

Flash Quotes

Michelle CARTER (USA)**Shot Put Women - 5th**

I was not at my best today. My timing was completely off. But I'm not too concerned because it's the start of the season. I'll go back home and just keep on training. This is an Olympic year and I'm looking to peak by around July. I'm confident.

06.05.2016 18:22

Anita MÁRTON (HUN)**2nd**

I am happy with my shot over 19 metres, a good start for the season; It was a bit hard with the new system, because I usually start a bit easy and do my best shot with my last attempt, today it was the fifth. I have now lots of competitions ahead, with Beijing and Rabat being the next ones.

06.05.2016 18:22

Tia BROOKS (USA)**Winner**

It was the best series of my life. I am glad I performed that well overseas. I definitely want to break the 20m barrier. Everything has been working perfect for me till now, so I will not change anything until the Trials. I will have my peak at the Olympics.

06.05.2016 18:27

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Abubaker Haydar ABDALLA (QAT)**Winner**

I'm so happy because I qualified for the Rio Olympic Games with a new personal best time. From the beginning, my only objective was to win. I'm thrilled that I put up such a strong show in front of home fans. I'll try my best to improve my times.

06.05.2016 18:40

Abdalleleh HAROUN (QAT)**400m Men - 3rd**

It was not a bad race. I tried to chase LaShawn, but he went out fast. Next stop for me will be the Eugene Diamond League.

06.05.2016 19:08

Machel CEDENIO (TTO)**400m Men - 2nd**

Overall, it was a good race. Though I wasn't able to apply myself fully, I'm happy to have finished second. The race was important to get myself into the competition frame of mind. I'll just try to keep improving myself as the season progresses.

06.05.2016 19:10

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Lashawn MERRITT (USA)**400m Men - Winner**

I feel good, I executed the race as I wanted to, all I do is train, building my confidence and will keep on working hard. The conditions are the same for everyone, it was a bit humid but I am cool. I am focusing on my training for the US Trials in early July.

06.05.2016 19:11

Veronica CAMPBELL-BROWN (JAM)**100m Women - 3rd**

It was my first race, I executed well, but I could have been better in the start. I will work hard to put all the faces of my run together. I will now go to Shanghai for the 200m. I'll do both distances this year.

06.05.2016 19:19

Tori BOWIE (USA)**100m Women - Winner**

I gave the race in Doha my everything and the win was mine. This being an Olympic year, I'm eagerly looking ahead at the outdoor season. I feel I'm a much better runner now than I was last season. My coach has played a huge role in helping me execute my races better.

06.05.2016 19:21

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Dafne SCHIPPERS (NED)**100m Women - 2nd**

It was very close to my personal best, but my start was bad. Anyway, I am happy with my race, I am feeling OK and now it will be Manchester and Hegelo. The atmosphere here in Doha was very nice and now I am looking forward to my next race.

06.05.2016 19:23

Caterine IBARGUEN (COL)**Triple Jump Women - Winner**

I am happy I started the season with a jump over 15m. I will keep on working hard and I will definitely try to break the world record. It has stayed untouched for over 20 years. Yulimar (Rojas) is a fantastic athlete.

06.05.2016 19:27

Yulimar ROJAS (VEN)**Triple Jump Women - 2nd**

I am so satisfied with the new (national) record in my first Diamond League appearance. I will continue improving. The 15m are so close now, I am sure I can make it. I save the best for the Rio Olympics

06.05.2016 19:31

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Piotr MALACHOWSKI (POL)**Discus Throw Men - Winner**

I am definitely happy, as this was my first competition, now it will be another one in Poland in a couple of days. I was in a sports camp for a week and I think that my throw over 68 metres was a good one. I am focusing on the Olympics, I think I will make it through the qualification, my aim is to reach 69 or 70 metres soon. I liked it here in Doha, very warm crowd here at the Stadium, nice experience.

06.05.2016 19:32

Asbel KIPROP (KEN)**1500m Men - Winner**

I'm very happy with my performance and the race went exactly as I had planned. I was more than 1.5sec faster than Elijah (Motonei Manangoi). But I wouldn't read too much into it as it's still just the start of the season. There's still a long way to go. The crowd in Doha was simply superb and I always enjoy racing here.

