	Olisdeily MENÉNDEZ (CUB)	71.70
2.	Christina OBERGFÖLL (GER)	70.03
3.	Steffi NERIUS (GER)	65.96

#### 2004 - Athens Olympic Games

1.	Olisdeily MENÉNDEZ (CUB)	71.53
2.	Steffi NERIUS (GER)	65.82
3.	Mirela MANJANI (GRE)	64.29

#### 2003 - Paris-St-Denis IAAF World Ch.

1.	Mirela MANJANI (GRE)	66.52
2.	Tatyana SHIKOLENKO (RUS)	63.28
3.	Steffi NERIUS (GER)	62.70

### Diamond Race

1	Sunette VILJOEN (RSA)	10
2	Kathryn MITCHELL (AUS)	6
3	Huihui LU (CHN)	4
4	Katharina MOLITOR (GER)	3
5	Brittany BORMAN (USA)	2
6	Martina RATEJ (SLO)	1

### Rabat previous Winners

13	Linda STAHL (GER)	60.34
12	Goldie SAYERS (GBR)	62.35
11	Mercedes CHILLA (ESP)	63.77
10	Rachel BUCIARSKI (USA)	60.11

### Diamond League 2016

#### Doha IAAF Diamond League

1.	Sunette VILJOEN (RSA)	65.14
2.	Kathryn MITCHELL (AUS)	63.25
3.	Huihui LU (CHN)	62.42

**Liina LAASMA** **Order 1**  
EST - 13.01.92 - Age: 24 years 130 days  
SB: 57.37 Arad (ROU) 12.03 (46th T-L 2016) | PB: 63.17 Leiria (POR) 15.03.14 (77th A-T) | All-Athletics.com World Rankings: 46th

**Personal bests**

Event	Result	Venue	Date
Shot Put	12.38	Valga (EST)	25.08.10
Javelin Throw	63.17	Leiria (POR)	15.03.14

**Honours**

**European Junior Championships**

Pl.	Event	Competition	Date
1.	Javelin Throw	Tallinn European Junior Championships	24.07.11

**Further honours**

1x National champion

**Progression**

Year	Result	Venue	Date
16	57.37	Arad (ROU)	12.03.16

15	58.70	Türi (EST)	09.10.15
14	63.17	Leiria (POR)	15.03.14
13	62.50	Kohila (EST)	31.08.13
11	57.82	Rakvere (EST)	06.07.11
10	54.25	Valga (EST)	25.08.10
09	53.66	Tampere (FIN)	24.07.09

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Javelin Throw	12.03	Arad	F	6.	57.37
Javelin Throw	14.05	Alytus	F	1.	56.00

**Ásdís HJÁLMSDÓTTIR** **Order 2**  
ISL - 28.10.85 - Age: 30 years 207 days  
SB: 59.53 Arad (ROU) 12.03 (30th T-L 2016) | PB: 62.77 London (GBR) 07.08.12 (86th A-T) | All-Athletics.com World Rankings: 23rd

**Personal bests**

Event	Result	Venue	Date
60m ind.	8.38	Reykjavik (ISL)	28.02.10
Shot Put	16.08	Zug (SUI)	07.05.16
Shot Put ind.	14.55	Reykjavik (ISL)	28.02.10
Discus Throw	49.31	Kopvogur (ISL)	26.07.15
Javelin Throw	62.77	London (GBR)	07.08.12

**Honours**

**World Junior Championships**

Pl.	Event	Competition	Date
6.	Javelin Throw	Grosseto IAAF World Junior Championships	15.07.04

**European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
3.	Javelin Throw	Arad European Throwing Cup	12.03.16
3.	Javelin Throw	Sofia European Cup Winter Throwing	19.03.11
3.	Javelin Throw	Los Realejos European Cup Winter Throwing	15.03.09