06.05.2016 19:37

Kemi ADEKOYA (BRN)**400m Hurdles Women - 2nd**

After running the 400m flat indoors I am switching back to the hurdles now. Step by step I am building my confidence on the hurdles. I will not do any 400m until the Olympics, maybe after Rio I will run a couple of races. I wasn't affected by the heat today, I am used to it.

06.05.2016 19:44

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Eilidh DOYLE (GBR)**400m Hurdles Women - Winner**

I am very happy with my race, my training worked really well, although my reaction was a bit slow in the start. Brilliant crowd here in Doha, really enjoyed the fans' reactions, obviously my focus is on Rio, I will just have to try harder and harder.

06.05.2016 19:46

Nicole BÜCHLER (SUI)**Pole Vault Women - 2nd**

I am very happy, it's just crazy with the National Record, things have been going really well. I have been training for the last year with my husband, feel more independent, I write my own workout, it is a good sensation. I have made a few technical changes too and now everything is coming together nicely. I am mentally strong and now I have Rabat, Rome, Birmingham, Lucerne and obviously the European Championships. Nice atmosphere and wonderful climate tonight, I liked it a lot.

06.05.2016 19:55

Sandi MORRIS (USA)**Pole Vault Women - Winner**

I am so proud of my performance here. This is the first time I'm taking part in a competition so close after landing in the city. After a 20-hour flight, I had only little time to rest. Having been able to put up such a performance after so much is incredible. I loved competing in Doha. I'm always keen to compete in new places, with new cultures. That's how I'm preparing for the Rio Games because that's another city I've never been to.

06.05.2016 19:55

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Katerina STEFANIDI (GRE)**Pole Vault Women - 3rd**

After doing two competitions in the U.S. indoors the previous days due to cold conditions, I needed to work on my run up and change poles. The adjustment was not easy, nevertheless 4.73 is a new outdoor best for me. My first attempt in the 4.83 was not bad, I could had cleared it.

06.05.2016 20:00

Conseslus KIPRUTO (KEN)**3000m Steeplechase Men - Winner**

I am happy because the race went as I had planned it, I feel great with the World Lead, but I need to keep focused, I will now go to Rabat, Rome and Birmingham and then the Olympic Trials in Kenya, my target is to go to Rio. What a fantastic crowd tonight, they pushed me during the race and I am glad I made them all happy and proud.

06.05.2016 20:04

Ameer WEBB (USA)**200m Men - Winner**

I just wanted to execute my race today perform the best I could for the fans and God. It's gonna be tough in Eugene at the Olympic Trials, but I won't hurry up. I will keep on working step by step.

06.05.2016 20:14

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Mutaz Essa BARSHIM (QAT)**High Jump Men - 7th**

I'm not at all disappointed with my performance. It's all part of the plan. This being an olympic year, I'm taking things slow. Last year, I peaked early and by July, I was practically dead. I'm not going to repeat that mistake. The idea is to take things slow and steady. I thank the fans for cheering me on. I promise not to disappoint them in Rio.

06.05.2016 20:15

Guowei ZHANG (CHN)**High Jump Men - 2nd**

For me it was so and so to be honest, it is too early in the season, I try to find my steps and condition, I have to work hard to reach the standards I want to. I am not focusing on the season best, just to get better step by step.

06.05.2016 20:18

Femi OGUNODE (QAT)**200m Men - 3rd**

This is my first 200M race of the season and I can't say I'm disappointed. I made a mistake at the turn and that's what cost me a better finish. I'm going to work on it now. I promise I'll push myself hard for a medal at the Rio Olympics. I thank all my fans for being there.

06.05.2016 20:18

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Erik KYNARD (USA)**High Jump Men - Winner**

I really enjoyed today's competition. I am 25 now I am more experienced, I have a different approach and I don't feel the pressure that much, although there are more things to learn. I would have been satisfied even with 2.31 because I am in a season of hard training. I don't think I could have cleared 2.35 that's why I stopped. After all it was not the Olympic final.

06.05.2016 20:21

Habitam ALEMU (ETH)**800m Women - 2nd**

I just want to say thank you to the fans, great crowd here in Doha tonight. I am happy with my personal best, I know I must do better for the Olympics but I feel strong and confident.

06.05.2016 20:26

Eunice Jepkoech SUM (KEN)**800m Women - 3rd**

This is my first competition of the season and I'm quite happy with my time. I'll go home and analyse my race further. It's going to be tricky qualifying for the Kenyan team, but I'll try my best. The crowd in Doha was amazing and they egged me on, especially during the turns.

06.05.2016 20:26

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Caster SEMENYA (RSA)**800m Women**

I feel very good this year, I am focused on what I am doing. My preparation has gone really well, but I can't say there have been many changes in my training or my attitude. I have a great team behind me, my coach, my physio, a team of scientists. My next race will be in Rabat and I'll do three more races till the Olympics, perhaps one will be in Monaco.

06.05.2016 20:28

Teddy TAMGHO (FRA)**Triple Jump Men - 7th**

I feel very nice to return to Doha, one year after I got injured, I have no physical issues now. I am not very happy with the new regulations, to be out after three attempts, but I have to accept it. I think that step by step I will get the shape I want and do better.

06.05.2016 20:38

Hansle PARCHMENT (JAM)**110m Hurdles Men - 2nd**

I didn't execute my race that well as I expected to do. It was just another race on my preparation towards the Olympics. The most important thing is that I am injury free. Winning today was a possibility, but with the hurdles you never know what will happen. I will keep on working my technique.

06.05.2016 20:38

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Aries MERRITT (USA)**110m Hurdles Men - 6th**

Every meet I run in, I'm having a new season's best. That shows that I'm slowly reaching there. Just being able to compete again is a huge blessing. I'm going to take it slow and steady.

06.05.2016 20:42

Katharina MOLITOR (GER)**Javelin Throw Women - 4th**

I felt a little bit tired today, but I am happy that I threw farther than the Olympic standard. Not that I had to, but I needed to. I will now get to Beijing, the place that brings a lot of happy memories to me, since I won the world title there. Very few things have changed in my life after the world title.

06.05.2016 20:46

Omar McLEOD (JAM)**110m Hurdles Men - Winner**

It wasn't the perfect race and I hit a lot of hurdles on the way, but I'm so happy I could win. I'm healthy and I'm going to the Rio Olympic Games with the aim of winning gold. I'm not going to focus on anyone else but me. The crowd in Doha was spectacular and I fed off their energy.

06.05.2016 20:47

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Sunette VILJOEN (RSA)**Javelin Throw Women - Winner**

It is just a fantastic start to the season, couldn't ask for better, with an ideal first throw. There is of course still room for improvement, now I will go back home and train before I go to Rome.

06.05.2016 20:49

Mercy CHERONO (KEN)**3000m Women - 2nd**

I am happy with my time tonight, I am working on a plan for the Olympics with my preparation going well. I really appreciate the fans in Doha for the support and they came to see us run. I also thank my coach Claudio for all that he is doing for me.

06.05.2016 20:57

Christian TAYLOR (USA)**Triple Jump Men - Winner**

For sure I had higher expectations, but it is also important to stay healthy. You've seen what happened with Teddy (Tamgho). At the moment I am competing against myself, with Pichardo not in action yet, while Tamgho needs more time. Breaking the world record is definitely feasible otherwise I wouldn't have been here. Next stop for me will be Eugene.

06.05.2016 20:59

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Bin DONG (CHN)**Triple Jump Men**

This is my best performance of the season and I'm happy with it. I'm slowly reaching there. I'll try and take part in as many Diamond League events as possible this season.

06.05.2016 21:01

Almaz AYANA (ETH)**3000m Women - Winner**

It was a very good race for me, the track is good and really helps. I thank the fans for their support, I will now prepare for Rabat, and my mind is on Rio, I hope to stay healthy and go for the best I can.

06.05.2016 21:04

Men Qatar (QAT)**4x400m Relay Men - 3rd**

Abdalelah Haroun: The race was hard and we tried our best. This team is a work in progress and I'm sure we can do better in the coming days. We thank our fans for coming down to support us.

06.05.2016 21:15

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