**Further honours**

8x National champion  
3x National Indoor champion

**Progression**

Year	Result	Venue	Date
16	59.53	Arad (ROU)	12.03.16

15	62.14	Riga (LAT)	28.05.15
14	60.03	Praha (CZE)	09.06.14
13	59.97	Sollentuna (SWE)	27.06.13
12	62.77	London (GBR)	07.08.12
11	59.15	Daegu (KOR)	01.09.11
10	60.72	Gateshead (GBR)	10.07.10
09	61.37	Reykjavik (ISL)	16.05.09
08	59.80	Lapinlahti (FIN)	20.07.08
06	54.66	Aarhus (DEN)	06.07.06
05	57.10	Reykjavik (ISL)	28.05.05
04	55.51	Grosseto (ITA)	13.07.04
03	49.46	Göteborg (SWE)	04.07.03
02	47.07	Kopvogur (ISL)	27.07.02

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Javelin Throw	12.03	Arad	F	3.	59.53
Shot Put	07.05	Zug	F	2.	16.08
Discus Throw	07.05	Zug	F	1.	44.50
Javelin Throw	14.05	Ellwangen	F	1.	56.72

**Tatjana MIRKOVIĆ** **Order 3**  
SRB - 10.08.90 - Age: 25 years 286 days  
PB: 64.21 Zürich (SUI) 14.08.14 (52nd A-T)

**Personal bests**

Event	Result	Venue	Date
Javelin Throw	64.21	Zürich (SUI)	14.08.14

**Honours**

**European Championships**

Pl.	Event	Competition	Date
2.	Javelin Throw	Zürich European Championships	14.08.14
7.	Javelin Throw	Helsinki European Championships	29.06.12

**World Junior Championships**

Pl.	Event	Competition	Date
3.	Javelin Throw	Bydgoszcz IAAF World Junior Ch.	10.07.08

**European Junior Championships**

Pl.	Event	Competition	Date
1.	Javelin Throw	Novi Sad European Junior Championships	26.07.09

**Further honours**

6x National champion  
1x Balkan Championships winner

**Progression**

Year	Result	Venue	Date
14	64.21	Zürich (SUI)	14.08.14
13	62.68	Moskva (RUS)	16.08.13
12	60.89	Sremska Mitrovica (SRB)	15.07.12
11	59.61	Sokolac (BIH)	23.07.11
10	58.54	Beograd (SRB)	20.06.10
09	60.35	Novi Sad (SRB)	26.07.09
08	58.77	Bydgoszcz (POL)	10.07.08
07	51.80	Beograd (SRB)	27.07.07
06	40.89	Moskva (RUS)	16.09.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**Madara PALAMEIKA** **Order 4**  
LAT - 18.06.87 - Age: 28 years 339 days  
SB: 59.73 Doha (QAT) 06.05 (28th T-L 2016) | PB: 66.15 Jelgava (LAT) 26.06.14 (22nd A-T) | All-Athletics.com World Rankings: 5th

**Personal bests**

Event	Result	Venue	Date
Javelin Throw	66.15	Jelgava (LAT)	26.06.14

**Honours**

**Olympic Games**

Pl.	Event	Competition	Date
8.	Javelin Throw	London Olympic Games	09.08.12

**European Championships**

Pl.	Event	Competition	Date
4.	Javelin Throw	Zürich European Championships	14.08.14
8.	Javelin Throw	Helsinki European Championships	29.06.12
8.	Javelin Throw	Barcelona European Championships	29.07.10

**European U23 Championships**

Pl.	Event	Competition	Date
1.	Javelin Throw	Kaunas European U23 Championships	19.07.09
3.	Javelin Throw	Debrecen European U23 Championships	15.07.07

**Further honours**

1x Diamond League meeting winner  
5x National champion

**Progression**

Year	Result	Venue	Date
16	59.73	Doha (QAT)	06.05.16
15	65.01	London (GBR)	25.07.15
14	66.15	Jelgava (LAT)	26.06.14
13	62.72	Valmiera (LAT)	19.07.13
12	62.74	Lausanne (SUI)	23.08.12
11	63.46	Novi Sad (SRB)	18.06.11
10	62.02	Jékkabpils (LAT)	17.06.10
09	64.51	Kaunas (LTU)	19.07.09
08	52.30	Riga (LAT)	10.09.08
07	57.98	Riga (LAT)	12.05.07
06	54.19	Murjani (LAT)	14.05.06
05	51.75	Riga (LAT)	14.10.05
04	51.50	Ventspils (LAT)	01.05.04
03	49.11	Riga (LAT)	12.06.03

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Javelin Throw	06.05	Doha	F	7.	59.73

**Martina RATEJ** **Order 5**

SLO - 02.11.81 - Age: 34 years 202 days

SB: 60.32 Doha (QAT) 06.05 (26th T-L 2016) | PB: 67.16 Doha (QAT) 14.05.10 (15th A-T) | All-Athletics.com World Rankings: 20th

**Personal bests**

Event	Result	Venue	Date
Hammer Throw	42.85	Brezice (SLO)	10.09.03
Javelin Throw	67.16	Doha (QAT)	14.05.10

**Honours****Olympic Games**

Pl.	Event	Competition	Date
7.	Javelin Throw	London Olympic Games	09.08.12

**World Championships**

Pl.	Event	Competition	Date
7.	Javelin Throw	Daegu IAAF World Championships	02.09.11

**European Championships**

Pl.	Event	Competition	Date
6.	Javelin Throw	Zürich European Championships	14.08.14
7.	Javelin Throw	Barcelona European Championships	29.07.10

**World Athletics Final**

Pl.	Event	Competition	Date
8.	Javelin Throw	Thessaloniki IAAF/VTB Bank WAF	12.09.09

**European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
1.	Javelin Throw	Leiria European Cup Winter Throwing	14.03.15

**Hanna HATSKO-FEDUSOVA** **Order 6**

UKR - 03.10.90 - Age: 25 years 232 days

PB: 67.29 Kirovograd (UKR) 26.07.14 (13th A-T) | All-Athletics.com World Rankings: 33rd

**Personal bests**

Event	Result	Venue	Date
Shot Put ind.	12.70	Zaporozhye (UKR)	27.01.11
Javelin Throw	67.29	Kirovograd (UKR)	26.07.14

**Honours****European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
1.	Javelin Throw	Sofia European Cup Winter Throwing	19.03.11

**European Team Championships**

Pl.	Event	Competition	Date
2.	Javelin Throw	Braunschweig European Team Championships	21.06.14

**Lina MUZE** **Order 7**

LAT - 04.12.92 - Age: 23 years 170 days

SB: 61.26 Arad (ROU) 12.03 (20th T-L 2016) | PB: 61.97 Jékabpils (LAT) 26.07.13 (104th A-T) | All-Athletics.com World Rankings: 21st

**Personal bests**

Event	Result	Venue	Date
High Jump ind.	1.60	Kuldīga (LAT)	12.02.12
Long Jump ind.	5.25	Kuldīga (LAT)	11.02.12
Shot Put ind.	12.99	Rīga (LAT)	04.02.12
Javelin Throw	61.97	Jékabpils (LAT)	26.07.13

**Honours****World Junior Championships**

Pl.	Event	Competition	Date
2.	Javelin Throw	Moncton IAAF World Junior Championships	21.07.10

**European U23 Championships**

Pl.	Event	Competition	Date
1.	Javelin Throw	Tampere European U23 Championships	14.07.13

**European (Winter) Throwing Cup**

Pl.	Event	Competition	Date
2.	Javelin Throw	Arad European Throwing Cup	12.03.16

**Kathryn MITCHELL** **Order 8**

AUS - 10.07.82 - Age: 33 years 317 days

SB: 64.37 Melbourne (AUS) 05.03 (5th T-L 2016) | PB: 66.10 Adelaide (AUS) 15.02.14 (24th A-T) | All-Athletics.com World Rankings: 17th

**Personal bests**

Event	Result	Venue	Date
Javelin Throw	66.10	Adelaide (AUS)	15.02.14

**Honours****World Championships**

Pl.	Event	Competition	Date
5.	Javelin Throw	Moskva IAAF World Championships	18.08.13

**Commonwealth Games**

Pl.	Event	Competition	Date
4.	Javelin Throw	Glasgow Commonwealth Games	30.07.14
5.	Javelin Throw	New Delhi Commonwealth Games	09.10.10
6.	Javelin Throw	Melbourne Commonwealth Games	19.03.06

**Further honours**

1x National champion

1.	Javelin Throw	Bar European Cup Winter Throwing	17.03.12
1.	Javelin Throw	Arles European Cup Winter Throwing	21.03.10
2.	Javelin Throw	Split European Winter Throwing Cup	15.03.08
3.	Javelin Throw	Leiria European Cup Winter Throwing	15.03.14

**Further honours**1x Diamond League meeting winner  
1x Mediterranean Games winner  
1x European Team Championships 1st League winner  
10x National champion  
1x Balkan Championships winner**Progression**

Year	Result	Venue	Date
16	60.32	Doha (QAT)	06.05.16
15	65.75	Ptuj (SLO)	28.02.15
14	66.13	Velenje (SLO)	01.07.14
13	62.60	Kaunas (LTU)	22.06.13
12	65.24	Domžale (SLO)	25.02.12
11	65.89	Slovenska Bistrica (SLO)	29.05.11
10	67.16	Doha (QAT)	14.05.10
09	63.42	Berlin (GER)	16.08.09
08	63.44	Celje (SLO)	18.06.08
07	58.49	Senjur (SLO)	06.05.07
06	57.49	Thessaloniki (GRE)	17.06.06
05	51.70	Celje (SLO)	23.04.05
03	44.73	Velenje (SLO)	07.06.03
01	48.65	Slovenska Bistrica (SLO)	13.05.01
00	49.75	Celje (SLO)	01.09.00
99	48.74	Markt Schwaben (GER)	03.07.99

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Javelin Throw	06.05	Doha	F	6.	60.32

**Further honours**

1x National champion

**Progression**

Year	Result	Venue	Date
15	61.41	Beijing (CHN)	28.08.15
14	67.29	Kirovograd (UKR)	26.07.14
13	61.18	Donetsk (UKR)	26.07.13
12	61.46	Yalta (UKR)	23.02.12
11	60.10	Yalta (UKR)	24.02.11
10	55.47	Yalta (UKR)	30.03.10
09	54.71	Donetsk (UKR)	25.06.09
08	52.37	Yalta (UKR)	29.09.08
07	49.28	Mykolaiv (UKR)	07.05.07
06	44.62	Kiev (UKR)	03.06.06

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
-	-	-	-	-	-

**European Junior Championships**

Pl.	Event	Competition	Date
2.	Javelin Throw	Tallinn European Junior Championships	24.07.11

**Further honours**1x World University Games Silver medallist  
1x National champion**Progression**

Year	Result	Venue	Date
16	61.26	Arad (ROU)	12.03.16
15	60.48	Dakar (SEN)	23.05.15
14	58.02	Valmiera (LAT)	18.07.14
13	61.97	Jékabpils (LAT)	26.07.13
12	61.04	Kaunas (LTU)	08.07.12
11	60.64	Riga (LAT)	02.06.11
10	56.64	Moncton (CAN)	21.07.10
09	50.36	Bressanone (ITA)	11.07.09
08	46.03	Yalta (UKR)	16.05.08

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Javelin Throw	12.03	Arad	F	2.	61.26

**Progression**

Year	Result	Venue	Date
16	64.37	Melbourne (AUS)	05.03.16
15	63.70	Canberra (AUS)	07.02.15
14	66.10	Adelaide (AUS)	15.02.14
13	63.77	Moskva (RUS)	18.08.13
12	64.34	Ostrava (CZE)	25.05.12
11	59.47	Gold Coast (AUS)	13.08.11
10	59.68	Melbourne (AUS)	28.03.10
08	58.77	Brisbane (AUS)	29.02.08
07	58.61	Ballarat (AUS)	08.12.07
06	58.81	Melbourne (AUS)	07.01.06
05	54.87	Perth (AUS)	18.12.05
04	48.10	Melbourne (AUS)	15.02.04
03	57.11	Canberra (AUS)	23.02.03
02	54.72	Ballarat (AUS)	04.04.02
01	54.98	Ballarat (AUS)	01.12.01
00	51.44	Melbourne (AUS)	04.12.00

**Outdoor Results in 2016**

Event	Date	Venue	Ht.	Pl.	Result
Javelin Throw	05.03	Melbourne	F	1.	64.37
Javelin Throw	12.03	Perth	F	1.	63.95
Javelin Throw	06.05	Doha	F	2.	63.25
Javelin Throw	18.05	Beijing	F	1.	64.37